

DISCLAIMER:

All liquor orders and food orders are final.

Gratuity (18%) will be included on all tables of six or more on your check for your convenience.
We appreciate your understanding and hope you enjoy your dining experience with us.



LOCATION:
200 NORTH
13TH STREET, 63103
(314)925-8421

BREAKFAST

WINGS & GRITS 6 southern fried chicken wingettes over a bowl of savory grits smothered in a creamy creole sauce	20.00
PANCAKES OR WAFFLES 3 home style buttery pancakes or 1 Belgian waffle with your choice of turkey sausage, turkey bacon, chicken sausage (blue berries, banana or strawberries)	23.00
FRENCH TOAST 2 lightly grilled toast sprinkled with powdered sugar and served with 2 eggs and choice of turkey sausage, turkey bacon, chicken sausage	21.00
WAFFLE ATTACK belgian waffle with vanilla ice cream, whipped cream and assorted fruit	12.00

BREAKFAST SANDWICHES

HONEY HOT EGG egg, cheddar or american and biscuit topped with honey hot sauce	11.50
GRIPPED CHEEZ american, cheddar and swiss cheese on garlic butter texas toast	11.00
B.L.T. turkey bacon, lettuce and tomato with mayonnaise on texas toast	11.50

BRUNCH

SHRIMP & GRITS 28.00 8 jumbo seasoned shrimp over a bowl of savory cheese grits smothered in a creamy creole sauce	CHICKEN WINGS & FRIES 16.00 6 pieces of crispy chicken wingettes layered over seasoned fries with your choice of ranch, lemon pepper, Mozay bourbon, honey hot, sweet heat, buffalo and gold rush
FRIED SALMON & GRITS 28.00 a southern fried piece of salmon embedded in a bowl of savory cheese grits smothered in creamy creole sauce	SALMON BITES & FRIES 18.00 seasoned pan seared or fried salmon cut into cubes and served with fries
CATFISH & GRITS 28.00 hand battered piece of fried catfish over a bowl of savory cheese grits smothered in creamy creole sauce	TURKEY BURGER & FRIES 16.50 all white turkey ground & hand pattied. topped with your choice of toppings & cheese placed on a toasted brioche bun.
CAJUN SHRIMP PASTA 18.00 mildly spicy shrimp with penne noodles tossed in a white sauce with minced red pepper, garlic & cajun seasoning	ALL AMERICAN BURGER & FRIES 16.50 american cheese melted over a fresh hand pattie placed on a soft toasted brioche bun. with your choice of toppings
FRIED SALMON PASTA 28.00 fried or pan seared salmon embedded in a luscious cream sauce with penne noodles topped with parmesan cheese	SALMON BURGER & FRIES 17.50 freshly fired salmon served with melted cheese placed on a soft toasted brioche bun
PAN SEARED SALMON 28.00 with bourbon seasoning or lemon garlic butter sauce w/ 2 sides	LOADED NACHOS 12.00 seasoned chips your choice of grilled chicken, shrimp, beef and turkey (\$3 upcharge) or mixed (\$7 upcharge). topped with cheese, jalapenos, sour cream, lettuce, tomatoes, onions, black olives.
CHICKEN ALFREDO 17.50 sauteed chicken served in a zesty alfredo sauce tossed in penne pasta.	CHICKEN CEASAR SALAD 13.50 classic ceasar salad, romaine lettuce topped with grilled chicken, parmesan cheese, ceasar dressing and croutons
CHICKEN & FRENCH TOAST 17.50 our signature crispy fired chicken with two griddled slices of our special french toast, powdered sugar topped with your choice of fruit	CEASAR SALAD 10.00 classic ceasar salad, romaine lettuce, parmesan cheese, ceasar dressing and croutons
	HOUSE SALAD 10.00 crisp lettuce, tomato, cucumber, red onion, croutons, cheddar cheese, your choice of dressing

CHEF'S SPECIALS

SALMON MAC & CHEESE the ultimate comfort food, a creamy mac and cheese topped with a southern piece of salmon and a creamy sauce	28.00
MIDTOWN FUNK chicken sausage, bacon, onions, peppers and grits	22.00
MOZAY BURGER WITH FRIES bacon, pepper jack, mozay sauce & choice of toppings	18.00

SIGNATURE PLATES

CATFISH & GRITS seasoned catfish fillet and grits served with potatoes or 2 eggs and toast	30.00
WINGS & FRENCH TOAST french toast surrounded by 3 wing pieces and topped with powdered sugar and fresh fruit (french toast may be substituted with pancakes or waffles upcharge \$3.75).	17.95

NON DAIRY PASTA DISHES

SUN DRIED TOMATO PASTA your choice of protein or add broccoli	28.00
CREAMY VEGAN ALFREDO your choice of protien or add broccoli	18.00
WHITE WINE AND OIL PASTA your choice of protein or add broccoli	18.00

**cooked in wine & oil*

EGG OMELETTES

The Cheesy 4 - 15.00
american, cheddar, parmesan and swiss cheez

The Veggie - 15.75
tomatoes, onions, bell peppers, peppers, black olives, parmesan cheese and cheddar cheese

The Spincah Way - 15.75
egg whites, spinach, parmesan and swiss cheez (Note: You can add a meat for a \$2 up charge)

ALA CARTE

GRILLED CHICKEN	5.00
SHRIMP	7.00
FRIED SHRIMP	9.00
SALMON	15.00
CATFISH	12.00

SIDES

WAFFLES	9.00
PANCAKES	6.00
BREAKFAST POTATOES	7.00
MAC & CHEESE	7.00
CHEESE SAUCE	3.75
GARLIC BREAD	5.00
CHEESE GARLIC BREAD	6.00
HONEY GLAZED CARROTS	5.00
GREEN BEANS	5.00
BROCCOLI	5.00
ASPARAGUS	5.00
GARLIC MASHED POTATOES	5.00
FRENCH FRIES	7.00
EGGS	2.50

EGG ROLLS

PHILLY	\$10
CHICKEN	\$10
SHRIMP	\$12
SALMON	\$12

THANKS! & ENJOY

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Please be advised that by placing an order from our menu, you are agreeing to pay for the items ordered.