



August 2025

Vol 47 No. 8

MTCNLC.ORG

Recently the Electric Boat Fire Department (EBFD), was dispatched on the second alarm of a four alarm apartment building fire in the City of New London. On arrival EBFD was assigned to search the upper floors for victims. During the search EBFD rescued a mother and child who had been overcome by smoke inhalation. The victims were transported to the hospital and treated and made a full recovery. There is no better reward than to deliver someone from certain death.

Electric Boat and the surrounding communities benefit from the training and skills of our Fire Department. Congratulations! Well Done!

I want to thank the volunteers who came out to the food show at Mohegan Sun and collected the tons of food for the Gemma Moran United Way Labor Food Center . This food will help sustain the community in the coming months. There is another food show this month and volunteers will be needed. If you want to volunteer for this or other projects contact your Local Union.

Before the next publication two events will occur. Schools will reopen which slow the commute, and put kids on the streets that we travel. Leave a few minutes early, slow down, and watch for pedestrians. Also, Labor Day. The unofficial end of Summer and more than just another paid holiday negotiated by the Union. There is a long history of Labor Day . Visit our website to read it and to find other updates.

Enjoy these last few weeks of summer!

I appreciate the good work performed by all our Heroes.

As Always, I Am  
Fraternally Yours  
Peter E. Baker

## Phone List

<b>Peter E Baker</b> <b>MTC President</b>	<b>445-6383</b>
<b>John Adamson</b> <b>MTC Vice President</b>	<b>445-6383</b>
<b>Nathan Newhouse</b> <b>MTC Rec. Sec'y</b>	<b>445-6383</b>
<b>Janet Orr</b> <b>MTC Sec'y Treasurer</b>	<b>445-6383</b>
<b>George Nowosielski</b> <b>Local 777</b>	<b>445-8170</b>
<b>Dennis Urquhart</b> <b>Local 1122</b>	<b>401-573-6956</b>
<b>Richard (Chick) McCombs</b> <b>Local 261</b>	<b>445-2224</b>
<b>Mark Sousa Jr</b> <b>Local 1871</b>	<b>445-8619</b>
<b>Pat Joyce</b> <b>Local 614</b>	<b>445-4973</b>
<b>Danny Sanchez</b> <b>Local 547</b>	<b>448-2577</b>
<b>Rob Hill</b> <b>Local 493</b>	<b>575-1384</b>
<b>Paul Bruno</b> <b>Local 106</b>	<b>445-1216</b>
<b>Janet Orr</b> <b>MTC Benefits Rep</b>	<b>445-6383</b>

MTCNLC.ORG



# Local 106

## **CLERICAL TITLES WAGE ENHANCEMENT ANOMALY**

**Change in progression for Clerical members:** Previously progression through Group IV to the top of Group II (\$34.35) could have taken 9 years. Under the new wage scale progression to the top of Group II (\$35.72) could take 5½ years. Normal progression into and through Group I could be one-year increments or sooner. The top of Group I is \$40.56. All new rates went into effect July 6 th and were in paychecks July 18th . If you have any questions about your hourly pay rate please call me.

## **ACCIDENT & SICKNESS BENEFITS PROCEDURE**

First: Contact Sedgwick 1-800-416-1808 or [www.Claimlookup.com](http://www.Claimlookup.com) . State “Short-term Disability.” Second: **Immediately Contact Aflac for Connecticut Paid Family Leave** 1-877-499-8606 or [CTPFL@Aflac.com](mailto:CTPFL@Aflac.com) . This is for the first 12 weeks of payment before Sedgwick will pay.

## **DIGNITY AND RESPECT**

These are the two words and actions you should think about when you are addressing any matters with coworkers or supervision. If there is any issue speak to your Union Steward.

## **INCREASE YOUR 401(K)**

This would be a great time to increase your 401(K) deductions. Years from now you will be thankful that you did this!!!!

**NEW HIRES:** Within the first 30 days after you start you must enroll yourself and your dependents in the benefits package. There are many choices for you to review and time limits for you to apply for these benefits. This is the only 30 days to execute access to the health plan. If you do nothing you will automatically get medical but will not receive dental, extra eye care, and additional life insurance or dependent coverage. Contact General Dynamics Service Center (1-888 432-3633) Monday – Friday 9am to 9pm. OR [www.gdbenefit.com](http://www.gdbenefit.com) (24hrs/7days). Any questions call EB Benefits: 860-433-4201 or, MTC Union Insurance Representative: 860-445-6383.

## **www.opeiulocal106.org**

Visit this site and search the many links of valuable information. The Media Center is one example that is updated by our International Union with new information on Union Benefits and current issues of interest.

## **LABOR'S VIEWS ONLINE**

LABOR'S VIEWS may be seen on [opeiulocal106.org](http://opeiulocal106.org) and the new Metal Trades Council web site [mtcnlc.org](http://mtcnlc.org).

LABOR'S VIEWS is also accessible on EB computers link to the MTC website to Homeport.

## **“Weingarten” Rights**

**Visit: Youtube Weingarten Rights: Training for Shop**

**Stewards. Take ten minutes to see a brief video from OPEIU Local 8 about your rights.**

If **YOU** are sent to **SECURITY** for any reason or are being questioned by **MANAGEMENT**, **YOU** should request a **STEWARD**. **YOU** do not have to answer any questions until you have **UNION REPRESENTATION**.

**THIS INCLUDES CRITIQUES, “DECKPLACE” OR ANY OTHER INVESTIGATION.**

## **UNION COMMUNICATIONS**

**UNION STEWARDS: 1st Shift Nate Newhouse D438 401-688-6852 & Brian Hubbard D274 860-213-6733 2nd Shift Arlene Allard D221 X37797 3rd Shift Cory Jacobson D321 X35569**

Phone # 860-445-1216, FAX # 860-446-0175, E-mail [prof.emp@snet.net](mailto:prof.emp@snet.net).

(I do not get e-mails in the shipyard.)

[opeiulocal106.org](http://opeiulocal106.org) [opeiu.org](http://opeiu.org) [UnionPlus.org](http://UnionPlus.org) [mtcnlc.org](http://mtcnlc.org)

If you change your **home address, phone number, or e-mail** do not forget to notify the Union.

**UNION MEMBERSHIP MEETINGS HAVE BEEN SUSPENDED FOR JUNE, JULY & AUGUST. THE LOCAL 106 EXECUTIVE BOARD WILL STILL MEET AND IF SOMETHING DEVELOPS THAT REQUIRES A MEMBERSHIP MEETING THE UNION WILL NOTIFY EVERYONE.**

## **SEPTEMBER UNION MEMBERSHIP MEETING**

Monday, September 8, 2025, at 5:30 p.m. at the Union Hall, 171 Thames Street, Groton, Connecticut.

**PLEASE, TRY TO ATTEND UNION MEETINGS.**

Paul A. Bruno Jr.  
President/Chief Steward



# Local 1871

We have more T-shirts available for \$15 each. Stop by the hall to get one. Call your steward to let us know you'll be stopping by.

I'd also like to remind people that there is an MTC website that has our labor views on it along with other information. [Mtcnlc.org](http://Mtcnlc.org)  
Also join our facebook Local Lodge 1871iam where we can communicate with each other.

In order to check your pay stub online, you need to login to your fidelity netbenefits page. On the home page, halfway down, click on the link titled "GD ESS". On the next page click "Go to GD ESS". This will bring you to the Employee Self Service homepage where you can find a link to your paystub.

**INSURANCE UPDATE:** If you are out for more than 30 days and need to pay insurance, the General Dynamics Service Center will mail you a form and instructions. If you do not receive this letter in a timely manner, please call (888)432-3633.

Before you retire, please contact the union, and let us know. You **DO NOT** need to submit a withdrawal card. Retirees can receive a union jacket and/or watch. 40 years or more will receive both. 15-40 years will receive a watch.

**Make sure to inform the union if you will be out of work for an extended amount of time so that we can make sure your dues are adjusted.**

If you are a Military Veteran, please contact Mike Shell (860-790-9136) on first shift for support.

We are still working on Phase 2 of anomaly raises which will be qualification based please be patient.

**New Members:** Between days 0-30 days after your date of hire you must log onto the General Dynamics Service Center website at [www.gdbenefits.com](http://www.gdbenefits.com) to enroll yourself, and your dependents, in the benefits package.

As always, do not forget to use the safety boot and eyeglass program that was negotiated by the MTC. A list of the different shoe manufacturers and times that they will be outside the front gate is available. The eyeglass store is open on both the inside of the main gate and the outside entrance for your convenience, check bulletin boards for the times they are open.

**IMPORTANT:** If you are put on notice, going to be disciplined, or sent to Security to give a statement of any kind, you have the right to have a steward present. Your first words should be, **"I want to talk to a Steward"**.

Union Hall Phone Number: 860-445-8619

Chief Steward: Mark Sousa

Union Hall: 860-445-8619

First Shift OSM:

Larry Donn 860-608-8226  
Randy Branche 860-215-5384  
Mike Fantacci 860-884-7339  
Tyler Qualley 860-514-6596

First Shift Machine Shop:

Mike Shell 860-790-9136

First Shift All Other Areas:

Richard Gingerella 860-710-5815  
Kevin Mizer 401-580-0400  
Ed Mctigue 860-463-7680  
Janet Orr 860-608-8528

Second Shift OSM:

Bill Ericson 860-705-6739  
George Blanchette 860-908-4149  
Dustin Bennett 860-300-6164  
Ryan Butler 860-333-7618

Second Shift ISM:

Sherry Mullins 860-876-3723

Second Shift All Other Areas:

Nick Banker 860-917-4182

Third Shift All Areas - Nate Cook 401-688-6852

United Way Contact - Janet Orr 860-608-8528

MTC Benefits Rep - Janet Orr 860-608-8528

## MEETING NOTICE:

Meeting dates for the year will be posted on one notice in all areas. Take note of dates that fall on months with floaters. There is no meeting for the month of August next regular meeting will be September 11th at 3:00 p.m. at 18 Pleasant St Groton, CT 06340.



# Local 1122

The IUPAT Local 1122 monthly meeting is suspended until September 2025. If you have any questions, feel free to reach out to me or contact the Union Steward.

We're currently in Phase 2 of the anomaly pay process. I've been meeting with management to review the proposals I submitted, which are centered on the critical skill sets our department relies on. AS soon as I receive further updates regarding these proposals, I'll coordinate with the Union stewards so they can share the outcomes with all Union members.

New hires will be joining our Department this month, with some assigned to first shift and others to second shift. Please keep an eye out and offer assistance as needed to help them settle in. With third shift currently suspended and new hires coming aboard, we're expecting a number of shift adjustments in the near future. If you're interested in switching to a different shift, please make sure you complete a shift change request form.

You can get the form from your Union steward.

**Debit Card Replacement** : If you happen to lose your Fidelity Health Savings Account (HSA) Debit Card, log onto [FidelityDebitCard.com](https://FidelityDebitCard.com) to request a new one.

**Subbase NSSF and ARDM Shippingport request form** : The Department will no longer survey, you will have to fill out a form. See your steward for this form.

**Stewards** : First shift Stewards: Allen Claar All Nuclear issues 860-237-1114, Ron Ingves 860-334-8141, Chris Wilson 860-961-2930,

Alternate Dan Sager 860-941-4236

Second shift Stewards: Matthew Cassidy 860-989-9600 Dan Alger 860-639-1983

Third shift Stewards : Jose Mendes Alternates Elaine Key 860-460-7621

**SAFETY** : Just a reminder that safety is everyone's concern. If you see an unsafe act you should report it to your Union Steward or M.T.C. Safety Steward. They will take the necessary actions to correct the situation. Contact MTC safety at 860-445-6383.

If you are sent to Security for any reason or are being questioned by any Management, **YOU SHOULD REQUEST A STEWARD !**  
**!! REMEMBER, YOU HAVE THE RIGHT TO UNION REPRESENTATION, AND YOU DON'T HAVE TO ANSWER ANY QUESTIONS WITHOUT THIS REPRESENTATION.**

**IMPORTANT**: Members who are out of work on any leave of absence such as Workers Compensation, Sedgwick short term disability insurance, FMLA, etc. it is your responsibility to pay your portion for medical, dental, and vision. You can be dropped from your benefits if you don't keep up your payments.

Please don't forget to notify the Union Hall (860-442-8281) if you change your address, phone number, or name. **We need to have the correct information!**

When you notify the company of these changes they do not give the Union this new information. We appreciate your cooperation in this matter.

**REMINDER**: If you are out of work on compensation or accident & sickness insurance or any unpaid leave it is your responsibility to pay your dues. If your dues fall behind more than three months, your membership could be suspended. If you are out of work and have any questions regarding your dues, please call the Union Hall at 860-442-8281.

**IMPORTANT**: It is advised that you notify me one week in advance or as soon as you know when you will be returning to work from any Medical, Compensation or unpaid leave. The company doesn't know if you kept your dues paid up while you were out. It is important that I know your return date so I can submit a letter to the company to have your dues zeroed out under non collected. Once the company takes out your dues it will take me at least a month to return your money.

The monthly Union meeting of Painters' Local #1122 will be held every 4th Monday of each month at the Union Hall 597 Broad St., New London, Ct. at 7:00 PM. Second shift employees please give your foreman 24 hours notice if you plan to attend the meeting. If you have any problems/issues to discuss, the union meeting is the place to do this.

If I can be of any assistance to you, please don't hesitate to contact me. My numbers are 401-573-6956 and my email is [painters.union@yahoo.com](mailto:painters.union@yahoo.com).

Thank you for your ongoing support.

Fraternally yours,

Dennis Urquhart

President/Chief Steward

Painters' Local #1122



Dennis Flanagan DDS Msc

56 Whitehall Ave. Rt. 27

Mystic, CT

Email: [contact@mysticdentistry.com](mailto:contact@mysticdentistry.com)

Saturday Hours Available

Call Us For A Great Dental Experience!

860-222-7500

Participant in MTC/MDA Dental Plan/ Delta Dental of  
Va

- New Patients Are Welcome -

Most Dental Insurance Plans Are Accepted



## Local 493

REQUEST A STEWARD If you are being sent to Security for any reason or are being questioned by management you have the right to have a Steward present. You don't have to answer any questions until you have union representation.

### STEWARDS

1st Shift - Keith Coppin 860-433-4657 Scott Harris 860-574-0208

1st Shift Alt - Jonathan Vogt 860-433-4657

2nd Shift -Ray Deptulski 860-433-4657

**SAFETY:** Safety should be everyone's first priority when working in the shipyard. If you see something unsafe or are being asked to do something that you feel is unsafe, please contact a steward for guidance. You can also contact MTC Safety at 860-445-6383

Reminder when operating forklifts or machines please be careful. Be aware of your surroundings. Watch for hazards inside and outside the machine - people, other moving machines and vehicles, objects in your path.

Please Work safe - Robert Hill /Chief Steward

## LiUNA! Local 547

*Feel the Power*

Here is a list of our current stewards -

Daniel Sanchez - 860-857-2224 - Chief Steward

Mark Kelliher - 860-271-3748 - 1st Shift All Areas

Mike Campi - 860-309-6422 - Fire Dept

Brandon Caisse - 860-227-5893 - 2nd Shift All Areas

Please reach out if you need anything, and continue to work safely.

Fraternally yours,

Danny Sanchez

## Union Made Labor Day Shopping List

### Buns & Toppings

Wonder Bread  
Heinz Ketchup  
Vlasic Pickles



### Soda

Coca-Cola  
7Up  
A&W  
Dr. Pepper

### Meat

Ball Park  
Hebrew National  
Hormel  
Oscar Myers  
Butterball Burgers & Franks



### Snacks

Cheez-It  
Fritos  
Ritz  
Sun Chips  
Ruffles



LiUNA!



If you want to receive email notices from the Union, please email  
[MetalTradesCouncil@Gmail.com](mailto:MetalTradesCouncil@Gmail.com) and provide the following information.

Name: \_\_\_\_\_

Badge: \_\_\_\_\_

Local Union: \_\_\_\_\_

Email: \_\_\_\_\_

Your information will not be shared or sold.



# Local 261

**Attention: At the recommendation of the Executive Board the membership voted to suspend the July and August meetings for vacation purposes. Permission to suspend the July & August meeting was granted by Vice President Monahan of the 2nd**

District IBEW. As directed the Executive Board will continue to meet to handle any business that may come up. If necessary, any business that needs the attention of the membership will be done by calling a "special membership meeting" The next regularly scheduled meeting of IBEW Local Union 261 will be held Tuesday September 8, 2025, at 2:45 P.M. at the IAM Lodge 1871 Union Hall located at 18 Pleasant Street.

**Please note: It has been officially agreed that we will continue to observe our floater week by changing our meeting date to the following week.**

If you cannot attend the meetings any issues should be brought to our attention by contacting your Steward or this office. Please call me if you have any problems at any time.

Send me an e-mail and let me know your issues.

The Local's phone numbers are as follows: 860-445-2224 main line,

E-mail address: [ibew261@gmail.com](mailto:ibew261@gmail.com) IBEW International web site: <http://ibew.org>

Once again, I would like to congratulate Sean Banks, President / Business Manager and Brandon Winter, Vice President for their recent win in our June Officers election. We are currently working on the transition of leadership. A small ceremony will be held on Saturday August 23 to officially swear in all our Officers and then Sean will take over immediately. Although I will be retiring from Electric Boat shortly after that I plan to continue to stay with the local and provide assistant and consultation if needed.

A little bit of Business: As you may know the MTC Leadership declined to accept the Company's request to start a "four ten-hour day work week" that was just for third shift at the 600 Building (Columbia).

There have been several discussions and questions on how it would work and none of them were answered. At the time of this writing, I have been told that the Company is going to initiate their work schedule only for third shift Columbia personnel. It appears that they are going to use the new "Efficiency " Memo 84 of our contract which allows them to exercise work practices that violate our contract in the name of efficient productivity. We believe it may be voluntary but again no answers. If they have to backfill the positions due to some that cannot support that shift change and your ask to go, please contact your Steward.

This will probably be my last opportunity to address all of you. I want to say it was an honor to be allowed to represent you. I have met and worked with some of the finest people I know, both hourly & salary. I wish everyone success with the challenges that you will face in the future. I am confident that if you work together and be "united" you will overcome them. God bless all of you, the Company, and the IBEW.

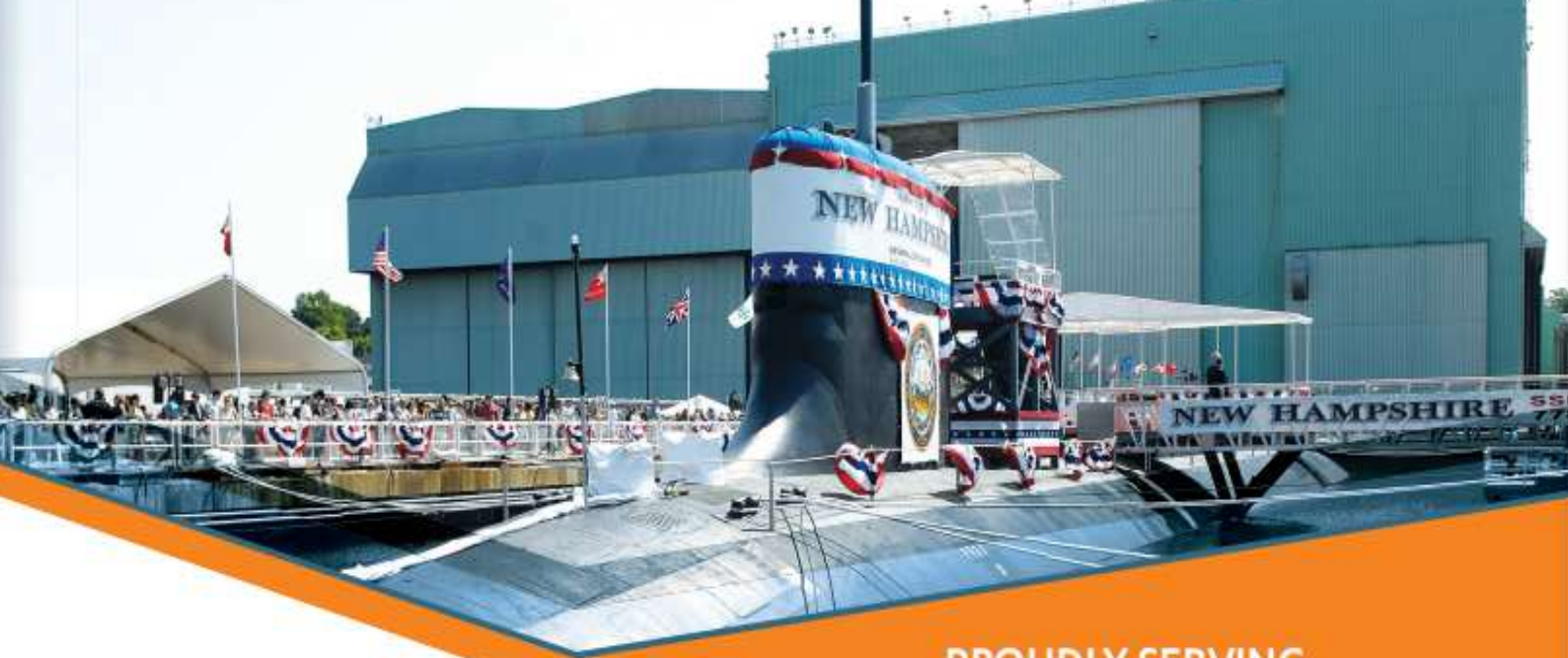
Continue to Work Safe!!

Faternally,

Richard L. McCombs

President / Business Manager





PROUDLY SERVING  
**Electric Boat**  
FOR OVER 80 YEARS.



CHARTER OAK  
CREDIT UNION

# Open your EB Checking today.

- ✓ **\$200 Cash Bonus\***
- ✓ **3.00% APY\*\***
- ✓ **ATM Rebates\*\***



Scan to open  
your account!  
or visit  
[charteroak.org/eb-checking](https://charteroak.org/eb-checking)

Federally insured by NCUA

**SAFE, SOUND, SECURE & PROTECTED.**  
Another Reason... Members Bank Better.

\*The one-time \$200 bonus will be awarded after the account has met required conditions for three consecutive months within a six-month period from account opening. This offer applies to new memberships or existing memberships that qualify for the account with a new direct deposit. The \$200 Bonus is considered dividends and will be reported on IRS Form 1099-DIV. This offer may be withdrawn at any time.

\*\*APY = Annual Percentage Yield. The EB Checking Account is a "Split Rate Tiered" account for General Dynamics Electric Boat employees who qualify for membership. Proof of employment may be required. 3.00% APY is paid on balances up to \$10,000. Balances over \$10,000 earn 0.25% APY. All Charter Oak foreign ATM fees will be rebated. Surcharge fees charged by other financial institutions or networks will be rebated up to \$9.99 each to a maximum of \$20 a month and rebated at the end of the month. The default APY of 0.09% will be applied to all tiered balances if account conditions are not met and ATM fees will not be rebated. Rates are variable and can change at any time. To earn the stated APY, your account must have e-Statement, Online Banking, 10 Debit Card transactions posted per month (excluding ATM transactions) and have a Direct Deposit of \$2,000 or more posted in each calendar month. Existing checking accounts are not transferable to an EB Checking Account. Existing members may open a new EB Checking Account under their existing account and must meet the account conditions to qualify. Only one EB Checking Account, Sun Checking Account or Go Checking Account per qualified member number. APY effective May 15, 2023. This offer may be withdrawn at any time.



# Embry, Neusner & Arscott<sup>LLC</sup>

ADVOCATING FOR WORKERS SINCE 1985

## Injured? Work Making You Sick?



### PERSONAL INJURY

- AUTO COLLISIONS
- DANGEROUS PRODUCTS

### WORKERS' COMPENSATION

- BONE & JOINT INJURIES
- CANCER CAUSED BY  
CHEMICALS OR ASBESTOS
- HEARING LOSS

**EMBRYNEUSNER.COM**

• 860.449.0341



@ENASlawCT



Embry Neusner

• help@embryneusner.com • 118 Poquonnock Road • Groton, CT 06340



**Celebrating our 25th year  
supporting Electric Boat  
Retirees!!**



**Beacon**

**Retiree Benefits Group LLC**

AN ALERA GROUP COMPANY

**Call our office today  
for more information  
at 1.888.484.0414 or  
email us at  
[info@beaconmedicare.com](mailto:info@beaconmedicare.com)**

## **SPECIAL INVITATION**

**Beacon Retiree Benefits Group invites  
Electric Boat Retirees to participate in a  
special Medicare Medical & Prescription  
Drug Plan...**

## **PROGRAM DETAILS**

- This special group program is **ONLY** available to Medicare eligible Electric Boat retirees and spouses.
- This program was created in 1999 by your friends at the MTC, the MDA, Carpenters Union and the RSEA.
- Over 2,500 retirees & spouses participate!
- All plans, rates & benefits are the same in all 50 states!
- There are no individual plans comparable to these unique group options.



## **EDUCATIONAL SESSIONS**

**Morning sessions start at 10AM  
The Hilton Mystic Hotel, Mystic CT**

Wednesday, August 6, 2025  
Wednesday, September 3, 2025  
Wednesday, October 1, 2025

**Late afternoon sessions start at 4PM  
Great Neck Country Club, Waterford, CT**  
Wednesday, August 20, 2025  
Wednesday, October 15, 2025

**Refreshments will be served!**

**To reserve your seat, call us at  
1.888.484.0414 or email us at  
[RSVP@BeaconMedicare.com](mailto:RSVP@BeaconMedicare.com)**



## Local 777

One of the issues that continue to plague us is equal overtime in

certain titles. In my opinion, the company would like to bring certain members in, when they want, and whom they want, and not bring in others. They would like to separate the time on different boats and on different projects. We have pretty clear language in the contract, and have even raised the liabilities in the last contract, but still the company seems to have their own agenda. This problem does not seem to be going away, but instead increasing. We will continue to tell the company to follow the contract on allowable hours and polling as the contract dictates.

Years ago we had a much larger membership, a number of boats and different class of boats in the shipyard all being worked at one time, along with members on the road. There didn't seem to be the number of problems with tool cribs, work practices, overtime, warning slips, then, as there are now.

We hope everyone is having a safe and happy summer so far, Labor Day weekend is coming up fast, another Union negotiated paid holiday.



# Local 614

Hello Brothers and Sisters:

Please remember, if you are sent to the Yard hospital, and they send you home, you have to use your own time, unless it is a work related issue.

With the warmer days here please remember to stay hydrated.

We have received the new sweatshirt order at the hall. We now have zip up and pullover hoodies in hunter green and cardinal red, as well as the black we originally had. We also now have crew neck sweatshirts in hunter green as well as cardinal red.

If you don't already know we have a Facebook page. Please follow us @ Boilermakers Local 614 to get updates and news from our International.

**Important**

If you are going to be put on notice, disciplined, or sent to Security for any reason, you should request a Union Steward!! It's your right to Union representation, and you don't have to answer any questions without Union representation present.

**Retirees**

Edward Welles Dept. 244

**Union Communications**

Chief Steward- Mike Bushek 860-884-0765

Business Manager- Shane Gilligan 860-817-4341

Union Hall- 860-445-1120

Please don't forget to notify the Union Hall if you change your address or name. When you notify the company, they do not give the Union the new information.

Please remember for members who are out on any leave of absence such as Workers Compensation, Sedgwick short term disability insurance, FMLA, etc., it's your responsibility to pay for your medical, dental and vision. They can drop you if you fall behind.

Don't forget that it is that time of year to get your new boots. If you don't know how much money you have for boots, please see a Union Steward for the boot list.

The Union Meeting for August has been cancelled. The next Union Meeting will be on September 9th, 2025.

Patrick Joyce  
President

## EB Optical Shop -

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Shipyard Side	1:00-6:00PM*	6:00AM-6:00PM*	Closed	Closed	6:00AM-1:30PM	Closed
Street Side	Closed	Closed	6:00AM-6:00PM*	6:00AM-6:00PM*	Closed	Closed

Appointments remain by appt – they can be made via phone 860-433-6934 or accessible link at home: [EB-OPTICAL-GROTON.BOOKAFY.COM](http://EB-OPTICAL-GROTON.BOOKAFY.COM)  
We've also updated the gdeb.com website with this information under Employee Information



# MTC Benefits

The Insurance Audit has been completed. Any members that failed to return the requested documentation may have had their dependents dropped from their plans. If this happened to you contact Nate Newhouse @ 401-688-6852 to file an appeal.

For members that need to file for Short Term Disability, FMLA or CT Paid Leave:

STEP 1. CONTACT SEDGWICK TO OPEN CLAIM - CALL 1-800-416-1808 OR LOG ON TO, [www.mysedgwick.com](http://www.mysedgwick.com) PROVIDE BADGE ("E" then your badge#) - LEAVE TYPE (STD OR FMLA)

STEP 2. RECEIVE SEDGWICK PACKET RECEIVE BY MAIL OR EMAIL

STEP 3. RETURN INFORMATION TO SEDGWICK [generaldynamicsclaimsinfo@sedgwick.com](mailto:generaldynamicsclaimsinfo@sedgwick.com) UPLOAD TO [mysedgwick.com](http://mysedgwick.com) OR FAX: 844-346-1402

STEP 4. APPLY TO STATE FOR CT PAID LEAVE - 1-877-499-8606 or [ctpaidleave.org](http://ctpaidleave.org) EMAIL "EMPLOYER VERIFICATION" FORM TO EB: [ctpaidleave@gdeb.com](mailto:ctpaidleave@gdeb.com) COMPLETE/SEND REMAINING CTPL PAPERWORK TO AFLAC.

If you have any questions or would like assistance, contact Nate Newhouse @ 401-688-6852.

## MTC Safety Report

**Painters - Boilermakers - Electricians - Laborers  
Machinists - OPEIU - Pipefitters - Teamsters**

While the end of summer is fast approaching, the hotter days haven't completely come to an end. Please make sure to hydrate and go in shaded areas whenever conditions are too much.

Make sure to check on your fellow Union worker during this time as well. The early signs of heat exhaustion are; heavy sweating, weakness or tiredness, pale or clammy skin, headaches and many more.

Please continue to work safe!

Sean Banks 1st Shift 860-326-4832	John Adamson 1st Shift 860-917-7121	Jim Palmer 1st Shift 860-326-4341	Scott Harris 1st Shift Safety Office 860-433-2811	Nate Newhouse 1st Shift Metal Trades 860-445-6383	Bill Zaks 2nd Shift 860-326-4353	James Lawrence 2nd Shift	Amanda Gideon 2nd Shift 860-908-1771
---	---	---	--	--	--	--------------------------------	--