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**DR. KEN
VINTON'S**
**MISSION TO
TRANSFORM
CHRONIC
PAIN** - pg 6

Dr. Kenneth Vinton

IS PAIN
FREE
POSSIBLE?

INNOVATIONS
IN PAIN
TREATMENT

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Dr. Ken Vinton's Mission to Transform Chronic Pain

Imagine years of pain erased in as little as a single visit. It would be merely a pipedream with most practices, but it's a dream come true for many of Dr. Ken Vinton's patients at the Pain Relief and Wellness Strategies Center.

On a mission to heal chronic pain

His journey to pioneering chronic pain care began as a teen, when an undiagnosed weightlifting injury left him lightheaded, dizzy, and lethargic. His parents took him to Children's Hospital of Pittsburgh, one of the top medical facilities in the country. But after nearly \$13,000 in tests, doctors simply diagnosed the 14-year-old with "large sinuses" and put him on a drug that made him feel worse than he already did. A trip to his aunt's

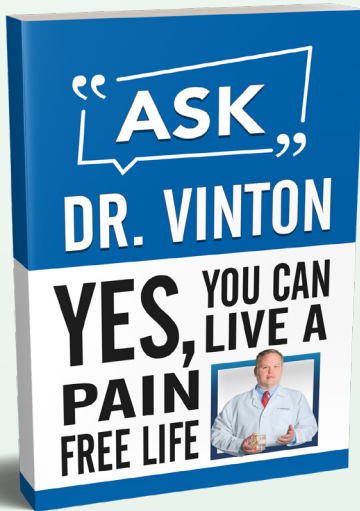
chiropractor resulted in a radically different outcome. "The chiropractor identified a problem that was undiagnosed by the previous doctors," Dr. Vinton recalls, "and in the first treatment, the dizzy spells were getting better. By the second treatment they were gone."

That experience helped the young man refine his desire to help people into a specific career goal, and to develop an office where doctors of all specialties could work together side-by-side, traditional and non-traditional, to help patients find the root cause of their problem so that they too could get better. Thanks to accelerated programs, he had graduated high school, undergraduate studies, and a doctoral program and opened his own practice by the time he was just 22 years old. And, to make sure his patients receive the absolute best care possible, he still reads an hour or two every day on health-related topics covering both traditional and alternative approaches.

Today, Dr. Vinton's world-class facility in Grove City, PA, houses not only cutting-edge equipment (some that many hospitals don't even possess!), but a group of three medical physicians and two doctors of chiropractic who work closely together to diagnose and treat individuals on a truly case-by-case basis. The Pain Relief and Wellness Strategies Center's on-staff physician specialists provide

therapies ranging from targeted neuro-spinal alignments to stem cell injections to neurofeedback. Using the Vinton Method™—a trademarked head-to-toe examination—as the starting point for every patient, the team does what medical physicians, and many chiropractic physicians don't: heal the underlying cause.

The problem with seeking treatment elsewhere is that physicians simply aren't trained on how to heal pain at its source. In fact, out of 132 medical schools in the United States, only six teach a class on how to treat pain. While many offices may offer bits or pieces of techniques or equipment, most offer a one-size-fits-all, whether it's the family physicians use of this prescription pad, or the chiropractor manipulating the spine hoping things will get better without fully understanding deeper underlying causes, nor having the equipment to treat deeper underlying causes. Which is why patients drive (or fly) hours each way to receive care at the Pain Relief and Wellness Strategies Center, mostly because they haven't had success closer to home. Even if your physician medicates or numbs you for a short period of time, the problem always gets worse with time. That's what degenerative conditions do.



Get a copy of Dr. Vinton's new book at www.VintonPainFree.com

The experience is different, to say the least, at the Pain Relief and Wellness Strategies Center. Thanks to staff know-how and millions of dollars in equipment, there's very little they can't do on site. Consequently, Dr. Vinton can take on even the most challenging cases and deliver exceptional results. "We're able to help a large variety of conditions because we have such a big toolbox from which to draw from—not only in our diagnosing, but also in the treatment once we find what we're looking for," he explains. "And the big difference is

we're not just treating symptoms; that's what medication does. We're actually getting to the root cause. By helping correct the cause, you get relief, of course, but you also get restored function – true health."

No Drugs, No Surgery, No Problem

If you don't believe non-drug, non-surgical methods can provide lasting pain relief. Dr. Vinton has 33 years (2022) of experience that says differently, with a combined 117 years of medical staff experience helping patients. He also has legions of fans who know the truth of his abilities firsthand. A recent patient came into the clinic on all fours after injuring himself doing yardwork. "Within 15 minutes of being in the clinic, he stood up, he was walking around, and he said the pain was over 90 percent gone in just that one neuro-spinal alignment," Dr. Vinton says.

Another patient was scheduled for back surgery when he first sought out the Pain Relief and Wellness Strategies Center. He planned to sell his Harley as he was no longer able to ride. During his first session with Dr. Vinton, the pain in his leg started going away, thanks to Vax-D, a revolutionary Disc Decompression™ method. "He had enough relief in that one treatment that he cancelled the surgery," Dr. Vinton says. "And after two or three more treatments, he took the 'for sale' sign off his Harley. By the end of his treatment, he was riding the Harley to appointments."

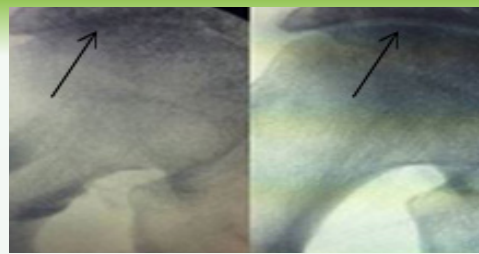
In fact, well over 90 percent of patients Dr. Vinton and his staff treat experience significant relief. That percentage is even more astonishing when you consider that the average patient has been dealing with the problem for three and a half years and has seen an average of four different physicians or surgeons before coming to the Pain Relief and Wellness Strategies Center.

Dr. Vinton's "secret" is that he understands what the body is capable of when it's in a genuine state of health—and how to help patients achieve that state. He names four aspects of health: food; water; oxygen; and impulses from your brain that control every cell, tissue, and organ in the body. Even one out of balance can have serious consequences, he says, pointing to Type II diabetes as an illustration. Despite the fact that millions of Americans are prescribed medications for the disease, it's almost completely foodborne (the result of what you eat). "If you change what



you're eating, nearly 100% of the time you'll reverse the disorder," he contends. "But doctors prescribe drugs. And when your sugar numbers keep getting higher, you move from the pills to the shots to the insulin. And you never fix the underlying problem; you just have all the side effects. In my opinion, it's criminal not to discuss those four elements that keep us alive and make us healthy."

High-quality food, water, and oxygen can help enormously in the vast majority of conditions that cause pain and disability, he says, but the neural impulses that control our bodies are, perhaps, the most important. Without it, you'll die within a second or two. And as Dr. Vinton points out, there's only one health specialty—the Doctor of Chiropractic—that aims to remove interference between the brain and



The Vinton Method™

So effective it's been trademarked, The Vinton Method™ is nothing less than a whole-body wellness strategy that actually *works*. And it's applied to every single patient who walks through the doors of his rural Pennsylvania practice. It starts with a full body exam, "from the top of your head to your soles of your feet," according to Dr. Vinton. The goal is to find the point of interference, he says, which tells the practitioners where the pain starts. If a patient has knee pain, for example, the root of the problem may be as far away as a neck that's out of alignment causing body posture distortion and uneven amount of body weight to be applied over the painful knee or a foot with a dropped arch that causes a torquing of the ankle, knee, and hip with each step.

The sky-high success rate of the Vinton Method™ can be attributed to its comprehensive nature, starting with that very first, very thorough trademarked examination. Once the root of the problem—or problems—is uncovered, everything flows from there. "Let's assume it's a very badly degenerated knee," Dr. Vinton says. "Treatment options range from the use of a lubricant to help the joint glide easier reducing inflammation and pain—all the way through the use of stem cell therapy that helps the knee regenerate itself like it was 15 or 20 years ago. Not only do you get pain relief, but the joint itself actually heals."

But the Method goes beyond even healing the source of the problem; the Vinton Method™ uncovers issues you don't know you have—but that are practically guaranteed to cause pain and damage down the line. "We often pick up on structural and functional things that haven't expressed themselves yet," he explains. "Kind of like when your car is out of alignment. You can still drive your car out of alignment. But boy, unchecked the tires get bald much more quickly. We can catch things early and prevent future pain and misery."

No matter how big or small the issue, the practice's comprehensive lineup of specialists and therapies are on call to treat each problem and prevent future suffering. None of that could take place without Dr. Vinton's emphasis on putting pieces of the puzzle together, from physical exams to x-rays, MRIs, blood work that is 4 to 6 times more thorough than your family physician might consider and brain scans to show a complete picture of a patient's body systems. "By doing so, we can find the deficits and how mild or advanced they are. Then we know which of our many treatment options would suit your case, getting you the maximum result for the longest period of time so you can get back to doing the things that matter most."

body by way of the nervous system. Which is why, in addition to three medical physicians, the Pain Relief and Wellness Strategies Center also has two world-class gentle, non-force doctors of chiropractic to make sure that the information from the brain can travel unimpeded down the spinal cord, out over the nerves, to every cell, tissue and organ in the body maximizing healing.

Getting Results Where Others Have Failed

Patients understand the life-changing therapies available at Dr. Vinton's clinic. If you study the images at the top of this page you will see spines, hips, knees, and shoulders that have been regenerated through the use of the techniques at the Pain Relief and Wellness Strategies Center, including bone marrow aspirate stem cell therapy, which can help the body heal like you did when you were in your teens and early 20s. When absolutely necessary we refer to surgery for joint replacement. But we are able to help in the mid to upper 90% of people reduce or eliminate their pain, significantly improve their function and mobility, allowing them to keep their independence, and avoid those surgeries, known to be fraught with infections, high failure rates, and other complications.

For example, we can help with osteoarthritis of the knee, hip, shoulder or any other joint. Because we have such a diverse array of physicians on staff, we can employ any existing medical treatment that you might find elsewhere, but why patients come is because, in addition, we offer cutting-edge procedures that many physicians aren't even aware exist yet or are used exclusively at top clinics and universities around the country—we have under one roof. For more information, visit: www.Click2LearnMore.com

Most people don't know, for instance, that a doctor of chiropractic has 25 percent more hours of education than a primary care physician. And your family doctor has less than four hours

of instruction on what to do about back pain. Considering that back pain is the number two reason people go to the doctor, that's a problem. It's no wonder, then, that most physicians fall back on prescriptions that usually lead to a long, painful road to a back surgery that few actually need. In cases of chronic back pain including those with herniated, degenerated discs, and spinal stenosis, a recent study found that if you went to your family medical doctor first, 42.7% of people would end up with back surgery, and all the miseries associated with it. However, if you visit the Pain Relief and Wellness Strategies Center, the likelihood of requiring surgery is less than 1 ½% ... 28 times less likely to require surgery when utilizing our methods. It's a no-brainer.

Another popular reason people seek out physicians is chronic headaches or migraines, which—surprise!—can be treated effectively without drugs. Dr. Vinton's clinic boasts a 90 to 95% success rate with headaches, including migraines. The same can be said about the painful and often crippling condition called peripheral neuropathy (the burning numbness and tingling in their hands or feet)—something modern medicine has no cure for but the Vinton Method™ achieves a 90.1% success rate.

Astounding results like these are why, in addition to attracting patients from all over the world, Dr. Vinton and his team have trained doctors from all 50 states, every province in Canada, and nearly a dozen foreign countries. Other practitioners are eager to offer patients the same effective, transformational care that Dr. Vinton has mastered. "Over 99 percent of our patients have been failed by standard medical care," he says. "And we get results over 95 percent of the time. I'm very proud of what we've built here, engineering effective new methods and welcoming multiple specialists under one roof so we can work together with a patient. I think it's the best of all worlds."

For a free, no-obligation evaluation with Dr. Vinton, call 800-949-4031.