



# LABOR'S MTC VIEWS

114 Poquonnock Rd, Groton, CT 06340

July 2024

Vol 46 No. 7

MTCNLC.ORG

## Phone List

As we continue to work to make improvements there are some things that we don't necessarily agree with but they make sense.

Polling by use of the ATA terminal may help the Company schedule work during Floating Holiday and Alternative Work Weeks. The concern is that what happens if a person's choice changes after the polling period? We have been told that members will be able to change after without penalty. This will have to be monitored. If you have a problem with this talk to your Steward.

The Company will also be holding Focus Groups to try to determine why the attrition rate is so high in the 0 to 4 year employee group. This is a random sampling of employees from that group, it is voluntary, and Union Representatives will be at each session. The information gained will be shared with the Union. We reluctantly agreed to this process and hopefully we can use the opportunity to gain more for the members.

The SHIP program is underway. Please watch out for our interns, show them what it is to work in a trade, and to be part of the Union.

Summer is here! Enjoy it to the fullest but be safe doing it.

As Always, I Remain  
Fraternally Yours  
Peter E. Baker

**Peter E Baker** 445-6383  
**MTC President**

**John Adamson** 445-6383  
**MTC Vice President**

**Richard McCombs** 445-6383  
**MTC Rec. Sec'y**

**Janet Orr** 445-6383  
**MTC Sec'y Treasurer**

**George Nowosielski** 445-8170  
**Local 777**

**Dennis Urquhart**  
**Local 1122** 401-573-6956

**Richard (Chick) McCombs**  
**Local 261** 445-2224

**Jim Spencer** 445-8619  
**Local 1871**

**Pat Joyce** 445-4973  
**Local 614**

**Danny Sanchez** 448-2577  
**Local 547**

**Rob Hill** 575-1384  
**Local 493**

**Paul Bruno** 445-1216  
**Local 106**

**Janet Orr** 445-6383  
**MTC Benefits Rep**

MTCNLC.ORG



### **ACCIDENT & SICKNESS BENEFITS PROCEDURE**

First: Contact Sedgwick 1-800-416-1808 or [www.Claimlookup.com](http://www.Claimlookup.com) . State "Short-term Disability." Second: Immediately Contact Aflac for Connecticut Paid Family Leave 1-877-449-8606 or [CTPFL@Aflac.com](mailto:CTPFL@Aflac.com) . This is for the first 12 weeks of payment before Sedgwick will pay.

### **DIGNITY AND RESPECT**

These are the two words and actions you should think about when you are addressing any matters with coworkers or supervision. If there is any issue speak to your Union Steward.

### **INCREASE YOUR 401(K)**

This would be a great time to increase your 401(K) deductions. Years from now you will be thankful that you did this!!!!

**NEW HIRES:** Within the first 30 days after you start you must enroll yourself and your dependents in the benefits package. There are many choices for you to review and time limits for you to apply for these benefits. This is the only 30 days to execute access to the health plan. If you do nothing you will automatically get medical but will not receive dental, extra eye care, and additional life insurance or dependent coverage. Contact General Dynamics Service Center (1-888 432-3633) Monday – Friday 9am to 9pm. OR [www.gdbenefit.com](http://www.gdbenefit.com) (24hrs/7days). Any questions call EB Benefits: 860-433-4201 or, Janet Orr Union Insurance Representative: 860-445-6383.

### **[www.opeiulocal106.org](http://www.opeiulocal106.org)**

Visit this site and search the many links of valuable information. The Media Center is one example that is updated by our International Union with new information on Union Benefits and current issues of interest.

### **LABOR'S VIEWS ONLINE**

LABOR'S VIEWS may be seen on [opeiulocal106.org](http://opeiulocal106.org) and the new Metal Trades Council web site [mtcnlc.org](http://mtcnlc.org). LABOR'S VIEWS is also accessible on EB computers link to the MTC website to Homeport.

### **"Weingarten" Rights**

Visit: Youtube Weingarten Rights: Training for Shop Stewards. Take ten minutes to see a brief video from OPEIU Local 8 about your rights.

If **YOU** are sent to **SECURITY** for any reason or are being questioned by **MANAGEMENT**, **YOU** should request a **STEWARDS**. **YOU** do not have to answer any questions until you have **UNION REPRESENTATION**. **THIS INCLUDES CRITIQUES, "DECKPLACE" OR ANY OTHER INVESTIGATION.**

### **SAFETY SHOES**

If you did not pick up your safety shoes last year you can get a more expensive pair this year with the money you did not use. Please do not forget. This is a benefit that has been negotiated for you and we want it to continue. You may now carry money over for one year only in order to get a more expensive pair.

Red Wing Shoes has a store in Groton and if you get your shoes there you will have to pay and bring them in to the Safety Dept. with a receipt in order to get your refund.

### **UNION COMMUNICATIONS**

UNION STEWARDS: Nate Newhouse D438 401-688-6852 1st Shift / Arlene Allard D221 X37797 2nd Shift / Cory Jacobson D321 X35569 3rd Shift.

Phone # 860-445-1216, FAX # 860-446-0175, E-mail [prof.emp@snet.net](mailto:prof.emp@snet.net) (I do not get e-mails in the shipyard.) [opeiulocal106.org](http://opeiulocal106.org) / [opeiu.org](http://opeiu.org) / [UnionPlus.org](http://UnionPlus.org) / [mtcnlc.org](http://mtcnlc.org)

If you change your home address, phone number, or e-mail do not forget to notify the Union.

UNION MEMBERSHIP MEETINGS HAVE BEEN SUSPENDED FOR JUNE, JULY & AUGUST. THE LOCAL 106 EXECUTIVE BOARD WILL STILL MEET AND IF SOMETHING DEVELOPS THAT REQUIRES A MEMBERSHIP MEETING THE UNION WILL NOTIFY EVERYONE.

### **SEPTEMBER UNION MEMBERSHIP MEETING**

Monday, September 9, 2024, at 5:30 p.m. at the Union Hall, 171 Thames Street, Groton, Connecticut.

Paul A. Bruno Jr. -President/Chief Steward



# Local 1871

July and August meetings have been canceled for this year. Enjoy your summer and be safe! Please watch out for the motorcycles.

We have more T-shirts available for \$15 each. Stop by the hall to get one. Call your steward to let us know you'll be stopping by. Whoever is messing up on the toilets please stop. It's no joke.

This November we will be having our nominations for the upcoming Delegate and Eboard positions. If you have any questions about any of them please let us know. You can get involved in many different ways and we are always looking for more help. Mailings for the election will go out in October so make sure your address is up to date with us.

I'd also like to remind people that there is an MTC website that has our labor views on it along with other information. [Mtcnlc.org](http://Mtcnlc.org) Also join our facebook Local Lodge 1871iam where we can also communicate with each other.

**CHANGE OF ADDRESS OR PHONE NUMBER? PLEASE** inform a union representative. The company is not allowed to share this kind of information with us, so we only know if you tell us.

In case, there is anyone that does not know where they can check their pay stub online, you need to login to your fidelity netbenefits page. On the home page, halfway down, click on the link titled "GD ESS". On the next page click "Go to GD ESS". This will bring you to the Employee Self Service homepage where you can find a link to your paystub.

**INSURANCE UPDATE:** If you are out for more than 30 days and need to pay insurance, the General Dynamics Service Center will mail you a form and instructions. If you do not receive this letter in a timely manner, please call (888)432-3633.

Before you retire, please contact the union, and let us know. You DO NOT need to submit a withdrawal card. Retirees can receive a union jacket and/or watch. 40 years or more will receive both. 15-40 years will receive a watch.

Make sure to inform the union if you will be out of work for an extended amount of time so that we can make sure your dues are adjusted.

If you are a Military Veteran, please see Christopher Wasilewski on first shift for support.

New Members: Between days 0-30 days after your date of hire you must log onto the General Dynamics Service Center website at [www.gdbenefits.com](http://www.gdbenefits.com) to enroll yourself, and your dependents, in the benefits package.

As always, do not forget to use the safety boot and eyeglass program that was negotiated by the MTC. A list of the different shoe manufacturers and times that they will be outside the front gate is available. The eyeglass store is open on both the inside of the main gate and the outside entrance for your convenience, check bulletin boards for the times they are open.

**IMPORTANT:** If you are put on notice, going to be disciplined, or sent to Security to give a statement of any kind, you have the right to have a steward present. Your first words should be, "I want to talk to a Steward".

Union Hall Phone Number: 860-445-8619

Chief Steward: James Spencer 860-705-2266

Union Hall: 860-445-8619

First Shift OSM:

Mark Sousa 401-743-3033

Larry Donn 860-608-8226

Randy Branche 860-215-5384

Tyler Qualley 860-514-6596

First Shift ISM:

Ernie Richard 860-381-9213

First Shift All Other Areas:

Janet Orr 860-608-8528

Kevin Mizer 401-580-0400

Ed Mctigue 860-463-7680

Second Shift OSM:

Bill Ericson 860-705-6739

George Blanchette 860-908-4149

Dustin Bennett 860-300-6164

Second Shift ISM:

CJ Lelke 860-271-5500

Second Shift All Other Areas:

Jasmyne Harris 860-938-6276

Nick Banker 860-917-4182

United Way Contact - Janet Orr 860-608-8528

MTC Benefits Rep - Janet Orr 860-445-6383

MEETING NOTICE:

Meeting dates for the year will be posted on one notice in all areas. Take note of dates that fall on months with floaters. Next regular meetings will be June 13th, and September 12th, at 3:00p.m. at 18 Pleasant St Groton, CT 06340.



# Local 1122

We have two high school interns that started this week! It's always exciting to see young talent join our workforce, ready to learn and grow. As they explore the ins and outs of E.B., it's essential that we offer a helping hand whenever they may need it. Let's make the most of this internship program and make it a memorable experience for our interns!

There might be a road job in the works for the New Port News, VA area. While we do not have all the details as of yet, your steward will inform you as soon as more information becomes available.

I would like to remind everyone that we will have new hires starting soon. Please be on the lookout for them and help them as needed. If you see any new hires struggling, please offer your assistance.

**Debit Card Replacement:** If you happen to lose your Fidelity Health Savings Account (HSA) Debit Card, log onto [FidelityDebitCard.com](http://FidelityDebitCard.com) to request a new one.

**Subbase NSSF and ARDM Shippingport request form:** The Department will no longer survey, you will have to fill out a form. See your steward for this form.

**Stewards : 1st:** Allen Claar All Nuclear issues 860-237-1114, Ron Ingves 860-334-8141, Alts- Matthew Fauquet 860-381-9196, Dan Sager 860-941-4236, Christopher Wilson 860-961-2930 **2nd:** Matthew Cassidy 860-989-9600 Alt- Reggie Setts 401-363-1954 **3rd:** Jose Mendes Alt- Elaine Key 860-460-7621

**SAFETY :** Just a reminder that safety is everyone's concern. If you see an unsafe act you should report it to your Union Steward or M.T.C. Safety Steward. They will take the necessary actions to correct the situation. Contact MTC safety at 860-445-6383.

If you are sent to Security for any reason or are being questioned by any Management, **YOU SHOULD REQUEST A STEWARD !!! REMEMBER, YOU HAVE THE RIGHT TO UNION REPRESENTATION, AND YOU DON'T HAVE TO ANSWER ANY QUESTIONS WITHOUT THIS REPRESENTATION.**

**IMPORTANT:** Members who are out of work on any leave of absence such as Workers Compensation, Sedgwick short term disability insurance, FMLA, etc. it is your responsibility to pay your portion for medical, dental, and vision. You can be dropped from your benefits if you don't keep up your payments.

Please don't forget to notify the Union Hall (860-442-8281) if you change your address, phone number, or name. **We need to have the correct information!** When you notify the company of these changes they do not give the Union this new information. We appreciate your cooperation in this matter.

**REMINDER:** If you are out of work on compensation or accident & sickness insurance or any unpaid leave it is your responsibility to pay your dues. If your dues fall behind more than three months, your membership could be suspended. If you are out of work and have any questions regarding your dues, please call the Union Hall at 860-442-8281.

**IMPORTANT:** Members who are out of work on any leave of absence such as Workers Compensation, Sedgwick short term disability insurance, FMLA, etc. it is your responsibility to pay your portion for medical, dental, and vision. You can be dropped from your benefits if you don't keep up your payments.

**IMPORTANT:** It is advised that you notify me one week in advance or as soon as you know when you will be returning to work from any Medical, Compensation or unpaid leave. The company doesn't know if you kept your dues paid up while you were out. It is important that I know your return date so I can submit a letter to the company to have your dues zeroed out under non collected. Once the company takes out your dues it will take me at least a month to return your money.

The monthly Union meeting of Painters' Local #1122 will be held every 4th Monday of each month at the Union Hall 597 Broad St., New London, Ct. at 7:00 PM. Second shift employees please give your foreman 24 hours notice if you plan to attend the meeting. If you have any problems/issues to discuss, the union meeting is the place to do this. If I can be of any assistance to you, please don't hesitate to contact me. My numbers are 401-573-6956 and my email is [painters.union@yahoo.com](mailto:painters.union@yahoo.com).

Thank you for your ongoing support.

Fraternally yours, Dennis Urquhart - President/Chief Steward - Painters' Local #1122

Want to be Involved in  
the Union?

We are looking for MTC  
Safety Back-Ups,  
Grievance Committee,  
Political Action, and  
Community Service.

If you are interested  
please contact your  
local steward for how  
you can get involved.

As always don't forget  
to attend your local  
unions meetings!

Advertise Your Business Here!!!

If you wish to advertise with us,  
please contact the Metal Trades  
Office either by -

Phone: 860-445-6383

Or

Email:

metaltradescouncil@gmail.com  
Please Put Labor View ad in the  
subject line.

Thank You and look forward to  
hearing from you!



## Local 493

REQUEST A STEWARD If you are being sent to Security for any reason or are being questioned by management you have the right to have a Steward present. You don't have to answer any questions until you have union representation.

### STEWARDS

1st Shift - Keith Coppin 860-433-4657 Scott Harris 860-574-0208

1st Shift Alt - Scott Partosan 860-433-5816

2nd Shift -John Ogden 860-433-4657

**SAFETY:** Safety should be everyone's first priority when working in the shipyard. If you see something unsafe or are being asked to do something that you feel is unsafe, please contact a steward for guidance. You can also contact MTC Safety at 860-445-6383

Reminder when operating forklifts or machines please be careful. Be aware of your surroundings. Watch for hazards inside and outside the machine - people, other moving machines and vehicles, objects in your path.

Please Work safe - Robert Hill /Chief Steward

## LiUNA! Local 547

*Feel the Power*

Here is a list of our current stewards -

Daniel Sanchez - 860-857-2224 - Chief Steward

Mark Kelliher - 860-271-3748 - 1st Shift All Areas

Mike Campi - 860-309-6422 - Fire Dept

Brandon Caisse - 860-227-5893 - 2nd Shift All Areas

The contract is available for viewing and downloading on the MTC website -  
mtcnlc.org

Please reach out if you need anything, and continue to work safely.

Thank You,

Danny Sanchez



**Laszlo Rivero Prince, DDS**  
**Carolyn Crump, RDH**

**Family General Dentistry**

Participant in MTC/MDA Dental Plan

***New Patients Are Welcome***

Most Dental Insurance Plans Are Accepted

**Saturday Hours Available**

**860-222-7500**

**56 Whitehall Ave.**

**Stonington, CT. 06378**

**Email: [contact@mysticdentistry.com](mailto:contact@mysticdentistry.com)**



# Local 261

**Attention: At the recommendation of the Executive Board the membership voted to suspend the July and August meeting for vacation purposes Permission to suspend the July & August meeting was granted by Vice President Monahan of the 2nd District IBEW. As directed the Executive Board will continue to meet to handle any business that may come up. If necessary, any business that needs the attention of the membership will be done by calling a "special membership meeting"** The next regularly scheduled meeting of IBEW Local Union 261 will be held Tuesday September 10, 2024, 2:45 P.M. at the IAM Lodge 1871 Union Hall located at 18 Pleasant Street.

**Please note: It has been officially agreed that we will continue to observe our floater week by changing our meeting date to the following week.** If you cannot attend the meetings any issues should be brought to our attention by contacting your Steward or this office. Please call me if you have any problems at any time. Send me an e-mail and let me know your issues. The Local's phone numbers are as follows: **860-445-2224** main line, **860-445-8360**. E-mail address: **ibew261@.com** IBEW International web site: **<http://ibew.org>**

I like to announce and thank Adam Jarry NTO Tech 2nd shift for stepping up to the plate and assuming the role of our Treasurer position. He has already demonstrated that he is qualified and can do the job. Thank you to Brother Jarry.

The MTC Leadership recently agreed to work with the Company on determining the cause for the attrition rate for new hires to be so high. They asked if they could meet with some of our new people and discuss their thoughts., through "focus groups" We agreed that they could randomly select individuals with four years or less service and meet with them to get some ideas. It will be voluntary, and there will be no repercussions from any comments. A union representative would be present. If asked and you accept, I hope that your comments be respectful, legitimate, and accurate. This program may help for both the Company & the Union. to better understand our new workforce and their expectations. Please cooperate.

I understand that there is frustration throughout the shipyard, with shift changes, changes in job assignments, locations, unqualified supervision, strict enforcement of "rules & regulations" etc. Some of this comes from the transition of a new class of submarines with a brand-new workforce. This is something that we all must work through and be patient and eventually it can work itself out. But it would be helpful if some management would put their egos aside and start listening to some of the experienced workforce and stop their petty issues. They need to treat their employees with respect and make decisions to help the Company, not their promotions. This is about all of us, the Company and Union, not individuals! For the record it appears that I have that understanding with our new management leader in Dept 241, but not so much in some of the other shops.

I recently have appointed Sharon Kelly- Ajazi 1st shift OSE to fill-in for Lea who is on maternity leave. Sharon will be available for all areas and be responsible to handle any issues for our growing Sister membership. Within the next week I will appoint a Steward in the Columbia area and I would like to appoint a Union representative for our growing third shift team.

**We are still experiencing unnecessary injuries to our new hire work force.:**

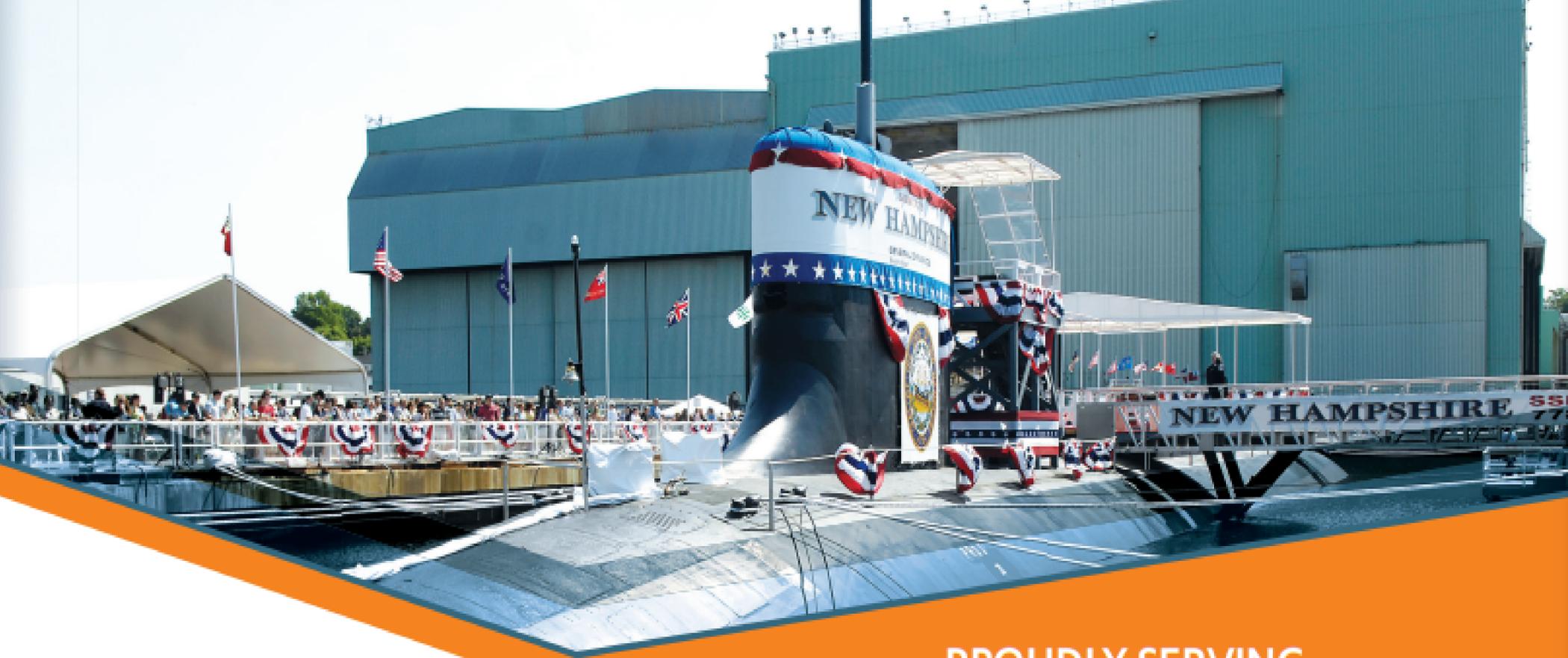
I would like our experience members to help by reminding our young members about the various hazards and the importance of their wearing PPE. If you have any recommendations please talk to the Department Safety Committee, MTC Safety Committee, Safety Department, your supervisor, or me. We need to fix this problem.

Thank you, Continue to Work Safe!!

Fraternally,

Richard L. McCombs

President / Business Manager



PROUDLY SERVING  
**Electric Boat**  
FOR OVER 80 YEARS.



CHARTER OAK  
CREDIT UNION

# Open your EB Checking today.

- \$200 Cash Bonus\***
- 3.00% APY\*\***
- ATM Rebates\*\***



Scan to open  
your account!  
or visit  
[charteroak.org/eb-checking](https://charteroak.org/eb-checking)

Federally insured by NCUA

**SAFE, SOUND, SECURE & PROTECTED.**  
Another Reason... Members Bank Better.

\*The one-time \$200 bonus will be awarded after the account has met required conditions for three consecutive months within a six-month period from account opening. This offer applies to new memberships or existing memberships that qualify for the account with a new direct deposit. The \$200 Bonus is considered dividends and will be reported on IRS Form 1099-DIV. This offer may be withdrawn at any time.

\*\*APY = Annual Percentage Yield. The EB Checking Account is a "Split Rate Tiered" account for General Dynamics Electric Boat employees who qualify for membership. Proof of employment may be required. 3.00% APY is paid on balances up to \$10,000. Balances over \$10,000 earn 0.25% APY. All Charter Oak foreign ATM fees will be rebated. Surcharge fees charged by other financial institutions or networks will be rebated up to \$9.99 each to a maximum of \$20 a month and rebated at the end of the month. The default APY of 0.05% will be applied to all tiered balances if account conditions are not met and ATM fees will not be rebated. Rates are variable and can change at any time. To earn the stated APYs your account must have e-Statement, Online Banking, 10 Debit Card transactions posted per month (excluding ATM transactions) and have a Direct Deposit of \$2,000 or more posted in each calendar month. Existing checking accounts are not transferable to an EB Checking Account. Existing members may open a new EB Checking Account under their existing account and must meet the account conditions to qualify. Only one EB Checking Account, Sun Checking Account or Go Checking Account per qualified member number. APY effective May 15, 2023. This offer may be withdrawn at any time.



**EMBRY NEUSNER  
ARSCOTT & SHAFNER<sup>LLC</sup>**

**Injured? Let us help you.**



**PERSONAL INJURY**

- AUTO COLLISIONS
- DANGEROUS PRODUCTS

**WORKERS' COMPENSATION**

- BONE & JOINT INJURIES
- CANCER CAUSED BY CHEMICALS OR ASBESTOS
- HEARING LOSS

**WE'VE ALWAYS BEEN THE PEOPLE'S FIRM**

**EMBRYNEUSNER.COM**   

860.449.0341 ■ [info@embryneusner.com](mailto:info@embryneusner.com) ■ 118 Poquonnock Road ■ Groton, CT 06340

Celebrating our 25th year  
supporting Electric Boat  
Retirees!!

**Beacon**  
Retiree Benefits Group LLC  
AN ALERA GROUP COMPANY

Call our office today  
for more information  
at 1.888.484.0414 or  
email us at  
[info@beaconmedicare.com](mailto:info@beaconmedicare.com)

## SPECIAL INVITATION

Beacon Retiree Benefits Group invites  
Electric Boat Retirees to participate in a  
special Medicare Medical & Prescription  
Drug Plan...

## PROGRAM DETAILS

- This special group program is **ONLY** available to **Medicare eligible Electric Boat retirees and spouses.**
- This program was created in 1999 by your friends at the MTC, the MDA, Carpenters Union and the RSEA.
- Over 2,500 retirees & spouses participate!
- All plans, rates & benefits are the same in all 50 states!
- There are no individual plans comparable to these unique group options.

## EDUCATIONAL SESSIONS

**Morning sessions start at 10AM**  
**The Hilton Mystic Hotel, Mystic CT**  
Wednesday, June 5, 2024  
Wednesday, July 3, 2024  
Wednesday, August 7, 2024

**Late afternoon sessions start at 4PM**  
**Great Neck Country Club, Waterford, CT**  
Wednesday, June 19, 2024  
Wednesday, August 21, 2024

**Refreshments will be served!**

To reserve your seat, call us at 1.888.484.0414  
or email us at [RSVP@BeaconMedicare.com](mailto:RSVP@BeaconMedicare.com)



# Local 777

If you have recently moved or changed your address, remember to give your new, up to date address, to the Union as well as the Company. The company does not share the updated info with us, unless we ask for it. We are at a slow time now, because of the loss of the 795 PSA and late arriving work from other areas. There is (at this time) no talk of layoffs, or furloughs. The Company is also currently looking at some other road work in addition to what we already are involved with. The discipline to our members has not slowed down though. If anything, it has actually increased or I should say, their selective discipline has increased. Use your time wisely, we have July 4th coming up again (another Union negotiated paid holiday) making you eligible for an additional floater. The third shift hours are being looked at, and hopefully will be changed in time for the alternative work weeks in the future, to make it more accommodating for our members. You don't have to like your work partners, but you do have to get along with them. Absenteeism and Harassment will get you into trouble just as quick as some of the other more serious infractions. Ask your supervisor for additional direction on anything you are unsure of. The company has talked to the Union on starting up (focus Groups). It is a voluntary talk for people with under four years of seniority, on why people are leaving their jobs. If they need help on why people are leaving, they are more out of touch than we realize. I would like to remind everyone, supervisors do not do our work, any work, period. Their participation is neither required, or desired. If you see any supervisor doing hourly work, please notify any steward.

## Union-Made July 4th Shopping Guide

 <h3>Hot Dogs</h3> <ul style="list-style-type: none"><li>• Ball Park</li><li>• Butterball</li><li>• Hebrew National</li><li>• Hormel</li><li>• Oscar Mayer</li></ul>	 <h3>Condiments</h3> <ul style="list-style-type: none"><li>• French's Mustard</li><li>• Gulden's Mustard</li><li>• Grey Poupon</li><li>• Heinz Ketchup</li><li>• Vlasic Relish</li></ul>	 <h3>Soft Drinks</h3> <ul style="list-style-type: none"><li>• Coca-Cola</li><li>• 7 Up</li><li>• Pepsi</li><li>• Sprite</li><li>• Dr. Pepper</li></ul>
 <h3>Snacks</h3> <ul style="list-style-type: none"><li>• Cheez-It</li><li>• Fritos</li><li>• Mission</li><li>• Ruffles</li><li>• Sun Chips</li></ul>	 <h3>Ice Cream</h3> <ul style="list-style-type: none"><li>• Ben &amp; Jerry's</li><li>• Good Humor</li><li>• Prairie Farms</li></ul>	 <h3>Beer</h3> <ul style="list-style-type: none"><li>• Budwesier</li><li>• Coors</li><li>• Goose Island</li><li>• Miller</li><li>• Sam Adams</li></ul>

 *Be an Ethical Consumer*  **BUY UNION** 

Electric Boat Family Wellness Center & Pharmacy

# Healthcare feels different here.

Electric Boat Family Wellness Center & Pharmacy works with Premise Health to provide you with a better healthcare experience and lower out of pocket costs. Annual physicals and preventative services are \$0, while Physical Therapy is \$25 per visit and provider visits are only \$45 per visit. Electric Boat Family Wellness Center & Pharmacy is not open to the public like other community clinics. This leads to a personalized experience, and ultimately, better care.



## These are some of the services waiting for you as a member:

- Annual physicals
- Physical therapy
- Care management
- EAP & behavioral health
- Lab draws
- Immunizations (\$0)
- Same day sick visits
- Women's health
- Pediatric care



**Schedule a visit to get started.**

My Premise Health app | [mypremisehealth.com](https://mypremisehealth.com)

Electric Boat Family Wellness Center & Pharmacy  
32 Chicago Ave., Groton, CT 06340  
Monday – Thursday, 7 a.m. – 6 p.m.  
Friday, 6 a.m. – 5 p.m.  
Saturday, 8 a.m. – 1 p.m.  
(860) 629-8272

**Extended hours available!**

### Who can use these services?

The Electric Boat Family Wellness Center is available to all EB employees and family members ages 2+ enrolled in an EB medical plan.

ELECTRIC BOAT

**FamilyWellnessCenter**

Operated by Premise Health

© 2023 Premise Health. All rights reserved.

# EB Optical Shop -

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Shipyard Side	1:00-6:00PM*	6:00AM-6:00PM*	Closed	Closed	6:00AM-1:30PM	Closed
Street Side	Closed	Closed	6:00AM-6:00PM*	6:00AM-6:00PM*	Closed	Closed

Appointments remain by appt – they can be made via phone 860-433-6934 or accessible link at home: [EB-OPTICAL-GROTON.BOOKAFY.COM](http://EB-OPTICAL-GROTON.BOOKAFY.COM)

We've also updated the gdeb.com website with this information under Employee Information



## Local 614

Hello Brothers and Sisters:

Now that it is getting hotter outside, please make sure that you stay hydrated throughout the day. Sometimes you don't realize you are getting overheated until it is too late.

We have been having quite a few new hires, so please keep an eye out for them and help them if needed. We are all in this together and want to make sure no one is struggling.

### Retirees

Dept. 229 (Burner) Martin Sior- 50 years

### Important

If you are put on notice, going to be disciplined, or sent to Security for any reason, you should request a steward!! It's your right to Union representation, and you don't have to answer any questions without this representation.

### Union Communications

Union Stewards: Chief Steward- Mike Bushek 860-884-0765 Business Manager- Shane Gilligan 860-817-4341. Please don't forget to notify the Union Hall (860) 445-1120 if you change your address or name. When you notify the company, they do not give the Union the new information.

Please remember that members who are out on any leave of absence such as Workers Compensation, Sedgwick short term disability insurance, FMLA, etc. it is your responsibility to pay your portion of medical, dental and vision. They can drop you if you fall behind.

See you all at our next monthly meeting on Tuesday July 9th at 2:45 pm at the Boilermakers Union Hall. In addition, for our 3rd shift members, we will also meet the following day, Wednesday July 10th at 7:00 am for an informational meeting.

Sincerely,

Patrick Joyce

President

# MTC Safety Report

Painters - Boilermakers - Electricians - Laborers  
Machinists - OPEIU - Pipefitters - Teamsters

Every year, thousands are injured due to firework related accidents  
across the Summer, especially around the Fourth of July.

It's important to stay safe when handling fireworks and you should take  
into account when you use them.

Don't Allow Young Children Near Fireworks

Never Use Fireworks Under The Influence

Wear Eye Protection If You're Using, Or Nearby Fireworks

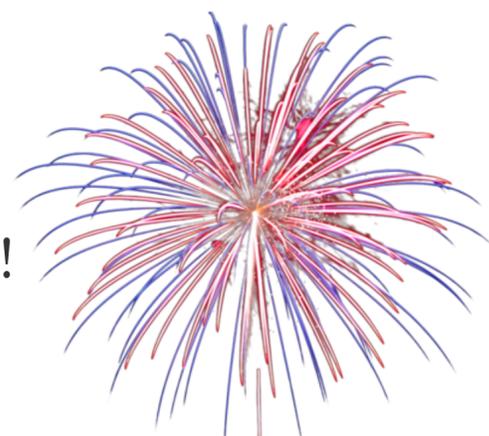
Never Light Indoors

Never Point Them Near People

Keep A Bucket of Water Nearby To Extinguish Fireworks That Don't Go  
Off, or In Case of a Fire



Happy Fourth of July and Stay Safe!



Sean Banks  
1st Shift  
860-326-4832

Jim Palmer  
1st Shift  
860-326-4341

Bill Zaks  
2nd Shift  
860-326-4353

Safety Office  
860-433-2811

Metal Trades  
860-445-6383