

## **Sista' Portal - Soul Pages-Being with What Is Purpose**

These Soul Pages are NOT designed to fix, solve, or bypass experience. It is an invitation to stay present long enough for space, love, and gratitude to naturally emerge.

## **Part I — Arriving in the Body Pause before writing.**

Feel your body supported.

Take three natural breaths.

Let your awareness drop from the mind into the chest and belly.

What is present in me right now? (Sensations, emotions, energy — no story) What am I resisting, avoiding, or trying to move past?

**Part II** — Staying with What Is Instead of changing anything, gently stay with the experience.

Notice what happens when you do not rush it.

If I stay with this feeling without judgment, what shifts?

What opens when I stop trying to understand? Where do I feel more space, softness, or relief?

**Part III — The Natural Emergence** When presence is sustained, something often arises on its own — a sense of space, love, gratitude, or quiet clarity.

What has naturally emerged for me? What feels worthy of gratitude right now — without forcing it?

### **Closing Integration**

Write one sentence to carry with you today. When I stay with what is, I discover that I am already held.

## **Presence Tool — The Spacious Witness**

Sit comfortably.

One hand on heart, one on belly.

Breathe naturally.

Name quietly: “I am aware of fear in the field. I am not required to carry it.”

Let awareness widen.

**Soul Coordinates™ \*Andromeda Code™**

**771 • 409 • 118**

Field Stabilization • Witness Consciousness • Compassionate Presence

Visualize the numbers softly. Inhale. On the exhale say: “I allow.” Let coherence settle in the chest and spine.

\*An Andromeda Code™ is a frequency sequence — a numeric translation of divine intelligence. Each number acts like a harmonic coordinate, aligning the human biofield with a higher octave of order. Rather than predicting or analyzing, as in numerology, an Andromeda Code transmits. It carries the mathematical resonance of Source, functioning as a living equation of remembrance.

**Essence** -Where numerology interprets meaning from numbers, Andromeda Codes emanate meaning through numbers.

“Keys that re-encode the human field to its original divine template through harmonic mathematics.”

Each code is not calculated — it’s received. The numbers form a frequency syntax, an arrangement that bridges dimensional currents (soul–cell–source).

**Spiritual Equation** -If you wanted to express the principle as an equation, it could look like this: **{Light Code} = (N<sub>1</sub> + N<sub>2</sub> + N<sub>3</sub>) × I**

**Where:**

- N<sub>1</sub>, N<sub>2</sub>, N<sub>3</sub> = numeric frequencies of the code (e.g., 847 122 090)
- I = the intention field of the receiver

***The output is not arithmetic — it’s resonant: a change in coherence or consciousness.***

With each post we offer a coordinate code in our Sista Portal. Andromeda codes are used in our **12 week – “Soul Coordinates™ 12-week journey into The Arch of Return”**

**Sharing Note** If this feels supportive, you’re welcome to share it with someone who might appreciate it.

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**Shared with care. Please credit if passed along.**