

Chieftain Track and Field Invitational 2023



Date and <u>Tuesday, April 4, 2023</u>
Location: Bellevue East High School

1401 High School Drive Bellevue, NE 68005

Entry Fee: \$150 per team (\$300 for both boys' and girls' teams) – please send entry fee to Jamie Arriola

at Bellevue East High School

Teams Invited: Bellevue East Marian (Girls)

Bellevue West Millard South Creighton Prep (Boys) Fremont (Boys)

Gross Skutt

Entries: Schools may enter three individuals in each event and one team for each relay. A given

athlete may participate in no more than four events.

Submit entries to: athletic.net. First time users will have to create a free account on the

athletic.net. If you have problems with entries, contact thomas.messier@bpsne.net

Entry Deadline: All entries must be received by April 3rd @ 9:00 a.m. ONLY SCRATCHES WILL BE

ACCEPTED ON THE DAY OF THE MEET. NO EXCEPTIONS! The scratch meeting

will be held at the start/finish line at 2:30 p.m.

Awards: Team plaques will be awarded to the meet champion and runner-up.

Individual medals will be presented to the top six in each event, including relays.

Scoring: Standard scoring will be utilized for this event top 6 (meet scored to six places). Six medals

will be awarded for each event. Individual 6 places and 5 places for relays.

Admission: \$6.00 Adults (Schools are allowed three people on a pass list)

\$4.00 Students with ID (middle school and high school)

Please e-mail your pass list to Chad Holtz (chad.holtz@bpsne.net) no later than close of

business on April 3rd, 2023. The only passes accepted will be Metro & Metro VIP passes!

Field Events: Participants in field events will be given four attempts. There will be no finals. All field

events will be held at Bellevue East High School.

Equipment Schools may use tape on the track.

Information: Shot and discus will be pooled.

Only 1/4" spikes shall be worn for track events.

No locker facilities will be available. Please dress at home.

Eligibility: NSAA rules govern all competition in the meet.

Starting Heights: High Jump (Boys) 5'-4" High Jump (Girls) 4'-6"

Pole Vault (Boys) Coach's discretion Pole Vault (Girls) Coach's discretion

Tournament Chad Holtz Tom Messier

Directors: Phone: (402) 293-4157 Phone: (531)721-5048

E-Mail: chad.holtz@bpsne.net Email: thomas.messier@bpsne.net

Chieftain Track and Field Invitational 2023 Schedule of Events

3:30 p.m. Girls' Pole Vault (Boys' to Follow) (Pole Vault will start at 3:00 p.m.)

Unified Shot Put

Boys' Shot Put (Girls' to Follow) Girls' Discus (Boys' to Follow)

Boys' Long Jump (Triple Jump to Follow)

Unified Long Jump

Girls' Long Jump (Triple Jump to Follow)

Boys' High Jump (Girls' to Follow)

Please note: Efforts will be made to accommodate athletes competing in both field and running events. Please advise your athletes to monitor the schedule and listen for announcements.

4:00 p.m. 4 x 800 Meter Relay

100 Meter/110 Meter High Hurdles

100 Meter Dash

100 Unified Meter Dash

400 Meter Dash 1600 Meter Run 4 x 100 Meter Relay

4 x 100 Unified Meter Relay

300 Meter Low/Intermediate Hurdles

800 Meter Run 200 Meter Dash 3200 Meter Run Weight Person Relay 4 x 400 Meter Relay

All running events are finals vs. time.

PLEASE NOTE: WE WILL USE A ROLLING SCHEDULE WITH NO BREAKS

^{**}Normal exchange zones will be used for relays.

^{**}The weight person relay will be a non-scored event. There will not be an online entry for this event. Coaches will file these entries at the scratch meeting at 2:30 p.m. NO MEDALS WILL BE AWARDED FOR THIS EVENT.

^{**} Team Scoring - 10, 8, 6, 4, 2, 1 Individual Events 8-6-4-2-1 for Relays.

^{**}Please make sure that all entries are completed online by 9:00 a.m. on April 4th!