## 15th Annual Titan Classic Track & Field Invitational Papillion-La Vista South Stadium

108<sup>th</sup> & Highway 370

Date: Thursday, April 13, 2023 Makeup Date: Friday, April 14, 2023

Time: Field Events 2:00 pm

Running Events 3:15 pm

**Event Limits:** Three athletes in each individual event. One relay entry per team.

Online Entries: Please complete entries at: <a href="www.athletic.net">www.athletic.net</a>. Search for "TITAN CLASSIC".

**Entry Deadline:** Wednesday, April 12, at 12:00 pm

**Results:** Results will be entered into <u>www.athletic.net</u> as soon as events are completed.

Invited Teams: Grand Island, Harrisburg, Lincoln East, Lincoln High, Lincoln Northeast, Omaha

Burke, Omaha Westside, Papillion-La Vista, Papillion-La Vista South,

Papillion-LaVista South JV, Sioux Falls Roosevelt

**Fees:** \$125 per team (\$250 for both boys and girls)

**Awards:** Medals to the top six places in all events. Championship & runner-up plaques for

both boys and girls teams.

**Scoring:** 10-8-6-4-2-1

Spikes: Not to exceed ¼"

Qualifying: All running events are finals against time. There are no prelims.

Athletes competing in the Long Jump, Triple Jump, Shot Put, and Discus will be

given 4 attempts. There are no prelims.

Opening Heights: Will be determined by entries.

**Admission** Adults - \$6 Students - \$4 Passes will be accepted

**Miscellaneous:** Team camps may be set up inside the stadium, outside of the stadium, or in the

east stands.

Sunflower seeds are not permitted on the field turf.

Unified Events: 12:00 Long Jump/Shot Put

1:00 100m Dash 2:00 4x100 Relay

Please email Unified entries to Lauren Schriner at: lauren.schriner@plcschools.org

## 2023 Titan Classic Track & Field Invitational Schedule of Events

FIELD EVENTS: Athletes in the LJ, TJ, Shot, and Discus will be given 4 attempts

There are no preliminaries

2:00 Boy's Shot Put (Girls to follow)

Boy's Long Jump (Triple Jump to follow)

Boy's High Jump (Girls to follow) Girl's Discus (Boys to follow)

Girl's Long Jump (Triple Jump to follow)

Girl's Pole Vault (Boys to follow)

TRACK EVENTS:

SESSION 1: All running events will be finals against time.

We will roll the schedule and be efficient, without rushing.

3:15 3200m Relay

100m/110m Hurdles

100m Dash

400m Dash

1600m Run

30 Minute Break at the Conclusion of the 1600m

**SESSION 2:** 4x100m Relay

300m Hurdles

800 m Run

200m Dash

3200 m Run

1600 m Relay