# Glen Laurel



#### APRIL 2016

# IN THIS EDITION

#### <u>\*NOTICE\*</u> Board Meetings

Glen Laurel's monthly Board Meetings will now generally be held on the 1st Wednesday of the month at 7:00pm at the Woodbridge Club House.

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# **MESSAGE FROM THE BOARD**

Burney Road MUD Lake Repair Update

The Burney Road Municipal Utility District (BRMUD) board has been working with its engineer to finalize a bid package in order to obtain contractor estimates for the repairs needed at the three detention/amenity lakes within the Glen Laurel subdivision. The BRMUD initiated this process by having geotechnical and civil survey evaluations done for each pond so that a detailed design could be completed.

Once the detailed engineering information was available from its engineer, it became clear that a design for concrete bulkheads would be cost prohibitive as compared to PVC or steel sheet pile bulkheads due to the slopes and soil conditions that are present at the lakes. As a result, a detailed review of the PVC versus steel sheet pile bulkhead options indicated that the PVC option was not only more economical, but it also provided a similar 50 year life expectancy as would the steel sheet pile option. The BRMUD choose the design for PVC sheet piles to be used in the current bid packages which are being developed.

The BRMUD engineer submitted the draft design package for the lake repairs to the Board for review at the Board's meeting on February 22nd. The Board authorized its engineer to complete the bid package and its bond application to the state. Based on the current schedule of activities, it is anticipated that the sale of the bonds and the completion of the construction to repair the lakes would all occur within 2016 before the end of the year.

As part of the restoration of the lakes, the BRMUD has asked its engineer for a restoration plan for review as well to ensure any necessary tree plantings may also be considered. The BRMUD Board meets again on May 23, 2016.

Pictures of PVC Bulkhead Installations\*





\*The BRMUD design for PVC bulkheads would be no more than 1 foot above the ordinary high water mark of the lakes.

Thanks, Glen Laurel HOA Board



### NEWS YOU CAN USE

Sugar Land's Earth Day

Sugar Land's Earth Day Celebration – called Reduce, Reuse, Recycle and Rock – will be held Saturday, April 16, from 1-5 p.m., on the plaza at Sugar Land Town Square.

This year's Earth Day Celebration promises to be a rockin' good time with live performances by Vocal Trash. Don't miss this green-minded high energy performance!

Environmental activity booths and performances are planned on the plaza from 1-5 p.m. Enjoy eco-friendly displays and demonstrations, interactive games and educational booths from many local organizations.

Houston Art Car Parade

If you think you've seen it all, and are looking for something super fun to do on Saturday, April 9th, then you MUST go to the 29th Annual Houston Art Car Parade! This is an awesome event where people showcase vehicles that they have decorated. If it has wheels, they decorate it - cars, trucks, motorcycles, bicycles, even riding lawn mowers! It is best described as ingenious, spectacular, and ridiculous! This year it has been moved to Downtown Houston and the route will run along Smith Street. There are vendors everywhere, selling food and drinks. For more information, please Google it!

**Dragon Boat Festival** 

Looking for a FREE, superfun, family event? Attend the Dragon Boat Festival – teams

(continued on page 4)

# CRIME PREVENTION TIPS FOR SENIORS

From Officer Eric Babnew

Crime and the fear of crime create special problems for the elderly. Crime prevention is everyone's responsibility, not just a job for law enforcement. Seniors can learn how to protect themselves from crime by following these simple, commonsense suggestions. Share these tips with your neighbors and friends, to make it tough for criminals to work in your neighborhood.



#### AT HOME ...

• Never open your door automatically. Install and use a peephole.

• Lock your doors and windows. (Three quarters of the burglaries involving older persons involved unlocked doors and windows; and, less than one half of these robberies are reported.) Keep your garage doors locked.

• Vary your daily routine.

• Use "Neighbor Watch" to keep an eye on your neighborhood. A concerned neighbor is often the best protection against crime because suspicious persons and activities are noticed and reported to police promptly.

• Don't leave notes on the door when going out.

• Leave lights on when going out at night; use a timer to turn lights on and off when you are away for an extended period.

• Notify neighbors and the police when going away on a trip. Cancel deliveries such as newspapers and arrange for someone - a neighbor's child, perhaps - to mow the lawn if need be. Arrange for your mail to be held by the Post Office, or ask a neighbor to collect it for you.

• Be wary of unsolicited offers to make repairs to your home. Deal only with reputable businesses.

• Keep an inventory with serial numbers and photographs of valuable items like appliances, antiques and computers. Leave copies in a safe place.

- Don't hesitate to report crime or suspicious activities.
  - Install deadbolt locks on all your doors.
- Keep your home well lit at night, inside and out; keep curtains closed.
- Ask for proper identification from delivery persons or strangers. Don't be afraid of asking . . . if they are legitimate they won't mind.

• If a stranger asks to use your telephone, offer to place the call for him or her yourself.

• Never let a stranger into your home Do not leave notes on your door when you are gone, and do not hide your keys under the mat or in other conspicuous places.

• Never give out information over the phone indicating you are alone or that you won't be home at a certain time.

• When you are gone for more than a day, make sure your home looks and sounds occupied . . . use an automatic timer to turn on lights, radio or TV.

• If you arrive at home and suspect a stranger may be inside, DON'T GO IN. Leave quietly and call 911 to report the crime.

#### WALKING...

• If you are attacked on the street, make as much noise as possible by calling for help or blowing a whistle. Do not pursue your attacker. Call 911 and report the crime as soon as possible.

• Avoid walking alone at night. Try to have a friend accompany you in high risk areas . . . even during the daytime.

# SIGN-UP FOR EMAIL NOTIFICATIONS

Please check the Glen Laurel website to get important information and sign up to provide your email address if you would like to have alerts emailed to you.



Visit www.glenlaurel.net and click on the tab labeled "Email Sign-Up" to receive the notifications.

Signing up for email notifications will also allow you to access the Resident Only section of the website.



# PRIMARY CARE. WHERE YOU GO MAKES A DIFFERENCE.

#### SAME DAY APPOINTMENTS



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Kerry Laursen, MD Family Medicine

8330 Hwy. 6, Suite 110 Missouri City, TX 77459



Jessen Rajan, MD Family Medicine Malayalam & Spanish

110 459



Deepshikha Sharda, DO Family Medicine Hindi

3424 FM 1092 Rd., Suite 220 Missouri City, TX 77459



Adrianne Scruggs, MD Internal Medicine



4660 Sweetwater Blvd., Suite 210 Sugar Land, TX 77479

**Houston Methodist Primary Care Group** is dedicated to providing high quality and compassionate care to the Fort Bend community. These physicians have extensive training and experience in diagnosing and treating patients with a caring, hands-on, family-oriented approach.



Easily schedule online at **houstonmethodist.org/pcg** or call **713.394.6724**.

### NEWS YOU CAN USE

will race traditional Hong Kong-style dragon boats along Brooks Lake in Sugar Land. The annual event is on May 7th & 8th, and features food, live music and cultural performances. The event location is Fluor Daniel Drive @ Creekbend Drive, near Highway 6. For more information, go to www.texasdragonboat.com.

Bulk Cardboard Recycling

If you have cardboard boxes that simply won't fit in your recycle pail, contact Republic Services at (713) 726-7307 to request a pickup of either household hazardous waste or bulk cardboard. These services are all free!!

Don't Throw Out That Old Appliance!

Fort Bend Corps is a charitable organization in need of anything that could be used to furnish or build a home, such as toilets, ceiling fans, foundation piers, light fixtures, refrigerators. For more information, go to www.FBCorps.org. They rehabilitate homes for low income residents, free of charge! This is also a great family volunteer opportunity!

#### **Cullinan Park Update**

Surveillance cameras and police patrolling the trails on ATV's are among the numerous changes that are taking place at Cullinan Park since the City recently acquired rights to it. Other improvements include better access to the 754 acres through nature trails and bridges, as well as installation of a picnic pavilion.

# CRIME PREVENTION TIPS (CONTINUED)

- Always plan your route and stay alert to your surroundings. Walk confidently.Have a companion accompany you.
- Stay away from buildings and doorways; walk in well-lighted areas.
- Have your key ready when approaching your front door.
- Don't dangle your purse away from your body. (Twelve percent of all crimes against the elderly are purse snatchings and street robberies.)

• Don't carry large, bulky shoulder bags; carry only what you need. Better yet, sew a small pocket inside your jacket or coat. If you don't have a purse, no one will try to snatch it.

#### WHILE SHOPPING...

• Carry your purse very close to you . . . don't dangle it from your arm. Never leave your purse in a shopping cart. Never leave your purse unattended.

- Don't carry any more cash than is necessary.
- Don't display large sums of cash.
- Use checks or debit cards where possible.

#### IN YOUR CAR ...

• Always keep your car doors locked, whether you are in or out of your car. Keep your gas tank full and your engine properly maintained to avoid breakdowns.

• If your car breaks down, pull over to the right as far as possible, raise the hood, and wait INSIDE the car for help. Avoid getting out of the car and making yourself a target before police arrive.

- At stop signs and traffic lights, keep the car in gear.
- Travel well-lit and busy streets. Plan your route.
- Don't leave your purse on the seat beside you; put it on the floor, where it is more difficult for someone to grab it.

• Lock packages or bags in the trunk. If interesting packages are out of sight, a thief will be less tempted to break in to steal them.

- When returning to your car, check the front and back seat before entering.
- Never pick up hitchhikers.

#### BANKING...

• Many criminals know exactly when government checks arrive each month, and may pick that day to attack. Avoid this by using Direct Deposit, which sends your money directly from the government to the bank of your choice. And, at many banks, free checking accounts are available to senior citizens. Your bank has all the information.

• Never withdraw money from your bank accounts for anyone except YOURSELF. Be wary of con artists and get-rich schemes that probably are too-good-to-be- true.

• You should store valuables in a Safe Deposit Box.

• Never give your money to someone who calls on you, identifying himself as a bank official. A bank will never ask you to remove your money. Banks need the use of your money, and they don't want one of their customers to invite crime by having large amounts of cash around.

• When someone approaches you with a get-rich-quick-scheme involving some or all of YOUR savings, it is HIS get-rich-quick-scheme. If it is a legitimate investment, the opportunity to contribute your funds will still be there tomorrow-after you have had time to consider it.

• If you have been swindled or conned, report the crime to your local police or Prosecuting Attorney's office. Con-artists count on their victim's reluctance to admit they've been duped, but if you delay you help them get away. Remember, if you never report the crime, they are free to cheat others again and again and you have no chance of ever getting your money back.

# WASTE-FREE YARDS KEEPS PETS HEALTHY

American pet owners collectively spend tens of millions of dollars every year on veterinary care and over-the-counter medicines for their furry loved ones. But what many don't realize is that many pet illnesses can be avoided by simply keeping the back yard clear of pet waste.



Dog waste is more than just a smelly and unsightly mess. It's also a breeding ground for infection—especially in dog parks and other areas where dogs frequently gather. Bacteria, worms and other parasites thrive in the waste until it's cleaned up or washed into the water supply. Giardia, ringworm, roundworm and E. coli are examples of such inhabitants, all of which are commonly found in dog feces and are easily transferable upon contact.

When pets become sick, contagions are often times passed through their deposits into their own yard. The longer infected dog waste stays on the ground, the greater a contamination becomes. And when this waste is not picked up, pets have a high risk of catching the infection over and over again.

Roundworm, for example, is one of the most common parasites found in dog waste and it can remain infectious in contaminated soil and water for years.

The best thing pet owners can do to help keep their four-legged friends healthy and safe is to pick up after them and to do so in a timely manner. Those who don't have enough time to deal with the mess themselves—or simply don't want to—should consider hiring a local pet waste removal service.

# CITY EXPANDS RECYCLING AND CHANGES BULK WASTE SERVICE

The City's curbside residential recycling program is expanding to include textile and bulk cardboard. Both programs will be provided at no cost and will begin the week of March 28.



Textiles include clothing, shoes, purses, blankets, pillows, curtains, hats and more. It is estimated that 85

percent of clothing ends up in landfills with only 15 percent being recycled or donated.

The City encourages residents to donate reusable items to local charitable organizations. This textile recycling program will target unusable textiles that can't be donated to charitable organizations and end up in landfills. The service will be provided once a week on resident's current recycle day. Residents will receive detailed program information in the mail in March.

For more details, visit www.sugarlandtx.gov.

#### IMPORTANT NUMBERS

Emergencies	911
City Hall	281-275-2700
Councilman/Mayor	281-275-2710
Fire Department	281-275-2851
Fire Dept. Non-emergency	281-275-2500
Police Department	281-275-2525
Public Works/Street Lights	281-275-2450
Ordinance/City Code	281-275-2370
Sugar Land Animal Control	281-275-2750
Animal Control Alternate	281-275-2364
Auto Registration	281-341-3710
Crime Stoppers	281-342-8477
Driver's License	281-232-4334
Health Department	281-342-6414
Fort Bend ISD	281-634-1000
Sheriff's Department	281-341-4700
Social Services	281-342-7300
Voter Registration	281-341-8670

#### Hospitals:

24HR Emergency Center	281-277-0911
Memorial Herman S.L.	281-725-5000
Methodist Health Center	281-274-7000
Oak Bend Medical Center	281-342-2811
S.L. Medical Center	281-274-6600

#### Misc:

MIGO.	
Poison Control	800-764-7661
Sugar Land Library	281-277-8934
Sugar Land Post Office	800-275-8777
Recycling Center	281-342-5226

Sterling ASI 11201 Lake Woodbridge Dr. Sugar Land, TX 77498 832-678-4500 x253

GL Homeowners Association Board of Directors

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Vice President Lydia Rosenthal lydia@glenlaurel.net

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Community Manger Ry Reid ry@sterlingasi.com

# SPRING LAWN TIPS:

There isn't much more satisfying to a homeowner than a well manicured, green lawn. For the past few months, your lawn may have turned brown from the cold, gray winter weather. Early spring is an excellent time to get a head start on your lawn care.



Spring is the time of year when the sun is warm, the breeze is cool, and the steady hum of lawnmowers once again fills the air. A healthy summer lawn starts with spring maintenance.

Winter can alter soil pH, compact the soil, and create conditions friendly to weeds and disease, so it's crucial that you properly clean, fertilize and mow your yard early in the season. So what can you do when winter's receding cold reveals bare spots, invasive plants and other problems with your patch of green? Don't panic -- break out the broadcast spreader and read below for a list of spring lawn care tips:

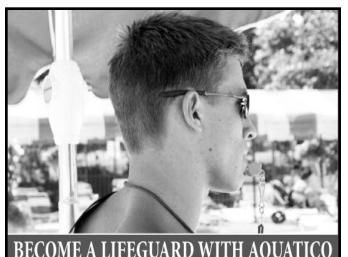
Stop summer weeds: Don't let annual weeds ruin the look of your lawn. Spread a pre-emergence herbicide to stop them before they sprout. Apply the pre-emergence product in March for best results.

Begin mowing: Start mowing your lawn as it begins to grow in mid-to-late spring. Don't let thatch build up-Thatch is a layer of old, dead grass stems that builds up on lawns. It prevents air, water, and nutrients from getting to your lawn's root system. Remove thatch before the grass starts growing in summer.

Fertilizing: Fertilizer can help your lawn grow thick and lush, but if it's not used properly, it can actually damage the grass. A slow-release nitrogen fertilizer is best, and no more than 1 pound (0.45 kilograms) of nitrogen should be spread per 1,000 square feet (93 square meters).

It should be applied early in the season when the turf begins actively growing, so the timing varies among regions. Fertilizer should not be applied too early or late, however, as lingering cold or early heat can stress the grass. Check the packaging to see when and how much you should water after applying the fertilizer.

Here's to a great lawn this season!



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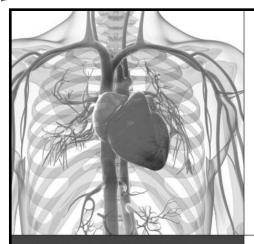
## HOW DO I ACCESS MY STERLING ASI ACCOUNT?



To check your Sterling ASI account please go to: www.sterlingasi.net

#### Alamo Draft House Coming To Sugar Land

Movie lovers in southwest Houston and beyond will soon have a new place to catch the latest releases. The Houston-area's third Alamo Drafthouse Cinema is coming to Sugar Land's Imperial Market mixed-use development in 2017. The nine-screen theater will be a part of a new two-story retail building development.



CALL 9-1-1 IMMEDIATELY if you experience any of the following:

- Chest pain or pressure (may radiate down arm)
- Shortness of breath
- Nausea, vomiting and/or severe indigestion
- Breaking out in a cold sweat

For more information or for a physician referral, visit houstonmethodist.org/sugarland or call 281.274.7500.

# COUNT ON US WHEN MINUTES COUNT

In a cardiac emergency, a fast, comprehensive response can be the difference between life and death. That's why our Heart & Vascular Center offers the most advanced cardiac care program in the area.

In fact, we're the only hospital in the Fort Bend area to provide 24-hour-aday, seven-day-a-week interventional cardiology and cardiac surgery services. Also, because we consistently exceed national standards in the most critical components of cardiac care, we're a nationally accredited chest pain center.

In a cardiac emergency, there's only one place you need to be — **Houston Methodist Sugar Land Hospital.** That's the difference between practicing medicine and leading it.





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## IN THE KNOW:

Leisure Classes: What better way to spend your leisure time than with activities that promote your health, well-being, and creativity? Check out the wide variety of classes available to you from the City of Sugar Land's Parks and Recreation Department, for a nominal fee. Visit www.sugarlandtx.gov, click on About Sugar Land, then Parks and Recreation.

Code Violations: Do you want to report a City of Sugar Land code violation? Feel free to call (281) 275-2170. If you would like to read all the Code Violations that the City has, please visit www.municode.com, but we must warn you – it's not a fun read! Violations such as trees hanging too low over a sidewalk, or parking a vehicle over the sidewalk, are all on the list! That poor dog! Did you know it is illegal to leave a dog outside and unattended with use of a restraint? If you know of someone who chains a dog outside, please report them to the City of Sugar Land at (281) 275-2120. It is also illegal to drive with a dog in the rear bed of a pickup truck if the truck is moving in excess of 35mph.

Ouch! Animal bites or scratch incidents that break the skin must be investigated by animal services. If you have been bitten by a dog or scratched by a neighbor's cat, please contact Animal Control at 281-275-2364 and they will investigate to make sure the animal is current on their rabies vaccinations, and they will fine the owner for letting the animal run loose.