## RelaxingOne.com—Ned David Bratspis, PC

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Using the VSee Tele-Mental Health Platform

This office utilizes the HIPPA Security and Privacy Compliant VSee Lab platform to ensure that your services are private and confidential. Our office policies and procedures regarding video behavioral health sessions are included on another form on this website, the Informed Consent for Tele mental Health. Please refer to that to clarify frequently asked questions. You will find here some information about getting your experience with this service started in the most confident way by explanation of some options for its use and how to get started when you are setting up your part of the program.

Since there are different devices that people will be using, smart phones, laptops and desktop computers, we have selected information to address how to use your device. Below, you will find some basic orientation videos from YouTube that you can link to. You can log in on your device by going to the URL listed below. Another option is to answer the invitation if that has been sent to you, or to go to the office website, <a href="www.RelaxingOne.com">www.RelaxingOne.com</a> and on the home page, link to the rectangle that says VSee inside of it. Others may opt to go to their app store and download the VSee messenger App (free). Downloading the app is the option to use if you are using a smartphone or tablet. Use the join on the web option if you are participating from a desktop computer. Please call the office 253-514-0525, anytime that you have a question or need help with the process.

For: Telemental Health

https://ned-bratspis.vsee.me/u/clinic

(on patient mobile browser - room code 81239)

https://voutu.be/nDb7-Mrz0L4

https://youtu.be/eM90tDYhevM