

The Face Bar aesthetics

BB GLOW PRE AND POST TREATMENT

To maximise the BB Glow effectiveness and maintain long term results, it is important to follow all post-procedure instructions.

What is it?

BB Glow is a semi-permanent foundation for your face that uses scientifically proven nano needling and micro-needling to safely infuse nutrient-rich tinted serums onto the top layer of the skin. It is completely safe and plant based. One of the main benefits of micro-needling is the stimulation of natural collagen production, which is amazing for anti-ageing and skin rejuvenation, together with the BB Glow serums, it aids incredible skin nutrients and most importantly helps to improve uneven skin tone and lightens and brightens. This treatment will provide a light to medium coverage to camouflage facial imperfections such as- Hyper-pigmentation, Redness, Dark circles, Large pores and Freckles.

- Non invasive
- Little to no downtime for most skin types
- Improves skin texture and tone
- Stimulates collagen and elastin
- Gives a soft coverage to your skin like BB cream

How often should you have it done?

You will notice a difference after the first session however, we recommend a series of 3 initial treatments spaced once every 1-2 weeks in order to build up a better coverage and make the results last. Additional treatments will lead to an increased longevity and enhanced coverage. After your series of 3 treatments we recommend coming in every 6-8 weeks for a maintenance top up as your skin cells are always turning over and renewing. Results can last up to 4-6 months!

Are there any long term complications?

The BB glow is essentially buffed into the top layers of the skin and your skin cells turn over every 30 days so it is impossible for the BB glow to have any long term side effects. Also, all the BB Glow serums are free of parabens, fragrances, alcohol and allergens. The most popular and most well-known brand is Stayve and Dr Drawing, which is what we use in salon.

Does BB Glow Hurt?

The tips of the tiny needles on a micro-needling pen are extremely thin, and as such, the cuts made are so tiny they don't hurt. On top of their microscopic diameter, they penetrate the skin very shallowly to allow the pigment to be visible at the surface of the skin. The penetration of the nano needles does not hurt, most clients find it extremely relaxing and even fall asleep.

What is the downtime?

BB Glow has very little downtime! You may have some very slight redness (if any) initially after the treatment which should reside within the hour. Your skin should instantly glow straight after the treatment, meaning you can return to normal activities straight away. The only things you need to be mindful of is to avoid submerging your face in water for 24 hours to allow the BB Glow to absorb into the skin,. For 72 hours you also need to avoid using products that contain Vitamin A, Glycolic/Lactic Acids or anything that will be removing any dead skin in which the pigment is sitting in.

Why do we recommend doing a Microdermabrasion or Dermaplaning before the treatment?

We recommend starting your series of BB Glow Treatments with a Microdermabrasion or Dermaplaning as these treatments are removing the build up of dead skin, dirt and debris to give us a clean and fresh canvas to begin the treatment on. Because the BB Glow is sitting on the top layers of skin, it is great to remove the dead layers of skin before applying the serum so it lasts longer and the colour isn't shedding off in the dead layers. The Dermaplaning also has amazing benefits when it comes to product absorption. By removing the peach fuzz and dead layers of skin it increases the BB Glow absorption level from 8% to 80%, allowing your skin to soak up these amazing nutrients and for the BB Glow to sit better in the skin.

POST TREATMENT INSTRUCTIONS-

- Do not submerge your face under water for 24 hours after the treatment. We need to allow the product to have time to fully absorb into the skin.
- After 24 hours you can wash your face with a gentle, acid-free cleanser and avoid topical products that contain alpha or beta hydroxyl acids and retinol for approximately 72 hours or longer. If irritation occurs after applying the above products, wait a few more days to allow your skin to heal. Under no circumstances should you use a product that abrades the skin within the 72-hour period (no scrubs), nor should you submerge the treated area in chlorinated pool or hot tub for the next 72 hours.
- Avoid sun exposure as much as possible for a minimum of 3 days post treatment. If you must be in the sun, apply SPF 30 or greater, reapply often, wear a wide-brimmed hat, and seek shade when possible. Be careful of sun exposure and wear sunscreen daily.
- Avoid excessive heat for 24 hours post treatment, i.e. heavy workouts, steam rooms or saunas, etc.
- Avoid submerging your face in chlorine for 72 hours.
- Avoid dermal fillers and Botox for 2 to 3 weeks..
- No scrubs, polishers or aggressive brushes should be used for 7 days.
- Makeup should try to be avoided for 24 hours. If makeup is an absolute must, you may wear a light weight mineral powder over the face- be mindful you cannot submerge your face in water for 24 hours after the treatment- so this will effect being able to remove your makeup within that time frame.

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