

Optimal Health & Wellness

209 S Calumet Rd, Suite 6
Chesterton, IN 46304 219.269.0926

Ketamine-Assisted Therapy Policies & Pricing

Effective 5.1.23

Policies:

- Medical & Mental Health intake: Each client will undergo a Medical and Mental Health intake with Kate and Amanda. The sessions are scheduled separately and payment is due at time of booking. Treatment will not be scheduled prior to receiving clearance from both providers. Should medical or mental health clearance not be granted, the cost of the intakes will not be reimbursed.
- Initial Ketamine treatment must include Kate and Amanda. Recommendations for future treatments will be discussed with client.
- A deposit (50%) is required for all services at the time of booking. The balance is due on the first day of treatment.
- Cancellation of services MUST be received 48 hours prior to scheduled service. A credit will be applied to future services or products. If cancellation is less than 48 hours prior to scheduled service, the deposit will be forfeited and any future bookings will require payment in full. (KAT is a high demand service and without notice we are unable to fill the spot initially reserved for you.)
- If collaboration is needed with your current medical or mental health providers the service is billed at \$250/hr; billed in 15 min increments. A retainer must be received prior to your first booking. The remaining balance from retainer will be applied to future bookings.
- 10% cash discount -

Pricing:

Single Ketamine-Assisted Therapy Session (1.5 hours)
with Kate only-\$465 (must be approved by Kate & Amanda prior to booking)
with Kate & Amanda-\$515

Post Ketamine Treatment Integration with Amanda

Single session (1 hour)- \$150
Package of 6 (1 hour) sessions-\$675

Ketamine-Assisted Therapy Packages

Package 1 -\$2550	Package 2 -\$2,785	Package 3 -\$3,250	Package 4 -\$3,480
Session 1 with Kate & Amanda Sessions 2-6 with Kate only	Sessions 1-6 with Kate & Amanda	Session 1 with Kate & Amanda sessions 2-6 with Kate only 6 post KAT integration with Amanda (6 hours)	Sessions 1-6 with Kate & Amanda 6 post KAT integration with Amanda (6 hours)