

# Gingerbread Spelt Porridge

Susan Alsembach

Hi everyone,

This recipe is so simple that it makes breakfast easy! It takes minutes to make and you can always add a few nuts or a little cream on top for that decadent feeling.

Enjoy,  
Susan

# Gingerbread Spelt Porridge

5 ingredients · 5 minutes · 1 serving



## Directions

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1. Add all of the ingredients to a saucepan over medium heat. Stir continuously until your desired thickness is reached, about 3 to 5 minutes.
2. Transfer to a bowl and enjoy!

## Notes

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### No Rice Milk

Use almond milk or cashew milk instead.

### No Maple Syrup

Sweeten with raisins, dates, honey, coconut sugar or your sweetener of choice.

### No Spelt Flour

Use almond flour instead.

### Leftovers

Refrigerate in an airtight container up to 3 to 5 days.

## Ingredients

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**237 milliliters** Unsweetened Rice Milk

**45 grams** Spelt Flour

**3 grams** Pumpkin Pie Spice

**11 grams** Fancy Molasses

**10 grams** Maple Syrup