

The Face Bar

aesthetics

ADVANCED PEEL POST TREATMENT

POST TREATMENT GUIDELINES

- Wash your face with a gentle, acid-free cleanser and avoid topical products that contain alpha or beta hydroxyl acids and retinol for approximately 72 hours. If irritation occurs after applying the above products, wait a few more days to allow your skin to heal. Under no circumstances should you use a product that abrades the skin within the 72-hour period (no scrubs).
- Avoid sun exposure as much as possible for a minimum of 3 days post treatment. If you must be in the sun, apply SPF 30 or greater, reapply often, wear a wide-brimmed hat, and seek shade when possible. Be careful of sun exposure and wear sunscreen daily.
- Avoid excessive heat for the remainder of the day i.e. heavy workouts, steam rooms or saunas, etc.
- Avoid chlorine for 24 hours.
- Do not pick, scratch or aggressively rub the treated area.
- No scrubs, polishers or aggressive brushes should be used for 72 hours.
- You may experience slight peeling for the first few days. Slight windburn sensation and/or blotchiness are normal for the first few days. Skincare products may tingle or slightly burn for the first 3 days.
- Makeup should try to be avoided for 24 hours.
- Clean your glasses, mobile phone, clean pillowcase etc to avoid spreading bacteria onto your skin.
- Use rich and gentle moisturisers to keep the skin hydrated.

NOTES:
