

SOCCER DEVELOPMENT LEAGUE

SEASON INFORMATION GUIDE | SPRING 2019



The Atlante San Diego FC Soccer Development League consisted of 4 seasons throughout the year (*Winter, Spring, Summer and Fall*) with each season consisting of 10 week sessions. With over 200 players participating each season, our goal is to teach children the fundamentals of soccer while having fun at an affordable price.

INCLUDED IN REGISTRATION FEE: Game Jersey, League Picture Packet, 2 Practices per week, & Games on Saturday's.

PRACTICE & GAME FIELD: **CESAR SOLIS PARK *** | 4919 Del Sol Blvd. San Diego, CA 92154 **Subject to Change*

PRACTICE DAYS OPTIONS: **MONDAY & WEDNESDAY** or **TUESDAY & THURSDAY**

PRACTICE TIMES OPTIONS: **SESSION I - 5:00pm to 6:00pm** or **SESSION II - 6:00pm to 7:00pm**

SOCCER EQUIPMENT NEEDED: Soccer Cleats, Shin Guards & Soccer Ball (Size 4) *(Size 3 for 3-4 yr. old's)*

PRACTICE ATTIRE: Practice Jersey & Comfortable clothes (*shorts or sweatpants*) ... **NO JEANS**

GAME ATTIRE: Game Jersey, Shin Guards covered by Black Socks & Black Shorts.

SPRING 2019 SEASON TIMELINE

Week 1:	April 15 – 18, 2019	1 st Week of Practice	Friday, April 19, 2019	TEAM PLACEMENT & JERSEY DISTRIBUTION
Week 2:	April 22 – 25, 2019	Practice Days	Saturday, April 27, 2019	GAME 1
Week 3:	April 29 – May 2, 2019	Practice Days	Saturday, May 4, 2019	GAME 2
Week 4:	May 6 – 9, 2019	Practice Days	Saturday, May 11, 2019	GAME 3
Week 5:	May 13 – 16, 2019	Practice Days	Saturday, May 18, 2019	GAME 4
Week 6:	May 20 – 23, 2019	Practice Days	Saturday, May 25, 2019	NO GAME MEMORIAL DAY WEEKEND
Week 7:	May 28 – 30, 2019	Practice Days	Saturday, June 1, 2019	GAME 5 PICTURE DAY
Week 8:	June 3 – 6, 2019	Practice Days	Saturday, June 8, 2019	GAME 6
Week 9:	June 10 – 13, 2019	Practice Days	Saturday, June 15, 2019	GAME 7
Week 10:	June 17 – 20, 2019	Practice Days	Saturday, June 22, 2019	GAME 8 END OF SEASON

MY PRACTICE DAYS ARE

MONDAY & WEDNESDAY

(circle one)

TUESDAY & THURSDAY

MY PRACTICE TIME SESSION IS

SESSION I – 5:00pm to 6:00pm

(circle one)

SESSION II – 6:00pm to 7:00pm

Parent's Code of Conduct

As a parent, you play a special role in the development of your daughter or son, and of his/her teammates. Your encouragement and good example will do more to ensure good sportsmanship and self-discipline than any other influence. The other team is the opponent, not the enemy, and should be treated with respect. While winning is important, playing well and fairly is the essence of the game.

1. Support your child

Support your child by giving encouragement and showing interest in his/her team. Help your child work toward skill improvement and good sportsmanship in every game. Teach your child that hard work and an honest effort are often more important than victory.

2. Always be positive

Children learn more by example than by criticism. Work to be a positive role model and reinforce positive behavior in others. Applaud good plays by others on your child's team as well as good plays by the opposing team. Do not criticize any child's performance from the sidelines. Accept the results of each game. Teach your child to be gracious in victory and to turn defeat into victory by learning and working toward improvement.

3. Don't be a sideline coach or ref

Refrain from coaching or refereeing from the sidelines. Parents who shout or scream from the sidelines often give inappropriate advice at the wrong time. The coach should be the only sideline voice. Remain well back from the sidelines and within the spectator area. You and your child will both enjoy the game more if you put some emotional distance between yourself and the field or play. Officials are symbols of fair play, integrity and sportsmanship - Do not openly question their judgment or honesty.

4. Demonstrate a positive attitude toward your opponents and their families

Opponents are not enemies. Take care to show good hospitality at home and to represent Atlante San Diego FC in a positive way when visiting other clubs or leagues. Never allow yourself to be drawn into a verbal disagreement with opposing parents or coaches. No one has ever regretted letting "cooler heads prevail."

5. Remember that your child wants to have fun

Your child is the one playing soccer, not you. Children must establish their own goals - to play the game for themselves. Take care not to impose unreasonable demands on your child. Let your children experience the fun of playing as well as the challenge of excelling.

Atlante San Diego FC sponsors youth soccer activity with the goal of providing our children an opportunity to develop superior life skills through team play, sportsmanship, top competition, and hard work. Our mission is to provide our communities youth the opportunity to play soccer at the highest level commensurate with their individual ability, potential, and interest. An emphasis on fair play and respect for all participants is a primary element of our club's mission. To better achieve that mission, we provide the following Codes of Conduct for all Atlante San Diego parents. These Codes of Conduct are a covenant between players, parents, and coaches to abide by the rules and regulations of the game, as well as to maintain a cooperative attitude and uphold the ideals of fair play and sportsmanship. These Codes express our core values and goals. It is essential they be honored and followed.