

## VEGAN / VEGETARIAN / GLUTEN FREE / DAIRY FREE MENU

### VEGAN OPTIONS

**Porridge £7.00**

Made with a choice of Oat or Coconut Milk. With Dates & Cinnamon, topped with Granola, Fresh Blueberries & Maple Syrup

**Vegan Smashed Avocado £10.00**

With Chilli & Lime, served on Toasted Sourdough Bread, topped with a Tomato Salsa and Leaves on the side

**Homemade Soup £7.50**

With Sourdough Bread & Dairy Free Spread (ask your Server for today's choice & Vegan adaptability)

### VEGETARIAN OPTIONS

**Porridge £6.00**

With Dates & Cinnamon, topped with Granola, Fresh Blueberries & Maple Syrup  
*Made with a choice of Oat or Coconut Milk Alternatives £1.00*

**Smashed Avocado £10.00**

With Chilli & Lime, served on Toasted Sourdough Bread, topped with a Poached Egg and Leaves on the side

**Vegan Smashed Avocado £10.00**

With Chilli & Lime, served on Toasted Sourdough Bread, topped with a Tomato Salsa and Leaves on the side

**Shakshuka £10.00**

Oven Baked Eggs in a Tomato & Pepper Sauce, served with Sourdough Toast  
(please allow 20 minutes from ordering)

**Scrambled, or Poached Eggs £7.50**

Served with Sourdough Toast

**Homemade Waffles £9.00**

Served with Vanilla Yoghurt, Fresh Berries & a Passion Fruit Coulis

**Homemade Soup £7.50**

With Sourdough Bread & Butter (ask your Server for today's choice & Vegetarian adaptability)

**Norfolk Cheese Sandwich Plate £9.50**

Dapple Cheese, Chutney, Tomato & Lettuce, served on Seeded Wholemeal Bread, with Crisps & Salad

**Norfolk Afternoon Tea £10.00**

Norfolk Cheese, Bramley Apple & Norfolk Ale Chutney Sandwich, Fruit Scone with Clotted Cream & Jam, or a slice of Cake. Served with English Breakfast Tea

AVAILABLE FROM 10AM - LAST ORDERS AT 2.30PM

If you have any questions relating to allergies, or ingredients - please discuss with us prior to ordering. Please highlight you are ordering from the Vegan, Vegetarian, Gluten Free & Dairy Free Menu to your Server

## VEGAN / VEGETARIAN / GLUTEN FREE / DAIRY FREE MENU

### GLUTEN FREE OPTIONS

#### **Porridge £6.00**

With Dates & Cinnamon, topped with Granola, Fresh Blueberries & Maple Syrup

*Made with a choice of Oat or Coconut Milk Alternatives £1.00*

#### **Smashed Avocado £10.00**

With Chilli & Lime, served on a bed of Sliced Tomato, topped with a Poached Egg and Leaves on the side

*Add Norfolk Bacon £2.00*

#### **Vegan Smashed Avocado £10.00**

With Chilli & Lime, served on a bed of Sliced Tomato, topped with a Tomato Salsa and Leaves on the side

#### **Shakshuka £10.00**

Oven Baked Eggs in a Tomato & Pepper Sauce, served with a Side Salad

(please allow 20 minutes from ordering)

*Add Norfolk Bacon £2.00*

#### **Scrambled, or Poached Eggs £7.50**

Served with a Side Salad

*Add Norfolk Bacon £2.00*

#### **Homemade Soup £7.50**

With Gluten Free Crackers & Butter (ask your Server for today's Gluten Free adaptability)

### DAIRY FREE OPTIONS

#### **Porridge £7.00**

Made with a choice of Oat or Coconut Milk. With Dates & Cinnamon, topped with Granola, Fresh Blueberries & Maple Syrup

#### **Smashed Avocado £10.00**

With Chilli & Lime, served on Toasted Sourdough Bread, topped with a Poached Egg and Leaves on the side

*Add Norfolk Bacon or Sausage £2.00*

#### **Vegan Smashed Avocado £10.00**

With Chilli & Lime, served on Toasted Sourdough Bread, topped with a Tomato Salsa and Leaves on the side

#### **Shakshuka £10.00**

Oven Baked Eggs in a Tomato & Pepper Sauce, served with Sourdough Toast

(please allow 20 minutes from ordering)

*Add Norfolk Bacon or Sausage £2.00*

#### **Scrambled, or Poached Eggs £7.50**

Served with Sourdough Toast

*Add Norfolk Bacon or Sausage £2.00*

#### **Homemade Soup £7.50**

With Sourdough Bread & Dairy Free Spread (ask your Server for today's choice)

#### **Norfolk Ham Sandwich Plate £9.50**

Norfolk Ham, Chutney, Tomato & Lettuce, served on Seeded Wholemeal Bread, with Crisps & Salad

AVAILABLE FROM 10AM - LAST ORDERS AT 2.30PM

If you have any questions relating to allergies, or ingredients - please discuss with us prior to ordering. Please highlight you are ordering from the Vegan, Vegetarian, Gluten Free & Dairy Free Menu to your Server