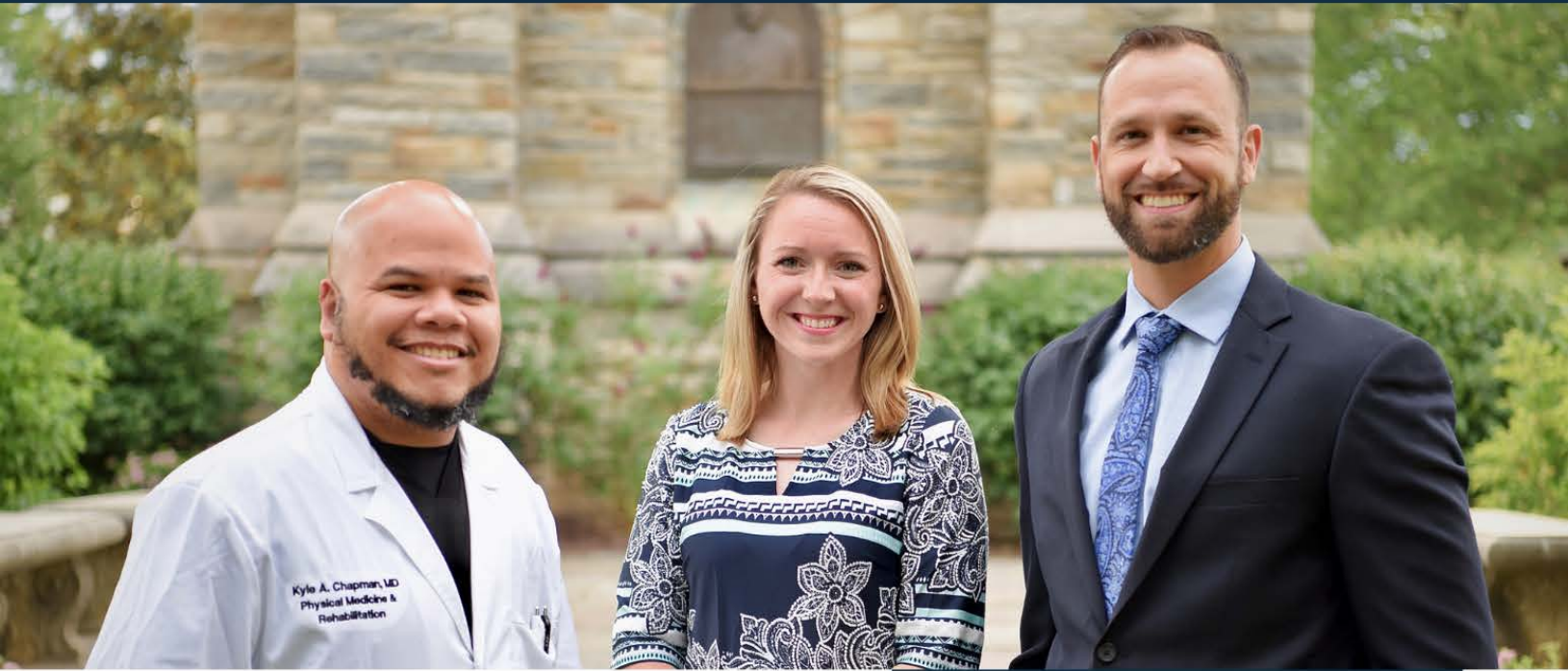




# PMR CONSULTING SOLUTIONS

Optimizing. Adapting. Overcoming.



## A MESSAGE FROM OUR CEO

*by Dr. Kyle A. Chapman*

The Physical Medicine and Rehabilitation (PMR) Consulting Solutions team delivers a collaborative and comprehensive approach to enhancing the quality of patient care and facility outcomes.

As a designated medical specialty, we focus on the diagnosis and medical management of neuromusculoskeletal and other disabling conditions. With a patient-centered care approach, our team compliments the individual's interdisciplinary team to promote positive patient outcomes such as functional improvement, a reduction in secondary complications and hospital readmissions, shorter patient length of stay, and appropriate and safe community reintegration.

For further understanding of how our team would support patient care and facility goals, we have included detailed information within this pamphlet.

IN THIS PAMPHLET

**WHAT IS A PHYSIATRIST**

**WHAT PMR CAN OFFER**

**HOW PMR CAN SUPPORT YOUR GOALS**

**HOW PMR CAN IMPROVE REIMBURSEMENT RATES**



Dr. Kyle A. Chapman is a dedicated physical medicine and rehabilitation physician who understands the importance of treating the person and their families rather than simply treating the disease, impairment, or the disability. In 1998, Dr. Chapman was in a house fire resulting in him becoming a double amputee. He understands what it is like to have the challenges of having your livelihood taken away and the dedication it takes to reclaim your short-term and long-term goals.

## WHAT IS A PHYSIATRIST?

Physiatrists treat a wide variety of medical conditions affecting the brain, spinal cord, nerves, bones, joints, ligaments, muscles, tendons, heart and lungs. Other specialties include the treatment of spasticity, bowel and bladder care, central pain, cognitive deficits, and prosthetic/orthotic care.

A physiatrist's focus is to provide patient-centered care to maximize function and quality of life. We work closely with the patient's primary team and therapists to optimize the patient's function to return home and to their roles in society.

Physiatrists develop a detailed individualized plan of care that establishes functional goals, provide medical management related to rehabilitation diagnoses, minimize risk of secondary complications, and work to efficiently and safely transition patients to the most appropriate care setting.

The physiatrist's management of the patient's care in the post-acute care setting supports the seamless transitions of rehabilitation care across the health care continuum, resulting in greater functional gains, a reduction in complications, and earlier discharge, while minimizing hospital readmissions and achieving cost savings for the health care system.

## WHAT PMR CAN OFFER

- Oversight of functional patient care with patient visits 2-3x/week as needed.
- Attendance at weekly Medicare/insurance meetings or as needed.
- Discussion of safe discharge plans during weekly Medicare meeting.
- Attendance during family/care plan meetings as needed.
- Clinical documentation to help support therapy, audits and surveys.
- Diagnose and treat orthopedic and neuro-muscular conditions.
- Manage pain/opioid medications, including weaning as patients approach discharge.
- Perform joint injections as needed including knees, shoulders, wrist and ankles.
- Perform trigger point injections as needed to help reduce pain and pain medication use.
- Provide home health and equipment orders for discharges.
- Peer to peer reviews for insurance denials if patients' functional status is prohibiting discharge.
- Support for the primary care team and facility Medical Director.
- Provide in-service education for nursing/therapy team.
- Act as a liaison between hospitals, orthopedic surgeons, therapists, nurses and patients.
- Other populations: Consultations for assisted living and long-term residents who may benefit from ordering Medicare Part B therapy services.

## HOW PMR CAN SUPPORT YOUR GOALS

### *Patient-Centered Goals*

- **Exclusive dedication to rehabilitation** – Focusing on the importance of improving patient quality of life and everyday function.
- **Optimization of patient care** by providing additional medical and rehabilitation treatments and care plans to the already established facility's care team.
- **Teamwork** – Our physiatrists coordinate with care team members, including the medical director, primary care physician, nurses, physical therapists, occupational therapists, speech specialists and case managers.
- **Pain/opioid management** – We manage and wean pain control medication to prepare patients for discharge if permitted by primary team.
- **Facilitate a faster and safer discharge** by optimizing patient care and providing the necessary home adaptive equipment as well as home services. We will closely monitor patient barriers to return home and work closely with family and the team to overcome barriers.

### *Administrative and Facility Goals*

- **Reduction in readmission rates**
- **Increased patient satisfaction** – Orienting the treatment goals towards patient needs and wants and closely updating the patient and family on a frequent basis.
- **Increased family satisfaction** – We value family involvement and regularly meet with family members regarding their loved one's rehab process in addition to what they can expect after discharge.
- **Improving length of stay while decreasing readmission** to the hospital after discharge. With regularly scheduled patient visits, we ensure functional status is appropriate and monitor any barriers to discharge.
- **Reduction in patient falls** – Our increased physician screenings means we are more likely to detect mobility issues and initiate fall prevention strategies.

**"You are more than your disabilities; we see you as the person you truly are."**

*Dr. Kyle A. Chapman, MD*



# HOW PMR CAN IMPROVE REIMBURSEMENT RATES WITHIN THE FACILITY

We specialize in providing an individualized treatment plan independently to the unique needs of each patient. Our patient-centered care model improves payment accuracy and more importantly, improves quality of care delivered.

- Improve reimbursement for the facility by providing appropriate ICD 10 codes and proper classifications by ensuring patient has the right primary diagnosis with appropriate comorbidities that improve reimbursement rates (including SLP related comorbidities).
- Ensuring patient has the appropriate functional scores on admission and discharge.
- Providing screening with treatment plans for depression, cognitive and swallowing deficits.
- Improving quality measures such as readmission rates, acute care transfers and functional outcomes.
- Appropriate documentation to ensure patient has the proper tier classification.
- Assisting in identifying other nursing restorative services with treatment plans.

## Meet the team leading PMR Consulting Solutions! A team committed to delivering optimal patient care.



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CHIEF EXECUTIVE OFFICER



**CRYSTAL YUNGINGER**  
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