

The Face Bar aesthetics

DERMAPLANING

What is a Dermaplaning treatment and how will it benefit me?

What is Dermaplaning?

Dermaplaning is a physical exfoliation that utilises a specialised instrument designed to scrape away accumulated dead skin cells, vellus hair (the peach fuzz on your face) and excess oil. It is a comfortable, relaxing procedure that can be combined with other services to improve their efficacy. Dermaplaning can remove 3-4 weeks worth of dead skin cells in only one session. Another amazing benefit is its ability to help increase your skins absorption levels. Normally your skins absorption rate of your skincare products are around 8% and after dermaplaning it increases to 80%! This will help your skincare products to work better for your skin, and will also save you money as you won't need to use as much for the same results. The act of scraping the skin also causes micro injury that prompts collagen and hyaluronic acid to flood the face. These two substances are key components in creating new and healthy skin. Collagen helps to give our skin its full and elastic feature while hyaluronic acid aids in keeping our skin moisturised and supple-looking. So not only does a new un-touched layer of skin appear after Dermaplaning, but you get an extra boost of natural moisturiser and elasticity.

- Improvement in skin tone, texture and appearance.
- Removal of dead skin cells and vellus hair
- Make up glides on easily so less is needed to look your best.
- Great for all skin types and colours
- Will not aggravate broken capillaries
- Unlike waxing, can be performed on clients using Retinol
- Minimal risk of post-procedure breakouts
- There is no downtime

Who is Dermaplaning for?

This is a great treatment option for any skin type and colour- especially men and women with dry or roughly-textured skin. It can also benefit those with mature skin, as dead skin cells tend to accumulate faster with age, and those with acne scars or hyperpigmentation. Last but not least, expectant or breastfeeding mothers who are unable to pursue other treatment options can get a relaxing, revitalising lift with this therapy.

If you have deep cystic acne, wait until your breakouts calm down before getting this treatment.

When should I expect to see results?

Your results are immediate. That is one of the great things about Dermaplaning. No downtime and no waiting to look your best. This is the perfect treatment before an important social event. Dermaplaning is actually a good way to clear your skin enough to help makeup blend much better than before. With rough, uneven skin, getting foundation and highlighters to blend with your skin can be difficult. These products will simply sit on top of your dead cells, scars and more. This treatment can also aid in creating cleaner sweat and little to no oil buildup in the first week or two of treatment. After Dermaplaning, you'll have a perfect canvas to apply your makeup. no impurities getting in the way of the perfect look.

Is Dermaplaning safe?

Dermaplaning is considered to be 100% safe. No preparation or downtime is necessary. Remember, only the top surface of the skin is being affected, so no harm or deep injury is being done. Clients typically do not feel any pain. Some may experience slight tingling during and after the procedure, but it's as harmless as shaving.

Will my hair grow back thicker?

Clients commonly think that after Dermaplaning facial hair will grow back thicker and darker. Let us reassure you this is not true. The hair we are removing is called Vellus Hair, not a hormonal hair like your legs. Only a change in hormones can affect your hair's appearance. Additionally, after we remove your facial hair, your skin will immediately look brighter and smoother. When hair does begin to grow back—a process that will take about one week—it may feel slightly different because it was cut straight across during your treatment. You may think it feels coarser, but this is only because hair grows with a blunt end. Your hair will be the same colour and texture as before, and this will hold true for each subsequent time you choose to do a Dermaplaning treatment.

How often do I need to have it done?

Dermaplaning should be received once every 4 weeks (monthly) to achieve optimum anti aging benefits. For removal of facial hair, primarily, every 4-6 weeks is recommended.

Your hair growth cycle for your face is around 4-6 weeks and the process of skin cell rejuvenation usually takes about a month. By week 6 after your treatment you will start to notice your hairs growing back and that's when we would recommend coming in for another Dermaplaning treatment.