



Part of good health is having goals and dreaming. It gives us hope. God gave us plenty of pretty places to enjoy. Now that you have worked hard on being healthy enough to do it. Let's get out there!

Whether you staycation (within a 100 miles of home) or vacation let's explore.

- A. Alaska, USA- Alaska has so much to do for the outdoors person. The Aurora Ice Museum, and the University of Alaska Museum of the North may be worth checking out.
- B. Berlin, Germany- Did you know they have a spy museum?
- C. California, USA- From making movies to finding giant trees California has a lot to offer.
- D. Dubai-The dessert would give you some great photo ops and they have a gorgeous fountain.
- E. England-From Castles to museums and countryside there is plenty to do here.
- F. Fiji-This country has spas, waterfalls, and beaches. Check them out!
- G. Glasgow, Scotland-Scotland has Loch Ness, Castles and so much more.
- H. Hawaii, USA- Some of the best beaches are in Hawaii, and some awesome scenery.
- I. Ireland-The Emerald Isle offers castles, waterfalls, museums and much more.
- J. Japan-From Mt. Fuji to Tokyo to the Bamboo grove Japan offers so much to see and do.
- K. Kruger National Park, Africa- The wildlife is the star here. You can also learn about the culture.
- L. Lima, Peru- You can tour the Archaeological Sanctuary of Pachacamac, join a bike tour.

- M. Montana, USA-white water rafting, hiking and horseback riding are popular here.
- N. New England, USA- The fall leaves paint a beautiful picture of the countryside. There are many lakes to boat on.
- O. Orlando, Florida, USA- Let your imagination run wild at Disney, Universal Studios or SeaWorld. Tons of fun.
- P. Phoenix, AZ, USA-The Phoenix Zoo, The Apache Trail and a balloon tour are just some of the things you can do here.
- Q. Queensland, Australia-Take a helicopter ride to Heart Reef, Snorkel or enjoy a picnic in Brisbane.
- R. Rome, Italy- The city of love has museums, the Colosseum, and all that Italian food!
- S. Samoa-An island show and several tours revealing island beauty is what you will find here.
- T. Thailand-Check out Khao Sok National Park and Bangkok for some adventures.
- U. Utah- Go climbing, hiking or enjoy the Pioneer Heritage Gardens.
- V. Vancouver, British Columbia, Canada-Whale watching, the Victoria and Butchard Gardens Tour are some of the main attractions here.
- W. Wyoming- Rodeos, the Grande Tetons and Yellowstone Park are just a few of the things you can explore in WY.
- X. Xenia, Ohio, USA-The Museum of the US Air force, The Clifton Gorge State Nature Preserve and Glen Helen nature preserve are a few of the places to check out.
- Y. Yakima, Washington, USA-The Yakima Valley Museum, The Bale Brewing Company, and the Bonair Winery are just a few of the things you can do in this western city.
- Z. Zambia- Check out the restaurants, go to a festival, swim at Victoria falls, these are just some of the activities you can do, oh, you can also go on Safari.

I hope this has inspired you in some way. The world is a big, beautiful place. Go check it out.