

PRACTICE DAY GUIDE

SOCCER DEVELOPMENT LEAGUE



GENERAL INFORMATION

Location: Larsen Field (455 Sycamore Rd. San Ysidro, 92173)

Practice Days Options: Monday & Wednesday
Tuesday & Thursday

Practice Times Options: Session I 5pm to 6pm
Session II 6pm to 7pm

[NOTE: Practice Times Options start Week 2 of Season]

Practice Areas: Practice Areas are designated according to Age Divisions and will be the field space assigned at park for practices. Practice Areas will be marked with a visual sign.

Age Divisions: All Divisions primarily will be **COED**. Boys & Girls Divisions will be separated when participant registration numbers allow for in an Age Division.

3 – 5 yr. old's | 6 – 8 yr. old's | 9 – 11 yr. old's | 12 – 14 yr. old's

PLAYERS / PARENTS

- Report to designated Practice Area on selected Practice Days and Time.
- Soccer cleats, Shin Guards & Soccer Ball are required; along with practice attire (*Black Practice Jersey, Black Shorts & Black Socks*).
- Parent Sitting/Waiting Areas will be assigned for parents to view practices.

DEVELOPMENT LEAGUE OVERVIEW

Our Development Academy League is designed for the 1st time player as an introduction to the game of soccer. Our goal is to teach participants the fundamentals of the game while having fun in a recreational level of play. Development Academy League is structured to better serve parents schedule by offering practice days and practice times options, so that participants can attend the entirety of Development Academy League season.

The Atlante San Diego FC Development Academy League consist of 4 seasons throughout the year (*Winter, Spring, Summer and Fall*) with each season consisting of 10 Week Sessions.

INSTRUCTORS / VOLUNTEER COACHES

- Instructors/Volunteer Coaches will be assigned to an Age Division to run practices during season practice days and practice time sessions.
- Instructors/Volunteer Coaches are rotated during the season to run practices in multiple Age Divisions.

