



Eat Right Montana (ERM) and Montana Action for Healthy Kids (AFHK) promotes healthy nutrition and physical activity choices and behaviors to improve the well-being of all Montanans

Health Hero Award 2019 Application

ERM and AFHK would like to recognize individuals and/or public and private organizations that go above and beyond their job duties to promote health in Montana through nutrition and physical activity. If you know an individual or group deserving of such recognition, please consider nominating them for this year's Health Hero Award. We are looking for nominees who have made a noteworthy contribution to their organization, local community, or the state as a whole. Please complete the attached nomination form by using specific activities that demonstrate why your nominee is deserving of a Health Hero Award.

Nominations Open: April 5, 2019

Deadline: December 31, 2019

Please return the attached nomination form via email, fax, or mail to the contact information below:

Rebecca Morley, Awards Committee Chair

Email: rmorley@missoulacounty.us

Fax: (406) 258-4906 | Phone: (406) 258-3827

301 W. Alder, Missoula, MT 59802-4123

ERM and AFHK will announce award winners by January 31, 2020. Award presentation will be held at the Rural Health Initiative's *Building Healthy Communities Conference in the spring of 2020*, date and location TBD.

Thank you for taking the time to recognize those who work to improve health in our state.



Eat Right Montana and Action for Healthy Kids 2018 Health Hero Nomination Form

Application period closes December 31, 2019

Nominee Information:

Name: _____

Title: _____

Address: _____

City, State, Zip: _____

Telephone: _____

Email: _____

Why do you believe this person is a Health Hero? Please limit the overall application to 1,200 words or less. Use back of page or attach additional pages if needed. Each question is worth up to 4 points.

Please describe the contribution the individual/organization has made and who benefited from their efforts. **Please provide answers for the four areas below.** Note that Area 1 has several possible categories of work and can stand alone or be a combination of the bullet points listed.

Area 1. How has your nominee worked on a policy, program, project, or promotion to encourage healthy nutrition and physical activity choices and behaviors including but not limited to: (4 points)

- Increasing access to healthy food choices and/or nutrition program participation
- Alleviating or decreasing hunger in the community
- Increasing access to physical activity for kids, families, or communities
- Advocating for workplace changes to support healthy choices

If more than one of the above has been addressed, please describe each bullet
