

## RMK Psychological Services

Rebecca Kinsey, PhD, HSPP

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In compliance with the No Surprises Act that went into effect January 1, 2022, all healthcare providers are required to notify clients of their Federal rights and protections against “surprise billing.”

This Act requires that we notify you of your federally protected rights to receive a notification when services are rendered by an out-of-network provider, if a client is uninsured, or if a client elects not to use their insurance.

Additionally, we are required to provide you with a Good Faith Estimate of the cost of services. It is difficult to determine the true length of treatment for mental health care, and each client has a right to decide how long they would like to participate in mental health care. My website ([www.rmkpsych.com](http://www.rmkpsych.com)) provides fees typically offered by me, and we will collaborate on a regular basis to determine how many sessions you may need.

It is a Federal requirement that we have each client sign the Good Faith Estimate form to begin treatment. I will provide you with a Good Faith Estimate, which you will need to sign prior to our appointment. If you have any questions, please don’t hesitate to ask.

Thank you,

Rebecca Kinsey, PhD, HSPP  
Licensed Counseling Psychologist

You can learn more at: <https://www.cms.gov/nosurprises>