Trauma and its Effects on Leading Alternative Schools

GAEE Conference, September 25, 2025

- 1. What is the one thing that would positively change your school's effectiveness?
 - What are you doing to create a sense of urgency with your team, students, district, and community?
 - What is your greatest obstacle?
- 2. What data and stories hold the potential to create a sense of urgency within your school community to do things differently, better, urgently?
- 3. What Tier 1 Behavioral Health Awareness training are ALL of your team members receiving? Does it include:
 - Your school's data (good, bad, ugly)
 - Trauma/Mental Illness/The Storms of Life
 - The brain
- 4. What are some tier 1 skills all of your team members can share with students as needed?
 - Think, Feel, Act Cycle
 - Cycle of Escalating Behavior
 - Name Your Feelings, The Feelings Wheel
- 5. What are some tier 2 interventions you can provide for students who need "a little more?"
 - Resilience group lessons
 - Effective mentoring
- 6. What are you doing to make tier 3 access available to 100% of your students who would benefit?
 - Individual counseling at community partner
 - Individual counseling by community partner in your school
 - Mental tele-health services in school or at student's home
- 7. Are you aware of your district's behavioral health resources?

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