

Dr. Andromeda Stevens, D.C. became a Doctor of Chiropractic in LA, CA, and has been in practice for over 25 years.

She became a D.C. because she was inspired by her own scoliosis condition. Her practice specializes in scoliosis using the Schroth Method and is Level II certified by Dr. Hans R. Weiss (the grandson of Schroth) as one of very few certified in the US in the original method.

Andromeda was introduced to Pilates in the early '90s and was so inspired that she became a Pilates Method Alliance Gold Certified Teacher™ (13657 PMA# OR 10112 NPCT#). The profound results with her patients, as well as the inability to find quality Pilates Instructors for the Studio, led her to co-found in 2000 with Kelli Altounian in Los Angeles, The Pilates Sports Center Pilates Teacher Training Program, the Burn at the Barre Teacher Training Program and the Pilates Master Teacher Program with the mission of providing the highest standard of excellence in Pilates education.

Her credentials include:

Graduate – Cleveland Chiropractic College of Los Angeles 1996

Schroth Best Practice® Level I & II ~ Certified by Dr. Hans Weiss (of the Schroth family) and Dr. Marc Moramarco [USA: Schroth Best Practice Academy](#)

Certification Course on BSPTS-Concept by Rigo Basic Level Course on Scoliosis and Spinal Disorders

Postgraduate certification: Cox Flexion/Distracton Technique for treatment of discs

Cupping Therapy Trained

National Pilates Certification Program (NPCP) “Gold” Certified Teacher™ National Pilates Certification Program

Integrated Flexibility Training – The Sports Club/LA

BalletCore® Certified

Massage Therapist – Touch Therapy Institute

Graduate of *Advances in Pilates* – Long Beach Dance Conditioning

Co-Founder of Pilates Sports Center International, Inc.

Co-Creator of the PSC Pilates Teacher Training Program

Co-Creator of the PSC International Master Training Program

Co-Creator of Pilates Sports Centers Burn at the Barre™ Teacher Training Programs (Level I & II)

Co-Produced and Created over 14 Digital titles

Co-Wrote or Co-Created over 20 workshops and continuing education credits

Co-Creator and *Presenter*: Pilates Expo Los Angeles

*Presenter*: Mad Dogg WSSC

*Presenter*: MindBody Fit-Pro Conference

*Presenter*: Balanced Body Pilates On Tour

*Presenter*: Inner Idea Conference

*Presenter*: Body Mind Spirit Expo

*Presenter*: Human Movement Conference

*Presenter*: Pilates On Tour

*Presenter*: PMA Conferences

Master Teacher Trainer for Reebok Sports Club NY 2007

Pilates Method Alliance Registry of Teachers

Participant: PMA Fostering Future Professionals Program

PMA Approved Schools List

CEC Provider NCPT

CPR / First Aid Certified

Board of Directors – The Pilates Initiative

Instructed over 50 workshops and full Pilates Teacher Training Programs

Multiple Workshops completed with Jay Grimes, Kathy Corey, Rael Isacowitz /

Mary Bowen, Lolita San Miguel, Ron Fletcher, Cara Reeser, Alan Herdman, Mari Winsor, and many more.

[www.ScoliosisCoach.com](http://www.ScoliosisCoach.com)

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