

# The Face Bar aesthetics

## LED LIGHT THERAPY

What is LED Light Therapy and how will it benefit me?

### What is LED Light Therapy?

LED Light Therapy, or Light Emitting Diode Therapy, is a skincare treatment that uses different wavelengths of light, including red and blue, which cause no damage to the skin. In fact, the treatment works at a cellular level to stimulate the skin's natural healing mechanisms, addressing a range of skin concerns and skin conditions. Stimulate your skin's healing process with our LED Light Treatment device, the best pain-free and non-invasive treatment for facial rejuvenation. The innovative phototherapy machine reduces acne breakouts and calms post-inflammatory scarring and rosacea. Here's how-

LED Light Therapy is a totally pain-free and non-invasive skincare treatment that stimulates your skin's natural healing process. LED – or Light Emitting Diode Therapy uses varying low-level wavelengths of light, including red and blue, to rejuvenate the skin at a cellular level. The soothing and highly penetrative LED lights reach deep into skin cells, heightening their internal functions and photo-stimulating dermal blood flow. The result? Faster healing, so your skin always looks rejuvenated. Used before and after other skin treatments or as a standalone treatment, LED Light Therapy speeds up healing, reduces downtime and accelerates results.

### Who is LED Light Therapy best for?

LED Light Treatment is suitable for all skin types 1 – 6. It's especially good as part of a total treatment plan to accelerate results following other treatments and to facilitate healing. Or it's perfect on its own as a pain-free and non-invasive rejuvenation treatment.

- Clearing acne and breakouts
- Rejuvenating skin
- Calming redness and rosacea
- Healing and repairing skin
- Soothing inflammation
- Treating Hyperpigmentation

### How many treatments are best?

The benefits of LED Light Therapy Treatments accumulate over time. In general, best results are achieved over a 3, 6 or 12 treatment package. It's recommended to start with a commitment of one session once or twice per week for a minimum of 3 weeks. However, one LED Light Therapy session is better than none- adding a session on to your existing facial is a great way to boost your treatment and feel instantly glowing.

## **What can I expect afterwards?**

You can expect revitalised, glowing skin with no side effects. There is no downtime associated with LED Light treatment, so you can resume usual activities immediately.

## **Does it hurt?**

Two great advantages of LED Light Therapy Treatments are that it's completely safe and totally painless. There are no side effects to worry about. The treatment feels similar to lying in warm sunlight, except your skin won't be affected by harmful UV rays.

## **What is the Collagen Mask Infusion and what are the benefits of adding it on?**

This treatment adds on a specially formulated LED Marine Collagen Mask to an already incredible treatment. The serums from the mask are needled into the skin and the mask is applied topically while the LED then further infuses it into the skin.

LED Light Therapy works from the inside out, while this mask is working from the outside in. Containing vitamins A, B, C, E and Licorice Root, it is like applying 500 serum applications at once as the LED is pushing the nutrient rich mask deeper into the skin.

Before we begin we use the Vitamin Serum from the mask to skin needle at 0.25mm all over the face area. This will create thousands of tiny micro-channels in the skin for the serum and mask to absorb one step deeper into the skin. Within 3-5 minutes you will form an efficient nutrient delivery system using the active ingredients from your Collagen Mask to effectively prime your skin ready for your Collagen Infused LED facial.

For calming, nourishing, healing and hydrating for the skin. Helps calm acne, redness, pigmentation, promote extra collagen production and more!