

**“LAY ASIDE EVERY WEIGHT” - Bible Study 2023
Handout**

HOW IS YOUR APPETITE?

EAT THE WORD OF GOD EVERYDAY!

In the morning:

Ps 5:1-3
59:16-17
92:1-2
130:6

Mark 1:35-38

Share your favorite food? _____

In the Evening

Ps 91

When day-to-day challenges affect your life.

Ps 91

37

27

Eccl 3:1-15

Heb 12:1-2

Col 3:1-4

Col 3:22-24

Phil 4:11-13

Share your favorite food? _____

When persecution come in your life and no matter which way you turn you see no way out.

Isa 54:17

Jn 14:16-18

Rom 8:38-39

Ps 9:9-10

Heb 13:5

Jn 14:27

Share your favorite food? _____

Dealing with a loss/grief/death.

I Thess 4:13-14

2 Cor 5:1-4

Ps 23:4

Rev 21:4

2 Cor 5:5-8

I Cor 15:52-57

I Cor 2:9

Matt 5:4

Share your favorite food? _____

Discouraged by life.

Phil 1:6

Heb 10:35-36

Gal 6:9

Ps 27:13-14

Ps 138:7

2 Cor 4:8-9

I Pet 1:6-9

Mark 10:29-30

Share your favorite food? _____

Depression

Ps 40:1-3

Ps 42

Ps 43

Ps 46:1-3

Ps 107: 28-31

Is 61:1-3

Jn 14:1, 27

Share your favorite food? _____

Anytime meals:

Rom 8 (Potpourri)

Rom 13 (Divine Authority)

I Cor 7:12-16 (Salvation in Marriage)

II Cor 5:17 – (New life)

II Cor 10:3-5 (Doubts? Fears?)

II Cor 12:8-10 (Sufficiency of God)

Gal 3: 26-29 (Diversity in the Body)

II Peter 5:6-10 (Cautious Promise)

Dessert

Revelations 22