

Summary Of The 90 For Life Message

(From Dr. Joel Wallach's *Dead Doctors Don't Lie* Seminar)

1. There are 90 Essential Nutrients that every human being needs every day to stay healthy. For every nutrient that is missing, there up to 10 deficiency diseases, up to 900 total.
2. Of the 90 Essential Nutrients, 60 are minerals. (So two thirds of what we need are minerals.)
3. Without minerals, vitamins have no function in the human body. They are useless.
4. There is not a single plant, animal, or human that can produce even one of these 60 essential minerals. The minerals **MUST BE CONSUMED!**
5. If the minerals are not in the soil, they are not in our food. So no matter how well we think we are eating, **IT IS IMPOSSIBLE TO GET THE 90 ESSENTIAL NUTRIENTS FROM OUR FOODS.** According to U.S. Senate Document 264 (written in 1936) the minerals are not in the soil.
6. Minerals must be in a plant form for our bodies to absorb them.
7. Dr. Wallach and Youngevity have exclusive rights to the only known source of all 60 plant derived minerals in the world! So Youngevity is the **ONLY COMPANY/PRODUCT** in the world which can offer all of the 90 Essential Nutrients.

That's why we are 90 For Life!

Call Susan Patino Resner (317) 730-1018