# **TEAM WORK**

# Help your players play their best golf more often

One of the foundational concepts of Team golf is to get players to understand that those are not their individual strokes, they are the team's strokes. It's an individual sport but it's a team game so let's get everybody on the same page when it comes to performance. We can help your players make better decisions, better manage interference, and practice more effectively. We call our appproach the **SHIFT** because we help players change their approach to performance from working on their swings, to working on the shots and processes that deliver better scores. Why would you do it any other way?



#### **Laird Small**

PGA Master Professional Pebble Beach Golf Academy PGA Teacher of the Year

#### Kirk Triplett

Multiple Winner PGA Tour and PGA Tour Champions

#### **Tommy Masters**

San Joaquin CC Golf Magazine Regional Top Instructor

# **Make Better Decisions**

Your swing might take a day off but there is no reason your decision making should too.

- -Discover your golfing identity it's more than your yardage chart
- -Turn Dont's into Do's
- -Control where your ball doesn't go

Accept your Identity and Map out the course. AIM.

# **Manage Interference**

The number one swing killer is tension. The number one cause of tension is interference.

- -Pre Swing: See it, Feel it, Trust it is where we start.
- -Post Swing: Leverage it, Replace it, Flush it
- -Disengagement

Don't trust your swing, trust your routines

# **Effective Practice**

Practice the shots and processes that mean the most to your scorecard.

- -The fundamental 4: drive it in play, 100 yard excellence, hole out, and turn 3 into 2.
- -Use the practice continuum to build your skills and to work on managing interference.

Bring the course to the range

Bring us in for a workshop and help your Team start their SHIFT journey. Your players won't just play better golf...they will become better players.

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