

Hello,

The clinicians and staff at Linganore Counseling and Wellness take great pleasure in working with you thus far towards your therapy goals and looks forward to continuing the therapeutic relationship you have elected to take with one of our mental health therapists. We know there are many options to choose in receiving mental health treatment and are grateful that you have decided to work with us as your mental health provider.

This letter is to inform you that due to increased operating costs, our fees will be increasing effective October 1, 2022. For many individuals who utilize their insurance benefits, this will not significantly impact your cost to receive therapeutic services as we will continue to bill your insurance under a negotiated rate. Please note that any Miscellaneous fees are unable to be billed through insurance and would be considered out of pocket expenses. Please see below for an updated fee schedule.

Session Type	Rate
90791 Initial Assessment	\$145.00
90837 60 Minute Therapy	\$130.00
90834 45 Minute Therapy	\$105.00
90832 30 Minute Therapy	\$ 90.00
90846/90837 Family/Couples Therapy	\$130.00
90853 Group Therapy	\$45.00
Miscellaneous Fees	Rate
Letter/Document Completion	\$25.00
Intern Fee	\$25.00
No Show/Late Cancellation Fee	\$65.00
Meeting Attendance/Support	\$130.00 per Hour

Linganore Counseling and Wellness appreciates your understanding and would like you to know that we feel very privileged to work with you and your family. If you have any questions surrounding our fee increases please do not hesitate to contact our administrative staff.