



COLORS AND EMOTIONS

High/Open vibration: Purification, powerful, and high consciousness.
Low/Closed vibration: Misunderstood, shame, self-denied and negative self image.

Crown Chakra- Violet

High/Open vibration: Balance, comforted, and hopeful.
Low/Closed vibration: Grief, hopelessness, unable to manifest, and impatience.

Third Eye Chakra- Indigo

High/Open vibration: Peaceful, reassurance, and contentment.
Low/Closed vibration: Anxious, fearful of speaking, trapped, worry,
and resisting change.

Throat Chakra- Blue

High/Open vibration: Relieved, Renew, Forgiveness, patience and love.
Low/Closed vibration: Anger, resentment, and guilt.

Heart Chakra- Green

High/Open vibration: Cheerful, positivity, optimism and happiness.
Low/Closed vibration: Depression, sadness, feeling blue, isolation, and judgmental.

Solar Plexus Chakra-Yellow

High/Open vibration: Confidence, courage, belief, and creativity.
Low/Closed vibration: Doubt, pessimism, selfish, insecure and mistrust.

Sacral Chakra- Orange

High/Open vibration: Excitement, purposeful, abundance, willingness, passion and joy.
Low/Closed vibration: Boredom, disinterest, lack and somber

Base Chakra- Red