

Play and Learn - September 2025 Menu

Monday			Tuesday			Wednesday			Thursday			Friday		
B	1		2		3		4	Whole Grain Cheerios, Orange Slices and 1% Milk	5	Corn Flakes, Oranges and 1% Milk				
L	Labor Day		Staff Development		Staff Development		Enriched Pancakes, Turkey Sausage, 100% Orange Juice, Sliced Melon and 1% Milk		Extra Cheese Pizza, Watermelon, Garden Salad and 1% Milk					
S							Whole Grain Gold Fish Crackers with 100% Fruit Juice		Low Fat Yogurt and Berries					
B	8	Raisin Bran, Sliced Apples and 1% Milk	9	French Toast Sticks with Mixed Berries and 1% Milk	10	Blueberry Muffin with Sliced Peaches and 1% Milk	11	Special K Cereal, Raisins and 1% Milk	12	Apple Bread with Apple Slices and 1% Milk				
L	Real Macaroni and Cheese, Side Salad, Pan Roasted Corn and 1% Milk		Beef Taco with Corn shell, Lettuce and Tomato Salad, Pineapple Rings and 1% Milk Sub=Rice & Bean Taco		Whole Wheat Spaghetti with Turkey Meat Sauce, Lettuce and Tomato Salad, Sliced Cucumbers and 1% Milk		All Beef American Cheeseburger on Brioche Bun, Steamed Carrots, Broccoli and 1% Milk		Extra Cheese Pizza, Watermelon, Garden Salad and 1% Milk					
S	Pretzels with 100% Fruit Juice		Whole Grain Corn Chips with Tomoato Salsa		Low Fat Yogurt with Granola		String Cheese with 100% Fruit Juice		Rolled Turkey Slice with Carrot Sticks					
B	15	Mini Wheat Bagel Mixed Fruit with 1% Milk	16	Waffle Sticks with Mixed Berries and 1% Milk	17	Crispy Rice Cereal with Strawberries and 1% Milk	18	Whole Grain Cheerios, Orange Slices and 1% Milk	19	Banana Bread with Banana Slices and 1% Milk				
L	Mozzarella Sticks, Tomato Dipping Sauce, Pan Roasted Corn, Dinner Roll, Melon Slices and 1% Milk		Chicken and Cheese Quesadilla with Lettuce and Tomato Salad, Pineapple with 1% Milk		Jumbo Cheese Ravioli with Tomato Sauce, Steamed Green Beans, Side Salad and 1% Milk No Substitute		Sabrette All Beef Hot Dog on a Whole Wheat Bun, Baked Tator Tots, Pickles and 1% Milk		Extra Cheese Pizza, Watermelon, Garden Salad and 1% Milk					
S	Celery Sticks with Sun Butter		Trail Mix with 100% Fruit Juice		Whole Grain Pita with Cucumber Tzatziki		Whole Grain Gold Fish Crackers with 100% Fruit Juice		Low Fat Yogurt and Berries					
B	22	Raisin Bran, Sliced Apples and 1% Milk	23	French Toast Sticks with Mixed Berries and 1% Milk	24	Blueberry Muffin with Sliced Peaches and 1% Milk	25	Special K Cereal, Raisins and 1% Milk	26	Apple Bread with Apple Slices and 1% Milk				
L	Real Macaroni and Cheese, Side Salad, Pan Roasted Corn and 1% Milk		Turkey Taco with Corn shell, Lettuce and Tomato Salad, Pineapple Rings and 1% Milk Sub=Rice & Bean Taco		Whole Wheat Spaghetti with Beef Bolognese, Lettuce and Tomato Salad, Sliced Cucumbers and 1% Milk		All Beef American Cheeseburger on Brioche Bun, Steaned Carrots, Broccoli and 1% Milk		Extra Cheese Pizza, Watermelon, Garden Salad and 1% Milk					
S	Pretzels with 100% Fruit Juice		Whole Grain Corn Chips with Tomoato Salsa		Low Fat Yogurt with Granola		String Cheese with 100% Fruit Juice		Rolled Turkey Slice with Carrot Sticks					
B	29	Mini Wheat Bagel Mixed Fruit with 1% Milk	30	Waffle Sticks with Mixed Berries and 1% Milk										
L	Mozzarella Sticks, Tomato Dipping Sauce, Pan Roasted Corn, Dinner Roll, Melon Slices and 1% Milk		Chicken and Cheese Quesadilla with Lettuce and Tomato Salad, Pineapple with 1% Milk		In the operation of the Child Care Food Program, no participant will be discriminated against because of race, color, national origin, disability, age or sex. Any person who believes that he or she has been discriminated against in any USDA-related activity should write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington, DC 20250-9410, or call (202) 720-5964 (voice and TDD).									
S	Celery Sticks with Sun Butter		Trail Mix with 100% Fruit Juice											
	No Substitute		Black Beans with Rice		Mozzarella Sticks with Sides		Boars Head American Cheese Sandwich on Whole Wheat		No Substitute					