

Art Therapy Informed Lesson

Art Therapy With Music Ages 7-9

Do Now Quick Rohrach's Studies

Black & White only to instrumental music with no words.

Place to the side to let dry. This will be quick.

5mins

Introduce Abstract Expressionism with a focus on Wassily Kandinsky, Rothko, and Jackson Pollock. Show student work and teacher examples via PowerPoint.

5mins

Juxtapose the Kandinsky Pieces, the Jazz that inspired them, and have a discussion with the students about it.

15 mins

Allow the students to create a piece while listening to Jazz.

5 mins

Introduce Mark Rothko's colorfield paintings and pair them with moody baroque classical music. Engage in a discussion about how color can also portray mood. Examples will be shown via PowerPoint as well.

10 mins

Have students create a watercolor painting using one hue to convey how they feel about the music.

The remainder of class will discuss the differences and similarities of the 3 pieces, comment on others' projects, and see if connections are made with the music and moods.

Prompt Questions to Stimulate Deeper Thought.

1. How does this make you feel?
2. What do you see when you look at this?
3. Do you like painting? Why or why not?
4. Think of some songs that you would like to listen to as you paint, We may be able to use them when we look at Jackson Pollock.