

# SOCCER DEVELOPMENT LEAGUE

## SEASON INFORMATION GUIDE | WINTER 2024



The Atlante San Diego FC Soccer Development League consisted of 4 seasons throughout the year (**Winter, Spring, Summer and Fall**) with each season consisting of 9-10 week sessions. With over 250 players participating each season, our goal is to teach players the fundamentals of the game while having fun at an affordable Player Registration Fee.

### INCLUDED IN PLAYER REGISTRATION FEE:

2 Practices per week, 8 Games, Game Jersey, Practice Jersey

**PRACTICE & GAME FIELD:** CESAR SOLIS PARK \* | 4919 Del Sol Blvd. San Diego, CA 92154

**PRACTICE DAYS OPTIONS:** MONDAY & WEDNESDAY or TUESDAY & THURSDAY

**PRACTICE TIMES OPTIONS:** SESSION I - 5:00pm to 6:00pm or SESSION II - 6:00pm to 7:00pm \*Subject to Change

**SOCCER EQUIPMENT NEEDED:** Soccer Cleats, Shin Guards & Soccer Ball (Size 4) (Size 3 for 3-4 yr. old's)

**PRACTICE ATTIRE:** Practice Jersey, Black Shorts and Shin Guards covered by Black Socks.

**GAME ATTIRE:** Game Jersey, Black Shorts and Shin Guards covered by Black Socks.

## WINTER 2024 SEASON TIMELINE

<b>Week 1:</b>	January 8 – 11, 2024	<b>1<sup>st</sup> Week of Season</b>	Saturday, January 13, 2024	TEAM PLACEMENT & JERSEY DISTRIBUTION
<b>Week 2:</b>	January 16 – 18, 2024	Practice Days	Saturday, January 20, 2024	TEAM PLACEMENT & JERSEY DISTRIBUTION
<b>Week 3:</b>	January 22 – 25, 2024	Practice Days	Saturday, January 27, 2024	<b>CANCELLED</b>
<b>Week 4:</b>	Jan. 29 – Feb. 1, 2024	Practice Days	Saturday, February 3, 2024	<b>CANCELLED</b>
<b>Week 5:</b>	February 5 – 8, 2024	Practice Days	Saturday, February 10, 2024	<b>CANCELLED</b>
<b>Week 6:</b>	February 12 – 15, 2024	Practice Days	Saturday, February 17, 2024	<b>CANCELLED</b>
<b>Week 7:</b>	February 20 – 22, 2024	Practice Days	Saturday, February 24, 2024	<b>CANCELLED</b>
<b>Week 8:</b>	February 26 – 29, 2024	Practice Days	Friday, March 1, 2024	<b>CANCELLED</b>
			Saturday, March 2, 2024	<b>CANCELLED</b>
<b>Week 9:</b>	March 4 – 7, 2024	Practice Days	Friday, March 8, 2024	<b>CANCELLED</b>
			Saturday, March 9, 2024	<b>CANCELLED</b>
<b>Week 10:</b>	March 11 – 14, 2024	Practice Days	Saturday, March 16, 2024	<b>CANCELLED</b>

### MY PRACTICE DAYS ARE

MONDAY & WEDNESDAY

(circle one)

TUESDAY & THURSDAY

### MY PRACTICE TIME

SESSION I - 5:00pm to 6:00pm

or

SESSION II - 6:00pm to 7:00pm

# **PARENT'S CODE OF CONDUCT**

As a parent, you play a special role in the development of your daughter or son, and of his/her teammates. Your encouragement and good example will do more to ensure good sportsmanship and self-discipline than any other influence. The other team is the opponent, not the enemy, and should be treated with respect. While winning is important, playing well and fairly is the essence of the game.

## **1. SUPPORT YOUR CHILD**

Support your child by giving encouragement and showing interest in his/her team. Help your child work toward skill improvement and good sportsmanship in every game. Teach your child that hard work and an honest effort are often more important than victory.

## **2. ALWAYS BE POSITIVE**

Children learn more by example than by criticism. Work to be a positive role model and reinforce positive behavior in others. Applaud good plays by others on your child's team as well as good plays by the opposing team. Do not criticize any child's performance from the sidelines. Accept the results of each game. Teach your child to be gracious in victory and to turn defeat into victory by learning and working toward improvement.

## **3. DON'T BE A SIDELINE COACH OR REFEREE**

Refrain from coaching or refereeing from the sidelines. Parents who shout or scream from the sidelines often give inappropriate advice at the wrong time. The coach should be the only sideline voice. Remain well back from the sidelines and within the spectator area. You and your child will both enjoy the game more if you put some emotional distance between yourself and the field or play. Officials are symbols of fair play, integrity, and sportsmanship - Do not openly question their judgment or honesty.

## **4. DEMONSTRATE A POSITIVE ATTITUDE TOWARD YOUR OPPONENTS AND THEIR FAMILIES**

Opponents are not enemies. Take care to show good hospitality at home and to represent Atlante San Diego FC in a positive way when visiting other clubs or leagues. Never allow yourself to be drawn into a verbal disagreement with opposing parents or coaches. No one has ever regretted letting "cooler heads prevail."

## **5. REMEMBER THAT YOUR CHILD WANTS TO HAVE FUN**

Your child is the one playing soccer, not you. Children must establish their own goals - to play the game for themselves. Take care not to impose unreasonable demands on your child. Let your children experience the fun of playing as well as the challenge of excelling.

Atlante San Diego FC sponsors youth soccer activity with the goal of providing our children an opportunity to develop superior life skills through team play, sportsmanship, top competition, and hard work. Our mission is to provide our communities youth with the opportunity to play soccer at the highest level commensurate with their individual ability, potential, and interest. An emphasis on fair play and respect for all participants is a primary element of our club's mission. To better achieve that mission, we provide the following Codes of Conduct for all Atlante San Diego FC parents. These Codes of Conduct are a covenant between players, parents, and coaches to abide by the rules and regulations of the game, as well to maintain a cooperative attitude and uphold the ideals of fair play and sportsmanship. These Codes of Conduct express our core values and goals and are essential they be honored and followed.