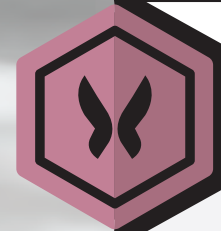




# WOMEN'S HEALTH & WELLNESS



## VOTIVA

FEMININE REJUVENATION

[ABOUT](#) | [FAQS](#) | [BEFORE & AFTER](#)



**ADVANCED WOMEN'S CARE  
OF THE LOWCOUNTRY**

OFFERING OPTIONS FOR TODAY'S WOMEN



# A SAFE AND EFFECTIVE TREATMENT FOR WOMEN'S HEALTH & WELLNESS

## DO YOU SUFFER FROM?

- Stress Urinary Incontinence (SUI)
- Sexual Dysfunction (FDA 510K Clearance)
- Pelvic floor strengthening (FDA 510K Clearance)
- Vaginal Dryness (vaginal atrophy)
- Age-associated collagen loss
- Labia majora and vulvar laxity
- Excessive clitoral hooding
- Poor vaginal blood flow associated with aging
- Sexual pain associated with an enlarged labia
- Vaginal sensation loss
- Lichen sclerosis
- Vulva pain
- Episiotomy pain

**VOTIVA. LIFE IMPROVED.**

TRACY BLUSEWICZ, MD, FACOG  
& KATHERINE COLEY, MD, FACOG

RECOGNIZED BY INMODE AS  
TWO OF THE LEADING  
VAGINAL REJUVENATION EXPERTS  
IN THE UNITED STATES.

*As a provider and Votiva success, I can personally attest that the Votiva treatment is a game changer. After birthing twins, I leaked for nearly 14 years and with the help of Votiva I am pad and leak free! -Tracy Blusewicz, MD*

# IS VOTIVA RIGHT FOR ME?

Katherine Coley, MD, FACOG | Vaginal Rejuvenation Expert

## The Votiva Experience.

Votiva is not just for older women! Any woman with vaginal dryness, pain with intercourse, stress urinary incontinence, vaginal laxity, or lichen sclerosis will benefit. Votiva uses radiofrequency energy to stimulate thermal remodeling, which results in new collagen and elastin formation, making the tissue more supple and elastic. This allows the tissue to expand and retract without tearing.

FormaV is applied internally for about 10 minutes and externally to the labia, perineum, urethra and clitoral area for about 10 minutes. If you have any pesky hemorrhoids, we can spend some time in this area to shrink those, too!

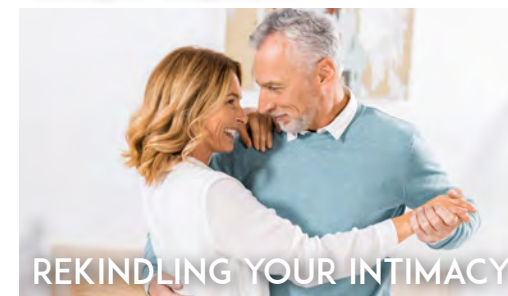
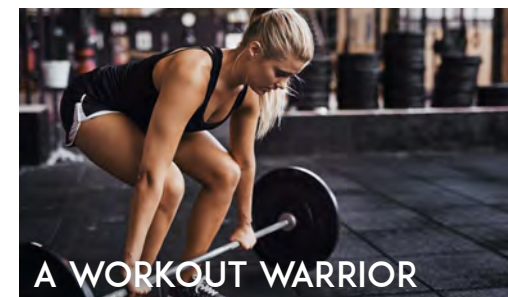
Our Votiva patients have improvement in lubrication, decreased pain and vaginal discomfort even after the first treatment. It also will start to help bladder control and mild stress urinary incontinence from the first treatment, but for full effect three treatments are necessary.

There is no downtime for normal activity. I went on a three-hour biking tour right after mine! However, we do recommend no tub bath, sex, or swimming for two to three days after the treatment. Best of all, there is minimal to no discomfort from the procedure. The FormaV wand is smaller than a routine ultrasound probe. Patients feel gentle warmth but nothing painful or too hot during the procedure.

Votiva patients are some of the happiest patients in our gynecology practice! Often they have not been able to have sex for years, or have gritted due to pain and gotten through it. We can combine the treatment with testosterone pellets as well so you will not only be able to have sex again, but actually WANT it and enjoy, too!

*Katherine Coley, M.D., F.A.C.O.G., compassionate, genuine bedside manner has earned her the trust of many women for their health care needs. The vaginal rejuvenation experts, Tracy Blusewicz, MD, FACOG and Katherine Coley, MD, FACOG, can be contacted at Advanced Women's Care at 843-341-9715 for a consultation.*

## WHETHER YOU ARE...



## VOTIVA CAN HELP.

Many women, different problems...  
ONE SOLUTION





# YOU'RE NOT ALONE— THE STATISTICS OF URINARY INCONTINENCE

Stress urinary incontinence (SUI), the most prevalent form of incontinence among women, affects an estimated 15 million adult women in the U.S.

29% of individuals ages 60-70 experience leakage when coughing, sneezing, or laughing compared to 17% of men and women ages 30-39. A portion of these individuals also experience urge incontinence.

Approximately, 1 out of 3 women over the age of 45, and 1 out of every 2 women over 65 have stress urinary incontinence.

In 2010, 211,000 women had some type of surgery for stress urinary incontinence.

*Source: From The National Association for Continence*

## Votiva Treatment Benefits

Votiva addresses feminine well-being, leaving most patients with immediate improvements.

The treatment will:

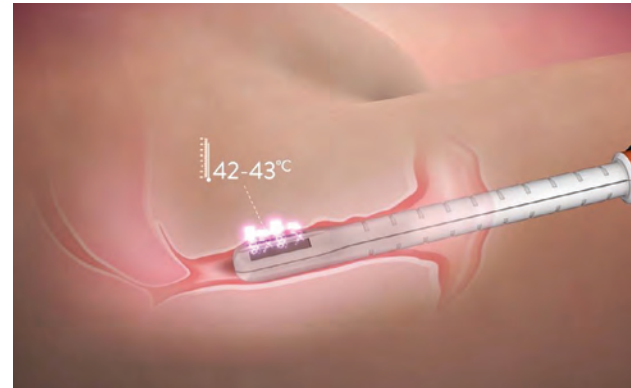
- Improve stress urinary incontinence
- Improve vaginal dryness
- Tighten internal and external laxity
- Strengthen vaginal muscles
- Enhance lubrication with painful intercourse
- Resolve lichen sclerosus pain

# HOW VOTIVA WORKS

Votiva is a safe and effective treatment for feminine health. You can expect to feel a heating sensation during the treatment and for hours following the treatment. Patients are extremely happy with the results, and notice a difference after only one session. A series of three monthly treatments is recommended for an optimal outcome.

Votiva uses up to two complimentary technologies to address vaginal laxity, dryness, stress urinary incontinence. Votiva with the FormaV handpiece, gently and uniformly heats the treated tissue, reducing pain and tightening the pelvic floor muscles. Votiva with the FractoraV and Morpheus8 handpieces offer fractional treatment that remodels tissue.

During a pre-consultation, leading Votiva experts Dr. Tracy Blusewicz or Dr. Katherine Coley will speak to you regarding your concerns and expectations. At this time, they will develop a custom-tailored treatment plan for you.



Votiva emits a gentle controlled uniform heat in the vaginal canal for internal contraction and healing. Most patients do not report any pain and are comfortable during treatment.



External treatment of the vagina, including the clitoris and labia minora help for greater contraction of the area. And can improve sensation and intercourse.

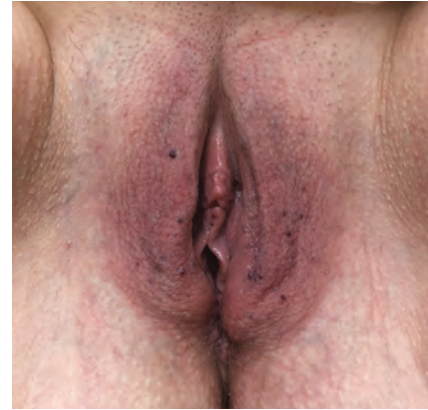


Fractional radio-frequency energy can be applied through microneedles that penetrate the layers of the skin for increased delivery of the RF energy beneath the tissue.



RESULTS  
YOU  
CAN  
SEE  
& FEEL

## SEE OUR RESULTS



PRE-TREATMENT



POST-TREATMENT

### **Votiva, an option worth strong consideration.**

Overall wellbeing of the vagina can be significantly altered by childbirth, menopause and simply aging—events that we cannot avoid. Women no longer have to accept this as part of their daily lives. Advanced Women's Care has the answer in the form of its feminine wellness treatment, Votiva's FormaV and FractoraV. Votiva is the latest non-invasive technology to resolve issues related to vaginal dryness/thinning of the tissue, discomfort with intercourse, chronic external itchiness, as well as vaginal laxity and support of the bladder.

Ask about custom treatment options  
that may boost your results:

G-Spot Boost  
Morpheus8

PRP: Platelet-rich Plasma Therapy  
AmDrop Treatment



VOTIVA IS A PROCEDURE BASED  
ON FDA CLEARED TECHNOLOGIES.

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VOTIVA IS A PROCEDURE FOR WOMEN'S HEALTH AND WELLNESS,  
COMBINING GENTLE VOLUMETRIC HEATING WITH FRACTIONAL TREATMENT.  
VOTIVA WITH FORMA V IS A THERAPEUTIC DEVICE FOR THE TREATMENT  
OF SEXUAL DYSFUNCTION OR AS AN ADJUNCT TO KEGEL EXERCISES  
(TIGHTENING OF THE MUSCLES OF THE PELVIC FLOOR TO INCREASE MUSCLE TONE).  
VOTIVA WITH FRACTORA V, IS A FRACTIONAL TREATMENT PROMOTING TISSUE REMODELING.

*Disclaimer: The information in this brochure is for informational purposes only and is not intended to be a substitute for professional medical advice, diagnosis or treatment.  
Always seek the advice of your physician or another qualified healthcare provider with any questions you may have regarding any medical condition.  
Do not disregard professional medical advice or delay in seeking it because of something you have read in this brochure.*

Tracy Blusewicz, MD, Medical Director



ASK US  
IF **VOTIVA** IS  
RIGHT FOR YOU

TRACY BLUSEWICZ, MD, FACOG | KATHERINE COLEY, MD, FACOG



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OF THE LOWCOUNTRY

ASPIRE MEDICAL SPA

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