

## work with the best

---

Aspire Medical Spa, affiliated with Advanced Women's Care of the Lowcountry, is celebrated for its unwavering commitment to personalized care and excellence in the realm of aesthetic services. Dr. Tracy Blusewicz, a globally recognized authority in vaginal rejuvenation, extends her expertise worldwide through frequent lectures and engagements with fellow physicians in the emerging area of feminine wellness. Alongside Dr. Katherine Coley, they are distinguished as master injectors and hormone specialists.

Our boutique spa is a pioneer in delivering cutting-edge treatments, placing a paramount focus on customization that caters to each client's unique needs and aspirations. Driven by their dedication to remaining at the forefront of medical aesthetics, Aspire Medical Spa serves as a haven for clients embarking on a transformative journey toward enhanced beauty and overall well-being.

In this welcoming oasis, clients benefit from the expertise of highly-trained nurses, Jana and Christie, and our dedicated medical support staff. Together, we create an environment where warmth and professionalism converge, ensuring each patient feels embraced and supported throughout their experience at our esteemed practice.



## our treatments

---

- 2 Ina Products
- 2 Nutrafol Products
- 4 Botox & Dysport
- 6 Daxxify
- 8 Dermal Fillers—Radiesse, Restylane, RHA
- 10 Sculptra
- 12 Hydrafacial MD
- 14 Lumecca - IPL
- 16 Morpheus8
- 18 Diolaze Laser Hair Removal

- 20 Evoke
- 22 EvolveX Transform
- 24 CoolSculpting® Elite
- 26 BodyTite
- 28 FaceTite
- 30 AccuTite
- 32 EmpowerRF—Feminine Wellness Options
- 33 Morpheus8V
- 34 FormaV
- 35 Aviva

- 36 Bioidentical Hormone Therapy Replacement Therapy
- 38 VI Peel
- 39 SkinMedica Products
- 39 Alastin Skincare

---

### EXPRESS BOOKING AVAILABLE



SCHEDULE  
ONLINE  
& SAVE!

# How Much Botox or Dysport Do I Need?

## **FROWN LINES**

Botox 20-30 units

Dysport 30-80 units

## **BROW LIFT**

Botox 2-4 units per side

Dysport 5-10 units per side

## **VERTICAL LIP LINES**

Botox 4-10 units

Dysport 5-20 units

## **JAWLINE RESHAPING (MASSETER REDUCTION)**

Botox 10-30 units

Dysport 30-90 units

## **DIMPLED CHIN**

Botox 4-8 units

Dysport 5-20 units

## **HORIZONTAL NECK LINES**

Botox 10-20 units

Dysport 30-60 units

## **HORIZONTAL FOREHEAD LINES**

Botox 4-24 units

Dysport 20-60 units

## **CROWS FEET**

Botox 4-12 units per side

Dysport 10-30 units per side

## **BUNNY LINES**

Botox 4-10 units

Dysport 10-15 units

## **GUMMY SMILE OR LIP LOP**

Botox 2-8 units

Dysport 5-10 units

## **SMILE LIFT (LIFT CORNERS OF MOUTH)**

Botox 2-8 units per side

Dysport 5-10 units per side

## **PLATYSMAL BANDS**

Botox 10-30 units per band

Dysport 30-60 units per band

# Injectables

*Look Like You With Fewer Lines!*

## Botox

### BOTOX® Cosmetic

is a quick 10-minute treatment that works beneath the surface and temporarily reduces the underlying muscle activity that causes moderate to severe frown lines, crow's feet and forehead lines in adults—to help them look better.

## Dysport

For adults who want a natural look, there's **Dysport**, a prescription injection proven to help smooth the appearance of moderate to severe frown lines between the eyebrows without changing the look or movement of the rest of your face. It's the lines that are minimized, not your expressions.



*Want to know which one is right for you? Visit [aspirebluffton.com](http://aspirebluffton.com) to learn more about each one.*

CONVENIENTLY  
BOOK ONLINE

BOTOX, DYSPORT,  
XEOMIN & DAXXIFY

ONLINE  
SCHEDULING



EXCLUSIVE AREA PROVIDER—BOOK ONLINE!

# A look that lasts



## Stay smoother with long-lasting DAXXIFY™

Keep your frown lines smooth for a full year with as few as 2 treatments.\*



## Say 'so long' to short-term results

Conventional injectables last 3-4 months and require up to 4 treatments a year to maintain results.

### LOVE PEPTIDES IN YOUR PRODUCTS?

DAXXIFY™ is the only frown line treatment **powered by a peptide**. It's a formulation unlike anything else.



# DAXXIFY™

## *A Longer Lasting Botox Alternative*

We are pleased to introduce Daxxify™—the only long-lasting, peptide-powered frown line treatment. Advanced Women's Care of the Lowcountry is the exclusive area provider to offer this innovative treatment.

### What is Daxxify™ and how is it different?

Daxxify™ is FDA approved to help smooth moderate to severe lines between the brows. It is the only long-lasting frown line treatment powered by a peptide with results that last on average 6 months and up to 9 months for some.

Whereas, conventional injectables last 3 – 4 months and require up to 4 treatments a year to maintain results. Nearly 90% of patients say they wish results lasted longer. With Daxxify™ you can keep your frown lines smoother for a full year with as few as 2 treatments.

Call our office today to book your appointment and find out if Daxxify™ is right for you.

**DAXXIFY™**  
daxibotulinumtoxinA-lanm injection

**CONVENIENTLY  
BOOK ONLINE**

BOTOX, DYSPORT,  
XEOMIN & DAXXIFY

ONLINE  
SCHEDULING







**LIFT IT**  
CHEEKS

**SMOOTH IT**  
LINES

**PLUMP IT**  
LIPS



SCAN FOR EXPRESS  
BOOKING AND SAVE!

# Dermal Fillers

*Everyone will notice. No one will know.*

Radiesse | Restylane | RHA®

Did you know that many visible signs of aging can be traced back to volume loss? As facial tissues thin out, lines become etched around the nose and mouth and cheeks look a little hollow. Dermal fillers can replace lost volume to help smooth wrinkles, plump the lips, lift and contour cheeks and restore a more youthful appearance. Dermal fillers are a long-lasting, non-surgical option.

There are three different types of dermal fillers: Hyaluronic Acid (HA), Calcium Hydroxylapatite (CaHA), and Sculptra (PLLA). HA fillers are both are naturally occurring substances found in our bodies, while Radiesse and Sculptra are biostimulates. To learn more about both types, visit our website: [www.aspirebluffton.com](http://www.aspirebluffton.com)

**Treatment Areas:** Cheeks | Lines | Lips | Hands | Neck  
Knees | Decoletté | Buttocks/Cellulite

RADIESSE®

Restylane

RHA®  
Collection

# SCULPTRA®

*Sculptra* is the only FDA-approved poly-L-lactic acid (PLLA) facial injectable treatment that helps stimulate the skin's own natural collagen production. It works gradually to help restore your skin's inner structure to smooth facial wrinkles, such as smile lines, for a more youthful-looking appearance.<sup>1-3</sup>

## SUSTAINED RESULTS — UP TO 2 YEARS<sup>3\*</sup>

*\*Clinical trial ended at 96 weeks (2 years).*



**94% of patients\* agreed that the treatment results look natural at 2 years after last treatment<sup>7+</sup>**

\*Patients=clinical trial participants.

<sup>7</sup>8 mL SWFI + 1 mL 2% lidocaine immediate use *Sculptra* cohort (N=38) in a 96-week (2 years) extension clinical study with additional assessments at 6 months (24 weeks) and 1 year (48 weeks) after last treatment.



“Sculptra results appear natural due to its effects stimulating your own collagen. The results are very natural looking and long lasting.”

-Tracy Blusewicz, MD  
Rejuvenation Expert & Master Injector



Before



After 36 Weeks\*



# The Power of Sculptra® Aesthetic

## *Activate the Power of Your Skin*

### WHAT IS THE ROLE OF COLLAGEN IN AGING?

As we age, we lose collagen, which acts as the skin's support structure and helps maintain its shape. In fact, 70% of our skin is composed of collagen, and collagen loss causes the skin to lose its elasticity and moisture.

Sculptra helps treat an underlying cause of facial aging—the loss of collagen. By helping stimulate your own natural collagen growth, Sculptra gradually adds volume that lifts the soft tissues and plumps skin from within.

### WHAT TO EXPECT FROM YOUR SCULPTRA TREATMENT:

- Stimulates your own natural collagen growth
- Helps restore lost facial volume and provides support to the skin to improve the look of smile lines, marionette lines, vertical wrinkles in front of the ears, vertical wrinkles below the cheek, and chin wrinkles
- Provides gradual and natural-looking results that become visible over a few months
  - Long-lasting—lasts up to 2 years

Treatment Areas: Face | Body | Buttocks



\*Treatment Plan: 4 vials Sculptra, Morpheus8, and 2 Syringes Restylane Lyft



SCAN FOR EXPRESS  
BOOKING AND SAVE!



## 3 STEPS. 30 MINUTES. THE BEST SKIN OF YOUR LIFE.

Advanced, non-laser, skin-resurfacing treatment.

Improves the appearance of fine lines and wrinkles, large or congested pores, hyperpigmentation and brown spots, and oily or acne-prone skin without discomfort or downtime.

This non-surgical procedure can give you clearer, hydrated, younger-looking skin, with results that are visible immediately after the treatment.

---

### CLEANSE + PEEL

Uncover a new layer of skin with gentle exfoliation and relaxing resurfacing.

### EXTRACT + HYDRATE

Remove debris from pores with painless suction. Nourish with intense moisturizers that quench skin.

### FUSE + PROTECT

Saturate the skin's surface with antioxidants and peptides to maximize your glow.

---

### Optional Boosters Include

LED Light Therapy | Restorative | Radiance | Age-Refinement

TREATMENT PACKAGES AVAILABLE

# hydrafacial®



Before and Afters:  
Actual Aspire Medical Spa  
Lumecca Patients



# *Clear, Beautiful Skin in 10 Days*

## Skin Renewal and Improved Clarity by a Photofacial Treatment with Breakthrough Intense Pulsed Light (IPL)

Lumecca IPL is an ideal treatment for skin care concerns ranging from redness, light acne scars and rosacea, to broken capillaries and hyper pigmentation (aka sun damage). Lumecca operates using a photo-thermolysis, which provides a photofacial through a comfortable light treatment. It is especially effective for improving the appearance of the face, neck, chest, and hands.

### Helps With

Redness | Hyper Pigmentation | Superficial Vessels | Skin Texture  
Age Spots | Acne | Rosacea

### Treatment Areas

Face | Neck | Décolletage | Legs | Hands | Arms

TREATMENTS FROM \$399

# LUMECCA



REMODELS &  
CONTOURS THE  
FACE AND BODY

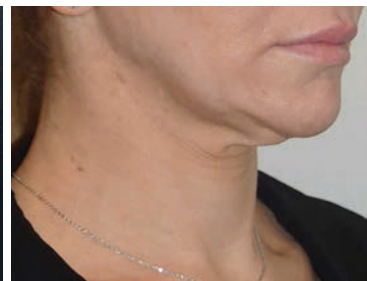
STIMULATES  
COLLAGEN

SUB-DERMAL  
RENEWAL

DISCOVER  
NEW DEPTHS



Morpheus8: Dr. T. Blusewicz



Morpheus8: Dr. D. Rapaport

# The Foundation to Building Beautiful Facial & Body Contours

Morpheus8 provides radiant and beautiful contours for a smoother and naturally beautiful appearance.

Morpheus 8 is next generation microneedling that uses radiofrequency that stimulates collagen production to tighten skin, reduce wrinkles on the face and body and improve skin texture. By targeting the deeper layers of the skin, the building blocks will reorganize themselves in a natural anti-aging process.

## Helps With

Anti-Aging | Tightening Skin | Contouring | Wrinkles | Skin Texture | Cellulite

## Treatment Areas

Any Areas that can Benefit from Sub-dermal Renewal

Most Commonly Treated Areas: Lower Face, Neck, Jowl, Arms, Bra Fat

Areas of the Face and Body that Exhibit Wrinkles, Discoloration or Acne Scarring

Morpheus Body: Arms, Knees, Buttocks

Add On Options Include: Exo-XOM Facial with Morpheus8

Treatment Options from \$750

# MORPHEUS8



# GOING, GOING, GONE

HAIR REMOVAL TREATMENT

DIOLAZE

# Hair Free Gets You Care Free!

## *Laser Hair Removal For Men & Women*

Safely and gently eliminate unwanted hair with our advanced laser treatment. DiolazeXL permanently destroys the root of hair follicles.

Our hair removal technology covers a large treatment area, making treatments convenient and fast. Even better, most patients report minimal discomfort, due to 3PC Cooling that provides the ultimate in patient comfort.

### Treatment Areas

DiolazeXL can be safely used on most areas of the body that have unwanted hair.

Most commonly treated areas include: bikini, legs, arms, chest, back, shoulders, stomach, neck, chin and sideburns.

TREATMENTS FROM \$99

# DIOLAZE



EVOKE  
by INMODE

## HANDS-FREE FACIAL REMODELING

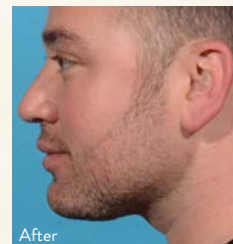
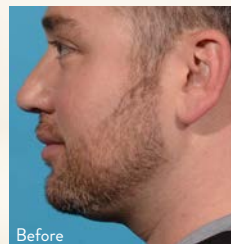
REFINE YOUR FACE

*Turn back the hands  
of time and reveal  
a younger looking  
you without needles,  
surgery, or scars.*



ELLE  
FUTURE OF  
BEAUTY  
WINNER

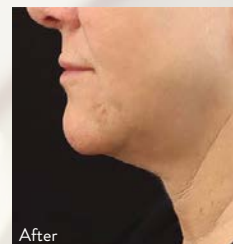
2020  
WINNER  
SHAPE  
SKIN  
AWARD



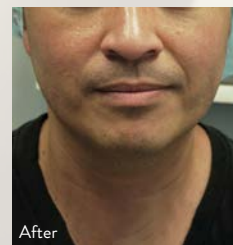
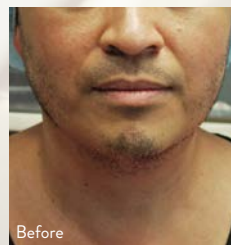
DR. R. ROHRICH & D. WEIR, NP-C



DR. P. KIM



DR. R. WHITFIELD



DR. J. HELLMAN



# Non-Surgical Facial Contouring

*Put Your Best Face Forward!*

Non-Surgical Facial Remodeling Treatment  
for a More Youthful Appearance!

Turn back the hands of time and reveal a younger looking you without needles, invasive surgery or scars. There is absolutely no recovery period or downtime associated with EVOKE.

Evoke is an innovative non-invasive solution designed specifically to target facial tissue. It is a quick and easy non-surgical alternative to remodel your face, neck, and jawline. Treatments are customized and tailored to address your specific needs so the end result is a naturally younger looking appearance without downtime.

Free Consultations Available. Call to Schedule Today!

## Treatment Areas

Excess Submental (Under the Chin) Fat

Lack of Definition Along the Jawline

Jowls | Loose Skin and Unwanted Fat on the Neck

CONSULTATIONS COMPLIMENTARY  
PACKAGES FROM \$999

# NEW BEAUTY

THE TREATMENTS JESSICA SIMPSON SAYS  
SCULPTED HER JAWLINE AND ABDOMEN

*"WE ALL DESERVE TO FEEL AND LOOK OUR BEST"*



# Evolve X

## *Body Remodeling, Muscle Toning & Cellulite Treatments*

Evolve X is an innovative body contouring system that tightens the skin, eliminates excess fat, and tones muscles. This single device can perform three different body contouring treatments, all of which have been clinically proven to help patients reach different aesthetic goals.

Additionally, these treatments can be customized for your needs.

Treatment options can strengthen and tone weak muscles, correct skin laxity, tighten the skin, eliminate cellulite, and reduce stubborn fat to help improve your muscle definition. The benefit of this body contouring system is that it offers patients the option to target three different areas and concerns and work together to transform certain areas of the body and, in doing so, give you a newfound sense of confidence in your appearance.

**Treatment Areas:** Abdomen, Buttocks, Legs, Hips & Multiple Areas

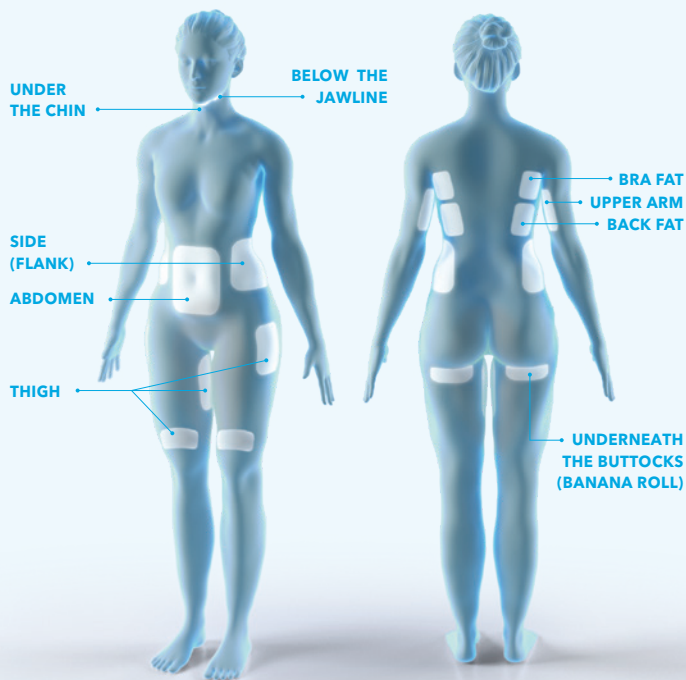


# EVOLVE X

TREATMENT PACKAGES  
FROM \$999

## *Eliminate* **FAT IN 9 AREAS**

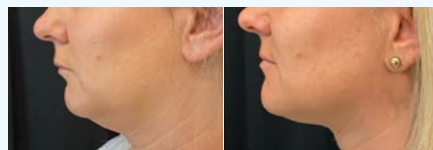
Up to 20% to 25% reduction in fat layer thickness  
after a single session<sup>1,\*</sup>



CoolSculpting® Elite is the one and only treatment FDA-cleared to eliminate fat in 9 different areas of the body—more than any other nonsurgical fat reduction technology.

## *Real* PATIENTS, *Real* RESULTS

### ACTUAL ADVANCED WOMEN'S CARE PATIENTS



**BEFORE**

**AFTER**

8 Weeks After 2nd Session



**BEFORE**

**AFTER**

8 Weeks After 2nd Session

**BEFORE**

**AFTER**

8 Weeks After 2nd Session

# CoolSculpting® Elite

*The Area's #1 CoolSculpting Providers*

*Goals*  
**You have a vision.  
We can help make it real.**

Aspire Bluffton is the Region's Only CoolSculpting® Elite  
and Dual CoolSculpting® Provider—We Get Results!

Coolsculpting® has been used in our office for years with great success,  
but the newest innovation in their technology, CoolSculpting® Elite is a more  
advanced treatment that offers excellent results while safer, more comfortable  
and delivers faster and better results. Both treatments are safe and effective,  
but CoolSculpting Elite® is by far superior.

We know your time is valuable so we can treat two areas at a time with our  
dual Coolsculpting® Elite machine—freeze fat twice as fast.

Visit [aspirebluffton.com](http://aspirebluffton.com) for more before and after images.  
Call 843-301-0718 to book your complimentary consultation today!



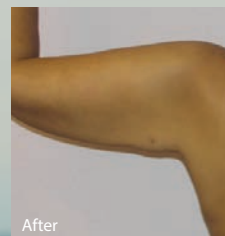
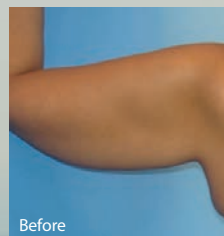


**BODYtite**  
by INMODE

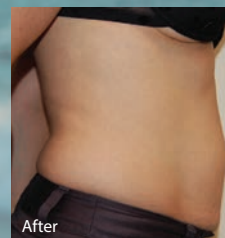
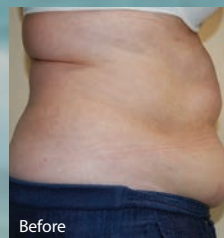
**MINIMALLY INVASIVE  
BODY CONTOURING**  
IN JUST ONE TREATMENT

*"I feel like my skin has tightened and formed to my body and I don't have saggy skin or rolls anymore. Three years after having my baby, I feel like I have a new body image and my shape back."*

- L.M. | PATIENT



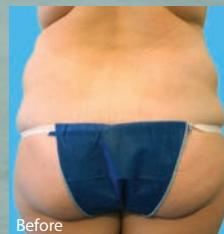
Dennis Hurwitz, MD



Peter Bray, MD



Dennis Hurwitz, MD



Guillermo Blugerman, MD

**ELLE**  
FUTURE OF  
BEAUTY  
WINNER

# Body Transformation

## *Through Skin Tightening and Fat Removal*

Many people have loose skin and fat that simply won't go away with diet and exercise.

In the past, invasive procedures such as liposuction and tummy tucks were the only ways to correct mild to moderate skin laxity and stubborn areas of fat. Later advancements in non-surgical body contouring came on the market, but they often required repeat treatments over many months to yield a result only a fraction as good as plastic surgery.

For our patients BodyTite treatments performed by Dr. Tracy Blusewicz and Dr. Katherine Coley can change all that. BodyTite makes it possible to simultaneously tighten skin and reduce body fat with no general anesthesia. Best of all, a single treatment delivers results you can begin to see in just a few weeks.

**CONSULTATIONS AVAILABLE.  
CALL TO SCHEDULE TODAY!**

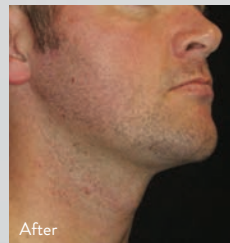
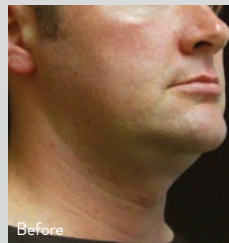
**FACE** *tite*  
by INMODE

**MINIMALLY INVASIVE  
FACIAL CONTOURING**  
IN JUST ONE TREATMENT

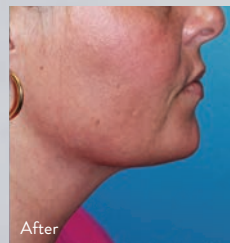
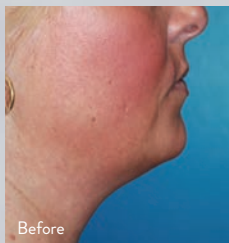


*“My skin has not felt this firm since I was a single woman in my twenties. There was little to no discomfort and I was back to my normal activities the next day.”*

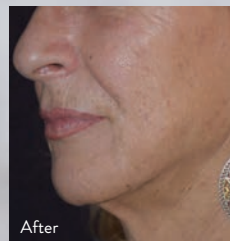
- J.S. | *PATIENT*



Cynthia Mizgala, MD



Dennis Hurwitz, MD



Pier Paolo Rovatti, MD



Pier Paolo Rovatti, MD

**ELLE**  
FUTURE OF  
BEAUTY  
WINNER

# Minimally Invasive Facial Contouring

*in just one treatment*

## WHAT IS FACETITE?

FaceTite is a new procedure that is comparable to half the results of a surgical face and neck lift, without the scars at a fraction of the price. FaceTite provides dramatic improvement in skin laxity on the face and neck, which was previously only attainable through a surgical procedure such as a facelift. It uses minimally invasive Radio-frequency assisted lipolysis (RFAL) to tighten and lift skin and melt the fat away. FaceTite can be performed under local anesthesia or light sedation.

## ARE YOU A CANDIDATE FOR FACETITE?

FaceTite is a useful cosmetic treatment for almost anyone dealing with loose, sagging facial, and neck tissues. Ideally, patients looking to undergo this procedure should be in good physical health and have realistic expectations for the results of the treatment. We can help you find out if you'll make a good candidate for a FaceTite procedure at the time of your consultation with Dr. Tracy Blusewicz or Dr. Katherine Coley. We'll discuss your medical history and talk about the goals you expect to achieve from the procedure.



ACCutite  
by INMODE

MINIMALLY INVASIVE  
PRECISION CONTRACTION

ACCURACY IS EVERYTHING

*"I like the idea that I'm able to have my face treated with results that improve over time. It is like I am winning against the aging process."*

- OKSANA | PATIENT



Sean Paul, MD



bodySCULPT - Spero Theodorou, MD

ELLE  
FUTURE OF  
BEAUTY  
WINNER



# Minimally Invasive Facial Contouring

*Tighten skin with precision, creating youthful and smooth results.*

Dr. Tracy Blusewicz and Dr. Katherine Coley  
are proud to offer AccuTite from InMode, the makers of  
FaceTite and BodyTite.

## WHAT IS ACCUTITE?

AccuTite is a non-surgical radiofrequency skin tightening technology that allows doctors to treat areas that are typically hard to target because of how small the area is. AccuTite's strength comes in its accuracy and precision, which achieve significant results in a very small amount of time.

AccuTite offers a quick and efficient alternative to many types of cosmetic surgery, with minimal pain and downtime.

## WHAT AREAS DOES ACCUTITE TREAT?

AccuTite's precision targeting is able to address the following areas:

- Upper Eyelids
- Lower Eyelids
- Brow
- Nasolabial Folds
- Jowl
- Neck



**FEEL FREE TO LAUGH AGAIN!**

With the newest technology in Women's Wellness

**EMPOWER<sup>RF</sup>**  
**EMPOWERING WOMEN'S WELLNESS**

# Morpheus8V

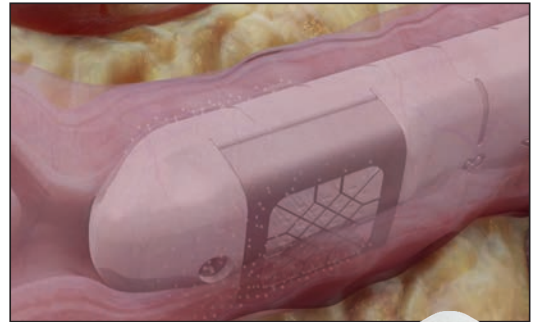
## *A Game Changer in Non-surgical Feminine Rejuvenation*

Morpheus8V is a revolutionary radiofrequency non-surgical procedure performed in-office that delivers pulses of energy deep into the vaginal and vulvar tissue. Morpheus8V treats deep beneath the surface improving the collagen and elastin production and increasing the strength and thickness of feminine tissue. This leads to more support, lubrication, and elasticity of the vagina and vulva.

Morpheus8V helps resolve stress urinary incontinence AND urge incontinence making it the first device that can markedly improve the symptoms of mixed incontinence. Studies performed in our office, in conjunction with doctors around the world, show proven benefits for more than 90% of treated women.

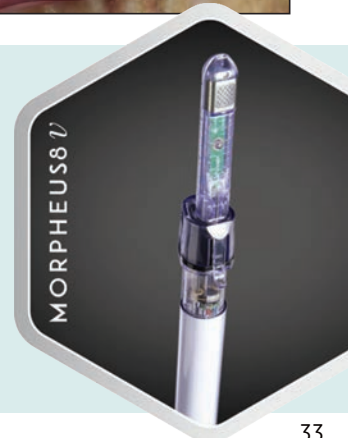
This state of the art technology provides significant results for patients suffering from vaginal atrophy, stress urinary incontinence, urge incontinence, vaginal laxity, crepey and loose vulvar appearance. We are also seeing patients report improvement in lichen sclerosis, interstitial cystitis symptoms and vulvadynia.

Morpheus8V can be paired with FormaV or VTone to optimize your outcomes, as well as exosomes or creams to accelerate healing. Our providers will help you choose the custom regimen that fits your needs.



### KEY BENEFITS OF MORPHEUS8V

- It's the only "all-in-one" treatment reported to improve: Urinary Leaking, Overactive Bladder, Sexual Enjoyment/Responsiveness, and Vaginal Atrophy/Dryness
- Comfortable and safe in-office treatment with minimal downtime
- Long lasting results, easily maintained with an annual treatment
- Improves patient confidence and quality of life without surgery or prolonged downtime
- Decreases chronic vaginal infections and UTI





# FormaV

## *A Game Changer in Non-surgical Feminine Rejuvenation*

FormaV is a safe and effective treatment option to help resolve complaints like dryness, itching, laxity, urinary incontinence. FormaV delivers radiofrequency energy into the tissue with a gentle sweeping motion throughout the vagina and the vulva. This procedure safely and effectively heats the tissue which increases blood flow, collagen and elastin throughout the treated area. It feels like a warm stone massage that leaves the vaginal tissue refreshed.

By heating the tissue, FormaV markedly relieves irritating vaginal and vulvar dryness and painful intercourse. Through increasing collagen, FormaV leads to better support to the bladder and urethra which helps relieve stress urinary incontinence. This increase in tissue strength also improves the overall appearance of the vagina and vulva after childbirth and aging. By having less laxity, sensation is improved and enhances the ability to enjoy intercourse and orgasms again. Additionally, by improving the surface tissue of the vaginal canal the overall vaginal pH improves, which decreases chronic UTI, recurrent bacterial and yeast infections. With all these improvements, FormaV clearly has a high patient satisfaction!

There is minimal preparation and downtime for FormaV and the treatment differs per patient. Patient plans include various combinations of the EmpowerRF platform. Our experienced providers will create a custom plan that targets your specific issues.



The **FormaV** device tip will be inserted into the vagina, where a warm sensation will be felt as the probe delivers radiofrequency comfortably.



Externally and internally, **FormaV** treats the vagina, vulva, clitoris and labia by enhancing the skin's structure and stimulating collagen.

**Treatment:** 15-30 minutes each  
3 treatments recommended



### KEY BENEFITS OF FORMAV

- Quick results with continued improvements over time with an annual maintenance treatment
- Treats: vaginal dryness, loose or stretched tissue, “sandy” feeling vagina, pain with intercourse, stress incontinence, thinning of internal and external vaginal membranes and decreased vaginal sensitivity
- Is it worth it? 94% of women on RealSelf say, “Yes!” It’s been awarded THE MOST WORTH IT treatment. There is no downtime and minimal discomfort

# Aviva

## *Improving Appearance and Comfort*

Aviva is life changing for women who are self-conscious, unhappy with the way their genital area appears or having pain with intercourse due to laxity. The two main reasons for having this procedure are discomfort and aesthetics. Many women feel discomfort or irritation when wearing tight clothing, having sexual relations, playing sports or even just exercising. Other women just want a better or more youthful genital appearance. Many women are born with large or irregular labia, while others develop this condition after childbirth or with aging. Traditionally, labiaplasty surgery has been performed under general anesthesia in a hospital required cutting away excess tissue, stitches, several days of recovery, post surgical care and a lengthy break from sexual activity.

**On the other hand, the Aviva procedure dramatically reduces recovery time, uses a local anesthetic and requires no stitches. It's easy, safe, has a quick return to activities and gives women back peace of mind about their genital appearance.**

**What is the technology behind Aviva?** A safe and effective treatment, Aviva is different because it uses RFAL (Radio-Frequency Assisted Lipolysis) to address some of the shortcomings associated with traditional surgical labiaplasty. Our team uses energy both internally and externally which tightens skin layers as it removes unwanted bulky tissue resulting in a more youthful, tighter appearance.

**Until Aviva there really weren't any other non-surgical solutions that could dramatically reduce the size of the labia.** Performed under local anesthesia, Aviva permanently extracts unwanted thickness through pinpoint introduction sites and then tightens and shrinks the tissue using the power of radiofrequency. Because tissue is immediately eliminated, it is a true form of reduction. The results are permanent with most patients back at work without restriction immediately. Patients usually only require one treatment per area. Aviva improves over a period of a few months and the full extent of results take up to 3-6 weeks to be visible.

### KEY BENEFITS OF AVIVA

- Non-surgical alternative to traditional labiaplasty
- No stitches, scarring or lengthy downtime
- Tightens the labia minora, labia majora, clitoral hood and mons pubis
- Improves clitoral stimulation
- Tightens the vaginal opening for improved sensation with intercourse





# Looking for Balance?

Biodentical Hormone Replacement  
Pellet Therapy can help you  
find your balance.

Bye Bye Hot Flashes...

Rediscover Libido...

So Long Sleepless Nights...

## HELLO OPTIONS!



# Bioidentical Hormone Replacement Therapy

## *For Men & Women*

As we age, hormone levels will decline. Hormone Replacement Therapy (HRT) is the replacement of hormones in menopausal women and andropausal men. Our physicians believe that you deserve individualized healthcare and understand that one size does not fit all. You will receive hormone doses specifically for you, in a dosage form that fits your body and your lifestyle.

Bioidentical hormone replacement therapy (BHRT) is the use of hormones that are identical on a molecular level to the ones naturally made in the body when we are in our prime. They are non-synthetic, vegan friendly, using all-natural ingredients bio-engineered by our compounding pharmacy. They are safer and do not create the side effects often associated with synthetic hormones.

Additional treatment options include: Bioidentical Hormone Pellet Therapy, Troche Hormones and Bioidentical Hormone Replacement Therapy Cream

### Many Patients Report Improvement With:

Hot Flashes | Night Sweats | Mood Swings | Memory Loss  
Fatigue | Libido | Weight Gain | Sleep Issues

# BHRT

- NOW OFFERING -



# VI PEEL COLLECTION



## **VI PEEL** Tone & Texture

- For Medium-Depth Peel Clients (Generally First Time)
- Sensitive Skin
- Early Signs of Aging (Ages 20+)
- Rough Texture
- Keratosis Pilaris
- Maintenance Peel

## **VI PEEL ADVANCED** Maturing Skin to Help Enhance Collagen Stimulation

- Aging Skin (Ages 40+)
- Wrinkles & Fine Lines
- Maintenance Peel

## **VI PEEL PRECISION PLUS** Skin Discoloration

- UV Induced Pigmentation
- Sun Damage & Melasma
- Post-Inflammatory Hyperpigmentation

## **VI PEEL PURIFY** Active Acne & Oily Skin

- Active Acne & Teen Acne
- Breakout-Prone Skin
- Oily and Congested Skin

## **VI PEEL PURIFY WITH PRECISION PLUS** Acne & Acne Scarring

- Excessive Oil
- Acne with Hyperpigmentation
- Acne Scarring
- Hormonal Acne & Adult Acne



*A Part of the Advanced Women's Care Family*

# Custom Treatments. Great Results.

Call Today to Learn More:  
**843.301.0718**

For more detailed treatment information visit  
**[www.aspirebluffton.com](http://www.aspirebluffton.com)**

29 Plantation Park Drive, Suite 402 | Bluffton, SC

*Disclaimer: The information in this brochure is for informational purposes only and is not intended to be a substitute for professional medical advice, diagnosis or treatment. Always seek the advice of your physician or another qualified healthcare provider with any questions you may have regarding any medical condition. Do not disregard professional medical advice or delay in seeking it because of something you have read in this brochure.*

Tracy Blusewicz, MD, Medical Director