JOIN US THIS SUMMER FOR

DANCE INTENSIVES

Liberty Dance Center is offering 90-minute intermediate-advance level intensive classes throughout June and July where dancers will be immersed in strength and flexibility training as well as work on turns and jumps.

PLEASE HAVE DANCERS BRING: - 2 BEACH TOWELS (OR YOGA MAT AND 1 BEACH TOWEL) - PLENTY TO DRINK OPTIONAL:

- BLOCKS FOR STRETCHING AND BALANCE
- WRIST OR ANKLE WEIGHTS FOR STRENGTH BUILDING
- STETCH BANDS FOR FLEXIBILITY TRAINING

CLASS SESSIONS

WEDNESDAYS FROM 6:00PM-7:30PM

JUNE 1ST, 8TH, 15TH, 29TH JULY 6TH, 13TH*, 20TH, 27TH

JULY13TH CLASS WILL BE FROM 6:30PM - 8:00PM

PAYMENTS

\$10 PER CLASS SESSION

CHECKS CAN BE PAYABLE TO CAMI JONES OR VENMO @CAMI-JONES-12

PRE-REGISTER OR QUESTIONS

CONTACT CAMI AT CAMIJONES@MAC.COM OR 319-330-4988