



THE
**SHAMANIC
GODDESS**

Wholistic Health & Wellness Consulting

Wholistic Doula
Services

YOUR

HEALTH

IN

GOOD HANDS



Dr. Deilen Michelle Villegas, PhD, DNM, TM, CFSD

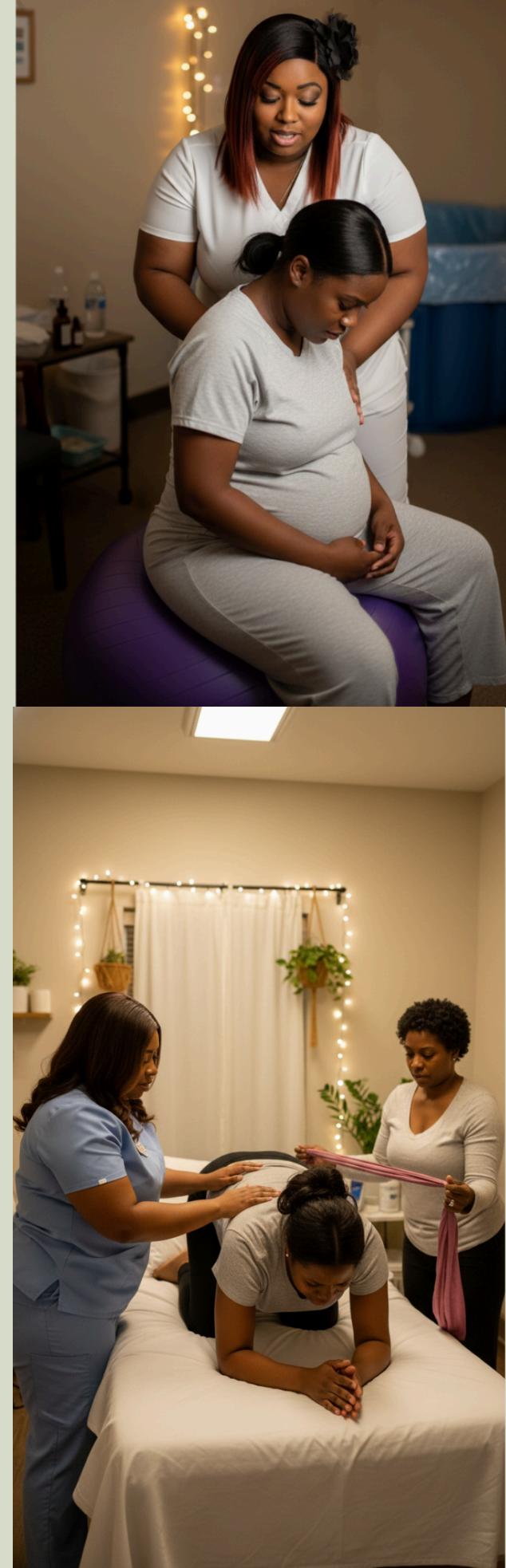


Deilen Michelle Villegas Ph.D, DNM
Naturopathic Practitioner

My **Wholistic Doula Services** are designed to support, educate, and empower parents through every phase of their journey — mind, body, and spirit. Following the tradition of our ancestors, I serve my community throughout all stages of their lives.

At **The Shamanic Goddess**, I blend evidence-based care, holistic practices, ancestral knowledge, and intuitive support to help you experience a grounded, confident, and sacred transition into parenthood.

Board Certified Holistic Health & Naturopathic Practitioner
Traditional Midwife
Certified Wholistic Full-Spectrum Doula
Certified Mental & Maternal Community Health Worker
Clinical Hypnotherapist
National Certified IV Technician
NRP Certified: Neonatal Resuscitation Program
Healthcare Provider: Basic Life Support-CPR/AED, Emergency First Aid, Bloodborne Pathogens
Certified Human Trafficking Aware Provider



Sacred. Decolonized. Trauma-Informed Birthwork

In Network With: United Healthcare of North Carolina, Medicaid, FSA/HSA Reimbursement



Services Include with Insurance

Coverage:

- Labor & Delivery Attendance (Per Pregnancy)
- 32- Total Prenatal & Postnatal Visits (Per Pregnancy/ Per Year)
- Educational Classes (Included w/ visits)
- Breastfeeding Education (Included w/ visits)
- Holistic Nutritional Counseling (Included w/ visits)
- Perinatal Mental Health Care (Included w/ visits)
- Personalized Birthing Preferences

Not Covered By Insurance:

Additional Ancestral Ceremonies- We accept direct payments for these services.

Reach out to provider for rates.



My Wholistic Full-Spectrum Doula Services Include:

- Traditional Midwifery Practices
- Holistic Midwife Herbalism
- Holistic Midwife Nutrition Counseling
- Perinatal Mental Health Care
- Client Aligned Spiritual Practices
- Personalized Preference Plans & Preparation For Unexpected Changes
- Additional Ancestral Ceremonies Per Request
- Empowered Childbirth Education™ & Empowered Parenting Education™
- Birthing Rights & Advocacy



www.TheShamanicGoddess.com

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