

# Fridas Mexican Grill

CLASSIC MEXICAN FOOD

## APPETIZERS

LUNCH SERVED UNTIL 3:00 PM

MONDAY THROUGH FRIDAY

### GUACAMOLE A LA VISTA

Made with fresh avocados and tomatoes, onions, jalapeños, cilantro and a hint of lime juice / 14.95

### NACHOS

Crispy Homemade corn tortilla chips topped with refried beans, melted cheese, jalapeños, guacamole sauce, Mexican cream and your choice of meat / 13.95

### QUESO FUNDIDO

Melted chihuahua cheese, topped with chorizo, cilantro and onions, served with a side of flour tortillas / 12.95

### AGUACATE RELLENO

Classic stuffed Avocado with Shrimp and a delicious homemade creamy sauce / 15.95

### CEVICHE DE PESCADO

Delicious white fish cooked in lime juice, accompanied with cherry tomatoes, onions, cucumbers and a slice of avocado / 15.95

### FRIED CALAMARI

Golden Fried Calamari served with a side of marinara sauce / 15.95

### TOSTONES FRIDA

Stuffed green plantain cups filled with chorizo, chicken and ground beef topped with chihuahua cheese and tampiqueño sauce / 14.95

### SHRIMP COCKTAIL

Mexican cocktail sauce, onions, cilantro and avocado wedges, served with plantain chips / 16.95

### EMPANADAS

Homemade delicious empanadas with your choice of ham and cheese, chicken, or ground beef (3 per order) / 14.95

### FRIDA'S WINGS

Crispy chicken wings with your choice of BBQ or Buffalo sauce, served with carrots, celery sticks and a side of Ranch or Blue Cheese / 13.95

### JALAPEÑO POPPERS

Served with sour cream and guacamole / 11.95

### QUESADILLA SINCRONIZADA

Large flour tortilla with melted Mexican cheese and ham, topped with guacamole, sour cream, Pico de Gallo and tampiqueña sauce / 14.95

### FRIDA'S APPETIZER PLATTER

Fresh Homemade nachos, chicken and beef taquitos, chimichangas, jalapeño poppers and chorizo, topped with guacamole, sour cream and queso fresco / 29.95

HOLY  
GUACAMOLE  
IT'S FIESTA  
TIME!!!

## SOUPS AND SALADS

### SOPA DE FRIJOLES

Black bean soup topped with Mexican sour cream and Cotija cheese / 6.95

### SOPA DE TORTILLA

Tortilla chips diced avocados and tomatoes in a chicken broth with guajillo sauce / 7.95

### SOPA DE POLLO

Shredded chicken soup with rice / 6.95

### TACO SALAD

Deep fried flour tortilla shell stuffed with lettuce, tomatoes, cucumbers, cheese, black beans, guacamole, sour cream and jalapeños, your choice of shredded chicken or ground beef / 15.95/ Lunch 12.95

### SALMON SALAD

Grilled Salmon over mixed lettuce, cucumbers, cherry tomatoes, carrots and orange shallot vinaigrette on the side / 18.95

### FRIDA'S SALAD

Lettuce with cherry tomatoes, cucumbers, carrots and red sweet peppers served with the house dressing / 10.95

## FAJITAS

### FAJITAS

Delicious Fajitas served on a sizzling hot skillet with sauteed onions and peppers served with rice, refried beans, sour cream, guacamole, Pico de Gallo and your choice of soft corn or flour tortilla.

Chicken 21.95 / Lunch 17.95  
Skirt Steak 26.95 / Lunch 20.95  
Shrimp 26.95 / Lunch 20.95  
Combo 26.95 / Lunch 21.95  
Vegetarian 20.85 / Lunch 17.95

## PLATOS TIPICOS

SERVED WITH RICE AND BEANS

### EL SOL BURRITO

Large flour tortilla, stuffed with your choice of meat, lettuce, guacamole, sour cream, rice and beans, topped with salsa Verde and with 3 quesos / 22.95 / Lunch 18.95

### FLAUTAS

Three crispy fried corn tortilla rolls filled with chicken, topped with lettuce, cream and queso fresco / 18.95 / Lunch 13.95

### QUESADILLAS

Large 8" flour tortilla stuffed with melted cheese topped with guacamole, crema, and a mild sauce / 18.95 / Lunch 14.95

Add Grilled Chicken 5.95

Skirt Steak 6.95

Shrimp 6.95

Chorizo 4.95

### MEXICAN COMBO

A Delicious combination of a cheese quesadilla, a chicken flauta and a beef chimichanga, served with guacamole, crema and Pico de Gallo / 20.95 / Lunch 15.95

### CHIMICHANGAS

Three crispy flour tortillas filled with shredded chicken or beef topped with Tampiqueña sauce, guacamole and sour cream / 19.95 / Lunch 13.95

### ENCHILADAS

Three rolled soft corn tortilla stuffed with shredded chicken or ground beef, topped with your choice of Guajillo, Mole or Suiza sauce and queso fresco / 19.95 / Lunch 14.95

3545 MERRICK RD., SEAFORD, NY 11783

CALL US 516-804-4664 OR VISIT US AT WWW.FRIDASMEXGRILL.COM.

FOLLOW US ON INSTAGRAM AND FACEBOOK

A 20% GRATUITY WILL BE ADDED TO PARTIES OF 5 OR MORE PEOPLE

*Before placing your order, please inform your server if a person in your party has a food allergy. \*This item may be cooked to your liking. serving raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions.*

# Fridas Mexican Grill

## CLASSIC MEXICAN FOOD

### TACOS

#### TACOS CLASICOS

Crispi or soft taco shells filled with your choice of chicken, or ground beef, topped with lettuce, tomatoes, and Mexican cheese and taco sauce / 16.95 / Lunch 12.95

#### TACOS DE PESCADO

Pan fried delicious white fish in three soft corn tortillas topped with mango salsa, Mexican cheese, served with a side of sour cream, fresh cabbage and avocado wedge / 20.95 / Lunch 17.95

#### FRIDA'S STREET TACOS

Soft corn tortillas with your choice of grilled Skirt Steak, Chicken, Chorizo or Shrimp, topped with cilantro and onions. Served with a homemade Mexican street salsa / 21.95 / Lunch 17.95

#### TACOS DE CAMARON

Pan fried shrimp in three soft corn tortillas topped with mango salsa, Mexican cheese, served with a side of sour cream, fresh cabbage and avocado wedge / 21.95 / Lunch 18.95

#### NAKED TACOS

3 Soft Shell tacos (Corn or Flour) loaded with our delicious Ropa Vieja or crispy carnitas with Pico de Gallo, queso fresco and Guacamole (No rice and beans) / 17.95

### CARNES

#### TAMPIQUEÑAS

Shell Steak grilled to perfection paired with an Enchilada, topped with Tampiqueña sauce, served with Rice and Black Beans / 26.95 / Lunch 21.95\*

#### CARNE ASADA PLATTER

Grilled Shell Steak, Chicken and Chorizo on a sizzling iron plate, served with refried Beans, sweet plantains, and rice / 30.95 \*

#### STEAK CON CAMARONES

Shell Steak and Shrimp sauteed in a Garlic Guajillo sauce, served with Rice and Beans / 29.95 / Lunch 22.95\*

#### ROPA VIEJA

Shredded Flank Steak sauteed on a criollo salsa, served with sweet plantains, rice and black beans / 24.95 / Lunch 19.95

#### CARNITAS MICHUACAN

Tender pieces of fried Pork served with Rice and Beans / 22.95 / Lunch 18.95

#### STEAK CANCUN

Tender pieces of grilled skirt Steak, served with rice, black beans, Pico de Gallo and avocado\* / 25.95 / Lunch 19.95

#### ARROZ CON POLLO

Chicken Breast sauteed with garlic and white wine with a touch of Tanpiqueña sauce mixed with Mexican Rice, served with refried beans / 20.95 / Lunch 15.95

#### QUESADILLA DE VEGETALES

Mixed vegetables, zucchini, broccoli, cauliflower, and carrots with sour cream and guacamole / 20.95 / Lunch 15.95

### POLLO

#### PECHUGA A LA PARRILLA

Grilled chicken breast topped with Frida's Pico de Gallo served with avocado, cheese, black beans and Mexican Rice / 20.95 / Lunch 17.95

### VEGETARIAN

#### MEX VEGGIE COMBO

Guacamole Taco, Bean Burrito and Beans and cheese Tostada / 20.95 / Lunch 16.95

#### ARROZ CON CAMARONES

Shrimp sauteed with butter, garlic, white wine and Tampiqueña sauce, mixed with rice, and served with beans and salad / 24.95 / Lunch 20.95

#### CAMARONES EN SALSA VERDE

Shrimp with butter, garlic, white wine, mixed with Salsa Verde, served with Rice and Beans / 24.95 / Lunch 20.95

#### CAMARONES AL MOJO DE AJO

Shrimp with butter, garlic and white wine, with a touch of Guajillo and chipotle sauce, served with Rice and Beans / 24.95 / Lunch 20.95

#### MOLE POBLANO

Mole Poblano is a thick, rich red or brown sauce made with chilis, nuts, seeds and Mexican chocolate served over pieces of sauteed chicken breast / 21.95 / Lunch 18.95

#### ENCHILADA DE HONGOS Y ESPINACA

Soft rolled tortilla stuffed with spinach and mushrooms with Salsa Verde, melted cheese, sour cream and guacamole / 20.95 / Lunch 15.95

### DEL MAR

#### PAELLA VALENCIANA

Classic Saffron Rice dish with Shrimp, mussels, clams, chorizo and chicken / 35.95 / Lunch 29.95

#### SALMON AGRIDULCE

Perfectly grilled Salmon glazed with a tangy mango salsa and Pico de Gallo served with Mexican rice and tostons / 25.95

### SIDES

#### MADUROS FRITOS / 5.95

Served with Mexican Cream and shredded Cheese

#### TOSTONES / 5.95

Served with a side of garlic sauce

#### SIDE OF GUACAMOLE / 5.95

#### FRENCH FRIES / 5.95

#### SOUR CREAM / 1.95

#### PLANTAIN CHIPS / 5.95

#### SIDE OF CHORIZO / 5.95

#### CHIPS AND SALSA / 4.95

#### BLACK BEANS / 3.95

#### MEXICAN RICE / 4.95

#### REFRIED BEANS / 4.95

#### STREET CORN / 4.95

#### CHEESE DIP / 5.95

### CERVEZAS

6.50

CORONA

CORONA LIGHT

MODELO

ESPECIAL

NEGRA MODELO

VICTORIA

PACIFICO

TECATE

DOS EQUIS LAGER

DOS EQUIS AMBER

HEINEKEN

HEINEKEN LIGHT

BUD

BUD LIGHT

COORS LIGHT

O'DOULS

### CANTINA

MARGARITA CLASICA / 11.00 GLASS / HALF PITCHER 23.95 / FULL PITCHER 31.95

SANGRIA ROJA O BLANCA / 12.00 GLASS / HALF PITCHER 26.95 / FULL PITCHER 34.95

MOJITO DE LA CASA / 12.00 GLASS / HALF PITCHER 26.95 / FULL PITCHER 36.95

PINA COLADA / 12.00 GLASS / HALF PITCHER 28.95 / FULL PITCHER 36.95

FULL BAR AND DESSERT MENU AVAILABLE

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