

Case Studies



What advice would you give to anyone wanting to join the programme?

“I would definitely say do your best and just get out there. The more enthusiastic and involved you are, the better it’s going to be for yourself and everyone around you. This job takes passion, and though you may not think you need it, it’s integral to enjoying it, which is something you need to perform well. The role you’ll take in SPARK OLDHAM can only be filled by your boots, with your enthusiasm because there’s nobody who does it like yourself and that’s what we need here at SPARK. We want all people who are working here to have the same enthusiasm and passion, no matter our differences”

KATIE AGE 17

Have you noticed any changes in yourself since working with SPARK?

“Since I joined SPARK OLDHAM I feel I’ve been more confident and empathetic. I get along well with all of the people I’m around and I know much better how to diffuse a situation. Not only this but I’ve become a much friendlier and nicer person to be around as my job elevates my mood, no matter what I’m doing”

DANIEL AGE 16

What impact has the programme had?

“When I was in school, I struggled with my mental health and because of this, school made me go to counselling sessions. These sessions left me feeling worse than I did before I went in as I had to tell my story to all of my teachers.

I didn’t start to feel better until I joined a youth club where they treated me like a human and not some case story that needed to be ticked off.’

Going to youth club helped give me hope that there were still people out there that could help because they believed in me and they put me on to the Young Leader’s Programme. This Programme helped me to create a better version of myself and gave me the confidence to inspire and help over 50 new Young Leader’s that have now started on the programme”

ELLIE AGE 19

Story's

SPARK
OLDHAM



Life skills *FOR* young people, taught *BY* young people!

The group want to undertake training to equip them with the skills and knowledge to plan, prepare and deliver training sessions for other young people

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'I have loved my time at Spark on a Wednesday evening. When we first started, everyone was a little bit nervous because we didn't really know each other but now, we take it in turns to do an ice breaker game at the start and we are definitely all more relaxed and confident around each other now. We have also worked with other young people from Northern Roots to share our work with each other- I really enjoyed hearing about what else is out there for young people in Oldham.'

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'I love that I've got a space where I feel comfortable enough to share my thoughts and feelings without being judged. I am encouraged to push myself out of my comfort zone and play an active part in sessions.'

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