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What to Expect:

* Manage your expectations.
  + Cryoskin alone will not radically change the shape of your body.
  + Cryoskin is designed to help manage areas of stubborn body fat and areas of dimpled skin or cellulite.
* If you are 35+ years old or 35+ inches or more around your tummy, your body may require more sessions to get your desired results.
* The better you are at creating and maintaining a healthy lifestyle, the better results you are likely to achieve.