

SOCCER DEVELOPMENT LEAGUE

SEASON INFORMATION GUIDE | WINTER 2025

Indoor / Outdoor Soccer Edition



The Atlante San Diego FC Soccer Development League consisted of 4 seasons throughout the year (*Winter, Spring, Summer and Fall*) with each season consisting of 9-10 week sessions. With over 250 players participating each season, our goal is to teach players the fundamentals of the game while having fun at an affordable Player Registration Fee.

INCLUDED IN PLAYER REGISTRATION FEE:

2 Practices per week, 8 Outdoor Games, 6 Indoor Games, Game Jersey, Player Medal

PRACTICE & OUTDOOR GAME FIELDS: CESAR SOLIS PARK * | 4901 Del Sol Blvd. San Diego, CA 92154 *Subject to Change
INDOOR GAME FIELDS: LOCAL SAN DIEGO PARKS & RECREATION GYMNASIUMS * *Subject to Change

PRACTICE DAYS OPTIONS: MONDAY & WEDNESDAY or TUESDAY & THURSDAY

PRACTICE TIMES OPTIONS: SESSION I - 5:00pm to 6:00pm or SESSION II - 6:00pm to 7:00pm

SOCCER EQUIPMENT NEEDED: Soccer Cleats, Shin Guards & Soccer Ball (Size 4) (Size 3 for 3-4 yr. old's) (Size 5 for 12-14 yr. old's)

GAME ATTIRE: Game Jersey, Black Shorts and Shin Guards covered by Black Socks.

WINTER 2025 SEASON TIMELINE

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|-----------------|------------------------|--------------------------------|-----------------------------|---|
| Week 1: | January 6 – 9, 2025 | 1 st Week of Season | Saturday, January 11, 2025 | TEAM PLACEMENT & JERSEY DISTRIBUTION |
| Week 2: | January 13 – 16, 2025 | Practice Days | Saturday, January 18, 2025 | OUTDOOR GAME 1 |
| Week 3: | January 21 – 23, 2025 | Practice Days | Friday, January 24, 2025 | INDOOR GAME 1 |
| | | | Saturday, January 25, 2025 | OUTDOOR GAME 2 |
| Week 4: | January 27 – 30, 2025 | Practice Days | Friday, January 31, 2025 | INDOOR GAME 2 |
| | | | Saturday, February 1, 2025 | OUTDOOR GAME 3 |
| Week 5: | February 3 – 6, 2025 | Practice Days | Friday, February 7, 2025 | INDOOR GAME 3 |
| | | | Saturday, February 8, 2025 | OUTDOOR GAME 4 |
| Week 6: | February 10 – 13, 2025 | Practice Days | Saturday, February 15, 2025 | NO GAME PRESIDENTS DAY WEEKEND |
| Week 7: | February 18 – 20, 2025 | Practice Days | Friday, February 21, 2025 | INDOOR GAME 4 |
| | | | Saturday, February 22, 2025 | OUTDOOR GAME 5 |
| Week 8: | February 24 – 27, 2025 | Practice Days | Friday, February 28, 2025 | INDOOR GAME 5 |
| | | | Saturday, March 1, 2025 | OUTDOOR GAME 6 |
| Week 9: | March 3 – 6, 2025 | Practice Days | Friday, March 7, 2025 | INDOOR GAME 6 |
| | | | Saturday, March 8, 2025 | OUTDOOR GAME 7 |
| Week 10: | March 10 – 13, 2025 | Practice Days | Saturday, March 15, 2025 | OUTDOOR GAME 8 END OF SEASON |

PARENT'S CODE OF CONDUCT

As a parent, you play a special role in the development of your daughter or son, and of his/her teammates. Your encouragement and good example will do more to ensure good sportsmanship and self-discipline than any other influence. The other team is the opponent, not the enemy, and should be treated with respect. While winning is important, playing well and fairly is the essence of the game.

1. SUPPORT YOUR CHILD

Support your child by giving encouragement and showing interest in his/her team. Help your child work toward skill improvement and good sportsmanship in every game. Teach your child that hard work and honest effort are often more important than victory.

2. ALWAYS BE POSITIVE

Children learn more by example than by criticism. Work to be a positive role model and reinforce positive behavior in others. Applaud good plays by others on your child's team as well as good plays by the opposing team. Do not criticize any child's performance from the sidelines. Accept the results of each game. Teach your child to be gracious in victory and to turn defeat into victory by learning and working toward improvement.

3. DON'T BE A SIDELINE COACH OR REFEREE

Refrain from coaching or refereeing from the sidelines. Parents who shout or scream from the sidelines often give inappropriate advice at the wrong time. The coach should be the only sideline voice. Remain well back from the sidelines and within the spectator area. You and your child will both enjoy the game more if you put some emotional distance between yourself and the field or play. Officials are symbols of fair play, integrity, and sportsmanship - Do not openly question their judgment or honesty.

4. DEMONSTRATE A POSITIVE ATTITUDE TOWARD YOUR OPPONENTS AND THEIR FAMILIES

Opponents are not enemies. Take care to show good hospitality at home and to represent Atlante San Diego FC in a positive way when visiting other clubs or leagues. Never allow yourself to be drawn into a verbal disagreement with opposing parents or coaches. No one has ever regretted letting "cooler heads prevail."

5. REMEMBER THAT YOUR CHILD WANTS TO HAVE FUN

Your child is the one playing soccer, not you. Children must establish their own goals - to play the game for themselves. Take care not to impose unreasonable demands on your child. Let your children experience the fun of playing as well as the challenge of excelling.

Atlante San Diego FC sponsors youth soccer activity with the goal of providing our children an opportunity to develop superior life skills through team play, sportsmanship, top competition, and hard work. Our mission is to provide our community's youth with the opportunity to play soccer at the highest level commensurate with their individual ability, potential, and interest. An emphasis on fair play and respect for all participants is a primary element of our club's mission. To better achieve that mission, we provide the following Codes of Conduct for all Atlante San Diego FC parents. These Codes of Conduct are a covenant between players, parents, and coaches to abide by the rules and regulations of the game, as well to maintain a cooperative attitude and uphold the ideals of fair play and sportsmanship. These Codes of Conduct express our core values and goals and are essential they be honored and followed.