

❄️ Dan Lennon Class A HS

IN PROGRESS 📅 Mon, Mar 18, 2024 📍 University of South Dakota - DakotaDome, SD US

👤 Mens Results

60 Meter Dash Varsity - Finals

1.	11	Josh Myers	7.14a PR	Sioux Falls Lincoln
2.	10	Josiah Heinz	7.14a	Harrisburg
3.	12	Rowdy Bauer	7.16a	Norfolk
4.	11	Connor Slaba	7.20a PR	Yankton
5.	12	Drew UHL	7.22a PR	Bishop Heelan Catholic S...
6.	12	Austin Gobel	7.27a	Yankton
7.	12	Nathan McCormick	7.30a	Mitchell
8.	12	J.J. Ghosh	7.35a	Sioux City East

60 Meter Dash Varsity - Semi-Finals

1.	10	Josiah Heinz	7.08a PR	Harrisburg
2.	12	Rowdy Bauer	7.13a PR	Norfolk
3.	11	Josh Myers	7.16a	Sioux Falls Lincoln
4.	12	Austin Gobel	7.21a SR	Yankton
5.	11	Connor Slaba	7.22a	Yankton
6.	12	Drew UHL	7.25a	Bishop Heelan Catholic S...
7.	12	Nathan McCormick	7.27a	Mitchell
8.	12	J.J. Ghosh	7.34a	Sioux City East
9.	12	Dreavin Hodge	7.35a	Sioux Falls Lincoln
10.	11	Evan Serck	7.35a PR	Yankton
11.	9	Evan Svoboda	7.38a PR	Norfolk
11.	12	Ethan Vis	7.38a PR	Tea Area
13.	10	Jami Sitzmann	7.39a PR	LeMars
14.	12	Johnny Skyberg	7.42a	Sioux Falls Christian
15.	11	Cael Walrod	7.46a	Sioux City North
16.	10	Alexier Padilla	7.64a	Mitchell

60 Meter Dash Varsity - Prelims

1.	12	Sean Schaefer	7.10a SR	Bishop Heelan Catholic S...
2.	12	Rowdy Bauer	7.14a	Norfolk
3.	10	Josiah Heinz	7.16a	Harrisburg
4.	12	Austin Gobel	7.23a	Yankton
5.	11	Josh Myers	7.25a	Sioux Falls Lincoln
6.	12	Nathan McCormick	7.25a PR	Mitchell
7.	12	J.J. Ghosh	7.30a PR	Sioux City East
8.	12	Dreavin Hodge	7.32a PR	Sioux Falls Lincoln
9.	11	Connor Slaba	7.34a	Yankton
10.	12	Drew UHL	7.38a	Bishop Heelan Catholic S...
11.	10	Alexier Padilla	7.38a PR	Mitchell
12.	9	Evan Svoboda	7.39a	Norfolk
13.	10	Jami Sitzmann	7.40a	LeMars
14.	11	Cael Walrod	7.40a PR	Sioux City North
15.	12	Ethan Vis	7.40a	Tea Area

16.	12	Johnny Skyberg	7.40a PR	Sioux Falls Christian
17.	11	Evan Serck	7.40a	Yankton
18.	11	Tyler Rhead	7.40a PR	Tea Area
19.	10	Israel Beltran	7.41a SR	LeMars
20.	11	Jagger Lombard	7.42a PR	Harrisburg
21.	12	Demarico Young	7.43a	Sioux City North
22.	12	Dayton Harrell	7.47a PR	Sioux City North
23.	11	Dylan Nguyen	7.47a	Sioux City North
24.	12	Ricky Feauto	7.49a SR	Bishop Heelan Catholic S...
25.	11	Avan Salas	7.55a SR	South Sioux City
26.	9	Chris Ford	7.60a PR	Sioux City East
27.	11	Matthew Rogers	7.61a PR	Tea Area
28.	11	Drake Jellema	7.62a PR	Brandon Valley
29.	10	Kayden Ortiz	7.62a PR	South Sioux City
30.	12	JC Isaias	7.63a PR	LeMars
31.	10	Iloyd Konateh	7.64a PR	Sioux Falls Lincoln
31.	11	Javion Stark	7.64a PR	Sioux City West
33.	10	Jackson Shoulders	7.64a PR	Dakota Valley
34.	10	Jensen Pixler	7.66a PR	Sioux Falls Christian
35.	11	Levi Schnetzer	7.67a PR	LeMars
35.	12	Luke Sayonkon	7.67a	Sioux City East
37.	10	Carter Lee	7.68a PR	Mitchell
38.	12	Gavin Lee	7.69a PR	Norfolk
39.	11	Bowen Rieken	7.71a PR	LeMars
40.	10	Bryce Voss	7.72a PR	Vermillion
41.	10	Taye Baker	7.74a PR	South Sioux City
42.	11	Elliot Visscher	7.78a PR	Brandon Valley
43.	6	Ethan Seaton	7.78a PR	Dakota Valley
44.	10	Tate Gadbois	7.79a PR	Sioux Falls Christian
45.	10	Grant Hughey	7.80a PR	Council Bluffs Abraham L...
46.	10	Andre Rogers	7.84a PR	Council Bluffs Abraham L...
47.	11	Daniel Gaye	7.84a PR	Harrisburg
48.	11	Asher Moss	7.86a PR	LeMars
49.	10	Brock Wilroth	7.90a PR	Vermillion
50.	11	Gunner Montagne	7.90a PR	Dakota Valley
51.	12	William Costello	7.93a PR	Council Bluffs Abraham L...
52.	11	Carter Smook	8.11a PR	Brandon Valley
53.	9	Jeremie Panya	8.14a PR	LeMars
54.	9	Joaquin Hernandez	8.17a PR	LeMars
55.	9	Kent Westhoff	8.24a PR	LeMars
56.	11	Cael Kilberg	8.25a	Sioux City West
57.	10	Jordan Springer	8.35a PR	Vermillion
58.	10	Landon Ortman	8.48a PR	LeMars
59.	12	Kole Carpenter	8.49a SR	LeMars
60.	9	Kane Livingston	8.61a PR	Sidney
61.	9	Angel Gonzalez	8.90a PR	LeMars
62.	10	Devaryai Craft	9.00a PR	Sioux City West
63.	9	Logan Aultman	9.59a PR	Sidney
64.	9	Daniel Hyde	9.71a PR	Sidney

400 Meters Varsity - Finals

1.	12	Quinn Olson	51.25a PR	Bishop Heelan Catholic S...
2.	12	Luke Campbell	51.43a PR	Sioux City East
3.	10	Alexier Padilla	52.01a PR	Mitchell
4.	11	Carson Ness	54.47a PR	Yankton
5.	12	Will Bryant	54.52a PR	Sidney
6.	11	Liam Van Roekel	54.66a PR	Sioux Falls Lincoln
7.	12	Trevor Wehde	55.24a SR	Harrisburg

8.	9	Thomas Dillard	55.33a	PR	Norfolk
9.	10	Sam Ericsson	55.73a	PR	Sioux Falls Lincoln
10.	10	Chase Deboer	55.87a	PR	Tea Area
11.	11	Jayden Nelson	56.22a	PR	LeMars
12.	12	Daxton Dickey	56.37a	PR	Norfolk
13.	12	Raymion Vermeer	56.51a	PR	Sioux Falls Lincoln
14.	10	Abe O'Brien	56.95a	PR	Yankton
15.	10	Jacob Fischer	57.12a	PR	Vermillion
16.	10	Tycen Augustine	57.37a	PR	LeMars
17.	12	Luciano Ramirez	57.47a	PR	South Sioux City
18.	10	Colten Burns	57.62a	PR	South Sioux City
19.	11	Zach Roberts	57.92a	PR	Norfolk
20.	12	Teagen Kasel	58.29a	PR	LeMars
21.	10	Owen Feensta	58.40a	PR	Sioux Falls Christian
22.	11	Cooper Haddix	58.60a	PR	Council Bluffs Abraham L...
23.	10	Caden Lester	58.84a	PR	Bishop Heelan Catholic S...
24.	10	Jack Brandt	58.89a	PR	Yankton
25.	12	Johnny Fleming	59.12a	PR	Vermillion
26.	12	DJ Sheets	59.29a	PR	Mitchell
27.	12	Travis Davis	59.40a	PR	Sioux City West
28.	11	Romeo Serrato	59.59a	PR	Sioux City West
29.	11	Kaiden Jackson	1:00.01a	PR	LeMars
30.	9	Tate Flattery	1:00.28a	PR	Sioux City East
31.	10	Levi VanderHaar	1:00.30a	PR	Sioux Falls Christian
32.	11	Luis Avalos Ceballos	1:00.73a	PR	Council Bluffs Abraham L...
33.	10	Jonathan Morales	1:01.63a	PR	South Sioux City
34.	9	Roan DeJong	1:02.32a	PR	Sioux Falls Christian
35.	10	Nolan White	1:02.51a	PR	Sioux City North
36.	9	Jonah Klemisch	1:02.78a	PR	Tea Area
37.	9	Kane Livingston	1:05.70a	PR	Sidney
38.	12	Dorian Red Hail	1:06.16a	PR	Sioux City West
39.	11	Evan Brennen	1:40.46a	PR	LeMars
--	10	Gak Mayen	DNS		Brandon Valley
--	9	Karsen Maynard	DNS		Sioux City North
--	11	Cael Fulton	DNS		Vermillion
--	10	Adam Kampshoff	DNS		Mitchell
--	11	Brandon Wipf	DNS		Tea Area

800 Meters Varsity - Finals

1.	12	Dylan Payer	1:58.16a	PR	Yankton
2.	12	Natneal Kifle	1:58.60a	PR	Sioux City North
3.	12	Isaac Ochoa	2:03.40a	PR	Norfolk
4.	12	Alex Oberloh	2:06.10a	PR	Sioux Falls Christian
5.	12	Trace Obbink	2:06.71a	SR	LeMars
6.	10	Griffin Smith	2:10.49a	PR	Harrisburg
7.	12	Grayson Hetland	2:10.77a	PR	Mitchell
8.	12	Colin Peck	2:10.83a	SR	Sioux Falls Lincoln
9.	9	Levi Vander Leest	2:12.70a	PR	Sioux Falls Christian
10.	12	Carson Conway	2:12.98a	SR	Yankton
11.	9	Tyrus Needles	2:13.30a	PR	Sioux Falls Lincoln
12.	12	Jackson Dathe	2:13.75a	PR	Brandon Valley
13.	12	Holden Jelen	2:13.95a	PR	Tea Area
14.	12	Camden Coughlin	2:14.55a	PR	Brandon Valley
15.	10	Dylan Hall	2:14.77a	PR	Norfolk
16.	12	Brady Thompson	2:15.52a	PR	Brandon Valley
17.	12	Jacob Chasing Hawk	2:16.13a	PR	Vermillion
18.	11	Jackson Prins	2:17.02a	PR	Sioux Falls Christian
19.	11	Nathan Thompson	2:17.69a	PR	Sioux Falls Lincoln

20.	10	Hunter Patton	2:18.08a	PR	Mitchell
21.	12	Ivan Morelos	2:18.44a	PR	South Sioux City
22.	10	Aaron Garhart	2:21.01a	PR	Norfolk
23.	11	Gio Vazquez	2:21.55a	PR	Sioux City West
24.	9	Hunter Harmsen	2:22.54a	PR	Council Bluffs Abraham L...
25.	12	Caden Wieman	2:22.57a	PR	Yankton
26.	9	Jamison Gould	2:22.60a	PR	Dakota Valley
27.	11	Melusi Ngeleka	2:22.98a	PR	South Sioux City
28.	9	Alex Amaro	2:23.04a	PR	Bishop Heelan Catholic S...
29.	10	Tommy Pattee	2:23.05a	PR	Bishop Heelan Catholic S...
30.	12	Anthony Villatoro-S...	2:24.36a	PR	Bishop Heelan Catholic S...
31.	12	Seth VanderSluis	2:24.64a	PR	LeMars
32.	10	Dylan Chwirka	2:24.75a	PR	Sioux City East
33.	9	Geoff Nelson	2:25.41a	PR	Dakota Valley
34.	11	Fisher Uhl	2:27.58a	PR	Bishop Heelan Catholic S...
35.	10	Ben Gerlach	2:29.30a	PR	Mitchell
36.	12	Alex Kayser	2:30.44a	SR	Tea Area
37.	9	Cole Brown	2:32.32a	PR	Dakota Valley
38.	10	Kaden Koepke	2:32.62a	PR	Sioux City East
39.	9	Emmett Johnson	2:37.08a	PR	Sioux City East
40.	9	Tate VanLaecken	2:40.73a	PR	Tea Area
41.	9	Jimmy Smith	2:42.46a	PR	Sioux City West
42.	9	Malak McDaniel	2:44.66a	PR	Council Bluffs Abraham L...
43.	9	Brayden Rohlfesen	2:56.18a	PR	LeMars
44.	10	Joseph Wilson	3:16.22a	PR	Sioux City West
--	11	Easton Klatt	DNS		Harrisburg
--	12	Henry Anderson	DNS		Vermillion
--	10	Leandro Magana	DNS		South Sioux City
--	9	Karsen Maynard	DNS		Sioux City North
--	12	Johnny Fleming	DNS		Vermillion
--	10	Flynt Bell	DNS		Sidney
--	10	Mavryc Morgan	DNS		Sidney

1600 Meters Varsity - Finals

1.	10	Mikah Peters	4:36.66a	PR	Brandon Valley
2.	9	Levi Vander Leest	4:37.39a	PR	Sioux Falls Christian
3.	11	Abram Chance	4:43.96a	PR	Yankton
4.	11	Nathan Thompson	4:45.57a	SR	Sioux Falls Lincoln
5.	10	Harrison Krajewski	4:46.36a	PR	Yankton
6.	10	Hunter Patton	4:46.90a	PR	Mitchell
7.	12	Grayson Hetland	4:49.11a	PR	Mitchell
8.	11	Jack Brown	4:50.70a	PR	Dakota Valley
9.	8	Asher Selness	4:50.71a	PR	Brandon Valley
10.	9	Tyrus Needles	4:52.61a	PR	Sioux Falls Lincoln
11.	11	Jackson Prins	4:53.96a	PR	Sioux Falls Christian
12.	9	Liam Gonzalez	4:55.29a	PR	Norfolk
13.	10	David Protzman	4:55.73a	PR	Norfolk
14.	11	Josh Fletcher	4:55.92a	PR	Sioux Falls Christian
15.	8	Gage Beverly	5:00.13a	PR	Vermillion
16.	12	Colin Peck	5:00.40a	PR	Sioux Falls Lincoln
17.	10	Kristoffer Zellner	5:07.60a		Sioux City East
18.	12	Cody Smith	5:07.96a	SR	Council Bluffs Abraham L...
19.	11	Aaron Lee	5:09.46a	PR	LeMars
20.	10	Lance Bodeen	5:13.15a	PR	Harrisburg
21.	12	Peyton Flohr	5:16.92a	PR	Norfolk
22.	9	Jamison Gould	5:17.17a	PR	Dakota Valley
23.	9	Reid Hammerquist	5:17.48a	PR	Tea Area
24.	11	Floyd Korzan	5:20.23a	PR	Mitchell

25. 9	Carter Buttry	5:22.06a	PR	Sidney
26. 9	Cole Brown	5:24.16a	PR	Dakota Valley
27. 11	Jaelonni Small	5:25.64a	PR	Sioux City West
28. 9	Hunter Harmsen	5:31.84a	PR	Council Bluffs Abraham L...
29. 11	Gavin Haroldson	5:32.43a	PR	Sioux City North
30. 10	Kaden Koepke	5:37.56a	PR	Sioux City East
31. 11	Alex Johnston	5:38.28a	PR	Council Bluffs Abraham L...
32. 9	Covan Fetterman	5:41.51a	PR	Bishop Heelan Catholic S...
33. 9	Xavier Guerrero	5:41.66a	PR	Bishop Heelan Catholic S...
34. 9	Brooks Ordway	5:42.35a	PR	Harrisburg
35. 9	Jesse Maas	5:43.89a	PR	Bishop Heelan Catholic S...
36. 9	Jonah Klemisch	5:43.92a	PR	Tea Area
37. 9	Henry Fisher	5:44.32a	PR	Sioux City West
38. 10	Caleb Chasing Hawk	5:47.63a	PR	Vermillion
39. 9	Tate VanLaecken	5:48.03a	PR	Tea Area
40. 9	Misael Orozco	5:50.75a	PR	South Sioux City
41. 12	Varun Kadarkaraisamy	5:50.89a	PR	Vermillion
42. 10	Oscar Aldana	5:51.48a	PR	South Sioux City
43. 9	Tanner Iverson	5:51.95a	PR	LeMars
44. 12	Ryker Callendar	5:52.37a		Sioux City West
45. 11	Noah Dandurand	6:00.67a	PR	Sioux City East
46. 9	Carver Hoekstra	6:03.19a	PR	Sioux City North
47. 11	Gael Garcia	6:22.27a	PR	Sioux City North
48. 12	Ethan Pham	6:26.74a	SR	Sioux City North
49. 10	Hunter Mullally	6:47.80a	PR	LeMars
-- 11	Andreas Buttry	DNS		Sidney
-- 10	Leandro Magana	DNS		South Sioux City
-- 11	Logan Brendsel	DNF		Brandon Valley

3200 Meters Varsity - Finals

1. 12	Isaac Ochoa	9:26.06a	PR	Norfolk
2. 12	Joe Cross	9:29.50a	PR	Dakota Valley
3. 11	Aemil Nelsen	10:02.49a	PR	Sioux Falls Lincoln
4. 11	Josh Fletcher	10:02.90a	PR	Sioux Falls Christian
5. 9	Liam Gonzalez	10:12.68a	PR	Norfolk
6. 12	Trace Obbink	10:16.17a	PR	LeMars
7. 10	David Protzman	10:27.17a	PR	Norfolk
8. 8	Wesley Lyon	10:32.62a		Sioux Falls Christian 
9. 10	Griffin Smith	10:34.71a	PR	Harrisburg
10. 12	Jacob Chasing Hawk	10:35.69a	PR	Vermillion
11. 12	Ivan Morelos	10:37.19a	PR	South Sioux City
12. 8	Gage Beverly	10:37.32a	PR	Vermillion
13. 11	Aaron Lee	10:46.86a	PR	LeMars
14. 10	Arvid Nelsen	10:58.51a	PR	Sioux Falls Lincoln
15. 11	Melusi Ngeleka	10:59.95a	PR	South Sioux City
16. 10	Simon Roelofs	11:01.10a	PR	Sioux Falls Christian
17. 10	Kristoffer Zellner	11:01.69a	PR	Sioux City East
18. 9	Isaac Spahr	11:02.08a	PR	Brandon Valley
19. 12	Cody Smith	11:07.14a	SR	Council Bluffs Abraham L...
20. 9	Reid Hammerquist	11:11.43a	PR	Tea Area
21. 10	Lance Bodeen	11:13.50a	PR	Harrisburg
22. 10	Nayati Ringing Shie...	11:16.29a	PR	Sioux Falls Lincoln
23. 10	Elias Michailidis	11:22.84a	PR	Brandon Valley
24. 9	Carter Buttry	11:25.70a	PR	Sidney
25. 10	Leandro Magana	11:26.41a	PR	South Sioux City
26. 10	Even Swaggerty-Morg...	11:26.48a	PR	Sioux City North
27. 10	Jacob DeYoung	12:20.81a	PR	Tea Area
28. 11	Alex Johnston	12:22.08a	PR	Council Bluffs Abraham L...

29.	11	Andreas Buttry	12:35.91a	PR	Sidney
30.	12	Ryker Callendar	12:42.97a	PR	Sioux City West
31.	9	Rigoberto Ramos	12:44.44a	PR	Sioux City East
32.	9	Layne Munson	13:16.79a	PR	Sioux City North
33.	9	Jony Sanchez	13:17.82a	PR	LeMars
34.	11	Dalton Henry	13:49.14a	PR	LeMars
35.	9	David Munoz	17:11.74a	PR	Sioux City North
--	9	Levi Vander Leest	DNS		Sioux Falls Christian
--	11	Logan Brakke	DNS		Brandon Valley
--	9	Seth Moss	DNS		LeMars
--	9	Xavier Guerrero	DNS		Bishop Heelan Catholic S...
--	9	Isaac Hamilton	DNS		Council Bluffs Abraham L...

60m Hurdles Varsity - Finals

1.	11	Hunter Wauhob	8.32a	PR	Bishop Heelan Catholic S...
2.	12	Tate Larson	8.40a	PR	Harrisburg
3.	12	Clay Sonnenschein	8.51a		Harrisburg
4.	11	Miles Hunt	8.97a		Brandon Valley
5.	11	Pierce Pinney	8.97a		Sioux City North
6.	11	Matthew Rogers	8.97a	PR	Tea Area
7.	10	Cale Haselhorst	9.10a		Yankton
8.	11	Wichieng Hosnyang	9.17a		LeMars

60m Hurdles Varsity - Semi-Finals

1.	11	Hunter Wauhob	8.48a		Bishop Heelan Catholic S...
2.	12	Clay Sonnenschein	8.49a	PR	Harrisburg
3.	12	Tate Larson	8.53a		Harrisburg
4.	11	Pierce Pinney	8.96a	PR	Sioux City North
5.	11	Miles Hunt	8.99a		Brandon Valley
6.	11	Wichieng Hosnyang	9.01a	PR	LeMars
7.	11	Matthew Rogers	9.04a		Tea Area
8.	10	Cale Haselhorst	9.11a		Yankton
9.	11	James Arlt	9.28a		Bishop Heelan Catholic S...
10.	12	Jesse Henn	9.28a		Sioux City West
11.	10	Tegan Bogh	9.33a	PR	LeMars
12.	12	Connor Singrey	9.37a	PR	Mitchell
13.	12	Logan Dolphin	9.39a		Sioux City East
14.	10	Tristan Lounsbury	9.46a	PR	South Sioux City
15.	12	Aiden Timmons	9.56a	PR	Sioux City North
16.	12	Luke Eichacker	9.58a		Sioux Falls Lincoln

60m Hurdles Varsity - Prelims

1.	12	Tate Larson	8.42a		Harrisburg
1.	11	Hunter Wauhob	8.42a		Bishop Heelan Catholic S...
3.	12	Clay Sonnenschein	8.53a		Harrisburg
4.	11	Miles Hunt	8.85a	PR	Brandon Valley
5.	10	Cale Haselhorst	8.93a	PR	Yankton
6.	11	Wichieng Hosnyang	9.06a		LeMars
7.	11	Pierce Pinney	9.06a		Sioux City North
8.	11	Matthew Rogers	9.18a		Tea Area
9.	12	Jesse Henn	9.24a	PR	Sioux City West
10.	12	Logan Dolphin	9.24a	PR	Sioux City East
11.	11	James Arlt	9.26a	PR	Bishop Heelan Catholic S...
12.	10	Tegan Bogh	9.37a		LeMars
13.	12	Luke Eichacker	9.41a	PR	Sioux Falls Lincoln

14.	10	Tristan Lounsbury	9.53a	South Sioux City
15.	12	Aiden Timmons	9.58a	Sioux City North
16.	12	Connor Singrey	9.61a	Mitchell
17.	11	Jaelonni Small	9.72a PR	Sioux City West
18.	11	Fisher Uhl	9.82a PR	Bishop Heelan Catholic S...
19.	10	Evan Abild	9.94a PR	Sioux Falls Lincoln
20.	11	Aiden Anderson	9.97a PR	Yankton
21.	10	Dawson Holthe	9.98a PR	Sioux Falls Christian
22.	12	Jaxsen Even	9.99a PR	Sioux Falls Lincoln
23.	10	William Rounds	10.04a PR	Yankton
24.	12	Connor Mckewon	10.20a PR	Sioux City West
25.	9	Asher Pfeifer	10.23a PR	Dakota Valley
26.	9	Nabil Yussuf	10.37a PR	South Sioux City
27.	10	Austin Bosman	10.44a PR	Sioux Falls Christian
28.	9	Hayes Bortnem	10.55a PR	Brandon Valley
29.	10	Divine Adams	10.57a PR	Sioux City East
30.	10	Giovani Alvarado	10.69a PR	South Sioux City
--	10	Damarion Foster	DNS	Sioux City North
--	10	Aiden Buys	DNS	Sioux Falls Christian

4x200 Relay Varsity - Finals

1.	11	Griffin Fischer	1:33.38a	Sioux Falls Lincoln - A
		12 Chase Ulrich		
		12 Jack Smith		
		10 Mikey Roche		
2.	10	Josiah Heinz	1:33.91a	Harrisburg - A
		12 James Heinz		
		12 Tytan Tryon		
		12 Tate Larson		
3.	12	Demarico Young	1:37.38a	Sioux City North - A
		12 Dayton Harrell		
		11 Dylan Nguyen		
		11 Cael Walrod		
4.	12	Rowdy Bauer	1:37.48a	Norfolk - A
		12 Daxton Dickey		
		9 Thomas Dillard		
		9 Evan Svoboda		
5.	11	Javion Stark	1:37.57a	Sioux City West - A
		11 Abraham Gonzalez		
		11 Tavien Manning		
		12 Calex Banta		
6.	12	Cale Morton	1:37.66a	Harrisburg - B
		11 Jagger Lombard		
		11 Weston Frangenberg		
		10 Bradley Esser		
7.	10	Israel Beltran	1:37.67a	LeMars - A
		10 Jami Sitzmann		
		10 Andrew Grant		
		11 Jayden Nelson		
8.	11	Hunter Wauhob	1:38.01a	Bishop Heelan Catholic S...
		12 Sir Brandon Watts		
		11 James Arlt		
		12 Kannon Bork		
9.	10	Adam Kampshoff	1:38.34a	Mitchell - A
		10 Carter Lee		
		12 Carter Harris		
		12 Nathan McCormick		
10.	11	Drake Jellema	1:38.51a	Brandon Valley - A

	11	Miles Hunt		
	12	Ahmed Juma		
	12	Joey DeWitt		
11.	12	Fitzy Grant	1:39.04a	Sioux City East - A
	9	Chris Ford		
	10	Chris Loggins		
	12	J.J. Ghosh		
12.	11	Evan Serck	1:39.29a	Yankton - A
	11	Carson Ness		
	11	Connor Slaba		
	12	Austin Gobel		
13.	10	Tate Gadbois	1:41.66a	Sioux Falls Christian - A
	12	Johnny Skyberg		
	10	Aiden Buys		
	11	Levi Davelaar		
14.	10	Kayden Ortiz	1:41.72a	South Sioux City - A
	10	Taye Baker		
	12	Nathan Bouvilom		
	11	Avan Salas		
15.	11	Bowen Rieken	1:42.22a	LeMars - C
	12	Teagen Kasel		
	10	Hudson Kass		
	11	Tate Murphy		
16.	10	Alex Swihart	1:42.76a	Yankton - B
	10	Christian Pacheco		
	10	Jace Sedlacek		
	12	Tucker Gilmore		
17.	10	Kasen Thomas	1:43.46a	Bishop Heelan Catholic S...
	11	Will Pattee		
	9	Cole Frese		
	11	Carson Rose		
18.	10	Elijah Lara	1:43.53a	Vermillion - A
	10	Bryce Voss		
	10	Jacob Fischer		
	10	Ian Job		
19.	10	Grant Hughey	1:44.15a	Council Bluffs Abraham L...
	12	William Costello		
	10	Andre Rogers		
	10	Cooper Smith		
20.	12	JC Isaias	1:44.29a	LeMars - E
	10	Mason Pippett		
	9	Colin Murphy		
	10	Jarret Forbes		
21.	10	Jensen Pixler	1:44.53a	Sioux Falls Christian - B
	9	Roan DeJong		
	10	Dawson Holthe		
	10	Kian Clapp		
22.	10	Tycen Augustine	1:45.94a	LeMars - D
	11	Sy Bixenman		
	11	Cartner Baumgartner		
	12	Kole Carpenter		
23.	12	Andrew Ortiz	1:46.25a	South Sioux City - B
	11	Javier Delgadillo		
	11	Jared Munoz		
	12	Adam Hamilton		
24.	10	Aiden Stenzel	1:46.40a	Sidney - B
	10	Tate Mount		
	9	Will Hobbie		
	9	Rylan Behrends		

25.	12	Will Bryant	1:46.53a	Sidney - A
	11	Michael Hensley		
	12	Phillip Gardner		
	11	Grant Whitehead		
26.	10	Damarion Foster	1:46.78a	Sioux City North - B
	9	Kevin Klein		
	9	Andrew Hagan		
	9	Zach Hagan		
27.	11	E Higgins	1:46.97a	Council Bluffs Abraham L...
	11	Trent Tallman		
	12	Ashton Friction		
	11	Gaven Huff		
28.	11	Levi Schnetzer	1:47.49a	LeMars - F
	11	Asher Moss		
	10	Landon Ortmann		
	11	Kaiden Jackson		
29.	11	Hudson Borgan	1:47.95a	Mitchell - B
	11	Trell Kaup		
	10	Miguel Vizcarra		
	12	Elijah Schroeder		
30.	12	Ethan Vis	1:48.11a	Tea Area - A
	11	Kayl Broderson		
	10	Kayden Williamsen		
	11	Tyler Rhead		
31.	9	Gage Phillips	1:51.09a	Sioux City East - B
	9	Adam Sturges		
	9	Brayden Neumann		
	10	Austin Sheppard		
32.	9	Joaquin Hernandez	1:59.64a	LeMars - G
	9	Jeremie Panya		
	9	Angel Gonzalez		
	10	Jhony Calderson		
33.	10	Sam Anderson	2:00.22a	Sioux City West - B
	12	Dorian Red Hail		
	10	Devaryai Craft		
	9	Trenton Baker		
--	11	Josh Myers	DNF	Sioux Falls Lincoln - B
	10	Louison Akossi		
	11	Marcus Martens		
	10	Preston Marty		
--	11	Wichieng Hosnyang	DQ	LeMars - B
	10	Tegan Bogh		
	12	Quinn Laskie		
	12	Wanding Hosnyang		

4x400 Relay Varsity - Finals

1.	12	Kannon Bork	3:37.76a	Bishop Heelan Catholic S...
	12	Sir Brandon Watts		
	12	Drew UHL		
	12	Quinn Olson		
2.	12	Connor Singrey	3:38.43a	Mitchell - A
	10	Alexier Padilla		
	10	Carter Lee		
	12	Will Prunty		
3.	10	Sam Ericsson	3:39.59a	Sioux Falls Lincoln - A
	10	Mikey Roche		
	10	Isaac Herrboldt		
	12	Isaac Jarovski		

- | | | | | |
|-----|----|----------------------|----------|-----------------------------|
| 4. | 11 | Cole Klein | 3:47.83a | Norfolk - A |
| | 11 | Teagan Cleveland | | |
| | 12 | Gavin Lee | | |
| | 10 | Drew Streich | | |
| 5. | 12 | Joey DeWitt | 3:50.01a | Brandon Valley - A |
| | 10 | Mikah Peters | | |
| | 10 | Gak Mayen | | |
| | 12 | Paul Kern | | |
| 6. | 11 | Carson Ness | 3:50.77a | Yankton - A |
| | 10 | Alex Swihart | | |
| | 10 | Jace Sedlacek | | |
| | 10 | Christian Pacheco | | |
| 7. | 10 | Colten Burns | 3:51.03a | South Sioux City - A |
| | 10 | Luke Mcginty | | |
| | 12 | Luciano Ramirez | | |
| | 11 | Javier Delgadillo | | |
| 8. | 11 | Levi Davelaar | 3:51.55a | Sioux Falls Christian - A |
| | 10 | Levi VanderHaar | | |
| | 12 | Johnny Skyberg | | |
| | 12 | Alex Oberloh | | |
| 9. | 12 | Christian Sanchez | 3:55.64a | Sioux City West - A |
| | 11 | Javion Stark | | |
| | 11 | Jaelonni Small | | |
| | 12 | Travis Davis | | |
| 10. | 12 | Luke Campbell | 3:56.82a | Sioux City East - A |
| | 11 | Maciah Shultz | | |
| | 11 | Noah Dandurand | | |
| | 10 | Jeremy Wright | | |
| 11. | 10 | Brady Stamp | 3:58.82a | Sioux Falls Lincoln - B |
| | 12 | Raymion Vermeer | | |
| | 11 | Marcus Martens | | |
| | 10 | Miles Lechtenberg | | |
| 12. | 12 | Clay Sonnenschein | 4:00.90a | Harrisburg - A |
| | 9 | Brooks Ordway | | |
| | 9 | Brecken Schmidt | | |
| | 9 | Dane Misekow | | |
| 13. | 11 | Cooper Haddix | 4:07.33a | Council Bluffs Abraham L... |
| | 10 | Keaton Strande | | |
| | 10 | Evan Lang | | |
| | 11 | Luis Avalos Ceballos | | |
| 14. | 12 | Logan Dolphin | 4:09.62a | Sioux City East - B |
| | 10 | Divine Adams | | |
| | 9 | Adam Sturges | | |
| | 9 | Tate Flattery | | |
| 15. | 11 | Tyrese Gill | 4:10.96a | South Sioux City - B |
| | 9 | Nabil Yussuf | | |
| | 11 | Jase Giersdorf | | |
| | 10 | Jonathan Morales | | |
| 16. | 9 | Nolan Grage | 4:16.40a | LeMars - B |
| | 9 | Kent Westhoff | | |
| | 9 | Brett McInnis | | |
| | 9 | Viet Ung | | |
| 17. | 10 | Sam Anderson | 4:17.40a | Sioux City West - B |
| | 9 | Trenton Baker | | |
| | 11 | Romeo Serrato | | |
| | 11 | Gabe Enszer | | |
| 18. | 10 | Aiden Buys | 4:18.94a | Sioux Falls Christian - B |
| | 10 | Evan Maas | | |
| | 10 | Owen Feensta | | |

	10	Kian Clapp		
19.	11	Gavin Haroldson	4:26.80a	Sioux City North - B
	11	Gael Garcia		
	9	Karsen Maynard		
	10	Evan Swaggerty		
20.	11	Jett Schmid	4:38.42a	LeMars - A
	9	Tanner Iverson		
	11	Dalton Henry		
	9	Seth Moss		
--	10	Damarion Foster	DNS	Sioux City North - A
	9	Kevin Klein		
	10	Nolan White		
	9	Andrew Hagan		
--	11	Evan Serck	DNS	Yankton - B
	10	Abe O'Brien		
	11	Connor Slaba		
	10	Jack Brandt		

SMR 1600m Varsity - Finals

1.	12	Chase Ulrich	3:48.26a	Sioux Falls Lincoln - A
	12	Jack Smith		
	12	Isaac Jarovski		
	10	Miles Lechtenberg		
2.	12	Cale Morton	3:49.47a	Harrisburg - A
	12	Tytan Tryon		
	11	Easton Klatt		
	10	Evan Johnson		
3.	11	Miles Hunt	3:51.00a	Brandon Valley - A
	12	Ahmed Juma		
	12	Joey DeWitt		
	12	Paul Kern		
4.	10	Tate Gadbois	3:53.34a	Sioux Falls Christian - A
	12	Johnny Skyberg		
	11	Levi Davelaar		
	12	Alex Oberloh		
5.	10	Elijah Lara	3:57.73a	Vermillion - A
	10	Bryce Voss		
	10	Ian Job		
	12	Henry Anderson		
6.	11	Carson Rose	3:59.66a	Bishop Heelan Catholic S...
	12	Jaron Bleeker		
	9	Cole Frese		
	So	Will Bertrand		
7.	10	Louison Akossi	4:00.25a	Sioux Falls Lincoln - B
	10	Brady Stamp		
	10	Isaac Herrboldt		
	10	Teddy Krueger		
8.	12	Ethan Vis	4:03.58a	Tea Area - A
	11	Tyler Rhead		
	10	Chase Deboer		
	12	Holden Jelen		
9.	11	Bowen Rieken	4:05.02a	LeMars - A
	10	Andrew Grant		
	12	Quinn Laskie		
	12	Seth VanderSluis		
10.	11	Zach Roberts	4:08.23a	Norfolk - A
	11	Cole Klein		
	12	Ashten Hader		

	10	Aaron Garhart		
11.	12	Moise Bane	4:09.14a	Sioux City East - A
	10	Chris Loggins		
	10	Jeremy Wright		
	11	Maciah Shultz		
12.	11	Trell Kaup	4:10.49a	Mitchell - A
	12	Carter Harris		
	12	DJ Sheets		
	12	Elijah Schroeder		
13.	10	Grant Hughey	4:13.11a	Council Bluffs Abraham L...
	12	William Costello		
	11	Cooper Haddix		
	11	Luis Avalos Ceballos		
14.	10	Owen Feensta	4:14.45a	Sioux Falls Christian - B
	10	Kian Clapp		
	10	Evan Maas		
	8	Wesley Lyon		
15.	11	Dylan Nguyen	4:15.22a	Sioux City North - A
	11	Cael Walrod		
	9	Andrew Hagan		
	10	Even Swaggerty-Morgan		
16.	11	Abraham Gonzalez	4:15.24a	Sioux City West - A
	12	Calex Banta		
	11	Tavien Manning		
	12	Christian Sanchez		
17.	10	Abe O'Brien	4:15.72a	Yankton - B
	11	Easton Nelson		
	10	Jack Brandt		
	10	Issac Petersen		
18.	11	Hudson Borgan	4:17.14a	Mitchell - B
	11	Oliver Olegario		
	10	Miguel Vizcarra		
	10	Ben Gerlach		
19.	10	Bradley Esser	4:17.68a	Harrisburg - B
	11	Weston Frangenberg		
	12	James Heinz		
	9	Brecken Schmidt		
20.	12	Shaylor Platt	4:18.00a	Yankton - A
	10	Kade Reifenrath		
	12	Carson Conway		
	10	Bryton Olson		
21.	12	Nathan Bouvilom	4:18.79a	South Sioux City - A
	12	Adam Hamilton		
	11	Tyrese Gill		
	10	Nathan Robles		
22.	10	Hudson Kass	4:20.57a	LeMars - D
	11	Cartner Baumgartner		
	11	Tate Murphy		
	9	Brayden Rohlfen		
23.	12	Andrew Ortiz	4:20.90a	South Sioux City - B
	11	Jared Munoz		
	10	Luke Mcginty		
	9	Natanael Carreto		
24.	9	Will Hobbie	4:24.47a	Sidney - A
	12	Phillip Gardner		
	9	Rylan Behrends		
	11	Andreas Buttry		
25.	11	Sy Bixenman	4:29.99a	LeMars - B
	9	Colin Murphy		

	10	Jarret Forbes		
	11	Jett Schmid		
26.	10	Aiden Stenzel	4:34.48a	Sidney - B
	11	Grant Whitehead		
	10	Tate Mount		
	10	Flynt Bell		
27.	10	James Turcotte	4:42.54a	Sioux City West - B
	11	Arath Pinedo		
	11	Gabe Enszer		
	9	Jimmy Smith		
28.	9	Gage Phillips	4:47.14a	Sioux City East - B
	9	Brayden Neumann		
	9	Adam Sturges		
	9	Emmett Johnson		
29.	9	Brett McInnis	5:00.47a	LeMars - C
	9	Viet Ung		
	9	Nolan Grage		
	9	Jony Sanchez		
--	11	Kayl Broderson	DNF	Tea Area - B
	10	Kayden Williamsen		
	11	Brandon Wipf		
	12	Alex Kayser		

Shot Put Varsity - Finals

1.	11	Paul Hoekman	18.07m	PR	Sioux Falls Christian
2.	12	Boaz Raderschadt	17.08m	PR	Watertown
3.	12	Samuel Zazueta	15.61m	PR	Norfolk
4.	11	Hayden Overgaard	15.54m	PR	Bishop Heelan Catholic S...
5.	12	Kai Buchanan	15.23m	PR	Sioux Falls Lincoln
6.	11	Elijah Detert	14.51m	PR	Harrisburg
7.	11	Carson McInerney	14.43m	PR	Bishop Heelan Catholic S...
8.	12	Aidan Perez	14.36m	PR	Council Bluffs Abraham L...
9.	11	Tayden Fesler	13.80m	PR	Sioux Falls Lincoln
10.	10	Marcus Furth	13.58m	PR	Sioux Falls Christian
11.	11	Madden Timmer	13.23m	PR	Brandon Valley
12.	11	Noah Reed	13.07m	PR	Sioux City North
13.	11	Matt Sheldon	13.00m	PR	Yankton
14.	12	Max Elrod	12.91m	PR	Harrisburg
15.	10	James Hogancamp	12.68m	PR	Sioux City East
16.	12	Alan Diaz	12.66m	PR	Norfolk
17.	10	Kasen Thomas	12.46m	PR	Bishop Heelan Catholic S...
18.	11	Lucas Cordell	12.39m	SR	Yankton
19.	12	Ben Henrichs	12.32m	PR	Sioux Falls Lincoln
20.	10	Mekhi Zacher	12.29m	PR	Brandon Valley
21.	10	Parker Coughlin	12.24m	PR	Brandon Valley
22.	12	Henry Homstad	12.08m	SR	Yankton
23.	10	Brenner Konrad	12.03m	SR	Tea Area
24.	12	Luke Vander Weide	11.99m	SR	Sioux City East
25.	9	Bryer Stach	11.81m	PR	Mitchell
26.	11	Asher Moss	11.70m	PR	LeMars
27.	11	Austin Kippes	11.63m	PR	Harrisburg
28.	11	Trystan Wilcox	11.48m	PR	Council Bluffs Abraham L...
29.	10	Jagger Sims	11.44m	PR	South Sioux City
30.	12	Evan Jalas	11.19m	SR	LeMars
31.	11	Michael Hensley	11.06m	PR	Sidney
32.	10	Mason Pippett	11.04m	PR	LeMars
33.	12	Thadan Milliken-Auch	10.99m	SR	Mitchell
34.	11	Aiden Kramer	10.98m	SR	LeMars

35.	11	Mason Dovel	10.59m	PR	Sidney
36.	12	Tyler Hagan	10.51m		Sioux City North
37.	10	Moses Moreno	10.36m	PR	South Sioux City
38.	10	Dayton Wayman	10.01m		Sioux City North
39.	9	Jordan Neri	9.76m		Sioux City West
40.	11	Marcos Ibarra	9.67m	PR	LeMars
41.	11	Noah Pudwill	9.42m	PR	Mitchell
42.	10	Jhony Calderon	9.03m	PR	LeMars
43.	10	Will Swanson	8.98m	PR	Council Bluffs Abraham L...
44.	9	Jaxen Hoag	8.21m	PR	LeMars
--	10	Ben Kingsolver	DNS		Sidney
--	10	Taytum Anderson	DNS		Norfolk
--	12	Elijah Mulder	DNS		Sioux Falls Christian
--	10	Zach Foland	DNS		Sioux City West
--	11	Chris Lugo	DNS		Sioux City West
--	12	Julian Perez	FOUL		South Sioux City

High Jump Varsity - Finals

1.	12	Wanding Hosnyang	6-05.00	PR	LeMars
2.	12	Jaron Bleeker	6-05.00		Bishop Heelan Catholic S...
3.	11	Wyatt Melcher	6-03.00	PR	Brandon Valley
3.	12	Ashten Hader	6-03.00	PR	Norfolk
5.	11	Luke Waldstein	6-01.00	PR	Harrisburg
6.	10	Drew Streich	5-11.00	PR	Norfolk
7.	12	Travis Davis	5-11.00		Sioux City West
8.	12	Mekhei Turner	5-09.00	SR	Sioux City North
9.	10	Jackson Tupps	5-09.00	SR	Harrisburg
9.	11	Kayl Broderson	5-09.00	PR	Tea Area
9.	11	Will Adler	5-09.00	PR	Sioux Falls Lincoln
12.	11	Ahmed Eltayeb	5-09.00	PR	Sioux Falls Lincoln
12.	12	Fitzzy Grant	5-09.00	PR	Sioux City East
14.	12	Tannen Steever	5-07.00	SR	Harrisburg
15.	11	Gio Vazquez	5-07.00		Sioux City West
15.	11	Oliver Olegario	5-07.00	PR	Mitchell
15.	12	Logan Dolphin	5-07.00		Sioux City East
18.	10	Aiden Stenzel	5-05.00	SR	Sidney
19.	10	Gavin Casanova	5-05.00	PR	Sioux Falls Lincoln
19.	10	William Rounds	5-05.00	PR	Yankton
21.	11	Aidan Sandbothe	5-03.00	PR	Council Bluffs Abraham L...
21.	12	Brodee Sims	5-03.00	PR	South Sioux City
23.	11	Nate Case	5-03.00	PR	Sioux City West
23.	11	Gavin Johnson	5-03.00	PR	Sioux Falls Christian
23.	10	Rylan Dorr	5-03.00	PR	Council Bluffs Abraham L...
23.	10	Jacob Bivens	5-03.00	SR	Yankton
--	10	Ty Walker	DNS		Sioux City North
--	12	Michael Alpers	DNS		Brandon Valley
--	10	Damarion Foster	DNS		Sioux City North
--	10	Evan Maas	DNS		Sioux Falls Christian
--	12	Donald Rounds	DNS		Yankton
--	10	Tegan Bogh	DNS		LeMars
--	10	Jackson Shoulders	NH		Dakota Valley
--	10	Cooper Smith	NH		Council Bluffs Abraham L...
--	10	Luke Reitsema	NH		Sioux Falls Christian
--	12	Adam Heinemann	NH		Norfolk

Pole Vault Varsity - Finals

1.	12	Owen Spartz	4.42m	SR	Watertown
2.	12	Tommy Foley	3.93m	PR	Watertown
3.	11	Nick Tucker	3.93m	PR	Harrisburg
4.	12	Carter Harris	3.93m	PR	Mitchell
5.	12	Karter Sheridan	3.78m	PR	Brandon Valley
6.	12	Brendyn Luna	3.78m	PR	Norfolk
7.	10	Levi Veskrna	3.63m	PR	Brandon Valley
8.	10	Maddox Mueller	3.63m	PR	Brandon Valley
9.	11	Max Matherly	3.63m	PR	Sioux Falls Christian
10.	11	Easton Klatt	3.63m	PR	Harrisburg
11.	9	Charlie Whiting	3.48m	PR	Watertown
12.	11	Teagan Cleveland	3.48m	PR	Norfolk
13.	11	Porter Stangeland	3.33m	PR	Sioux Falls Lincoln
13.	12	Mason Bolkema	3.33m	PR	Sioux Falls Lincoln
15.	11	Carson Hall	3.33m	PR	Tea Area
16.	11	Cameron Wiens	3.18m	PR	Tea Area
17.	10	William Rounds	3.03m	PR	Yankton
18.	12	Dawson DeKam	3.03m	PR	Sioux Falls Lincoln
19.	8	Jason Koenes	2.73m	PR	Sioux Falls Christian
20.	8	Damon Jasper	2.58m	PR	Sioux Falls Christian
--	12	Nathan Bouvilom	DNS		South Sioux City
--	12	Shaun Gustman	DNS		Norfolk
--	12	Donald Rounds	DNS		Yankton
--	12	Robbie Emery	NH		Custer
--	12	Aaron Rowe	NH		Harrisburg
--	12	Lance Dannenbring	DNS		Yankton

Long Jump Varsity - Finals

1.	12	Rowdy Bauer	7.07m	PR	Norfolk
2.	10	Drew Streich	6.48m	PR	Norfolk
3.	12	Boas Yoweli	6.43m	PR	Sioux Falls Lincoln
4.	12	Sean Schaefer	6.34m	PR	Bishop Heelan Catholic S...
5.	12	Austin Gobel	6.26m	PR	Yankton
6.	12	Isaac Jarovski	6.26m	PR	Sioux Falls Lincoln
7.	10	Preston Marty	6.22m	PR	Sioux Falls Lincoln
8.	11	Carson Rose	6.12m	PR	Bishop Heelan Catholic S...
9.	11	Avan Salas	5.95m	PR	South Sioux City
10.	12	Dayton Harrell	5.94m		Sioux City North
11.	12	JC Isaias	5.88m	PR	LeMars
12.	12	Gavin Lee	5.87m	PR	Norfolk
13.	10	Elijah Lara	5.85m	PR	Vermillion
14.	11	Nick Tucker	5.79m	SR	Harrisburg
15.	11	Kellan Odell	5.76m	PR	Mitchell
16.	11	Daniel Gaye	5.74m	PR	Harrisburg
17.	12	Jesse Henn	5.70m	PR	Sioux City West
18.	10	Andrew Grant	5.68m	PR	LeMars
18.	10	Ian Job	5.68m	SR	Vermillion
20.	11	Gio Vazquez	5.67m	PR	Sioux City West
21.	10	Kian Clapp	5.63m	PR	Sioux Falls Christian
22.	10	Maddox Johnson	5.59m	PR	Sioux Falls Christian
23.	12	Will Prunty	5.58m	PR	Mitchell
24.	12	Michael Alpers	5.54m	PR	Brandon Valley
25.	10	Austin Bosman	5.51m	PR	Sioux Falls Christian
26.	10	Vitus Carpenter	5.44m	PR	Mitchell
27.	10	Tate Mount	5.37m	PR	Sidney
28.	12	Brodee Sims	5.35m	PR	South Sioux City
29.	12	Mekhei Turner	5.33m	PR	Sioux City North
30.	10	Mason Pippett	5.30m	PR	LeMars

31.	11	Connor Slaba	5.24m PR	Yankton
32.	6	Ethan Seaton	5.23m PR	Dakota Valley
33.	12	Jesse Blok	5.21m PR	Brandon Valley
34.	9	Colin Murphy	5.10m PR	LeMars
35.	10	Jordan Springer	5.00m PR	Vermillion
36.	10	Evan Lang	4.94m PR	Council Bluffs Abraham L...
37.	9	Brett McInnis	4.88m PR	LeMars
--	11	Easton Nelson	DNS	Yankton
--	12	Ahmed Juma	DNS	Brandon Valley
--	10	Jackson Shoulders	DNS	Dakota Valley
--	9	Thomas Osman	DNS	Harrisburg
--	10	Cooper Smith	FOUL	Council Bluffs Abraham L...

Triple Jump Varsity - Finals

1.	11	Wyatt Melcher	13.04m PR	Brandon Valley
2.	11	Miles Hunt	13.03m PR	Brandon Valley
3.	12	Boas Yoweli	12.80m PR	Sioux Falls Lincoln
4.	11	Kellan Odell	11.21m SR	Mitchell
5.	12	Jesse Blok	11.15m PR	Brandon Valley
6.	10	Dawson Unruh	11.13m PR	Sioux Falls Christian
7.	10	Maddox Johnson	11.03m PR	Sioux Falls Christian
8.	10	Vitus Carpenter	11.00m PR	Mitchell
9.	10	Jacob Bivens	10.73m PR	Yankton
10.	12	Jett Lotz	10.46m PR	Yankton
11.	10	Treyson Boyd	10.32m PR	Sioux Falls Christian
12.	11	Trell Kaup	10.27m PR	Mitchell
--	11	Ahmed Eltayeb	DNS	Sioux Falls Lincoln
--	10	Cale Haselhorst	DNS	Yankton
--	10	Elijah Myers	DNS	Sioux Falls Lincoln



Womens Results

60 Meter Dash Varsity - Finals

1.	12	Elliana Harris	7.87a	Sioux City East
2.	10	Ella Termaat	7.91a PR	Sioux Falls Lincoln
3.	12	Ellen Merkley	8.01a	Sioux Falls Lincoln
4.	12	Silja Gunderson	8.02a	Dakota Valley
5.	12	Hailee Christensen	8.11a SR	Harrisburg
6.	12	Emily Penne	8.13a	South Sioux City
7.	11	Grace Erick	8.14a	Sioux City East
8.	12	Ashlee VanDriesen	8.20a	Sioux Falls Christian

60 Meter Dash Varsity - Semi-Finals

1.	12	Elliana Harris	7.86a	Sioux City East
2.	10	Ella Termaat	7.93a	Sioux Falls Lincoln
3.	12	Ellen Merkley	8.00a SR	Sioux Falls Lincoln
4.	12	Silja Gunderson	8.04a	Dakota Valley
5.	12	Hailee Christensen	8.12a	Harrisburg
6.	12	Emily Penne	8.12a SR	South Sioux City
7.	12	Ashlee VanDriesen	8.15a PR	Sioux Falls Christian
8.	11	Grace Erick	8.17a	Sioux City East
9.	11	Mya Neuhardt	8.18a PR	Tea Area
10.	10	Shannon Cleary	8.20a	Bishop Heelan Catholic S...
11.	9	Sydney Stahlecker	8.30a PR	Tea Area
12.	9	Burkley Olson	8.33a SR	Yankton

13.	12	Madi Huls	8.33a	LeMars
14.	10	Hazel Hughes	8.34a	Sioux Falls Lincoln
15.	11	Khyah Vaughn	8.38a	South Sioux City
16.	12	Ava Watkins	8.39a	Council Bluffs Abraham L...

60 Meter Dash Varsity - Prelims

1.	12	Elliana Harris	7.84a	Sioux City East
2.	10	Ella Termaat	7.96a	Sioux Falls Lincoln
3.	12	Silja Gunderson	8.01a PR	Dakota Valley
4.	12	Ellen Merkley	8.06a	Sioux Falls Lincoln
5.	12	Emily Penne	8.13a	South Sioux City
6.	11	Grace Erick	8.19a	Sioux City East
7.	12	Hailee Christensen	8.21a	Harrisburg
8.	12	Madi Huls	8.23a SR	LeMars
9.	12	Ashlee VanDriesen	8.23a	Sioux Falls Christian
10.	10	Shannon Cleary	8.24a	Bishop Heelan Catholic S...
11.	12	Ava Watkins	8.29a SR	Council Bluffs Abraham L...
12.	11	Mya Neuhardt	8.32a	Tea Area
13.	10	Hazel Hughes	8.33a PR	Sioux Falls Lincoln
14.	9	Sydney Stahlecker	8.34a	Tea Area
15.	11	Khyah Vaughn	8.34a PR	South Sioux City
16.	9	Burkley Olson	8.34a	Yankton
17.	12	Jaymes Drake	8.35a SR	Vermillion
18.	12	April Knight	8.36a PR	Mahpiya Luta
19.	11	Aubrey Sandbothe	8.37a SR	Council Bluffs Abraham L...
20.	11	Alize Rau	8.38a PR	Bishop Heelan Catholic S...
21.	9	Emma Honner	8.43a PR	Dakota Valley
22.	10	Evey Jackson	8.46a	Sioux City West
23.	9	Mya Motz	8.46a	Sioux City North
24.	9	Chloe Cross	8.55a	Sioux City North
25.	9	Ryan Keys	8.61a PR	Mitchell
26.	10	Marasia Warren	8.61a PR	Vermillion
27.	9	Iyana Becker	8.66a PR	Yankton
28.	12	Megan Krueger	8.67a PR	Harrisburg
29.	10	Olivia DeLay	8.67a SR	Harrisburg
30.	12	Shamya Grant	8.71a PR	Sioux City East
31.	9	Ellie Borns	8.72a PR	Lewis Central
32.	Fr	Kenzie Niehus	8.72a PR	LeMars
33.	11	Ava Brannan	8.76a SR	Mitchell
34.	11	Emily Ortega	8.78a PR	Sioux Falls Christian
35.	9	Josslyn Elwood	8.79a PR	Yankton
36.	9	Josey Van Duyn	8.80a PR	Brandon Valley
37.	9	Alex Maiso	8.82a PR	Council Bluffs Abraham L...
38.	11	Kendra Nielson	8.83a SR	Tea Area
39.	10	Alyssa Melvin	8.84a PR	Sidney
40.	11	Ahrianna Westhoff	8.90a PR	LeMars
41.	10	Sky Palmer	8.92a PR	South Sioux City
42.	10	Claire Beitelspacher	8.94a PR	LeMars
43.	11	Holly McNaughton	8.98a SR	LeMars
44.	10	Josie Askew	9.00a PR	Vermillion
45.	11	Brenna Emerson	9.01a PR	Bishop Heelan Catholic S...
46.	9	Brooklyn Rutledge	9.01a PR	Lewis Central
47.	9	Avaeh Smith	9.02a PR	Lewis Central
48.	9	Lyndon Soldati	9.09a	Sioux City North
49.	9	Lauryn Dewitt	9.11a PR	Brandon Valley
50.	9	Emilie Ellis	9.12a PR	Mitchell
51.	10	Megan Scheel	9.28a PR	Lewis Central
52.	Fr	Megan Jeanery	9.35a PR	LeMars

53.	9	Esmerelda St. Cyr	9.37a	PR	Sioux City West
54.	10	Addison Taylor	9.39a	PR	Lewis Central
55.	Fr	Natalie Sitzman	9.40a		LeMars
56.	10	Alaina Martin	9.54a	PR	Lewis Central
57.	9	Liv Loghry	9.62a	PR	Lewis Central
58.	9	Brae Steuve	9.66a	PR	Lewis Central
59.	9	Alexis Beatty	9.75a	PR	Sidney
60.	Fr	Achol Manyuon	9.84a	PR	LeMars
61.	9	Grace Mescher	9.94a	PR	Lewis Central
62.	10	Mariah Barillas	9.97a	PR	Sioux City West
63.	9	Maddy Hume	10.12a	PR	Sidney
64.	Fr	Chevelle Frerichs	10.33a		LeMars
65.	Fr	Jacqui Panzer	10.38a		LeMars
66.	9	Isabela Martinez-Ha...	10.65a	PR	Lewis Central
--	9	Alexis McEntee	DNS		Sioux Falls Christian
--	12	Irelynn James	DNS		Lewis Central
--	11	Abby Rees	DNS		Brandon Valley
--	9	Macie Vetter	DNS		Lewis Central
--	9	Kamesha Zinn	DNS		Sioux City North
--	Sr	Stella Hector	DNS		LeMars

800 Meters Varsity - Finals

1.	10	Addison Scholten	2:27.48a	PR	Brandon Valley
2.	12	Shae Rumsey	2:29.75a	SR	Yankton
3.	8	Alex McCullough	2:29.79a	PR	Dakota Valley
4.	9	Taylor Syverson	2:30.06a	PR	Harrisburg
5.	11	Sophia Redler	2:31.04a	SR	Dakota Valley
6.	11	Anna Vyn	2:36.78a	SR	Sioux Falls Christian
7.	12	Haley Bergan	2:36.87a	PR	Brandon Valley
8.	8	Ella Otten	2:37.36a	SR	Dakota Valley
9.	11	Emerson Smith	2:37.50a	PR	Mitchell
10.	7	Jayna VanLaecken	2:39.40a	PR	Tea Area
11.	9	Emmeline Murray	2:40.13a	PR	Sioux Falls Lincoln
12.	9	Londyn Schroeder	2:41.91a	PR	Mitchell
13.	11	Kalyn Kepler Thomas...	2:42.35a	PR	Council Bluffs Abraham L...
14.	11	Ava Bussey	2:43.49a	PR	Lewis Central
15.	8	Abby Hilleson	2:44.30a	PR	Tea Area
16.	9	Olivia Kerkvliet	2:44.70a	PR	Sioux Falls Christian
17.	10	Claire Bockholt	2:44.77a	PR	Harrisburg
18.	12	Leni Olson	2:46.57a	SR	Sioux Falls Lincoln
19.	9	Claire McCallum	2:49.58a	PR	Harrisburg
20.	10	Marilyn Roller	2:50.37a	PR	LeMars
21.	12	Addison Holt	2:50.44a	PR	Lewis Central
22.	10	Emma Scott	2:52.88a	PR	Sioux City East
23.	12	Madeline Vogel	2:53.30a	SR	Mitchell
24.	8	Priscilla Skroch	2:54.23a	PR	Sioux Falls Lincoln
25.	10	Maria Gutierrez	2:57.46a		Sioux City North
26.	10	Marcella Palmer	2:59.05a	PR	Sioux City North
27.	10	Addie Naughton	2:59.13a	SR	Council Bluffs Abraham L...
28.	Fr	Cali Rosner	3:00.52a	PR	LeMars
29.	Fr	Karis Hulinsky	3:03.45a	PR	LeMars
30.	10	Rose Lammers	3:03.86a	PR	LeMars
31.	10	Bailey Mines	3:06.29a	SR	Yankton
32.	11	Amelia Lyon	3:09.19a	PR	Sioux Falls Christian
33.	9	Bria Murphy	3:09.26a	PR	Council Bluffs Abraham L...
34.	Fr	Jayden Kluver	3:13.94a	PR	LeMars
35.	10	Ngan Le	3:21.50a	SR	South Sioux City
36.	12	Jade Fonseca	3:23.44a		Sioux City West

37. 9	Karina Herrera	3:26.30a	PR	South Sioux City
38. 9	Aubri Johnson	3:26.31a	PR	Sioux City West
39. 10	Zaira Sahagun	3:28.45a	PR	South Sioux City
40. 11	Fana Gebrezgabher	3:34.37a	PR	Sioux City North
41. 11	Jamie Jager	3:57.06a		Lewis Central
-- 11	Lilly Whiteshirt	DNS		Sioux City West
-- 10	Lydia Anderson	DNS		Vermillion
-- 10	Makenzie DeRocher	DNS		LeMars
-- 10	Jayci Lockamy	DNS		Sioux City East
-- 10	Olivia Formisano	DNS		Vermillion
-- 12	Anna Strohmeier	DNS		Lewis Central

1600 Meters Varsity - Finals

1. 12	Mia Wentzy	5:10.42a	PR	Brandon Valley
2. 11	Sophia Redler	5:18.02a	PR	Dakota Valley
3. 10	Lily Rude	5:18.33a	PR	Brandon Valley
4. 8	Sadie Pettengill	5:19.34a	PR	Sioux Falls Christian
5. 7	Hannah Genrich	5:23.92a	PR	Harrisburg
6. 7	Emma Tidemann	5:28.23a	PR	Brandon Valley
7. 8	Alex McCullough	5:30.81a	PR	Dakota Valley
8. 9	Madalyn Hoss	5:35.18a	PR	Lewis Central
9. 9	Delayna Reese	5:36.23a	PR	Lewis Central
10. 8	Addison Reilly	5:39.35a	PR	Harrisburg
11. 10	Addison Bertrand	5:44.20a	PR	Bishop Heelan Catholic S...
12. 12	Leni Olson	5:44.99a	SR	Sioux Falls Lincoln
13. 9	Emmeline Murray	5:47.14a	PR	Sioux Falls Lincoln
14. 10	Callie Radigan	5:47.85a	PR	Vermillion
15. 8	Grace Bialas	5:48.95a	SR	Tea Area
16. 9	Rarity Cournoyer	5:55.64a	PR	Mahpiya Luta
17. 9	Olivia Kerkvliet	6:12.26a	PR	Sioux Falls Christian
18. 12	Taylor VanderGriend	6:12.94a	PR	Sioux Falls Christian
19. 12	Addison Holt	6:12.97a	PR	Lewis Central
20. 10	Maylee Rose	6:13.92a	PR	Dakota Valley
21. 10	Kailey Winter	6:16.29a	PR	Harrisburg
22. 8	Priscilla Skroch	6:21.65a	PR	Sioux Falls Lincoln
23. 9	Khloe Eliesa	6:24.15a	PR	Sioux City North
24. 9	Bailee Hansen	6:24.25a	PR	Sioux City West
25. 11	Ava Johanneson	6:24.74a	PR	Yankton
26. 10	Alexis Daley	6:31.08a	PR	Mitchell
27. 10	Aspen Evers	6:34.60a	PR	Mitchell
28. 9	Katie Morgan	6:36.07a	PR	Mitchell
29. 10	Jayci Lockamy	6:36.49a	SR	Sioux City East
30. 10	Addison (Addi) Muth	6:37.57a	PR	Yankton
31. Fr	Brooklyn DeRocher	6:39.09a	PR	LeMars
32. 12	Kedal Hamerlinck	6:40.07a	PR	LeMars
33. 10	Kahlen Petersen	6:40.71a	PR	Yankton
34. 10	Lilin Kamm	6:48.23a	SR	Sioux City East
35. 11	Abby Hall	6:49.72a	PR	Sioux City North
36. 9	Megan Gardiner	6:50.97a	PR	Sioux City North
37. 9	Mya Scheer	6:52.02a	PR	Council Bluffs Abraham L...
38. Fr	Sarah Tilberg	6:59.34a	PR	LeMars
39. 11	Kilana Houghton	7:21.83a	PR	South Sioux City
40. 9	Natalee Trudell	8:03.04a	PR	Sioux City West
-- 10	Ruby Johnson	DNF		Council Bluffs Abraham L...
-- 10	Olivia Formisano	DNS		Vermillion

3200 Meters Varsity - Finals

1.	12	Corinne Braun	11:14.47a	PR	Sioux Falls Christian
2.	7	Hannah Genrich	11:20.30a	PR	Harrisburg
3.	10	Natalie Smith	11:49.64a	PR	Sioux Falls Christian
4.	9	Mia Kadi	11:51.99a	PR	Sioux Falls Lincoln
5.	9	Bailee Hansen	11:58.14a	PR	Sioux City West
6.	8	Addison Reilly	12:00.40a	PR	Harrisburg
7.	10	Hanna Johnson	12:09.76a	PR	Sioux City North
8.	9	Madalyn Hoss	12:11.40a	PR	Lewis Central
9.	12	Haley Bergan	12:11.80a	PR	Brandon Valley
10.	10	Kaylor Nekl	12:32.61a	PR	Sioux Falls Lincoln
11.	10	Callie Radigan	12:40.43a	SR	Vermillion
12.	10	Ruby Bouwman	13:09.58a	PR	Sioux Falls Lincoln
13.	10	Marcella Palmer	13:18.69a	PR	Sioux City North
14.	9	Kendall Clayton	13:19.35a	PR	Brandon Valley
15.	10	Maria Gutierrez	13:22.72a	PR	Sioux City North
16.	9	Kate Strohmeier	13:24.11a	PR	Lewis Central
17.	10	Emma Scott	13:40.46a	PR	Sioux City East
18.	12	Sierra Tecklenburg	13:42.29a	PR	Harrisburg
19.	9	Jaycie Rush	14:01.21a	PR	Dakota Valley
20.	11	Lilly Whiteshirt	14:03.33a	PR	Sioux City West
21.	9	Mya Scheer	14:09.98a	PR	Council Bluffs Abraham L...
22.	11	Jacqueline Salgado	14:30.74a	PR	South Sioux City
23.	10	Melanie Magaña-Pine...	15:19.25a	PR	South Sioux City
24.	10	Mia Riibe	15:36.13a	PR	Dakota Valley
25.	10	Ruby Johnson	15:43.32a	SR	Council Bluffs Abraham L...
26.	11	Amelia Lyon	15:56.95a	SR	Sioux Falls Christian
--	12	Callie Brodersen	DNF		Sioux City North

60m Hurdles Varsity - Finals

1.	11	Addie Budig	9.28a	PR	Harrisburg
2.	12	Silja Gunderson	9.28a	PR	Dakota Valley
3.	10	Jayaunna Stroh	9.54a		Brandon Valley
4.	11	Kenya Harris	9.58a		Sioux City West
5.	12	Ariana Klein	9.62a		Sioux City North
6.	11	Alivia Dimmer	9.77a	PR	Yankton
7.	10	Claire Backstrom	9.79a		Harrisburg
8.	10	Halle Braun	9.81a		Sioux Falls Christian

60m Hurdles Varsity - Semi-Finals

1.	11	Addie Budig	9.30a		Harrisburg
2.	12	Silja Gunderson	9.33a		Dakota Valley
3.	10	Jayaunna Stroh	9.47a	PR	Brandon Valley
4.	12	Ariana Klein	9.61a	PR	Sioux City North
5.	11	Kenya Harris	9.64a		Sioux City West
6.	11	Alivia Dimmer	9.78a		Yankton
7.	10	Halle Braun	9.79a	PR	Sioux Falls Christian
8.	10	Claire Backstrom	9.79a	PR	Harrisburg
9.	9	Shelby Bergan	9.87a	PR	Brandon Valley
10.	12	Keira Christ	9.88a	PR	Yankton
11.	10	Claire Susemihl	10.00a	PR	LeMars
12.	12	Chaley Barnett	10.34a	PR	Harrisburg
13.	11	Marie Horsted	10.40a	PR	Sioux Falls Lincoln
14.	12	Kyrie Olorundami	10.65a		Sioux City West
15.	12	Natalie Rasmussen	10.91a		Sioux City North
--	12	Camille Strim	DNF		Sioux City North

60m Hurdles Varsity - Prelims

1.	11	Addie Budig	9.30a	Harrisburg
2.	12	Silja Gunderson	9.44a	Dakota Valley
3.	11	Kenya Harris	9.75a	Sioux City West
4.	12	Ariana Klein	9.78a	Sioux City North
5.	10	Jayaunna Stroh	9.81a	Brandon Valley
6.	10	Claire Backstrom	9.89a	Harrisburg
7.	11	Alivia Dimmer	9.91a	Yankton
8.	10	Halle Braun	9.97a	Sioux Falls Christian
9.	9	Shelby Bergan	9.97a	Brandon Valley
10.	10	Claire Susemihl	10.22a	LeMars
11.	12	Keira Christ	10.27a	Yankton
12.	12	Camille Strim	10.35a PR	Sioux City North
13.	11	Marie Horsted	10.43a	Sioux Falls Lincoln
14.	12	Chaley Barnett	10.50a	Harrisburg
15.	12	Kyrie Olorundami	10.59a SR	Sioux City West
16.	12	Natalie Rasmussen	10.84a PR	Sioux City North
17.	11	Aubree Leusink	10.91a SR	LeMars
18.	9	Maudelia Needles	10.98a PR	Sioux Falls Lincoln
19.	12	Alyssa Schorg	11.10a PR	Bishop Heelan Catholic S...
20.	10	Addy Wubbena	11.11a SR	Dakota Valley
21.	9	Samantha Stemwedel	11.12a PR	Brandon Valley
22.	11	Sidney Malde	11.14a SR	Mitchell
23.	Fr	Aduk Dut	11.20a PR	LeMars
24.	10	Olivia Prunty	11.21a PR	Mitchell
25.	10	Karen Magaña	11.22a PR	South Sioux City
26.	12	Olivia Williams	11.33a PR	Council Bluffs Abraham L...
27.	8	Tori Gassen	11.36a PR	Sioux Falls Christian
28.	10	Malene Peterson	11.45a PR	Council Bluffs Abraham L...
29.	12	Sierra Scholten	11.47a SR	Sioux Falls Christian
30.	11	Alondra Prieto	11.50a PR	Sioux City West
31.	9	Annabelle Jacobsen	11.53a PR	Sioux City East
32.	11	Preslie Girres	11.53a SR	Council Bluffs Abraham L...
33.	Fr	Britt Hessenius	11.61a PR	LeMars
34.	Fr	Nya Malual	11.68a PR	LeMars
35.	11	Madeline Furlow	11.96a PR	Lewis Central
36.	9	Lydia Kuehl	11.96a	Sioux City North
37.	10	McKenna Auch	12.24a PR	Mitchell
38.	10	Olivia Katzer	12.26a PR	Lewis Central
39.	9	Jaelyn Meier	12.28a PR	Bishop Heelan Catholic S...
40.	11	Elise Mullenix	12.33a	Lewis Central
41.	10	Kalli Bush	12.33a SR	Sioux Falls Lincoln
42.	9	Maddy Hume	12.74a PR	Sidney
43.	9	Kalianne Norton	12.96a PR	South Sioux City
--	10	Keana Dimmer	DNS	Yankton

4x200 Relay Varsity - Finals

1.	12	Linnea Nesheim	1:49.26a	Sioux Falls Lincoln - A
		10 Ella Termaat		
		10 Faith Kpeayeh		
		12 Ellen Merkley		
2.	Sr	Stella Hector	1:51.56a	LeMars - A
		11 Aubree Leusink		
		12 Madi Huls		
		Fr Kenzie Niehus		
3.	10	Halle Braun	1:52.11a	Sioux Falls Christian - A

- 11 Anna Vyn
 12 Savaeh Sichmeller
 12 Ashlee VanDriesen
4. 12 Amarise Okken 1:52.17a Harrisburg - A
 11 Brylee Krier
 11 Addie Budig
 12 Hailee Christensen
5. 11 Mya Neuhardt 1:53.42a Tea Area - A
 11 Kendra Nielson
 9 Sydney Stahlecker
 10 Heidi Hofer
6. 12 Shamy Grant 1:54.62a Sioux City East - A
 12 Olivia Mentzer
 12 Alex Flattery
 10 Amiyah Drew
7. 11 Alexia Wheeler 1:55.05a Yankton - B
 9 Auviana Seiler
 9 Ava Hinnerichs
 9 Iyana Becker
8. 12 Irelynn James 1:55.45a Lewis Central - A
 9 Ellie Borns
 10 Payton Mathews
 12 Madeline Fidone
9. 9 Emery Myron 1:56.22a Harrisburg - B
 12 Megan Krueger
 10 Katelyn Maeschen
 10 Brynn Skogen
10. 12 Ava Watkins 1:56.53a Council Bluffs Abraham L...
 12 Liberty Bates
 12 Olivia Williams
 11 Aubrey Sandbothe
11. 11 Ava Brannan 1:57.09a Mitchell - A
 10 Addie Siemsen
 10 Denaesia Aldridge
 10 Olivia Prunty
12. 12 Keira Christ 1:57.47a Yankton - A
 11 Alivia Dimmer
 9 Josslyn Elwood
 9 Burkley Olson
13. 12 Jaymes Drake 1:57.62a Vermillion - A
 10 Josie Askew
 10 Marasia Warren
 10 Lydia Anderson
14. 11 Brenna Emerson 1:58.02a Bishop Heelan Catholic S...
 12 Maddie Demke
 10 Maddy Schermerhorn
 11 Trelyn White
15. 9 Alana Fink 1:58.45a Sioux Falls Lincoln - B
 9 Camila Langenfeld
 9 Ella Smith
 9 Lenyx Bell
16. 11 Emily Ortega 1:59.04a Sioux Falls Christian - B
 10 Gabby Pulse
 9 Kenley Anderson
 9 Alexis McEntee
17. 12 Camille Strim 1:59.57a Sioux City North - B
 9 Lydia Kuehl
 9 Chloe Cross
 12 Natalie Rasmussen

18. 9 Emma Honner 2:00.22a Dakota Valley - A
 10 Sammy Kimbell
 8 Julia Bernard
 9 Peyton Konopasek
19. 11 Kenya Harris 2:00.53a Sioux City West - A
 10 Cadynse Franklin
 11 Kimber Buhman
 10 Evey Jackson
20. 11 Bella Moret 2:01.37a South Sioux City - A
 10 Sky Palmer
 10 Bryleigh Robinette
 10 Keyana Weaver
21. 11 Abby Rees 2:01.87a Brandon Valley - A
 12 Addison Meyers
 9 Lauryn Dewitt
 9 Josey Van Duyn
22. 9 Emilie Ellis 2:01.88a Mitchell - B
 10 Kenzi Kayl
 11 Makenzie Peterson
 11 Aubrey Gelderman
23. 11 Holly McNaughton 2:02.19a LeMars - B
 10 Claire Beitelspacher
 11 Sienna Kass
 10 Maya Hogrefe
24. 9 Sydnie Brown 2:03.29a Sioux City East - B
 9 Annabelle Jacobsen
 10 Lynasia Wooten
 9 Tatiana Ebey
25. 9 Avaeh Smith 2:05.19a Lewis Central - B
 9 Macie Vetter
 10 Megan Scheel
 9 Brooke Nelson
26. 10 Alyssa Melvin 2:05.71a Sidney - A
 9 Alexis Beatty
 11 Addy Hanning
 9 Maddy Hume
27. 11 Ahrianna Westhoff 2:08.92a LeMars - C
 Fr Britt Hessenius
 Fr Nya Malual
 Fr Megan Jeanery
28. 12 Neveah Grahm 2:12.44a Council Bluffs Abraham L...
 9 Alex Maiso
 9 Lexie Pearce
 11 Paige Calmer
29. 10 Flor Magaña 2:15.16a South Sioux City - B
 9 Paarrun Gatdet
 10 Valeria Hermosillo
 11 Morgan Warner
30. 9 Brooklynn Rutledge 2:17.07a Lewis Central - C
 9 Liv Loghry
 9 Annick Moran
 10 Alaina Martin
31. Fr Natalie Sitzman 2:19.18a LeMars - D
 Fr Achol Manyuon
 Fr Chevelle Frerichs
 Fr Jacqui Panzer
32. 9 Grace Mescher 2:29.61a Lewis Central - D
 9 Isabela Martinez-Hansen
 10 Addison Taylor

- 11 Hannah Schumann
 -- 9 Rylin Anderson DQ Sioux City West - B
 9 Jozie Marksbury
 10 Jhournei Cooks
 9 Gabby Rippatoe
 -- 9 Kamesha Zinn DNS Sioux City North - A
 9 Mya Motz
 12 Ariana Klein
 9 Zoey Berger

4x400 Relay Varsity - Finals

1. 9 Shelby Bergan 4:03.53a Brandon Valley - A
 11 Madison Pederson
 11 Sarah VanDeBerg
 12 Mia Wentzy
2. 10 Ragyn Peska 4:10.46a Harrisburg - A
 12 Ella Weide
 10 Claire Backstrom
 10 Bria Miller
3. 12 Mia Rice 4:13.10a Sioux City East - A
 11 Grace Erick
 12 Alex Flattery
 12 Elliana Harris
4. 12 Savaeh Sichmeller 4:18.29a Sioux Falls Christian - A
 8 Sadie Pettengill
 10 Natalie Smith
 10 Halle Braun
5. 10 Lily Rude 4:23.45a Brandon Valley - B
 9 Brooklyn Goetzinger
 7 Emma Tidemann
 10 Maya Matthies
6. 11 Carsyn Weich 4:31.24a Mitchell - A
 9 Ryan Keys
 10 Avrie London
 10 Denaesia Aldridge
7. 9 Emery Myron 4:31.96a Harrisburg - B
 11 Ashlyn Miller
 10 Brynn Skogen
 10 Delaney Rockvam
8. 11 Alivia Dimmer 4:32.08a Yankton - A
 11 Aliya Fluke
 9 Burkley Olson
 9 Josslyn Elwood
9. 11 Ivy Pudwill 4:33.26a Sioux Falls Lincoln - A
 10 Ella Termaat
 12 Clara Binstock
 12 Addalai DeKam
10. 11 Brianna VanderPol 4:35.26a Sioux Falls Christian - B
 9 Kenley Anderson
 12 Taylor VanderGriend
 8 Tori Gassen
11. 9 Lydia Kuehl 4:35.95a Sioux City North - A
 9 Kamesha Zinn
 9 Mya Motz
 12 Ariana Klein
12. 12 Audrey Weiss 4:39.39a Sioux Falls Lincoln - B
 10 Courtney Ulrich
 11 Rylie Brison

	10	Kalli Bush		
13.	11	Carly Cap	4:40.38a	Yankton - B
	9	Iyana Becker		
	9	Remy Kusel		
	9	Auviana Seiler		
14.	8	Ava Prunty	4:41.39a	Mitchell - B
	10	Danny Borja		
	10	McKenna Auch		
	11	Sidney Malde		
15.	9	Annabelle Jacobsen	4:43.93a	Sioux City East - B
	12	Olivia Mentzer		
	11	Makenzie Demke		
	10	Khloee Weitzel		
16.	11	Aubrey Sandbothe	4:46.12a	Council Bluffs Abraham L...
	10	Malene Peterson		
	12	Olivia Williams		
	11	Preslie Girres		
17.	12	Brooklyn Heineman	4:47.96a	South Sioux City - A
	10	Karen Magaña		
	12	Gretchen Gonzalez		
	9	Somarah Watts		
18.	10	Mallory Wohlers	4:48.72a	Lewis Central - B
	9	Madalyn Hoss		
	10	Megan Scheel		
	11	Madison Kafka		
19.	9	Brooke Nelson	4:51.09a	Lewis Central - A
	10	Kate Graeve		
	9	Delayna Reese		
	10	Payton Mathews		
20.	9	Trinity Whitefeather	5:09.39a	Sioux City West - A
	11	Kimber Buhman		
	11	Alondra Prieto		
	9	Bailee Hansen		
21.	12	Camille Strim	5:10.70a	Sioux City North - B
	10	Josianne Berger		
	9	Khloe Eliesa		
	9	Megan Gardiner		
22.	9	MARIA Perez	5:23.68a	Council Bluffs Abraham L...
	9	Allie Lee		
	12	Ashley Aguilar		
	10	Ruby Johnson		
--	11	Desyree Gomez	DNS	Sioux City West - B
	10	Jhournei Cooks		
	9	Gabby Rippatoe		
	9	Natalee Trudell		

SMR 1600m Varsity - Finals

1.	9	Shelby Bergan	4:16.73a	Brandon Valley - A
	11	Madison Pederson		
	10	Maya Matthies		
	11	Sarah VanDeBerg		
2.	12	Ashlee VanDriesen	4:21.38a	Sioux Falls Christian - A
	11	Anna Vyn		
	12	Savaeh Sichmeller		
	12	Corinne Braun		
3.	12	Linnea Nesheim	4:34.07a	Sioux Falls Lincoln - A
	10	Faith Kpeayeh		
	11	Ivy Pudwill		

- 12 Addalai DeKam
4. 11 Alize Rau 4:36.12a Bishop Heelan Catholic S...
11 Trelyn White
12 Maddie Demke
10 Addison Bertrand
5. 12 Irelynn James 4:38.12a Lewis Central - A
10 Payton Mathews
12 Madeline Fidone
9 Delayna Reese
6. 12 Amarise Okken 4:40.46a Harrisburg - A
11 Brylee Krier
12 Ella Weide
12 Elsie Odney
7. 11 Emily Ortega 4:40.94a Sioux Falls Christian - B
10 Gabby Pulse
11 Brianna VanderPol
10 Jerica Glasser
8. Sr Stella Hector 4:41.88a LeMars - A
12 Madi Huls
10 Mackenzie DeRocher
11 Sienna Kass
9. 10 Addie Siemsen 4:44.20a Mitchell - B
9 Emilie Ellis
10 Olivia Prunty
9 Londyn Schroeder
10. 11 Ava Brannan 4:47.75a Mitchell - A
10 Danny Borja
8 Ava Prunty
10 Kambyl Wede
11. 10 Hazel Hughes 4:47.88a Sioux Falls Lincoln - B
9 Camila Langenfeld
9 Alana Fink
12 Audrey Weiss
12. 11 Kenya Harris 4:48.09a Sioux City West - A
10 Evey Jackson
11 Kimber Buhman
9 Trinity Whitefeather
13. 10 Olivia DeLay 4:48.40a Harrisburg - B
11 Ashlyn Miller
9 Taylor Syverson
9 Claire McCallum
14. 12 Jaymes Drake 4:54.00a Vermillion - A
10 Marasia Warren
7 Eleanor Anderson
10 Lydia Anderson
15. 11 Holly McNaughton 4:54.05a LeMars - B
10 Maya Hogrefe
10 Claire Beitelspacher
12 Kendal Hamerlinck
16. 9 Brooke Nelson 4:54.23a Lewis Central - D
9 Avaeh Smith
11 Madison Kafka
11 Ava Bussey
17. 12 Gretchen Gonzalez 4:56.62a South Sioux City - A
10 Angela Garcia Ramirez
11 IzaBella Moret
12 Brooklyn Heineman
18. 9 Sydnie Brown 5:01.28a Sioux City East - A
10 Amiyah Drew

	11	Makenzie Demke		
	10	Khloee Weitzel		
19.	12	Ava Watkins	5:07.00a	Council Bluffs Abraham L...
	12	Liberty Bates		
	11	Preslie Girres		
	10	Addie Naughton		
20.	11	Carly Cap	5:08.35a	Yankton - A
	11	Aliya Fluke		
	9	Auviana Seiler		
	10	Addison (Addi) Muth		
21.	11	Aubree Leusink	5:08.45a	LeMars - C
	Fr	Megan Jeanery		
	Fr	Aduk Dut		
	10	Marilyn Roller		
22.	10	Kate Graeve	5:15.83a	Lewis Central - B
	9	Brooklynn Rutledge		
	10	Mallory Wohlers		
	12	madison Jones		
23.	Fr	Natalie Sitzman	5:19.93a	LeMars - D
	Fr	Britt Hessenius		
	Fr	Kenzie Niehus		
	Fr	Karis Hulinsky		
24.	9	Mya Motz	5:22.64a	Sioux City North - A
	9	Kamesha Zinn		
	9	Zoey Berger		
	10	Hanna Johnson		
25.	9	Alexis Beatty	5:24.34a	Sidney - A
	11	Addy Hanning		
	10	Alyssa Melvin		
	9	Ashlyn Hayes		
26.	11	Paige Calmer	5:29.05a	Council Bluffs Abraham L...
	9	Alex Maiso		
	9	Allie Lee		
	9	Bria Murphy		
27.	10	Cadyse Franklin	5:38.18a	Sioux City West - B
	10	Elise Moreno		
	9	Aubri Johnson		
	12	Jade Fonseca		
28.	10	Liliana Magana	5:39.32a	Sioux City East - B
	10	Lynasia Wooten		
	9	Tatiana Ebey		
	10	Lilin Kamm		
29.	9	Brae Steuve	6:33.13a	Lewis Central - C
	11	Hannah Schumann		
	11	Jamie Jager		
	12	Abigail Perez		

Shot Put Varsity - Finals

1.	10	Malia Kranz	12.82m	SR	Watertown
2.	12	Grace Steffen	11.75m	PR	Harrisburg
3.	11	Kierra Lubovich	11.57m	SR	Sioux Falls Lincoln
4.	10	Lily Budig	11.43m	PR	Harrisburg
5.	12	Norah Christiansen	11.40m	SR	Sioux Falls Lincoln
6.	11	Jordyn Matiyow	10.94m		Lewis Central
7.	12	Paige McAreavey	10.25m	PR	Watertown
8.	11	Lulu Vault	9.96m	PR	Sioux City West
9.	11	Zulema Godinez - Po...	9.84m	PR	South Sioux City
10.	12	Lilly Young	9.68m	SR	Mitchell

11.	10	Kamryn Hamilton	9.58m	PR	Council Bluffs Abraham L...
12.	11	Avery Zomermaand	9.47m	PR	Sioux Falls Christian
13.	9	Kasey Johnson	9.25m	PR	Brandon Valley
14.	12	Claudia Ramirez	9.24m	PR	Sioux City North
15.	10	Taylor DeJong	8.90m	SR	Mitchell
16.	12	Lilly Peters	8.89m	SR	Sidney
17.	12	Quincy Gaskins	8.80m	PR	Yankton
18.	10	Melanie Nyberg	8.77m	SR	Sioux Falls Lincoln
19.	12	Jenilea Olivier	8.77m	SR	Yankton
20.	11	Caitlyn Sohm	8.73m	PR	South Sioux City
21.	9	Peyton Katzer	8.73m	PR	Lewis Central
22.	12	Addisyn Kibby	8.68m		LeMars
23.	11	Olivia Garcia	8.45m	SR	Sioux City East
24.	9	Madison Wright	8.42m	PR	Lewis Central
25.	11	Kenzie Giziewski	8.28m	SR	Yankton
26.	9	Reese Barcus	8.17m		Sioux City West
27.	10	Jerzy Renders	8.06m	SR	Sioux City East
28.	10	Danyka Peterson	8.01m	PR	Sioux City North
29.	11	Julia Ask	7.95m	SR	Brandon Valley
30.	10	Makenzie Vetter	7.82m		Lewis Central
31.	9	Jersey Neelon	7.79m		Lewis Central
32.	10	Kylee Rolling	7.76m	PR	LeMars
33.	11	Aaliyah Vlcek	7.71m	SR	LeMars
34.	11	Nakia Enger	7.58m	PR	Sioux Falls Christian
35.	10	Zoey Ford	7.53m	PR	Sioux City North
36.	12	Alianna Groves	7.43m	PR	South Sioux City
37.	So	Margie Metten	7.18m	PR	LeMars
38.	12	Maggie Steele	7.17m	PR	Dakota Valley
39.	11	Macey Linke	7.10m	SR	Mitchell
40.	10	Madeline Woods	7.07m	PR	Lewis Central
41.	11	Olivia Traviss	6.90m	SR	Sioux Falls Christian
42.	10	Jolyssa Rodas Perez	6.26m		Sioux City West
43.	9	Lillian Miller	5.67m	PR	Council Bluffs Abraham L...
44.	So	Brooklyn Prins	5.41m	PR	LeMars
45.	10	Isabella Hammers	5.25m	PR	Council Bluffs Abraham L...

High Jump Varsity - Finals

1.	10	Jayaunna Stroh	5-03.00	SR	Brandon Valley
2.	10	Claire Munch	5-01.00	PR	Dakota Valley
2.	11	Brycelin Mooney	5-01.00	PR	Harrisburg
4.	11	Claudia Heethuis	5-01.00	PR	Sioux Falls Christian
5.	12	Clara Binstock	4-11.00	PR	Sioux Falls Lincoln
6.	11	Kenya Harris	4-11.00	SR	Sioux City West
7.	11	Lilly Hollingsworth	4-11.00	PR	Harrisburg
8.	11	Meredith Hruby	4-11.00	SR	Harrisburg
9.	9	Sarsih Kattenberg	4-11.00	PR	Sioux Falls Christian
10.	10	Riya Sheley	4-09.00	PR	Brandon Valley
10.	10	Keyana Weaver	4-09.00	PR	South Sioux City
10.	10	Maya Hogrefe	4-09.00		LeMars
10.	11	Emerson Smith	4-09.00	PR	Mitchell
14.	10	Aspen Evers	4-09.00	PR	Mitchell
15.	12	Halle Haring	4-09.00	SR	Mitchell
16.	9	Olivia Ausdemore	4-07.00		Lewis Central
16.	9	Ava Hinnerichs	4-07.00	PR	Yankton
18.	9	Samantha Stemwedel	4-07.00	PR	Brandon Valley
19.	10	Ava Horn	4-07.00	PR	Yankton
19.	10	Sammy Kimbell	4-07.00	PR	Dakota Valley
21.	9	Marrisa Byrkeland	4-07.00	PR	Yankton

22.	12	Olivia Williams	4-05.00	SR	Council Bluffs Abraham L...
22.	12	Natalie Rasmussen	4-05.00	PR	Sioux City North
24.	11	Morgan Warner	4-05.00	PR	South Sioux City
25.	9	Maudelia Needles	4-05.00	PR	Sioux Falls Lincoln
26.	12	Ashley Thuch	4-03.00	SR	Sioux Falls Lincoln
26.	Fr	Sarah Tilberg	4-03.00		LeMars
28.	10	Bryleigh Robinette	4-03.00	SR	South Sioux City
29.	9	Alexis McEntee	4-03.00	PR	Sioux Falls Christian
30.	9	Lexie Pearce	4-01.00	PR	Council Bluffs Abraham L...
--	12	Kyrie Olorundami	DNS		Sioux City West
--	9	Lyndon Soldati	DNS		Sioux City North
--	10	Brooklyn Reiners	DNS		Tea Area
--	11	Maddie Roenfeld	DNS		Lewis Central
--	10	Makenzie DeRocher	DNS		LeMars
--	12	Jacy Jackson	NH		Sioux City West

Pole Vault Varsity - Finals

1.	11	Ciana Stiefel	12-06.00	PR	Custer
2.	10	Rylee Punt	11-06.00	PR	Sioux Falls Christian
3.	12	Jordyn Padgett	10-00.00	PR	Watertown
4.		Tenley Stiefel	9-06.00		Custer
5.	12	Abby Beynon	9-06.00	PR	Watertown
6.	11	Morgan Becker	9-06.00	PR	Brandon Valley
7.	11	Allison Heikes	9-06.00	PR	Harrisburg
8.	8	Tori Gassen	9-00.00	PR	Sioux Falls Christian
9.	11	Ericka Woolley	9-00.00	SR	Watertown
10.	10	Jersy Tryon	9-00.00	SR	Harrisburg
11.	10	Addie Sander	8-06.00	PR	Custer
12.	10	Morgan Dathe	8-06.00	PR	Brandon Valley
13.	10	Madelynn Bohnet	8-00.00	PR	South Sioux City
14.	9	Alexis McEntee	7-06.00	PR	Sioux Falls Christian
15.	10	Olivia Karst	7-00.00	PR	Harrisburg
16.	12	Jesalyn Bauder	7-00.00	PR	Sioux Falls Lincoln
17.	9	Ava Doeden	7-00.00	PR	Sioux Falls Christian
18.	12	Bridget Burkard	7-00.00	PR	Sioux Falls Lincoln
19.	9	Ella Smith	7-00.00	PR	Sioux Falls Lincoln
--	11	Ava Anders	NH		Brandon Valley
--	11	Aubrey Gelderman	NH		Mitchell
--	10	Jenna Gowen	NH		Tea Area

Long Jump Varsity - Finals

1.	Fr	Kenzie Niehus	5.31m	PR	LeMars
2.	12	Ellen Merkley	5.22m	SR	Sioux Falls Lincoln
3.	12	Linnea Nesheim	5.16m	PR	Sioux Falls Lincoln
4.	12	Ashlee VanDriesen	4.98m	SR	Sioux Falls Christian
5.	11	Marie Horsted	4.95m	PR	Sioux Falls Lincoln
6.	10	Lauren Venenga	4.84m	PR	Harrisburg
7.	12	Olivia Mentzer	4.83m		Sioux City East
8.	9	Lilly Gusso	4.72m	PR	Harrisburg
9.	12	Irelynn James	4.70m	PR	Lewis Central
10.	10	Shannon Cleary	4.65m		Bishop Heelan Catholic S...
11.	9	Burkley Olson	4.64m	SR	Yankton
12.	11	Chloe Van Ginkel	4.64m	PR	Brandon Valley
13.	11	Allie Kruse	4.59m	SR	LeMars
14.	8	Julia Bernard	4.59m	PR	Dakota Valley
15.	9	Iyana Becker	4.57m	PR	Yankton

16.	12	Madeline Fidone	4.56m	PR	Lewis Central
17.	10	Sky Palmer	4.49m	PR	South Sioux City
18.	10	Audrey Miller	4.48m	PR	Mitchell
19.	12	Camille Strim	4.46m	PR	Sioux City North
20.	10	Avrie London	4.45m	PR	Mitchell
21.	11	Brigid McGowan	4.40m	SR	Bishop Heelan Catholic S...
22.	11	Alize Rau	4.36m	SR	Bishop Heelan Catholic S...
23.	11	Brylee Krier	4.35m	SR	Harrisburg
24.	10	Kadance Coughlin	4.31m	PR	Brandon Valley
25.	11	Preslie Girres	4.22m	PR	Council Bluffs Abraham L...
26.	9	Peyton Konopasek	4.12m	PR	Dakota Valley
27.	9	Liv Loghry	4.08m	PR	Lewis Central
28.	11	Madeline Furlow	4.06m	PR	Lewis Central
29.	11	Emily Ortega	4.06m	PR	Sioux Falls Christian
30.	9	Brae Steuve	3.93m	PR	Lewis Central
31.	12	Bailey Mosley-Schip...	3.92m	SR	Brandon Valley
32.	12	Madison Bell	3.75m	PR	Dakota Valley
33.	9	Kenley Anderson	3.69m	PR	Sioux Falls Christian
34.	9	Isabela Martinez-Ha...	3.35m	PR	Lewis Central
--	12	Kyrie Olorundami	DNS		Sioux City West
--	9	Auviana Seiler	FOUL		Yankton
--	11	Aubrey Sandbothe	FOUL		Council Bluffs Abraham L...
--	Sr	Stella Hector	FOUL		LeMars

Triple Jump Varsity - Finals

1.	11	Madison Pederson	11.39m	PR	Brandon Valley
2.	11	Meredith Hruby	10.66m	PR	Harrisburg
3.	10	Faith Kpeayeh	10.65m	PR	Sioux Falls Lincoln
4.	9	Quinn Brinkman	10.28m	PR	Yankton
5.	10	Kadance Coughlin	10.22m	PR	Brandon Valley
6.	12	Bentley Hillman	10.13m	PR	Sioux Falls Lincoln
7.	12	Amarise Okken	10.10m	PR	Harrisburg
8.	8	Julia Bernard	10.08m	PR	Dakota Valley
9.	10	Denaesia Aldridge	10.08m	PR	Mitchell
10.	10	Jayaunna Stroh	9.70m	SR	Brandon Valley
11.	10	Keyana Weaver	9.50m	PR	South Sioux City
12.	10	Danny Borja	9.40m	PR	Mitchell
13.	9	Ava Hinnerichs	9.25m	PR	Yankton
14.	12	Emily Clapp	9.17m	PR	Sioux Falls Christian
15.	10	Audrey Miller	9.11m	SR	Mitchell
16.	12	Brianna Schelhaas	8.49m	SR	Sioux Falls Christian
17.	9	Marrisa Byrkeland	8.47m	PR	Yankton
18.	12	Madison Bell	8.37m	PR	Dakota Valley
--	10	Claire Munch	DNS		Dakota Valley
--	10	Sky Palmer	FOUL		South Sioux City
--	10	Hazel Hughes	FOUL		Sioux Falls Lincoln

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