

Magical Work(ing) Sheet

GOAL: (write out what you want the OUTCOME to be) be concise. This should be how you want things to be when you're done! If you run out of room do so on another sheet of paper or in your spell journal:

INTENTION: (write out what your INTENTION is, meaning how you are feeling, how you want things to change, why you're doing this magic in the first place, etc. If you run out of room, use another sheet of paper, or write in your spell journal:

On a scale of 1-10 with 1 being easy, and 10 being difficult, how CONNECTED do you feel to the outcome? i.e. How easy do you think it will be to get the outcome you desire?

1 2 3 4 5 6 7 8 9 10

What are the obstacles (that you are aware of) in the way of you getting the outcome you desire?

How will you EMPOWER your spell (transformational element, chant, dedication, sacrifice):

In three words, name the transformation you expect: _____

Shopping List/Ingredients: _____

Important Ideas/Symbols: _____

Spell, Ritual, or Magical Title: _____

Source: (created/original, from a friend/teacher, or from a book): _____

Modifications: _____

Planned Date: _____ Day of the week: _____

Lunar Phase: _____

Important Astrological Transits: _____

Notes (pre or post): _____