

2025 Goal Setting Exercise

Fear Is The Mind Killer. I Will Face My Fears!

1. I will accomplish this goal in 2025: _____

- This goal is important to me because:

#1 _____

#2 _____

#3 _____

- To achieve my goal, I will do the following:

#1 _____

#2 _____

#3 _____

- I will accomplish this goal by this date: _____

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2. I will accomplish this goal in 2025: _____

- This goal is important to me because:

#1 _____

#2 _____

#3 _____

- To achieve my goal, I will do the following:

#1 _____

#2 _____

#3 _____

- I will accomplish this goal by this date: _____

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3. I will accomplish this goal in 2025: _____

- This goal is important to me because:

#1 _____

#2 _____

#3 _____

- To achieve my goal, I will do the following:

#1 _____

#2 _____

#3 _____

- I will accomplish this goal by this date: _____