

# 2023 O’Gorman Invite (Rolling Schedule)

Field Events		Running Events	
9:00am	Boys HJ/Girls HJ	10:00am	Girls 4 X 800
9:00am	Girls PV/Boys PV	10:15am	Boys 4 X 800
9:00am	Boys Shot	10:40am	Girls AA Hurdles
9:00am	Girls LJ	10:50am	Girls A Hurdles
9:00am	Boys TJ	11:00pm	Boys AA Hurdles
9:00am	Girls Discus	11:10pm	Boys A Hurdles
12:30pm	Boys LJ	11:20pm	Girls AA 100
12:30pm	Girls TJ	11:35pm	Girls A 100
12:30pm	Girls Shot	11:50pm	Boys AA 100
12:30pm	Boys Discus	12:05pm	Boys A 100
		12:20pm	Girls AA 4 X 200
		12:30pm	Girls A 4 X 200
		12:40pm	Boys AA 4 X 200
		12:50pm	Boys A 4 X 200
		12:55pm	Girls 1600
		1:15pm	Boys 1600
		1:35pm	Girls AA 4 X 100
		1:45pm	Girls A 4 X 100
		1:50pm	Boys AA 4 X 100
		1:55pm	Boys A 4 X 100
		2:00pm	Girls AA 400
		2:10pm	Girls A 400
		2:20pm	Boys AA 400
		2:35pm	Boys A 400
		2:50pm	Girls AA 300 Hurdle
		3:00pm	Girls A 300 Hurdles
		3:10pm	Boys AA 300 Hurdles
		3:20pm	Boys A 300 Hurdles
		3:30pm	Girls AA Medley
		3:35pm	Girls A Medley
		3:45pm	Boys AA Medley
		3:50pm	Boys A Medley
		4:00pm	Girls AA 800
		4:10pm	Girls A 800
		4:20pm	Boys AA 800
		4:40pm	Boys A 800
		4:50pm	Girls AA 200
		5:00pm	Girls A 200
		5:10pm	Boys AA 200
		5:20pm	Boys A 200
		5:30pm	Girls 3200
		5:50pm	Boys 3200
		6:10pm	Girls AA 4 X 400
		6:15pm	Girls A 4 X 400
		6:20pm	Boys AA 4 X 400
		6:25pm	Boys A 4 X 400

