

Date issued: 07/09/2020 Certificate number: 1164501 Learner number: 292352



## Kim Wheeler

has been awarded the

## Active IQ Level 3 Certificate in Personal Training

Qualification Accreditation Number: 500/8820/8

In successfully achieving this qualification the learner has been awarded the following unit(s) and credit(s)

Anatomy and physiology for exercise and health (A/600/9051) 6 Credits at Level 3

Applying the principles of nutrition to a physical activity programme (L/600/9054) 6 Credits at Level 3

Delivering personal training sessions (J/600/9053) 9 Credits at Level 3

Health, safety and welfare in a fitness environment (T/600/9016) 2 Credits at Level 2

Know how to support clients who take part in exercise and physical activity (M/600/9015) 2 Credits at Level 2

Principles of exercise, fitness and health (A/600/9017) 4 Credits at Level 2

Programming personal training with clients (F/600/9052) 7 Credits at Level 3

8 Credits at Level 2

28 Credits at Level 3

**Jenny Patrickson** Managing Director









