



Newborn Feeding Check- In

Breast or Bottle Feeding



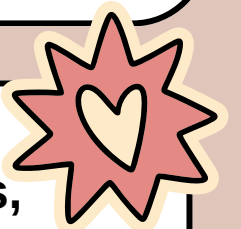
Maternal Concerns

- ☐ Painful nursing
- ☐ Damaged nipples
- ☐ Blocked ducts
- ☐ Engorgement or Mastitis
- ☐ Over supply
- ☐ Forceful milk flow
- ☐ Low supply
- ☐ Nursing multiples
- ☐ Stressful feeds
- ☐ Help with pumping
- ☐ Lip smack/ click at breast or bottle
- ☐ One side feeding is better than the other

Infant Concerns


- ☐ Latching difficulties
- ☐ Refuse to latch
- ☐ Tongue / Lip Tie
- ☐ Preterm baby
- ☐ Not settled between feeds
- ☐ Slow weight gain
- ☐ Fast weight gain
- ☐ Excessive spitting up
- ☐ Gassy or fussy
- ☐ Low poops or pees
- ☐ Difficulties bottle feeding
- ☐ Colic
- ☐ Always seems hungry

If you are experiencing any of the above concerns, I can help to identify the root of the problem, recommend interventions to improve or resolve feeding concerns and create an individualized feeding plan that can help get you back to your feeding goals.



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Book an
appointment
online



*Contact directly if an urgent appointment is needed.

Your health insurance plan may cover consultation fees.