

SCOLIOSIS COACH PROGRAM INFORMATION AND APPLICATION

WHAT MAKES THE PROGRAM UNIQUE?

The Program Creator / Director is: Doctor of Chiropractic Schroth Advanced Level II Certified Nationally Certified Pilates Teacher PMA Education Provider™ Working in the industry for over 22 years

Boutique Education / Non-Corporation Owned

Limited Class Size: Student / Equipment Ratio is Ideal

Course Manuals are Illustrated and Extensive / Digital Support

Competitively Priced

Successful Graduates Nationwide / Worldwide

PRE-REQUISITES

• Prospective students must have a High School Diploma or equivalent and a 450+ hour/full apparatus Pilates Program Diploma or a PMA / NCPT Certification

- A min. of 2 years verifiable Pilates teaching experience
- Completed application and deposit

• No applicant will be denied on the basis of race, national origin, color, creed, religion, sex, age, disability, gender identity, gender expression, or sexual orientation, medical condition, ancestry, marital status, citizenship, or status as a veteran or special disabled veteran

COURSE REQUIREMENTS

Assessment Based Certificate/Diploma issued upon completing all course requirements including, but not limited to:

- 100% attendance to course
- Passing scores on written and practical exams of no less than 76%

MATERIALS

• All materials and handouts will be provided and are included in the cost of the course.

Optional items include:

- Trail Guide to the Body Text by Books of Discovery (Edition 6 or lower)
- Trail Guide to the Body Student Workbook

Highly Recommended: for Pilates tutorial/review - the PSC Channel: <u>Training.PilatesSportsCenter.com</u>

Additional items for your library: Available new or used on Amazon.com

Joe Pilates wrote the following two books that you should add to your library.

- Your Health: A Corrective System of Exercising That Revolutionizes the Entire Field of Physical Education (1934)
- Return to Life through Contrology (1945)
- The Complete Writings of Joseph H. Pilates Joseph H. Pilates
- The Anatomy Coloring Book Second Edition by Wynn Kapit / Lawrence M. Elson
- Anatomy of Movement Blandine C. Germain
- Anatomy of Movement: Exercises by Blandine C. Germain, Stephen Anderson
- Atlas of Human Anatomy by Frank N. Netter
- The Joseph H. Pilates Archive Collection Edited by Sean P. Gallagher and Romana Kryzanowska
- The Complete Guide to Joseph H. Pilates' Techniques of Physical Conditioning by Allan Menezes
- The Pilates Method of Body Conditioning by Gallagher and Kryzanowska
- Illustrated Essentials of Musculoskeletal Anatomy Sieg and Adams

COURSE FEES / DEPOSIT

- Level I In Person Workshop \$200
- Level | Virtually \$99 Vimeo Link
- Level II Scoliosis Specialized Pilates Instructor (SSPI) Program \$600 (Minus \$100 Non-Refundable Deposit)
- Master Teacher Program \$2000
- Private Level I Program \$600.00 per student, 2 students max. (Minus \$100 Non-Refundable Deposit)
- Private Level II Program \$1,200.00 per student, 2 students max. (Minus \$100 Non-Refundable Deposit)

APPLICATION & AGREEMENT

Please retain the previous pages for your reference – Submit only the application.

NOTE: Name below as it will appear on your diploma: (<mark>Please Print Clearly</mark>) Example: Dr. Laura S. Smith, D.C.

Your Name:

(If your name changes you must inform us to receive your accurate diploma, new diplomas are \$20)

 Course Start Date:
 (month/year)
 Course Location:
 (CITY & STATE)

Chosen Course

Level I In Person Workshop \$200 ____ Level II Scoliosis Specialized Pilates Instructor (SSPI) Program \$600 ____ Master Teacher Program \$2000 ____ Private Level I Program \$600.00 per student, 2 students max. ____ Private Level II Program \$1,200.00 per student, 2 students max. ____

Your Mailing Address: (if your address changes you must inform us to receive your diplomal

Street:	Cit	У:	State: _	Zip Code:
Home Phone:	Cell:	E-mail:		_
How were you referred to us?		Emergency (Contact:	

What Pilates education program did you go through?

Have you been practicing as a teacher for over two years?

Do you own your own studio?

Describe your reasons for your interest in the course:

List your past/present occupations, including outstanding achievements in your career: (attach your curriculum vitae/resume if desired)

My expectations from the course are:

Program Requirements and Fees:

I declare that I have read, understand and will comply with the terms listed in the document "Scoliosis Coach Education Brochure" document on <u>www.ScoliosisCoach.com</u>

Medical Release:

I declare that I am medically mentally and physically able and free from impairment to participate in fitness activities. I further declare that I have consulted with a physician regarding any illness, disability, or injury, which I am aware of and have been cleared to participate fully, and without limitations. I have disclosed all medical issues and special needs, if any, prior to beginning any program with PSC.

Refund/Cancellation Policies:

A <u>Non-Refundable Deposit</u> of \$100 is due with application/registration to reserve a place in the course. Your non-refundable deposit and application entitle you a spot in the course. Student is entitled to tuition refund upon withdrawal/termination: no less than 14 calendar days before the start of program 100%.

<u>After program has begun, No refund of tuition</u>. All refunds will be made within 30 days from the date of termination/withdrawal. The official date of termination/withdrawal of a student shall be determined in the following manner:

• The date on which the school receives notice of the student's intention to discontinue the program; or

• The student will receive a full refund of tuition & fees paid if the school discontinues a program within a period of time a student could have reasonably completed it.

The policy for granting credit for previous training shall not impact the refund policy.

Print Name: Sian Name: Date:

Course Fee Includes: 1 photographic manual pertaining to each course registered and paid for, classroom lecture/lab with a Master Teacher, use of Studio for self-practice and classmate practice, and 1 (one) Assessment Based Certificate/Diploma upon successful completion of all requirements.