IBA Volunteer Requirements, Guidelines, and Dress Code

IBA endeavors to draw people to Christ and teach good stewardship and sustainable living.

We do not want to send mixed signals to those we are reaching out to help. Remember, after you go home, those on the field will continue to work with those you have been helping. Let your light shine for Jesus!

Following are some guidelines we have set forth and ask all volunteers to comply.

- 1. Volunteers must be born again, and have a good relationship with God, and the church they are part of. You will likely be asked to share a devotional or two at church services and at school.
- 2. Dress code: men wear long pants. No T- shirts allowed. Solid colored long sleeve shirts and dark colored pants for worship services.
- 3. Ladies are to wear modest dresses, and a veiling. Have solid color dresses for worship service.
- 4. Church services are twice a week. Be part of Sunday, and Wednesday worship service, and dress accordingly.
- 5. Use of TV, radio, and musical instruments is not permitted.
- 6. Smoking, and the use of tobacco, drugs, alcohol, and foul language is not permitted.
- 7. Cell phones, tablets, and computers must have an approved internet block, or be up to your church standards.
- 8. Respect house parents, and crew leaders. Show respect for other people's property.
- 9. Show proper use and respect for tools, and equipment, including vehicles.
- 10. Curfew: in bed by 10:00 pm. Lights and phones off at 10:30. Please be respectful and keep all the sleeping quarters quiet so people can rest. (*Note, there may be times when you will be out later on a project. That's an exception.*) (You will have to communicate with the house parents if you need to make a call back home, or in other countries after curfew.)
- 11. Always communicate (get permission) with house parents before leaving, planning extra evening activities, or using the vehicles.
- 12. Remember that you will not have the same schedule or privileges you do at home.
- 13. There will be cultural differences, please try to respect their culture.

Anyone refusing to respect or comply with these guidelines will be asked to terminate immediately.

Traveling:

Before purchasing a ticket make sure your passport is up to date. (You need to have 90 days left from the time you leave Ukraine, to the expiration date on your passport).

Make copies of your passport, keep a copy with you, and leave a copy at home in case your passport gets lost or stolen.

Keep all documents, passports, and tickets in a safe place.

Make sure all your money is clean, not worn, wrinkly, or torn, and has no markings on it. Ukraine will not accept old, worn, or wrinkly money.

Things to take along:

Headband flashlight, and regular flashlight.

Three or four sets of work clothes.

Fall, and winter clothes. Work clothes, such as coats, caps, gloves, coveralls, or bib overalls.

You will want some nicer clothes for church, town, or traveling. Mark your clothes with your name, or initials.

Vitamin C, Airborne, Emergen-C, or similar for immune support.

Tylenol, Advil, cough drops

Travel adapter for your electronics.

This is weather related work.

Some days are nice, and some days will be wet, cold, and wintery.

There is no set number of hours you work in a day. It all depends on the job you are on, the people you are working for, and the weather. So please be flexible with whatever your job is going to be.

Requirements:

- 18 years or older
- One month minimum stay (not including travel time)
- Experience in your specific role will be helpful
- Willing to adapt to changing circumstances
- Willing to respect Ukrainian culture
- Be willing to do things in a way that the Ukrainians want us to. (Not thinking that we know more than they do or that our way of building is better than their way)
- Remember that our highest goal is the spiritual well being of the people we are working with.
- Keep in mind that these people have gone through very difficult circumstances and need time to heal emotionally and psychologically. (You can be a part of that process)

Some things to expect:

- 1. Pay for your own ticket and transportation to get to the base in Ukraine and get back home.
- 2. Food and lodging will be provided while you are here.
- 3. Most of our vehicles are manual transmissions
- 4. No place in Ukraine is "safe". Russian missiles can reach every area of Ukraine. Please do not take unnecessary risks when you are in dangerous areas.
- 5. The US embassy's current position is that no Americans travel to Ukraine and that all Americans in Ukraine should leave immediately. This means that the US government will not be involved in any evacuation of Americans.

- 6. Please respect all driving laws in Ukraine. You will receive instructions on how to drive in Ukraine. It is not like driving in North America. Please be very respectful of the police officers and soldiers you interact with.
- 7. We encourage you to get an international driver's license. You can get it online at: AAA IDP International Driving Permit
- 8. If you can, any time you invest into language study will improve your experience here. It also means a lot to the Ukrainians if you try to learn their language. **Duolingo** is a great app for getting started. Pimsleur is also a good option if you want to study while you are doing other things.

Thank you for being part of this great work!

Your attitude, and actions will affect those around you. Together we can be a light in this dark world. May God be glorified! May God bless you and keep you.