

# — BREAKFAST —

SERVED ALL DAY

## OPEN FACED MUFFIN 9.25

Toasted muffin served with:

- Avocado, Mushroom & Smoked Cheese (V) (VOA)
- Smoked Bacon, cheddar & Fried Egg
- Cumberland Sausage, cheddar & Fried Egg

## BREAKFAST WRAP 11.50

Cumberland Sausage, Smoked Bacon, Hash Brown and Scrambled Egg in a Tortilla Wrap with a Side of Beans

## VEGETARIAN BREAKFAST WRAP (V) 11.50

Vegetarian Sausage, Halloumi, Hash Brown and Scrambled Egg in a Tortilla Wrap with a Side of Beans

## VEGAN BREAKFAST WRAP (VG) 11.50

Vegan Sausage, Avocado, Mushrooms and Hash Brown in a Tortilla Wrap with a Side of Beans

## TRADITIONAL FULL ENGLISH 11.95

Smoked Bacon, Cumberland Sausage, Fried Egg, Mushrooms, Hash Brown, a Slice of White Toast

**Choose from:** Beans or Chopped Tomatoes

## LARGE FULL ENGLISH 15.95

Two Smoked Bacon, Two Cumberland Sausages, Two Hash Browns, a Fried Egg, Mushrooms and a Slice of White Toast

**Choose from:** Beans or Chopped Tomatoes

## VEGETARIAN ENGLISH (V) 11.95

Vegetarian Sausage, Halloumi, Mushrooms, Fried Egg, Hash Brown and a Slice of White Toast

**Choose from:** Beans or Chopped Tomatoes

**Make it large + 4.00**

## VEGAN ENGLISH (VG) 11.95

Vegan Sausages, Fresh Tomato, Avocado, Mushrooms, Hash Brown and a Slice of White Toast

**Choose from:** Beans or Chopped Tomatoes

**Make it large + 4.00**

## TEACAKE LOAF 4.00

Two slices of toasted teacake served with either Strawberry Jam or Marmalade and butter

# — EGGS —

## EGGS ON TOAST (V) 7.95

Two Eggs on Buttered, Toasted Sourdough  
Fried, Scrambled or Poached

## SMASHED AVOCADO ON TOAST (V) (VOA) 10.75

Smashed avocado, Wilted Spinach and a Poached Egg on toasted, buttered Sourdough

## EGGS FLORENTINE (V) 10.75

Toasted English Muffin Topped with Wilted Spinach, Poached Eggs and Hollandaise Sauce

## EGGS ROYALE 11.50

Toasted English Muffin Topped with Smoked Salmon, Poached Eggs and Hollandaise Sauce

## EGGS BENEDICT 11.50

Toasted English Muffin Topped with Roasted Ham, Poached Eggs and Hollandaise Sauce

## PULLED PORK BENEDICT 11.95

Toasted Sourdough with warm pulled pork, poached eggs and sriracha hollandaise

# — SWEET STACKS —

## AMERICAN STACK 11.95

Two Belgian Waffles Topped with Smoked Streaky Bacon, Scrambled Egg and Maple Syrup

## STRAWBERRY BACON STACK 11.95

Three Pancakes Topped with Strawberries, Smoked Streaky Bacon, homemade strawberry jam and Maple Syrup

## MIXED BERRY STACK (VG) 11.50

Two Vegan Belgian Waffles Topped with Strawberries, Raspberries, blueberries, raspberry coulis and Maple Syrup

## HONEY AND FIG PANCAKES (V) 11.50

Three pancakes topped with greek yogurt, granola and blueberries with a drizzle of honey and a garnish of fig

## THE LIGHT BITE WAFFLE (V) 9.50

One Belgian waffle with mascarpone and mixed fruit with a homemade chocolate hazelnut ganache

V (VEGETARIAN) VG (VEGAN) VOA (VEGAN OPTION AVAILABLE) N (NUTS)

GLUTEN FREE MENU AVAILABLE ON REQUEST | KIDS MENU AVAILABLE

Please inform your server of any allergies or intolerances. Not all ingredients are listed on the menu and we cannot guarantee the total absence of allergens. Detailed information on the 14 legal allergens is available on request, however we may be unable to provide information on other allergens.

Honey & Fig est.2018

## — LUNCH —

SERVED FROM 11AM

All served with a choice of Fries or Salad

Upgrade to sweet potato fries +2.25

### **GOATS CHEESE PANINI** 11.75

Goats cheese and Red onion chutney

### **BRIE AND BACON PANINI** 11.75

Brie, Smoked bacon and Fig relish

### **CHICKEN PESTO PANINI** (N) 11.95

Chicken, Pesto mayo & Buffalo Mozzarella

### **BBQ PULLED PORK PANINI** 12.25

BBQ pulled pork with caramelised onion and cheddar

### **STEAK PANINI** 13.95

Steak, balsamic fried onions and cheddar

### **CHICKEN CLUB PANINI** 12.25

Grilled chicken, smoked bacon, homemade Red Pepper Ketchup, Sliced tomato and cheddar

### **AVO AND PEPPER TOASTIE** (VG) 11.95

Smashed avocado, Roasted red pepper and Vegan smoked cheese

### **CHICKEN CAESAR WRAP** 11.95

Grilled Chicken, Smoked Bacon, Parmesan, Lettuce & Caesar Dressing

### **BBQ CRISPY CHICKEN WRAP** 11.95

Chicken Goujons, cheddar, bacon, tomato, lettuce with BBQ sauce

### **FALAFEL AND AVO WRAP** (VG) 11.95

Falafel, Smashed Avocado, iceberg and sweet chilli sauce

## — SIDES —

### **FRIES** 3.25

### **SWEET POTATO FRIES** 5.50

### **SIDE SALAD** 3.25

### **PARMZAN FRIES** 5.00

### **HALLOUMI FRIES** 7.25

Served with sweet chilli sauce

### **CHICKEN GOUJONS** 7.25

Served with either:

- . BBQ sauce
- . Hot Honey
- . Sweet chilli
- . Lemon and Herb

## — LIGHT LUNCH —

### **HAM & CHEESE CROISSANT** 7.75

Baked croissant filled with Roasted Ham and Cheddar

### **TOMATO AND PESTO CROISSANT** (V) (N) 7.75

Baked croissant filled with Sliced tomato, Pesto Mayo and Buffalo Mozzarella

### **MIXED FRUIT CROISSANT** (V) 7.75

Baked croissant filled with mixed berries and chocolate sauce

### **OPEN FACED BLT** 9.95

Toasted Sourdough with Bacon, Lettuce, Tomato, Smokey Mayo & a Fried Egg with a balsamic glaze

### **AVOCADO AND TOMATO** 9.75

Toasted sourdough with Smashed avocado and a homemade grilled tomato salsa with two poached eggs

### **HOT HONEY CHICKEN** 10.25

Toasted Sourdough, naked slaw and chicken goujons topped with hot honey

### **AVO FALAFAL MELT** 10.25

Toasted sourdough, smashed avocado, falafel with homemade red pepper ketchup and Vegan smoked cheese

## — SALADS —

### **CHICKEN CAESAR** 11.95

Iceberg lettuce, grilled chicken, Smoked bacon, parmesan and croutons with a caesar dressing

### **HALLOUMI & FALAFEL** (V) (VOA) 11.95

Mixed salad, halloumi and falafel with a sweet chilli dressing

### **STEAK & MUSHROOM** 13.95

Mixed salad, steak and mushroom with a balsamic glaze

### **AVOCADO & SUNDRIED TOMATO** (VG) 11.75

Mixed salad, sliced avocado and sundried tomatoes with a French dressing

### **MEDITERRANEAN SALAD** 11.75

Mixed salad, grilled chicken with avocado, a garnish of mint and a French dressing

## — HOMEMADE DIPS —

. GARLIC MAYO

. RED PEPPER KETCHUP

. PESTO MAYO

. HOT HONEY

. SRIRACHA MAYO

0.50

## — COFFEE —

ESPRESSO	3.00   3.80
AMERICANO	3.30
MACCHIATO	3.00   3.80
PICCOLO	3.50
FLAT WHITE	3.85
CAPPUCINO	3.85
LATTE	3.95
MATCHA LATTE	4.50
CHAI LATTE	4.25
DIRTY CHAI	4.50
MOCHA	4.40
HOT CHOCOLATE	3.95
+ Cream & Marshmallows 1.00	
ICED LATTE	4.25
ICED MOCHA	4.25
ICED CHAI	4.50
OAT   SOYA   ALMOND	0.50
+ Flavoured Syrup 0.70	
+ Extra Shot 0.80	

## — TEA —

ENGLISH BREAKFAST TEA	3.15
TEAPIGS	3.50
Choose from:	
Earl Grey	
Chai	
Mao Feng Green	
Super Fruits	
Rooibos Creme Caramel	
Peppermint	

## — SMOOTHIES —

TROPICAL PASSION	
Mango, Pineapple & Apple	
BERRY GO ROUND	4.75
Mixed Berries & Apple	
KALE KICK	
Kale, Mango & Apple	

## — MILKSHAKES —

All served with Cream

VANILLA	
CHOCOLATE	
STRAWBERRY	4.75
CARAMEL	

## — SOFT DRINKS —

COCA COLA <small>330ml</small>	3.50
DIET COKE <small>330ml</small>	3.25
FENTIMANS <small>275ml</small>	3.85
- Orange and Mandarin	
- English Elderflower	
- Victorian cloudy lemonade	
- Sparkling Raspberry	
- Ginger Beer	
- Dandelion + Burdock	
TONIC Indian Slim	3.25
PEACH ICED TEA	3.60
FOLKINGTON'S JUICES <small>250ml</small>	3.60
- Cloudy Apple Juice	
- Orange Juice	
- Pineapple Juice	
STILL WATER <small>330ml</small>	2.95
SPARKLING WATER <small>330ml</small>	2.95

## — ALCOHOL —

	125ml   187.5ml   250ml   Bottle
MERLOT	6.25   7.25   8.25   24.95
PINOT GRIGIO	6.25   7.25   8.25   24.95
ZINFANDEL	6.25   7.25   8.25   24.95
PROSECCO	25.50
PROSECCO <small>200ml</small>	7.95
PERONI <small>330ml</small>	5.75
CORONA <small>330ml</small>	5.25
WHITLEY NEILL GIN	Single 25ml 7.95
& MIXER	Double 50ml 10.50
Choose Gin:	Choose Fever-Tree Mixer:
Original	Tonic
Raspberry	Lemonade
Rhubarb & Ginger	Elderflower Tonic
Parma Violet	

## — AFTERNOON TEA —

TRADITIONAL	26.95pp
BOOZY	29.95pp
KIDS	19.95pp

Freshly made Sandwiches followed by a selection of homemade cakes and Fruit Scones supplied by Nicole Olivia

Served with your choice of any Hot Drink or Alcoholic Beverage (Boozy)

PRE-BOOKING REQUIRED. (48 hour notice)

# GLUTEN FREE MENU

## — BREAKFAST —

SERVED ALL DAY

### BREAKFAST SANDWICH

Served in a GF Buttered, Toasted Sandwich

—Avocado, Mushroom & Smoked Cheese(V)

—Smoked Bacon & Egg

—Cumberland sausage & Egg

9.95

### TRADITIONAL FULL ENGLISH

Smoked Bacon, Cumberland sausage, Hash Brown, Fried Egg, Mushrooms, a Slice of GF Toast with a Choice of Beans or Chopped Tomatoes

12.75

### LARGE FULL ENGLISH

Two Smoked Bacon, Two Cumberland sausage, Two Hash Browns, Two Fried Eggs, Mushrooms, a Slice of GF Toast with a Choice of Beans or Chopped Tomatoes

16.75

### VEGETARIAN FULL ENGLISH (V)

Smashed avocado, Halloumi, Mushrooms, Fried Egg, Hash Brown, a Slice of GF Toast with a Choice of Beans or Chopped Tomatoes

12.75

MAKE IT LARGE + 4.00

### VEGAN ENGLISH (VG)

Smashed Avocado, Fresh Tomato, Mushrooms, Hash Brown, a Slice of GF Toast with a Choice of Beans or Chopped Tomatoes

12.75

MAKE IT LARGE + 4.00

### AMERICAN STACK

Three GF pancakes topped with smoked streaky bacon, scrambled egg and maple syrup

12.75

### STRAWBERRY BACON STACK

Three GF pancakes topped with smoked streaky bacon, fresh strawberries with a homemade strawberry jam and maple syrup

12.75

### DAIRY FREE MIXED BERRY STACK

Three GF pancakes Topped with Strawberries, Raspberries, Blueberries with raspberry coulis and Maple Syrup

12.75

Contains dried egg

## — EGGS —

### EGGS ON TOAST (V)

Two Eggs on Buttered GF Toast  
Fried, Scrambled or Poached

8.75

### SMASHED AVOCADO ON TOAST (V) (VOA)

Smashed avocado, Buttered Spinach and a Poached Egg on Buttered GF Toast

11.50

### EGGS FLORENTINE (V)

GF Toast Topped with wilted Spinach, Poached Eggs and Hollandaise Sauce

11.50

### EGGS ROYALE

GF Toast Topped with Smoked Salmon, Poached Eggs and Hollandaise Sauce

12.50

### EGGS BENEDICT

GF Toast Topped with Roasted Ham, Poached Eggs and Hollandaise Sauce

12.50

## — LUNCH —

SERVED FROM 11AM

All served with a choice of Fries or Salad

Upgrade to sweet potato fries +2.25

### GOATS CHEESE PANINI (V)

Goats cheese and red onion chutney

12.50

### BRIE & BACON PANINI

Brie, Smoked bacon and Fig relish

12.50

### CHICKEN PESTO PANINI (N)

Chicken, Pesto mayo and buffalo mozzarella

12.75

### STEAK PANINI

Steak, Balsamic fried onions & Cheddar

14.75

### AVO AND PEPPER TOASTIE (VG)

Smashed avocado, roasted red pepper and vegan smoked cheese

12.75

### CHICKEN CLUB PANINI

Grilled chicken, red pepper ketchup, smoked bacon with sliced tomato and cheddar

13.00

### OPEN FACED BLT

Fried Egg, Bacon, Lettuce, Tomato & Smokey Mayo and a balsamic glaze on GF Toast

10.75

### AVOCADO AND TOMATO

GF Toast topped with smashed avocado and a homemade grilled tomato salsa with two poached eggs

10.75

## — SALADS —

### CHICKEN & BACON

Iceberg lettuce, grilled chicken, smoked bacon and parmesan with a French dressing

11.95

### STEAK & MUSHROOM

Mixed salad, steak and mushrooms with a balsamic glaze

13.95

### AVOCADO AND SUNDRIED

TOMATO (VG)

Mixed salad, sliced avocado, sun-dried tomatoes with a French dressing

11.75

### MEDITERRANEAN SALAD

Mixed salad, Grilled chicken with avocado, a garnish of mint and French dressing

11.75

## — SIDES —

### FRIES

3.25

### SIDE SALAD

3.25

### SWEET POTATO FRIES

5.50

### PARMZAN FRIES

5.00

### HALLOUMI FRIES

Served with sweet chilli sauce

7.25

V(VEGETARIAN) VG(VEGAN) VOA(VEGAN OPTION AVAILABLE) N(NUTS)

Please inform your server of any allergies or intolerances. Not all ingredients are listed on the menu and we cannot guarantee the total absence of allergens. Detailed information on the 14 legal allergens is available on request, however we may be unable to provide information on other allergens.

Honey & Fig

est. 2018

## — COFFEE —

ESPRESSO	3.00   3.80
AMERICANO	3.30
MACCHIATO	3.00   3.80
PICCOLO	3.50
FLAT WHITE	3.85
CAPPUCINO	3.85
LATTE	3.95
CHAI LATTE	4.50
DIRTY CHAI	4.50
MOCHA	4.40
HOT CHOCOLATE	3.95
+ Cream & Marshmallows 1.00	
ICED LATTE	4.25
ICED MOCHA	4.25
ICED CHAI	4.50
OAT   SOYA   ALMOND	0.50
+ Flavoured Syrup 0.70	
+ Extra Shot 0.80	

## — TEA —

ENGLISH BREAKFAST TEA	3.15
TEAPIGS	3.50
Choose from:	
Earl Grey	
Chai	
Mao Feng Green	
Super Fruits	
Rooibos Creme Caramel	
Peppermint	

## — SMOOTHIES —

TROPICAL PASSION	
Mango, Pineapple & Apple	
BERRY GO ROUND	4.75
Mixed Berries & Apple	
KALE KICK	
Kale, Mango & Apple	

## — MILKSHAKES —

All served with Cream

STRAWBERRY	
CARAMEL	
VANILLA	4.75
CHOCOLATE	

## — SOFT DRINKS —

COCA COLA <small>330ml</small>	3.50
DIET COKE <small>330ml</small>	3.25
FENTIMANS <small>275ml</small>	3.85
- Orange and Mandarin	
- English Elderflower	
- Victorian cloudy lemonade	
- Sparkling Raspberry	
- Ginger Beer	
- Dandelion + Burdock	
TONIC Indian   Slim <small>200ml</small>	3.25
PEACH ICED TEA <small>350ml</small>	3.60
FOLKINGTON'S JUICES <small>250ml</small>	3.60
- Cloudy Apple Juice	
- Orange Juice	
- Pineapple Juice	
BOTTLED STILL WATER <small>330ml</small>	2.95
BOTTLED SPARKLING WATER <small>330ml</small>	2.95

## — ALCOHOL —

	125ml   187.5ml   250ml   Bottle
MERLOT	6.25   7.25   8.25   24.95
PINOT GRIGIO	6.25   7.25   8.25   24.95
ZINFANDEL	6.25   7.25   8.25   24.95
PROSECCO	25.50
PROSECCO <small>200ml</small>	7.95
PERONI <small>330ml</small>	5.75
CORONA <small>330ml</small>	5.25
WHITLEY NEILL GIN	25ml 7.95
& MIXER	50ml 10.50

Choose Gin:

Original  
Raspberry  
Rhubarb & Ginger  
Parma Violet

Choose Fever-Tree Mixer:

Tonic  
Lemonade  
Elderflower Tonic

## — AFTERNOON TEA —

TRADITIONAL	26.95pp
BOOZY	29.95pp
KIDS	19.95pp

Freshly made GF Sandwiches followed by a selection of homemade GF cakes and Fruit Scones supplied by Nicole Olivia

Served with your choice of any Hot Drink or Alcoholic Beverage (Boozy)

PRE-BOOKING REQUIRED (48 hour notice)



