



LABOR'S MTC VIEWS

114 Poquonnock Rd, Groton, CT 06340

March 2024

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MTCNLC.ORG

Several weeks ago an incident occurred that was completely avoidable. The company had been told for at least 4 years this was going to happen and it finally did. Luckily nobody was injured or killed.

The company response was that they wanted the union to help them solve the problem. We were touched after being ignored for so long. It would be the right thing to do for the members. Solve the immediate problem and get back to work and provide for everybody's safety.

In the 2 hours between setting a meeting and the start of the meeting management decided how the issue should be resolved AND the possibility of subcontracting the work. This is not an excuse but an explanation of why I completely lost my SH!T! And then things went downhill.

Without giving all the details, I handled it badly to the point that when I heard the voicemail I left that I was embarrassed.

Then it really went bad. A lot of it based on pride. I did not want to give them the satisfaction of threatening and intimidating me AGAIN! Although we were sure that we would win a long drawn out process of grievances, arbitration, and labor board charges the fact does not change that I handled this poorly.

I was advised that to get on with the business of the people that I should just apologize (which I did in person and in writing) and I am going beyond and doing it publicly.

We have made great progress in safety. It is proven in the numbers. Our ability to resolve issues to keep the people safe is obvious. Our new contract language is one of the strongest anywhere. But, we still have work to do and nobody's pride should get in the way of that.

We need a process where the people are the first consideration not the price. We need to value the opinion of the end user. We need to stop trying to legislate safety. We need programs that are legitimate, and have integrity not based on threats, fear, or intimidation.

Peter E Baker - MTC President

Phone List

Peter E Baker MTC President	445-6383
John Adamson MTC Vice President	445-6383
Richard McCombs MTC Rec. Sec'y	445-6383
Janet Orr MTC Sec'y Treasurer	445-6383
George Nowosielski Local 777	445-8170
Dennis Urquhart Local 1122	401-573-6956
Richard (Chick) McCombs Local 261	445-2224
Jim Spencer Local 1871	445-8619
Pat Joyce Local 614	445-4973
Danny Sanchez Local 547	448-2577
Rob Hill Local 493	575-1384
Paul Bruno Local 106	445-1216
Janet Orr MTC Benefits Rep	445-6383

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OPEIU SCHOLARSHIP APPLICATIONS NOW AVAILABLE

Applications now are being accepted for the 2024 OPEIU educational scholarships, and all members are encouraged to apply. Full details, rules and applications can be found at OPEIU.org under the Members Resources link, as well as on the OPEIU app.

DIGNITY AND RESPECT

These are the two words and actions you should think about when you are addressing any matters with coworkers or supervision. If there is any issue speak to your Union Steward.

WORKERS' MEMORIAL APRIL 28th

The Workers' Memorial Day Ceremony to remember those who have suffered and died on the job and to renew our efforts for safe workplaces will be on Sunday, April 28th at 8:00 a.m. rain or shine. The ceremony will be held at Washington Park, City of Groton.

UNION COMMUNITY ACTIVIST NETWORK (UCAN) TRAINING

UCAN has been postponed until the Fall. UCAN is a four (4) night program that trains members to get a better understanding of the Union and how community services benefits all of us. We will update this in the future.

INCREASE YOUR 401(K)

Regretfully most of you do not have a Pension plan for your future. You will be relying on your 401(K). Therefore, this would be a great time to make a small increase in your 401(K) deduction. Years from now you will be thankful for what you did.

2024 HOLIDAY FLOATERS CORRECTION

This year you will need six (6) floaters if you want to save them for the Shut Down.

UNION REMINDERS:

NEW HIRES YOU must stay on top of your insurance coverage. There are many choices for you to review and time limits for you to apply for these benefits. You are now eligible to join the insurance between days 0-30 of your date of hire. This is the only 30 days to execute access to the health plan. If you do nothing you will automatically get medical but will not receive dental, extra eye care, and additional life insurance. If you are married or married with children, they will not be covered. It is important to enroll as soon as possible. Do not be late. I suggest that you call to make arrangements for health insurance since all calls are recorded. In the past, there were problems with online enrollments. There are many options to choose or reject. Contact General Dynamics Service Center (1-888 432-3633) Monday – Friday 9am to 9pm. OR www.gdbenefit.com (24hrs/7days). Any problems or questions call EB Benefits; 860-433-4201 or MTC Union Insurance Representative Janet Orr: 860-445-6383.

“Weingarten” Rights

If YOU are sent to SECURITY for any reason or are being questioned by MANAGEMENT, YOU should request a STEWARD. YOU do not have to answer any questions until you have UNION REPRESENTATION. Youtube Weingarten Rights: Training for Shop Stewards. View the brief ten minute video from OPEIU Local 8.

www.opeiulocal106.org

Visit this site and search the many links of valuable information. The Media Center is one example that is updated by our International Union with new information on Union Benefits and current issues of interest.

MARCH UNION MEMBERSHIP MEETING

Monday, March 11, 2024, at 5:30 p.m. and will be held at the Union Hall, 171 Thames Street, Groton, Connecticut.

APRIL UNION MEMEBRSHIP MEETING

Monday, April 8, 2024, at 5:30 pm and will be held at the Union Hall, 171 Thames Street, Groton, CT.

STEWARDS FOR EB:

1st- Nate Newhouse D438 401-688-6852 & Brittany Bradley D438 X32371 / 2nd- Arlene Allard D221 X37797 / 3rd -Corey Jacobson D321 X5569

UNION COMMUNICATIONS:

Local 106 Web Site opeiulocal106.org - Local 106 Phone 860-445-1216 FAX 860-446-0175 / e-mail - prof.emp@snet.net

Do not send e-mails to any EB addresses. We may not get them. If you have sent an e-mail and did not get a response in a day or two please call the Union Hall.

International Union Web Site - opeiu.org / International Magazine - White Collar / Union Benefits - UnionPlus.org

Metal Trades Council - mtcnlc.org

If you change your home address, phone number, or e-mail do not forget to notify the Union.

PLEASE, TRY TO ATTEND UNION MEETINGS.

Paul A. Bruno Jr. - President/Chief Steward



Local 1871

If you're reading this you probably already know this, but maybe help spread the news: if you need to go to security, get a Steward. If you're being disciplined, get a Steward. If you're retiring or leaving the union, get a Steward. If you have questions about EB, get a Steward. Issues with the woman's bathrooms, get a Steward. Make sure the new people know where to find their stewards and understand their role.

There are hundreds of us in this union, please come together and help one another. Speaking of women's bathrooms, this issue is being looked into.

I'd also like to remind people that there is an MTC website that has our labor views on it along with other information.

MTCNLC.ORG Also join our facebook Local Lodge 1871iam where we can also communicate with each other.

CHANGE OF ADDRESS OR PHONE NUMBER? PLEASE inform a union representative. The company is not allowed to share this kind of information with us, so we only know if you tell us.

In case, there is anyone that does not know where they can check their pay stub online, you need to login to your fidelity netbenefits page. On the home page, halfway down, click on the link titled "GD ESS". On the next page click "Go to GD ESS". This will bring you to the Employee Self Service homepage where you can find a link to your paystub.

INSURANCE UPDATE: If you are out for more than 30 days and need to pay insurance, the General Dynamics Service Center will mail you a form and instructions. If you do not receive this letter in a timely manner, please call (888)432-3633.

Before you retire, please contact the union, and let us know. You DO NOT need to submit a withdrawal card. Retirees can receive a union jacket and/or watch. 40 years or more will receive both. 15-40 years will receive a watch.

Make sure to inform the union if you will be out of work for an extended amount of time so that we can make sure your dues are adjusted.

If you are a Military Veteran, please see Christopher Wasilewski on first shift for support.

New Members: Between days 0-30 days after your date of hire you must log onto the General Dynamics Service Center website at www.gdbenefits.com to enroll yourself, and your dependents, in the benefits package.

As always, do not forget to use the safety boot and eyeglass program that was negotiated by the MTC. A list of the different shoe manufacturers and times that they will be outside the front gate is available. The eyeglass store is open on both the inside of the main gate and the outside entrance for your convenience, check bulletin boards for the times they are open.

IMPORTANT: If you are put on notice, going to be disciplined, or sent to Security to give a statement of any kind, you have the right to have a steward present. Your first words should be, "I want to talk to a Steward".

Chief Steward: James Spencer 860-705-2266

Union Hall: 860-445-8619

First Shift OSM:

Mark Sousa 401-743-3033

Larry Donn 860-608-8226

Randy Branche 860-215-5384

Tyler Qualley 860-514-6596

First Shift ISM:

Ernie Richard 860-381-9213

First Shift All Other Areas:

Janet Orr 860-608-8528

Kevin Mizer 401-580-0400

Ed Mctigue 860-463-7680

Second Shift OSM:

Bill Ericson 860-705-6739

George Blanchette 860-908-4149

Dustin Bennett 860-300-6164

Second Shift ISM:

CJ Lelke 860-271-5500

Second Shift All Other Areas:

Jasmyne Harris 860-938-6276

Nick Banker 860-917-4182

United Way Contact - Janet Orr 860-608-8528

MTC Benefits Rep - Janet Orr 860-445-6383

MEETING NOTICE:

Meeting dates for the year will be posted on one notice in all areas. Take note of dates that fall on months with floaters. Next regular meetings will be March 14th, and April 11th, at 3:00 p.m. at 18 Pleasant St Groton, CT 06340.



Local 1122

It's been a long wait for the new contract to be printed, but we understand that these things take time. After carefully combing through every line and clause of the new contract, we can finally say with full confidence that we have reviewed every change that has been made. It was a meticulous process, but absolutely necessary. We take our responsibilities seriously, and reviewing contracts is no exception. While some changes were minor, others were significant and required more time and attention. But, with due diligence, we can now proceed with a clear understanding and a firm grasp on our contractual obligations. Although we don't have a specific date yet, rest assured that stewards will spread the word when the contract is ready.

I would like to remind everyone that we will have new hires starting soon. Please be on the lookout for them and help them as needed. If you see any new hires struggling, please offer your assistance.

- **Debit Card Replacement:** If you happen to lose your Fidelity Health Savings Account (HSA) Debit Card, log onto FidelityDebitCard.com to request a new one.

- **Subbase NSSF and ARDM Shippingport request form :** The Department will no longer survey, you will have to fill out a form. See your steward for this form.

Stewards:

1st : Allen Claar All Nuclear issues 860-237-1114, Ron Ingves 860-334-8141, Alts- Matthew Fauquet 860-381-9196 & Dan Sager 860-941-4236.

2nd: Matthew Cassidy 860-989-9600 Alternate Reggie Setts 401-363-1954

3rd : Jose Mendes 860-629-9226 Alt- Elaine Key 860-460-7621

- **SAFETY :** Just a reminder that safety is everyone's concern. If you see an unsafe act you should report it to your Union Steward or M.T.C. Safety Steward. They will take the necessary actions to correct the situation. Contact MTC safety at 860-445-6383.

If you are sent to Security for any reason or are being questioned by any Management, YOU SHOULD REQUEST A STEWARD !! REMEMBER, YOU HAVE THE RIGHT TO UNION REPRESENTATION, AND YOU DON'T HAVE TO ANSWER ANY QUESTIONS WITHOUT THIS REPRESENTATION.

IMPORTANT: Members who are out of work on any leave of absence such as Workers Compensation, Sedgwick short term disability insurance, FMLA, etc. it is your responsibility to pay your portion for medical, dental, and vision. You can be dropped from your benefits if you don't keep up your payments.

Please don't forget to notify the Union Hall (860-442-8281) if you change your address, phone number, or name. We need to have the correct information! When you notify the company of these changes they do not give the Union this new information. We appreciate your cooperation in this matter.

REMINDER: If you are out of work on compensation or accident & sickness insurance or any unpaid leave it is your responsibility to pay your dues. If your dues fall behind more than three months, your membership could be suspended. If you are out of work and have any questions regarding your dues, please call the Union Hall at 860-442-8281.

IMPORTANT: It is advised that you notify me one week in advance or as soon as you know when you will be returning to work from any Medical, Compensation or unpaid leave. The company doesn't know if you kept your dues paid up while you were out. It is important that I know your return date so I can submit a letter to the company to have your dues zeroed out under non collected. Once the company takes out your dues it will take me at least a month to return your money.

The monthly Union meeting of Painters' Local #1122 will be held every 4th Monday of each month at the Union Hall 597 Broad St., New London, Ct. at 7:00 PM. Second shift employees please give your foreman 24 hours notice if you plan to attend the meeting. If you have any problems/issues to discuss, the union meeting is the place to do this.

If I can be of any assistance to you, please don't hesitate to contact me. My numbers are 401-573-6956 and my email is painters.union@yahoo.com.

Thank you for your ongoing support.

Fraternally yours, Dennis Urquhart - President/Chief Steward - Painters' Local #1122

Want to be Involved in
the Union?

We are looking for MTC
Safety Back-Ups,
Grievance Committee,
Political Action, and
Community Service.

If you are interested
please contact your
local steward for how
you can get involved.

As always don't forget
to attend your local
unions meetings!



Local 493

REQUEST A STEWARD If you are being sent to Security for any reason or are being questioned by management you have the right to have a Steward present. You don't have to answer any questions until you have union representation.

STEWARDS

1st Shift - Keith Coppin 860-433-4657 Scott Harris 860-574-0208

1st Shift Alt - Scott Partosan 860-433-5816

2nd Shift -John Ogden 860-433-4657

SAFETY: Safety should be everyone's first priority when working in the shipyard. If you see something unsafe or are being asked to do something that you feel is unsafe, please contact a steward for guidance. You can also contact MTC Safety at 860-445-6383

Reminder when operating forklifts or machines please be careful. Be aware of your surroundings. Watch for hazards inside and outside the machine - people, other moving machines and vehicles, objects in your path.

Please Work safe - Robert Hill /Chief Steward

LiUNA! Local 547
Feel the Power

For any reason, if you're being questioned by security or supervision, you have the right to request a steward. You must invoke that right before you answer any questioning.

If you have any changes to your personal information you must inform the union hall of said changes. The company does not share this info with the union, so I ask that you please contact the hall with any address or phone number changes. In order to notify you of any union news or information, your updated info is vital to the timely delivery of these notifications. The union hall's phone number is (860) 448-2577.

Fraternally Yours, Danny Sanchez

Advertise Your Business Here!!!

If you wish to advertise with us, please contact the Metal Trades Office
either by -

Phone: 860-445-6383

Or

Email: metaltradescouncil@gmail.com

Please Put Labor View ad in the subject line.

Thank You and look forward to hearing from you!



Local 261

The next regularly scheduled meeting of IBEW Local Union 261 will be held Tuesday March 12th, 2024, 2:45 P.M. at the IAM Lodge 1871 Union Hall located at 18 Pleasant Street. If necessary, we will notify of any social distancing rules that may be required.

Please note: It has been officially agreed that we will continue to observe our floater week by changing our meeting date to the following week. (unless notified differently) If you cannot attend the meetings any issues should be brought to our attention by contacting your Steward or this office. Please call me if you have any problems at any time. Send me an e-mail and let me know your issues. The Local's phone numbers are as follows: 860-445-2224 main line, 860-445-8360. E-mail address: ibew261@frontier.com IBEW International web site: <http://ibew.org>

We are going into the third month of the new year with our new contract. A significant change has been in upper management. A new Vice President of Operations, new Director's level changes and Department head appointments. All come with their own agenda, but all have been tasked to motivate the workforce for efficiencies in Safety and Productivity. I'm sure by now you have experienced high level management walking throughout the yard with their entourage of followers monitoring our movements and reporting inefficiencies to the cognizant supervision. This is an old style of management tool that some consider obsolete but continues throughout the country with minor success. It generally results in sour relationships between front-line supervisors and their workers, morale problems and total chaos between Union officials and HR representatives. This is "management rights" and they have the right to mismanage! I do appreciate President Graney's initiative on safety. Right from the beginning of his tenure he has mandated good safety practices and has made management responsible. I believe in most cases we have been successful but, with all the new inexperienced workforce hourly and salary it has become difficult. I believe him and his staff are getting frustrated and that I feel there may be an effort to put the liability on us. I want to make a point that I am "all in" when it comes to your safety, and I will work with the Company on their efforts. But the only discipline I will agree with is when it is deliberate and negligence. Management has to use discretion and commonsense to defeat this. They need to receive our suggestions and work with us. For now and always it is essential that all of you follow good safety practices, especially the proper use of your PPE. As far as their management rights are concerned, hopefully this is a learning curve for our new managers, and they will realize there are better ways to motivate their employees, especially this young, diversified workforce.

I have been asked by my financial officer that any recently new hires that came from another IBEW Local needs to contact the hall to process a "traveler" document that may be necessary to carry over any benefits that they have earned at their previous local. Please contact your area steward if this is necessary.

I know that some of you have concerns about the new contract books. As I mentioned at the meeting, we are required to proofread the new formatted language which requires committees from the Union and the Company. I am pleased to announce that the proof reading has been completed and the index has been changed to the appropriate page numbers and is now being prepared for the printer. I am optimistic that they could be ready for distribution by the end of the month.

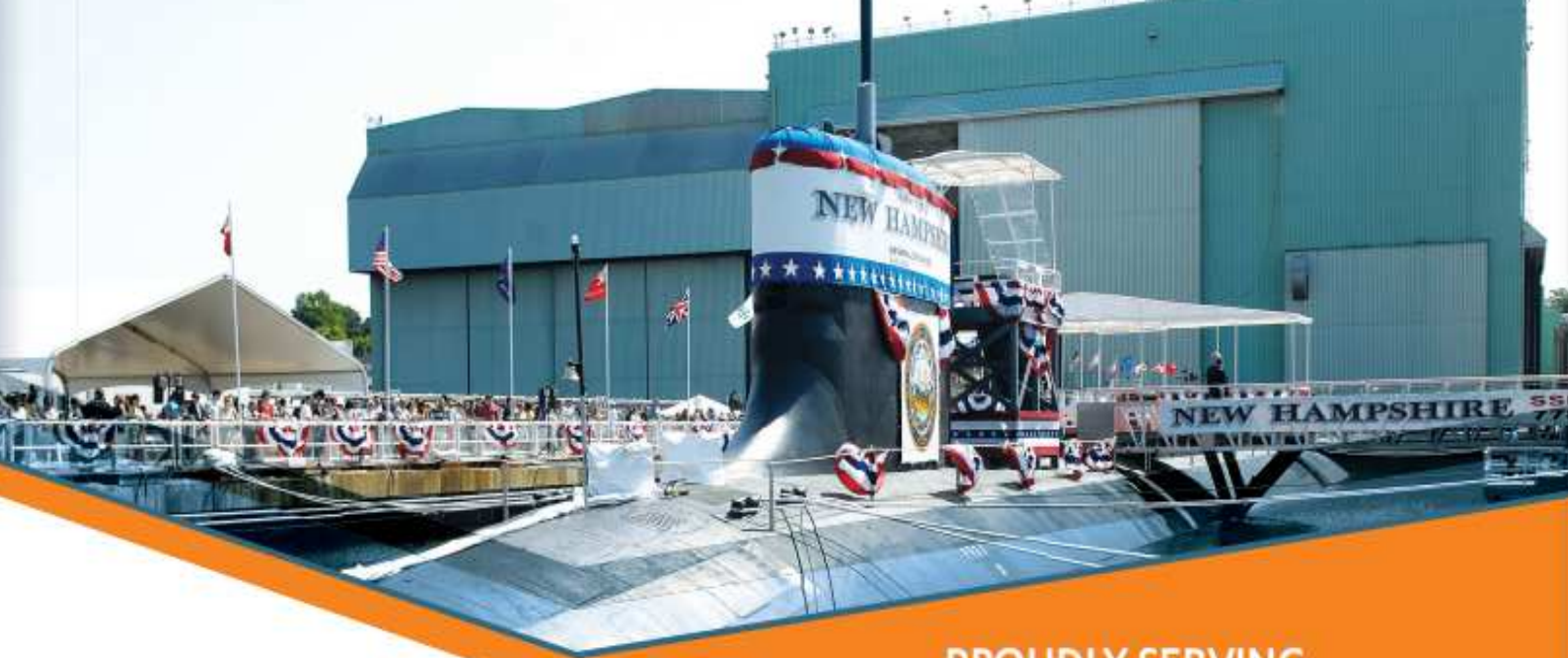
Once again, I am looking forward to setting up a better relationship with all our members this year. Thank you, Continue to Work Safe!!

Fraternally,
Richard L. McCombs Pres / BM

EB Optical Shop -

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Shipyard Side	1:00-6:00PM*	6:00AM-6:00PM*	Closed	Closed	6:00AM-1:30PM	Closed
Street Side	Closed	Closed	6:00AM-6:00PM*	6:00AM-6:00PM*	Closed	Closed

Appointments remain by appt – they can be made via phone 860-433-6934 or accessible link at home: EB-OPTICAL-GROTON.BOOKAFY.COM
We've also updated the gdeb.com website with this information under Employee Information



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*The one-time \$200 bonus will be awarded after the account has met required conditions for three consecutive months within a six-month period from account opening. This offer applies to new memberships or existing memberships that qualify for the account with a new direct deposit. The \$200 Bonus is considered dividends and will be reported on IRS Form 1099-DIV. This offer may be withdrawn at any time.

**APY = Annual Percentage Yield. The EB Checking Account is a "Split Rate Tiered" account for General Dynamics Electric Boat employees who qualify for membership. Proof of employment may be required. 3.00% APY is paid on balances up to \$10,000. Balances over \$10,000 earn 0.25% APY. All Charter Oak foreign ATM fees will be rebated. Surcharge fees charged by other financial institutions or networks will be rebated up to \$9.99 each to a maximum of \$20 a month and rebated at the end of the month. The default APY of 0.09% will be applied to all tiered balances if account conditions are not met and ATM fees will not be rebated. Rates are variable and can change at any time. To earn the stated APYs your account must have e-Statement, Online Banking, 10 Debit Card transactions posted per month (excluding ATM transactions) and have a Direct Deposit of \$2,000 or more posted in each calendar month. Existing checking accounts are not transferable to an EB Checking Account. Existing members may open a new EB Checking Account under their existing account and must meet the account conditions to qualify. Only one EB Checking Account, Sun Checking Account or Go Checking Account per qualified member number. APY effective May 15, 2023. This offer may be withdrawn at any time.



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Beacon Retiree Benefits Group invites
Electric Boat Retirees to participate in a
special Medicare Medical & Prescription
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PROGRAM DETAILS

- This special group program is **ONLY** available to **Medicare eligible Electric Boat retirees and spouses**.
- This program was created in 1999 by your friends at the MTC, the MDA, Carpenters Union and the RSEA.
- Over 2,500 retirees & spouses participate!
- All plans, rates & benefits are the same in all 50 states!
- There are no individual plans comparable to these unique group options.

EDUCATIONAL SESSIONS

Morning sessions start at 10AM
The Hilton Mystic Hotel, Mystic CT
Wednesday, March 6, 2024
Wednesday, April 3, 2024
Wednesday, May 1, 2024

Late afternoon sessions start at 4PM
Great Neck Country Club, Waterford, CT
Wednesday, April 17, 2024
Wednesday, June 19, 2024

Refreshments will be served!

To reserve your seat, call us at 1.888.484.0414
or email us at RSVP@BeaconMedicare.com



Local 777

We would like to wish the best to our newest retiree, Phil Balizet. Phil started here back in 1978 as a pipefitter and recently retired from the NTO organization with 45 years of service. We wish him a long, happy, and healthy retirement.

March 29, is another Union negotiated paid holiday, and also considered one of our floating holidays, be sure to let your supervisor know in advance of your intentions.

Everyday we come to work, we work under the rules of the contract. Whether you like the contract or hate it, we are bound by it. There are parts of it I like, parts I don't like. Parts I would like to change, and parts I wish we could do away with. But, it is, what it is. I constantly tell the Company, "follow the contract". We are required to, but some in management feel they don't have to. They feel because of production, scheduling, or manpower, they can alter it to their liking. Sometimes it makes sense, sometimes it doesn't. Either way, the front line supervisor does not have the authority on their own to change the contract, nor the company on their own, and they should be following the agreement, unless agreed to with the Union, Period.

Again, I want to remind everyone of the way to treat our fellow brothers and sisters. Everyone has the right to come to work and not be harassed, feel threatened, or even intimidated. You don't have to like everyone here, but you do have to work and get along with them. We don't condone any bothersome behavior and neither does the company. Any one found in violation of these policies risks discipline, up to and including discharge from the company.

I am still looking to make a couple more stewards in different areas of the yard, and off shifts. Anyone interested, please get word to me.



Local 614

Hello Brothers and Sisters;

We did not have our regular monthly meeting in February due to the snowfall. In last month's labor views, I talked about how the Company could come up with a workable solution to traveling to work in inclement weather. Well, on the early morning hours of Tuesday, February 13th we had a significant snowfall. Most of our workforce stayed home or came in late that day. The Company has decided not to give excused time for that day. Use vacation or sick time or code 2816 (unexcused absence). That is not right. My advice is to save vacation or sick time to cover for these events.

Weingarten Rights. In 1975 the US Supreme Court ruled, in the Weingarten decision, that an employee is entitled to have Union representative present during any interview which may result in his or her discipline. It is up to YOU to insist on Union representation. If you fail to do so, you may waive your rights.

Do the following:

1.) Ask your supervisor if you might be disciplined as a result of the interview. If he/she says NO, ask for a written statement to that effect. If he/she gives you that statement, you must participate in the interview. If not, read him/her your Weingarten rights, (see below) remain for the meeting, take notes, and afterwards immediately contact your union representative.

2.) If he/she says you might be disciplined but will not allow you to have a union representative present, read him/her your Weingarten rights, stay in the room, take notes, and do not respond to any questions. Afterwards, contact your union representative immediately. If he/she allows your union representative to be present you should participate in the interview.

You probably never end up in this severe of an interview, but with some of the supervisors the company are hiring (especially Quonset Point supervisors) you have to protect yourself.

The Stewards have badge sized Weingarten cards, and we have them on hand at the Union Hall. My Weingarten Rights: "If this discussion could in any way lead to my being disciplined or terminated, or affect my personal working conditions, I respectfully request that my union representative or steward be present at this meeting. If this discussion could lead to my being disciplined and you deny my request for representation, I choose not to answer any questions."

Please come to the next Union meeting on Tuesday, March 12th at 2:45 pm at The Boilermakers Union Hall at 33 Sacred Heart Drive, Groton, Ct. We also have an informational meeting for 3rd shift members on Wednesday, March 13th at 7:00 am at the Union Hall. See you there!

Sincerely, Patrick Joyce - President

Insurance Update

PAY LESS FOR YOUR PRESCRIPTION MEDICATION



The EB Family Pharmacy is almost always going to be the most cost effective choice when filling your prescription medications.* In addition to cost savings, the EB Pharmacy provides personalized medication advice and guidance.

Services include

- Free shipping of your medications directly to your home
- Specialty medication refills (Humira, Dupixent, Stelara, Skyrizi, Otezla etc)
- On-site pick up at certain locations at EB
- Synchronizing your medication refills so you can get all your prescriptions in one stop
- Free diabetes medications and supplies when enrolled in the Dimensions program
- Significantly discounted over the counter items

Seeing is believing

Take a look at the cost of some of the most commonly filled medications at the pharmacy, as well as over the counter items.

Prescription	Qty	Retail	EB Pharmacy	% Saved
Bupropion XL 150mg	30	\$12.59	\$7.32	42.0%
Cefdinir 250mg/5ml	100	\$23.91	\$15.16	36.6%

Over the Counter

Brand Name	Generic Name	Qty.	Walgreens	EB Pharmacy	% Saved
Advil 200mg	Ibuprofen 200mg	500	\$17.99	\$6.64	63%
Tylenol 500mg	Acetaminophen 500mg	100	\$9.99	\$1.07	89%
Aleve 220mg	Naproxen 220mg	90	\$10.99	\$2.23	80%

Ready to switch?

The EB Family Pharmacy makes it simple to move your prescriptions over. Simply call your location's EB Pharmacy, provide them the name and number of the current pharmacy you use, they will do the rest.

Groton, CT
(888) 578-3457



*Must be on an EB UHC medical plan to access prescription drug coverage through the EB Family Pharmacy.

PRESCRIPTION MEDICATIONS

Prescription	Qty	Retail	EB Pharmacy	% Saved
Alprazolam 0.5mg	90	\$11.77	\$6.48	44.9%
Bupropion XL 150mg	30	\$12.59	\$7.32	42.0%
Cefdinir 250mg/5ml	100	\$23.91	\$15.16	36.6%
Cephalexin 500mg	40	\$11.89	\$5.73	51.8%
Clindamycin 1%	60ml	\$28.18	\$11.30	59.9%
Clobetasol 0.05% Cream	45	\$18.28	\$8.52	53.4%
Clonazepam 0.5mg	90	\$10.85	\$6.78	37.5%
Famotidine 20mg	30	\$18.99	\$6.00	68.0%
Fluticasone Nasal Spray	16	\$15.45	\$10.79	30.2%
Freestyle Libre 3	2	\$74.99	\$0.00 (with Dimensions Enrollment)	100.0%
Gabapentin 300mg	60	\$9.79	\$5.43	44.5%
Ibuprofen 800mg	90	\$11.79	\$9.57	18.8%
Januvia 100mg	30	\$26.21	\$0.00 (with Dimensions Enrollment)	100.0%
Jardiance 25mg	30	\$27.08	\$0.00 (with Dimensions Enrollment)	100.0%
Levothyroxine 0.1mg	30	\$11.36	\$6.85	39.7%
Sumatriptan 100mg	12	\$10.79	\$7.88	27.0%
Tamsulosin 0.4mg	30	\$8.94	\$6.95	22.3%
Trazodone 50mg	30	\$5.49	\$3.54	35.5%
Tretinoin 0.01% Cream	45	\$131.20	\$45.56	65.3%
Valacyclovir 500mg	30	\$12.79	\$10.88	14.2%

OVER-THE-COUNTER MEDICATIONS

Brand Name	Generic Name	Qty.	Walgreens	EB Pharmacy	% Saved
Advil 200mg	Ibuprofen 200mg	500	\$17.99	\$6.64	63%
Tylenol 500mg	Acetaminophen 500mg	100	\$9.99	\$1.07	89%
Aleve 220mg	Naproxen 220mg	90	\$10.99	\$2.23	80%
Afrin Nasal Spray	Oxymetazoline Nasal Spray	15	\$9.99	\$1.14	89%
Aspirin 325mg	Aspirin 325mg	100	\$8.49	\$0.77	91%
Caltrate with Vitamin D	Calcium with Vitamin D	200	\$17.99	\$3.10	83%
Nasacort Nasal Spray	Triamcinolone Nasal Spray	16.9	\$19.99	\$7.80	61%
Claritin 10mg	Loratadine 10mg	90	\$41.99	\$1.59	96%
Tums	Calcium Carbonate	150	\$6.99	\$1.04	85%
Culturelle Probiotic	Daily Probiotic	30	\$19.99	\$4.48	78%
Nexium	Esomeprazole	28	\$17.29	\$2.29	87%
Tylenol Childrens	Acetaminophen 80mg/5ml	4oz	\$6.99	\$1.03	85%
Motrin Childrens	Ibuprofen Childrens 100mg/5ml	4oz	\$8.99	\$2.24	75%
Nyquil Cold and Flu	Night Time Cold and Flu	24	\$9.99	\$1.19	88%
Dayquil Cold and Flu	Daytime Cold and Flu	24	\$9.99	\$1.19	88%
Melatonin 3mg	Melatonin 3mg	100	\$5.99	\$1.40	77%
One a Day Womens	Multivitamins Women	100	\$10.99	\$2.56	77%
Centrum Mens	Multivitamins Men	100	\$10.99	\$2.10	81%
Vitamin D3 1000 IU	Vitamin D3 1000 IU	100	\$11.49	\$1.50	87%
Fish Oil / Omega 3	Fish Oil / Omega 3	120	\$15.99	\$8.13	49%
Osteo BiFlex	Glucosamine/Chondroitin	120	\$36.99	\$4.88	87%
Benadyl 25mg	Diphenhydramine 25mg	365	\$25.99	\$2.10	92%
Zyrtec 10mg	Cetirizine 10mg	90	\$32.99	\$1.20	96%
Centrum Silver 50+	Multivitamins 50+	220	\$23.99	\$6.10	75%

Insurance Update Continued

Happy March . We are another day closer to spring.

I would like to make a recommendation this month. Everyone should check with The EB Family Pharmacy for the cost of all your prescription medications there. If you are using another pharmacy, you could be paying too much.

Janet  rr

MTC Safety Report

**Painters - Boilermakers - Electricians - Laborers
Machinists - OPEIU - Pipefitters - Teamsters**

MTC has appointed a new MTC safety steward which is me John Adamson. A lot of you know me already as I proudly represented the Boilermakers as Chief Steward for over 35yrs. In that service I hope that I have earned your trust.

With that said I would like to remind you that the MTC safety stewards are your representatives when it comes to safety issues much like your Local leaders and stewards. We are your voice when it comes to safety issues and we are here to serve you. We are not PPE cops though for your own health and well being, It is imperative that you wear your PPE. Our main function is to create a safer work environment for all of us. To do our job we need you to reach out to us, we can't be everywhere. So please if you see something unsafe or feel uncomfortable in your assignment you must get ahold of us so we can address the situation. Please put your trust in us.

You can reach your MTC safety reps at the numbers listed below or call me - John Adamson 860-917-7121. Together we can put safety first over production and cost. Put us to the test.

In closing we are looking for alternates for MTC Safety to fill in while someone is out. Call me or your local steward if you are interested.

Safety First,
John Adamson

Sean Banks
1st Shift
860-326-4832

Derek Wilcox
1st Shift
860-326-4729

Jim Palmer
1st Shift
860-326-4341

Bill Zaks
2nd Shift
860-326-4353

Safety Office
860-433-2811

Metal Trades
860-445-6383